

Pictou County Gymnastics Club
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The Pictou County Gymnastics Club is a not-for-profit club formed in 2009 to allow youth in Pictou County access to safe, high level training in the sport of gymnastics. In the beginning we set up in a shared space with 45 athletes and have grown to 300-400 athletes in 2019. We train all levels from kindergym (18 months – 3 years) to recreation (5 years & up) weekly September-June. We are also very proud of our competitive athletes; The Pictou County Saltos; who have succeeded in sending athletes to Provincials and beyond. During our off season we offer fun camps during March Break and Summer break.

In 2014 our not-for-profit club purchased our building located 558 South Fredrick Street, New Glasgow (formerly the YMCA) to expand our space for training and to allow more athletes to join. We saw this space as an excellent opportunity to grow our club and a chance to offer more to our community. If you are familiar with the building, we currently occupy the large gym space for our gymnastics activities, and are planning expansion into the space which was formerly a pool.

We are offering many different options within our building which we hope will suit the needs of many clubs, classes, groups and businesses. Our rental rates range from hourly, daily, weekly, monthly and yearly plus we also have an opportunity for employment to instructors of healthy lifestyle classes (fitness classes, boot-camps, nutrition, etc). Please see below our current offerings, if you have a special request we are happy to meet with you and discuss your ideas.

Employment Opportunity: If you have ever looked into starting your own fitness class you will know that it can be intimidating! Insurance, advertising and cash handling can turn some people away from living their dream. We want to help! If you have accreditation in a fitness or other healthy living class and wish to start to build your clientele this may be a great option for you. We are searching for instructors to teach classes in our facility (zumba, yoga, nutrition, etc). We will advertise, enroll students and cover your insurance plus pay you a per class wage. If your classes become so large you outgrow this program, we can work with you to find the ideal rental space to hold your own classes.

Large Gathering Room: This space was built onto the building by the previous owner and used for a daycare space. It has private outside access as well as access to the main building. Currently we use this space for birthday parties but it has lots of potential.

Large Semi-private Fitness Space: Located on the top level. Bright open space with endless possibilities. Currently most of the floor is covered in padded flooring with option to complete or remove for your needs. Space would be ideal for fitness, child clubs (karate, dance, brownies, etc). Can be open for viewing or closed off from public with use of heavy curtain. Additional lockable adjoining office space available as an add-on.

Private Fitness Space: Located on the top level. Great space for smaller fitness classes, currently equipped with a mirror, chalk board and lockable storage. Currently 1/3rd of the floor is covered in padded flooring, renter can discuss adding additional flooring if needed.

Large Multi-purpose Room: Located on our bottom floor. This room has lots of potential with the large mirror, space to move around in plus extra storage room included within the lockable space.

Board Room: This space can be great as a boardroom which can be rented daily or office space for 2-3 employees.

Office Space: We have lockable office space available. This space would be convenient for a satellite office, space to interview, office storage and meeting space of 2-3 people. These offices are located on the bottom floor and could be incorporated into a package deal if more space on that floor is rented by same party.

There are many other options within our building not listed above. If you have an idea we would be happy to take you for a tour of the other spaces so you may express your vision.

We know that sport activities can be very expensive for families, we pride ourselves in having some of the lowest gymnastics fees in the province. With our building thriving with rentals we will be able to keep our costs low and offer scholarships to ensure no child is ever turned away from our program. We thank you for your consideration in our space and look forward to hearing from you.

Sincerely,

The Pictou County Gymnastics Club Board of Directors.