

Day One

Hands-On Scanning Training: Master the Top 10 Sports Medicine Injections

9:00 ARRIVAL & REGISTRATION

Coffee & Tea
Muffins & Donuts
Introductions & Ice Breaker

9:20 SPORTS MEDICINE SIMPLIFIED: HOW TO EASILY TREAT THE TOP 10

Tenotomy
Cortisone
Hyaluronic Acid
Prolotherapy / PRP
BMAC & Adipose

9:40 SHOULDER

Subacromial Bursa
+ BONUS Supraspinatus Tendon
Glenohumeral Joint

11:20 BREAK

11:30 ELBOW + HAND

Lateral Elbow
(Common Extensor Tendon)
Medial Elbow
(Common Flexor Tendon)
1st CMC Joint

12:30 LUNCH

1:30 HIP

Hip Joint
Greater Trochanteric Bursa
+ BONUS Gluteus Minimus &
Medius Tendon

2:30 BREAK

2:40 KNEE

Knee Joint (Suprapatellar recess)
+ BONUS Medial Patellar Approach
Medial Joint Line

4:00 ANKLE & FOOT

Tibiotalar Joint
Plantar Fascia

5:00 END OF DAY

Day Two

Hands-On Scanning Training: Learn the Top 25 Sports Medicine Injections

9:00 WHAT TO CHOOSE & WHEN

Protocols for Sports Medicine

9:10 SHOULDER

Subacromial Bursa
+ BONUS Supraspinatus Tendon Tears
Long Head of Biceps Tendon
Glenohumeral Joint

9:50 BREAK

10:00 ELBOW

Lateral Elbow (Common Extensor Tendon)
Medial Elbow (Common Flexor Tendon)
Elbow Joint

10:30 HIP

Hip Joint
Greater Trochanteric Bursa
+ BONUS Gluteus Minimus & Medius Tendon

11:30 KNEE

Knee Joint

12:00 ANKLE & FOOT

Achilles Tendonitis
Ankle Sprain

1:00 END OF DAY