



NAVY BOB

Leading with Love



Dr. Robert
"Navy Bob" Roncska

**"IF LOVE
CAN LEAD A
NUCLEAR
SUBMARINE,
IT CAN LEAD YOUR
ORGANIZATION
TOO."**



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Are you ready to elevate every outcome you touch, become a legendary leader, and build a culture others can only dream of?

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There is one simple yet powerful principle that drives Dr. Robert “Navy Bob” Roncska’s passion for creating positive, enduring change in organizations - **love**.

During his impressive career, Navy Bob commanded a nuclear-powered submarine, led the largest submarine squadron in the US fleet, and even carried the “nuclear football” for President George W. Bush.

At every assignment throughout his 28-year tenure, Bob noticed something: a mission’s success couldn’t only be attributed to training, skills, or pedigree of the crew. Success was driven by the quality of the leadership at the helm.

Navy Bob calls this ethos
“Leading with Love.”

After he retired from the U.S. Navy, he found Leading with Love existed “Beyond the Sea” as he worked in one of the largest healthcare organizations in the country, applying his lessons of the Nuclear Navy to support the safety and reliability of the staff and patients.

Searching for more, Navy Bob pursued his doctorate at Rollins College and looked for a leadership model that would align with his real-life experiences. It was here when it all came together when he discovered Mr. Fred Rogers’ commitment to service and the theories of Dr. George Graen. The Leader Member Exchange theory (LMX) explained his “good ol’ boy” method of leadership.

Navy Bob is now committed to sharing his real-life experiences and the LMX framework to leaders around the world to bring corporations, non-profits, and academic institutions to the next level - through **LOVE**.

Navy Bob Speaking Topics

Leading with Love: How a Submarine Commander Built Elite Teams with Trust and Accountability

Throughout his career in the Nuclear Navy, in the White House, and later in healthcare, Navy Bob has proven that a culture of love and compassion can fuel remarkable results. He didn't bark orders - he built trust. As a commanding officer of fast-attack nuclear submarines, he led his crew with a people-first approach that proved vital to their safety and success, earning his ship recognition as the best-performing in its squadron.

In this inspiring talk, Navy Bob shares his signature Leading with Love philosophy and stories from his book "Beyond the Sea" through powerful stories with actionable takeaways for audiences. He guides attendees through practical steps and tools for implementing compassion in their own teams, showing how a supportive, people-centered approach can improve retention, foster open communication, and ultimately drive success across industries.

Navigating Risk with Heart: Building Safety and Reliability in High-Stakes Environments

As a leader in both the military and healthcare, Navy Bob is no stranger to making decisions that affect teams in high-risk, life-or-death environments. In many high-stakes settings, traditional approaches often fall short and lead to preventable errors that compromise safety and morale. Drawing from his distinguished career commanding nuclear submarines and transforming healthcare, Navy Bob demonstrates that love and trust are essential for fostering safety, reliability, and team resilience. He offers audiences valuable insights on how compassionate, trust-driven leadership can enhance communication, reduce errors, and create resilient teams that thrive under pressure. In this keynote, he translates mission-critical military playbooks into scalable business practices.

High Reliability Healthcare: Applying the Secrets of the Nuclear Navy to Save Patient Lives.

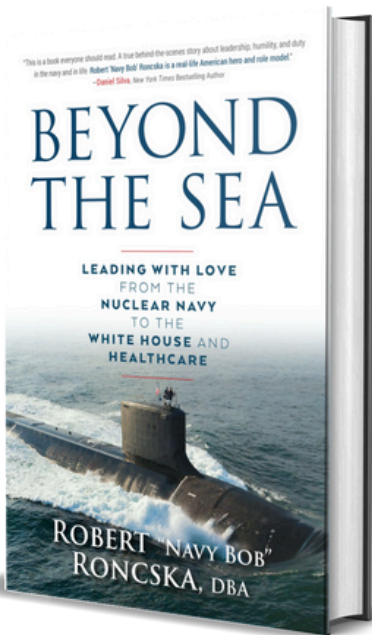
After a distinguished 28-year career in the U.S. Navy, Navy Bob transitioned into healthcare, recognizing that the high stakes, safety-focused leadership skills he honed in the military could also transform patient care. In this talk, he draws on insights from his book, "High Reliability Healthcare," co-authored with former White House physician Dr. Jeffrey Kuhlman, to show how healthcare organizations can reduce errors, boost productivity, and deliver more reliable patient care by adopting proven strategies centered on safety, trust, and accountability.

LEADING WITH LOVE



HIGH RELIABILITY HEALTHCARE

Books by Navy Bob



In his debut book, “Beyond the Sea,” Navy Bob offers insights into the transformation of positive cultures that turned sour and negative cultures that became renowned.

When Navy Bob assumed command of the USS Texas, the ship ranked at the bottom of its squadron and faced recurring safety issues. Using a loving and people-centric approach, he laid the groundwork of trust, standards, and purpose he successfully transformed the culture, propelling the submarine’s ranking and retention from last place to first place within a remarkable two-year period.

In this book, Navy Bob shares stories and presents a roadmap that leaders can adapt to any industry, empowering leaders to create high-quality relationships and elevate their organization’s performance beyond expectations.

For over seventy-five years, the Nuclear Navy has operated highly enriched nuclear reactors with sailors in their twenties at the helm and has never experienced a nuclear accident.

In his second book, Navy Bob teams up with Jeffrey Kuhlman, MD, MPH (former Navy medic, White House physician and current Chief Quality and Safety Officer at AdventHealth) to apply the secrets of the nuclear navy to save patient lives.

With hundreds of thousands of patients becoming permanently disabled or dying each year due to medical errors, it’s clear that the old approach to healthcare safety isn’t working.

In this book, they provide practical tools to turn healthcare into a high-reliability organization that is safe and efficient, while enhancing staff morale and patient satisfaction.



Introducing Navy Bob and Leading with Love



Go Underwater with Navy Bob

The Beginning of Leading with Love

Hear how Navy Bob focused on Leading with Love as the Captain of the USS Texas (SSN-775) nuclear submarine.



Life on a Nuclear Submarine - Battle Stations

Navy Bob commands the USS Texas (SSN-775) nuclear submarine.



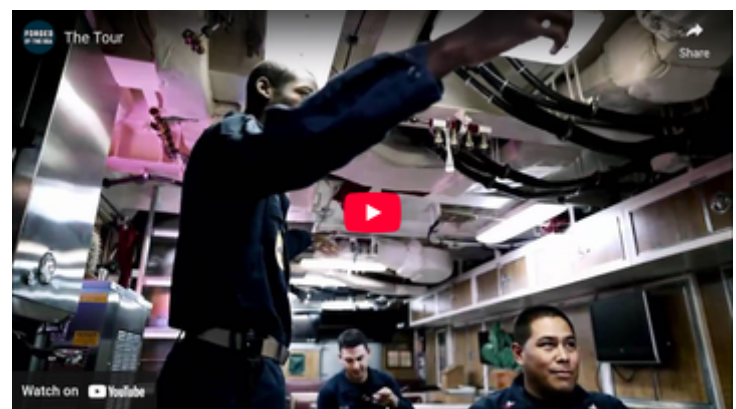
What is NUPOC? - Featuring Navy Bob

The Nuclear Propulsion Officer Candidate (NUPOC) Program is an Officer training program that offers experience and training in one of the most advanced environments in the world.



Tour the USS Texas (SSN-775)

A fast paced, light-hearted glimpse of life aboard a U.S. Navy nuclear-powered submarine as a Navy Officer walks you through and shows you where submariners eat, sleep, play and work. Featuring Navy Bob's crew when he was Captain.



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From the first time I met Navy Bob, it was evident he was a special breed of leader, living out his heart.

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When I think of Navy Bob, one word immediately comes to mind: trust. This is a man who was entrusted with the entire fate of the free world at his fingertips.

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Although Navy Bob credits many leaders for their influence on his leadership style, I believe the attributes he highlights have been a deep rooted part of his DNA his entire life.

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As a leadership speaker, Navy Bob is a living bridge between the high-trust, high-reliability systems forged in the depths of the nuclear Navy, and the academic rigor of leadership research. His transformative, human-centered approach delivers real-world results.

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