



15K+ FOLLOWERS

# LIZ THOMAS

SAG•AFTRA / AEA

[www.LizThomasActress.com](http://www.LizThomasActress.com)

[lizthomasactress@gmail.com](mailto:lizthomasactress@gmail.com) / (347) 821.0064



## TV + NEW MEDIA

STALKED: SOMEONE'S WATCHING  
NEFERTITTY / Pilot

Principal  
Recurring

Investigation Discovery  
Dir. Lola Rock 'N' Rolla

## FILM

GEO-TAG  
THE JUAREZ ROUTE  
MY HUSBAND  
CODE BLACK  
BOUND  
RUN  
HOSE BEFORE BRO  
LOST THEN FOUND

Lead  
Lead  
Lead  
Lead  
Lead  
Supporting  
Supporting  
Supporting

Dir. Nora Hyde  
Dir. Nora Hyde  
Dir. Chris Schwartzman  
Dir. Will Lee  
Dir. Leon Hunter  
Dir. Simone Bartesaghi  
Dir. Chris A. Cole  
Dir. Anthony Miller

## THEATRE

UNDER THE TABLE  
THE KENTUCKY TRAGEDY  
SOMETHING OUTRAGEOUS  
'NIGHT MOTHER

Girl  
Eliza T. Sharp  
Ensemble  
Jessie

Dir. Bruce Ornstein  
Dir. Dennis Kelly Higgins  
Dir. Clifton King  
Dir. Laurie Birmingham

## SKETCH COMEDY

GLOMM SKETCH TEAM  
MELANIA: THE CYBERWOMAN

Various Characters  
Melania Trump

Dir. Veronica Dang  
Dir. Veronica Dang

## TRAINING + EDUCATION

UPRIGHT CITIZENS BRIGADE: IMPROV • MUSICAL IMPROV • SKETCH COMEDY • PILOT WRITING

ACTING: Sharon Lynn Wilson • Bruce Ornstein

TEATRO EXPERIMENTAL RODANTE / DOMINICAN REPUBLIC

## COMMERCIAL + PRINT

CONFLICTS AVAILABLE UPON REQUEST

## SPECIAL SKILLS

**LANGUAGES:** Fluent Spanish + English ♦ Conversational Italian ♦ Portuguese ♦ **ACCENTS:** Spanish, Russian, Indian ♦ **DANCE:** Merengue ♦ Salsa ♦ Bachata ♦ **MUSIC:** ♦ Piano ♦ Basic Flute ♦ Pop Singer (Mezzo Soprano) ♦ **SPORTS:** Volleyball Golf ♦ Chess ♦ **OTHER:** Improv ♦ Musical Improv ♦ Sketch Comedy ♦ Screenwriter ♦ Producer ♦ Influencer ♦ Beauty Vlogger ♦ Chi Mom ♦ Vegan ♦ Model ♦ Driver's License ♦ U.S. Passport ♦ **LOCAL HIRE:** New York City, Milwaukee.

Height: **5'8"** / Weight: **130** / Eyes: **Brown** / Hair: **Black**