

Living Your Best Life LifeShape Circle

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The Circle

APOSTOLIC TRUST

Vision

*Building people and Transforming lives!
(LifeShape Skills)*

Mission

*Deliverance by Evangelism, Discipleship by Education,
Development by Empowerment and Deployment by Enterprising.
(Agile Ministry)*

Ethos

*Whole life = Whole person
(Mind-Body-Soul)*

Assignment

*Worshipping God and Serving people!
(CPR) Consistent-Practical-Realistic*

Five Fold Ministry Gifts (Ephesians Chapter 4)

*Saints-Work-Edification
Unity-Knowledge-Fullness*

The Life Shape Circle

Choosing to Learn from Life

Session Objectives

LEARN: About Kairos moments & how to recognize one.

EXPLORE: The concept of repentance & how to change through it.

DISCOVER: How to put *repentance* & *faith* into action.

FORM: Plan to apply the LifeShape Circle to our everyday lives

Key Words

Chronos

Kairos

Kingdom

Repent

Believe (Faith)

Observe

Reflect

Discuss

Plant

Accountability

Action

Scripture

Romans Chapter 12

Mark 1:14-15

Matthew 6:25-26

James 2:14 and 26

Ephesians 2:1-3

1 Peter 1:22-23

1 Peter 1:3-9

Romans 8:5-10

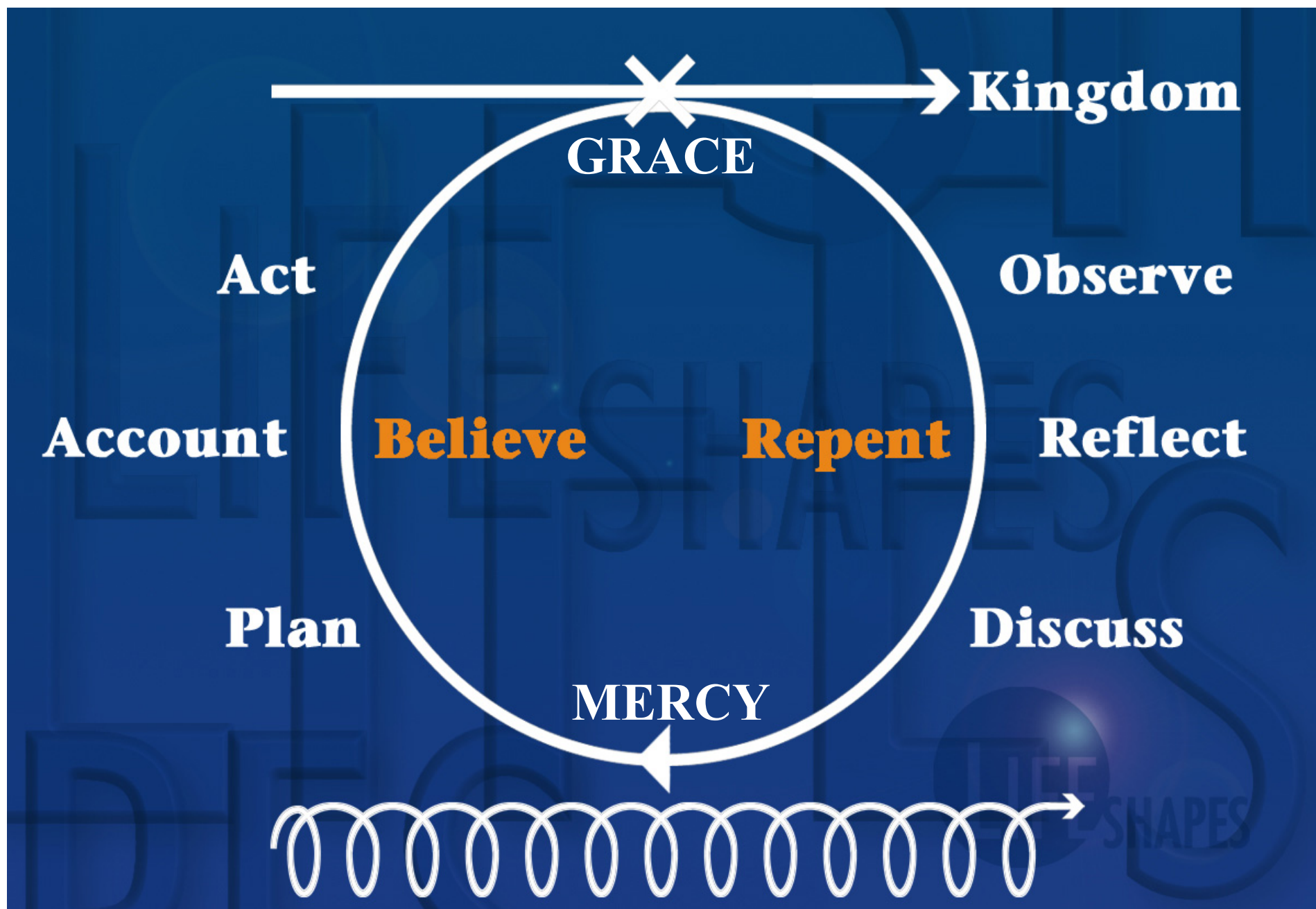
Galatians 5:24-25

1 John 2:1-3

Hebrews 3:12-14

Hebrews 10:26-27

1 John 3:1-10



The “Old You”

Before salvation you were dead in the spirit. Sinful in the soul, and corrupted in the body by sin. You also lived by the “spirit of this age,”

Ephesians 2:1-3

Before Jesus...



The “New You”

When you were born again in the spirit you were fully restored to God and made His dwelling place (His temple), washed and made new in your soul (mind, will, and emotions) you were given the power of the Holy Spirit to put to death the desires of the body, 1 Peter 1:22-23

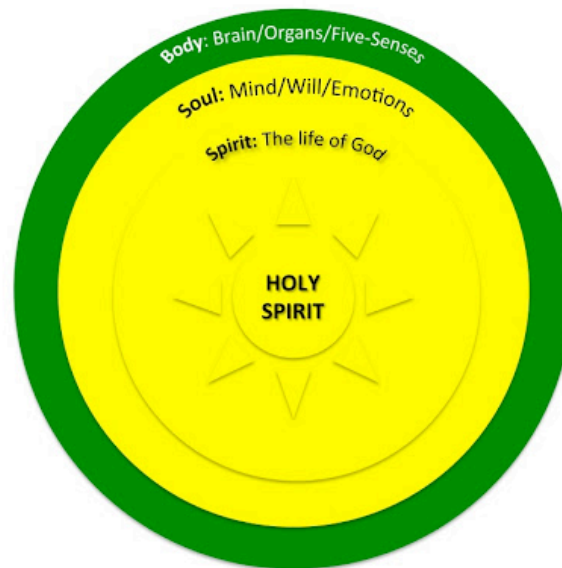
After Jesus...



God Makes Both Your Soul and Spirit New When You We're Born Again!

Now both your soul and spirit are made new in Christ, not just the spirit. The soul (mind, will, and emotions) does not remain the same or stay evil with the body; the soul is saved, I Peter 1:3-9

After Jesus...



**The Battle is Against the Flesh (Earthly Body),
Which is “Not” the Soul (Mind, Will, & Emotions) Until the Resurrection**
The Bible makes it very clear that the mind (soul) has the choice between the flesh and the Holy Spirit. Thus, the soul is not sinful like the flesh nor God like the Holy Spirit. The new born spirit/soul must choose to either live by the Holy Spirit or revert back to the flesh,
Romans 8:5-10



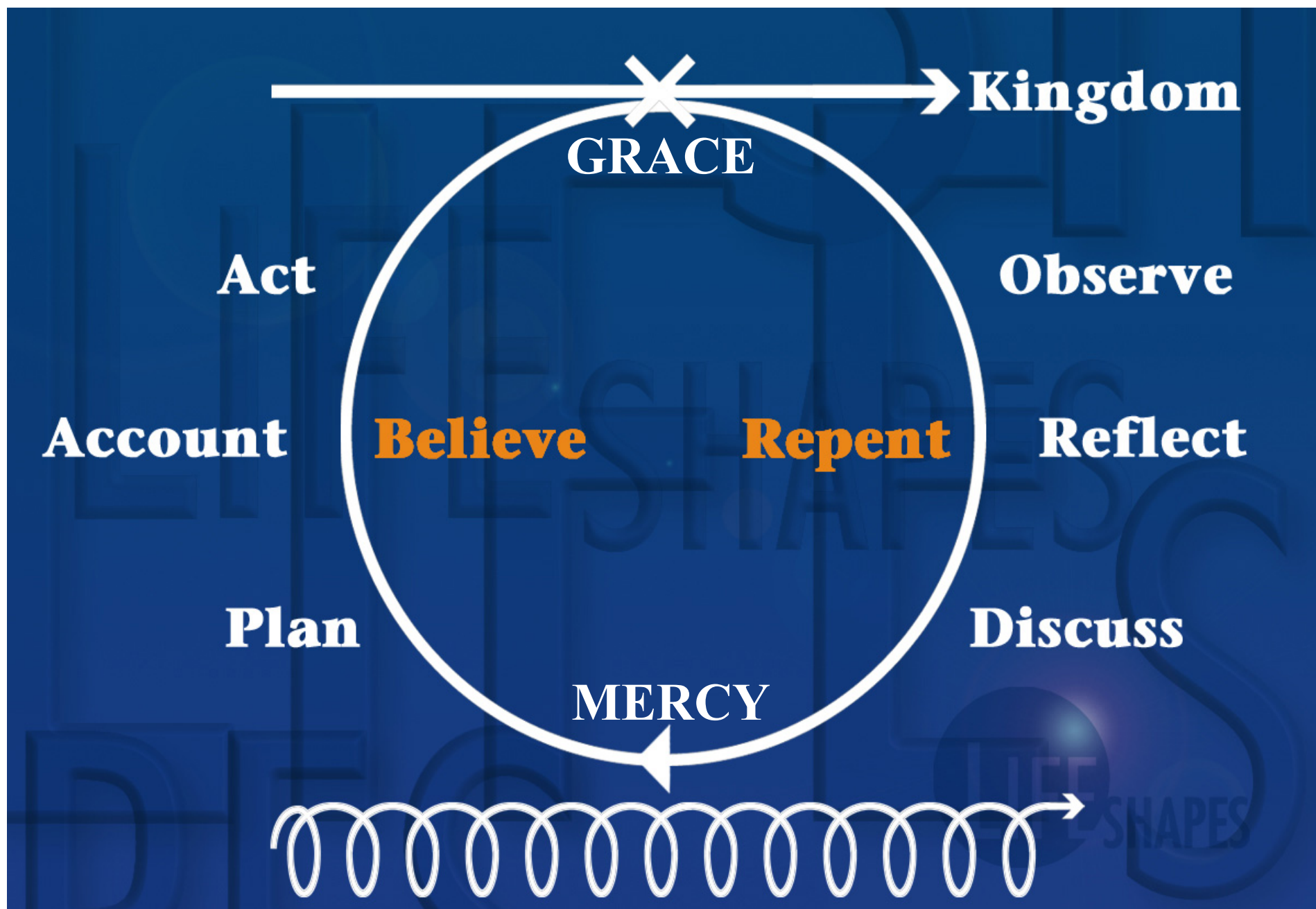
The Battle

The Old Flesh
Memories/Desires/Fears

The Holy Spirit
Fruits/Gifts/Power

The New You
Soul (Mind/Will/Emotions)
Spirit





The Semi-Circle

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Five Fold Ministry Gifts (Ephesians Chapter 4)

*Saints-Work-Edification
Unity-Knowledge-Fullness*

Session Objectives

LEARN: About true relationships as designed by God between *work* and *rest*.

EXPLORE: The idea of abiding in Christ to produce greater fruitfulness and purpose to life.

DISCOVER: The value of times of resting and pruning.

FORM: Plan to apply the Semi-Circle to our everyday lives.

Key Words

- **Human Beings**
- **Human Doings**
- **Rest & Work**
- **Abiding and Fruitfulness**
- **Pruning & Growing**
- **Days**
- **Weeks**
- **Months**
- **Seasons**
- **Sabbath**

Scripture

Romans Chapter 12

Genesis 1:22, 28

Genesis 2:2

Genesis 3:8-9

Ecclesiastes 3:1-8

John 15:1-8

Mark 1:12-13; 1:35-39; 6:30-32

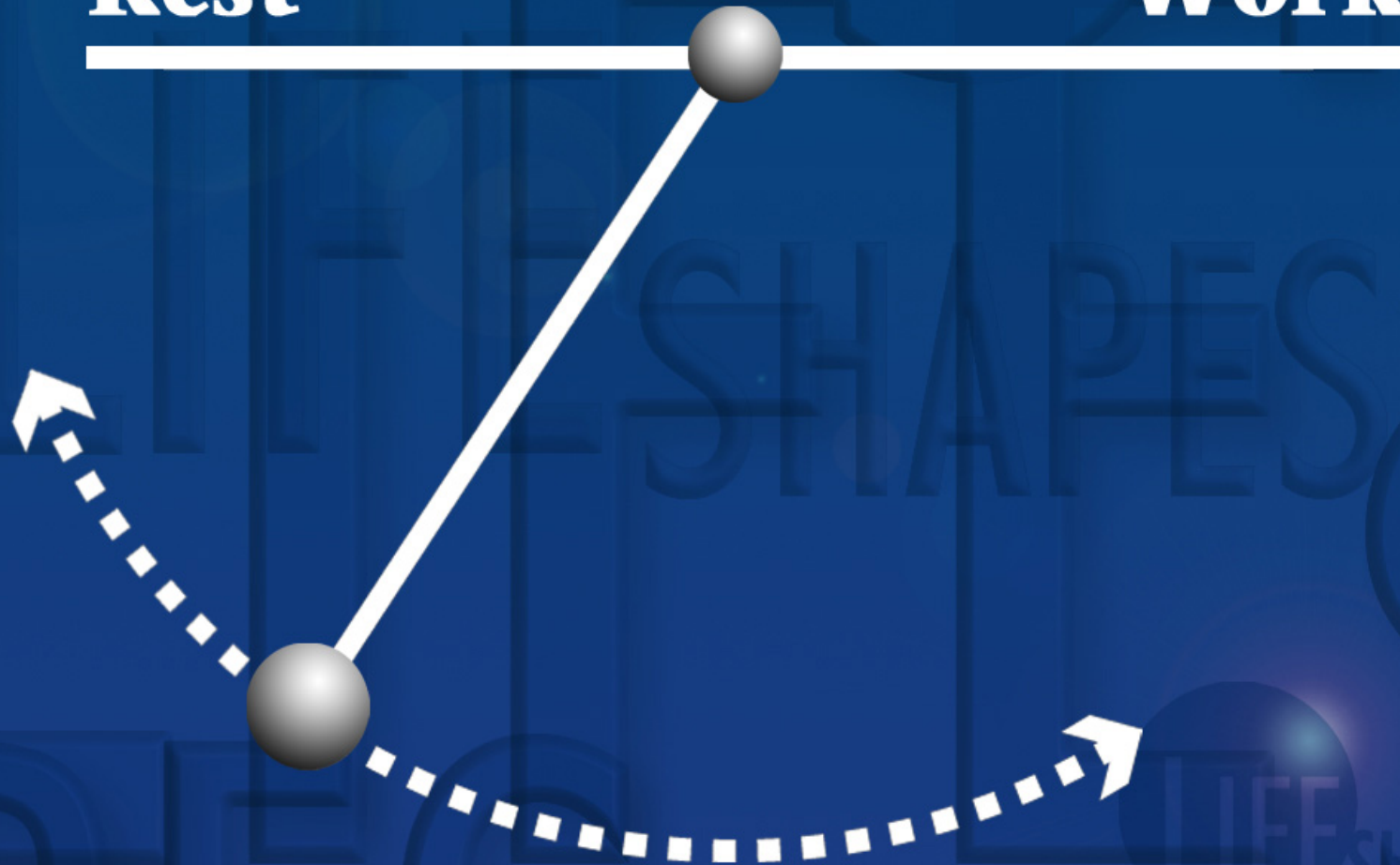
Rest

Work



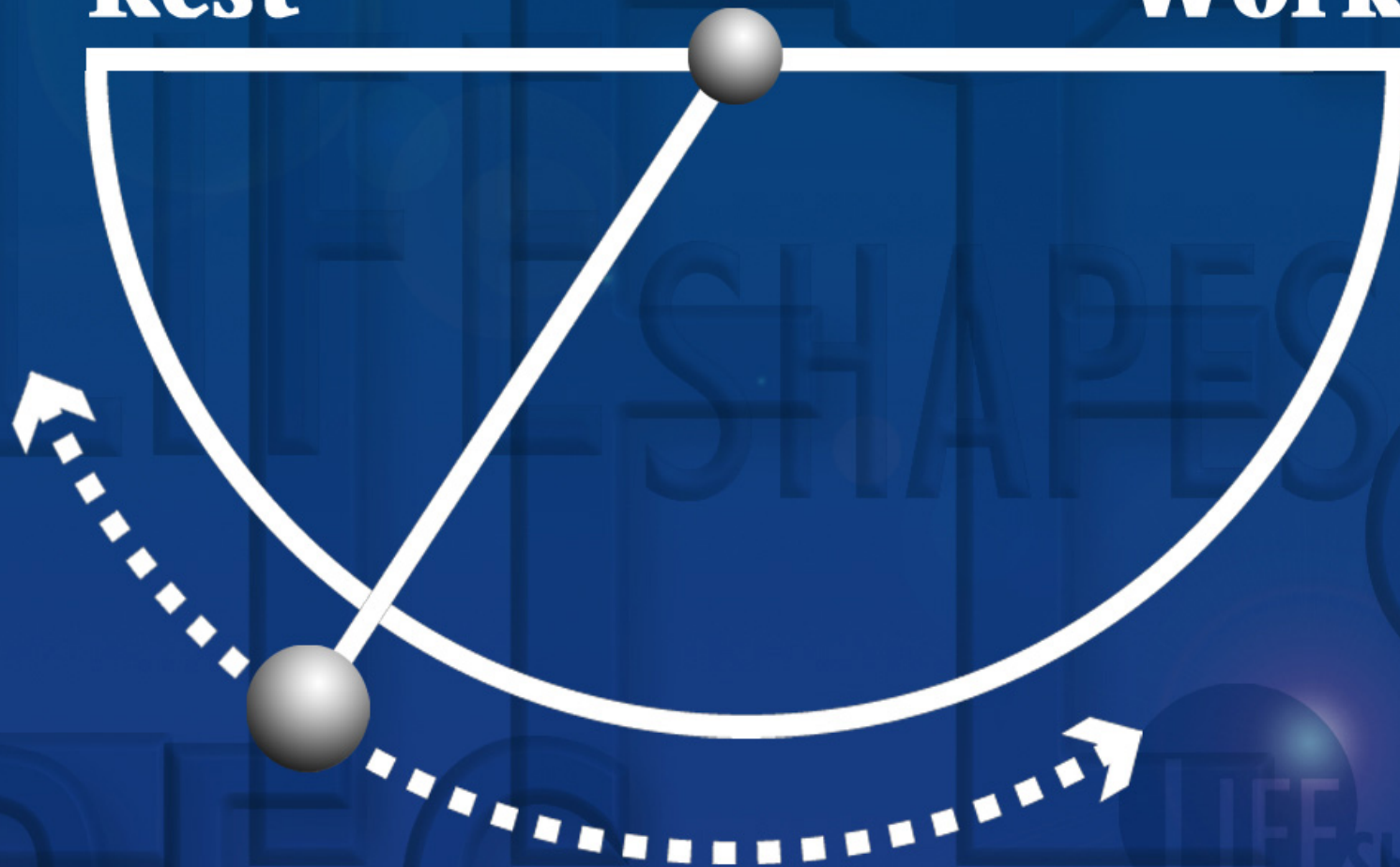
Rest

Work



Rest

Work



The Triangle

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Session Objectives

LEARN: The importance of balanced relationships.

EXPLORE: What it means to have a relationship with God and others.

DISCOVER: Why God wants us to have relationships with him and others.

FORM: Plan to apply the LifeShape Triangle to our everyday lives.

Key Words

- Relationships
- Balance
- Up
- In
- Out
- Abiding
- Growing
- Fruitfulness
- Pruning

Scripture

Romans Chapter 12

Micah 6:8

Leviticus 26:12

Ephesians 2:12-13

Matthew 9:35-38

Luke 6:12-20

Luke 22:24

John 13:35

Matthew 9:35-3



Up



Up

A white triangle is centered on a dark blue background. The word "Up" is written in white, bold, serif font at the top vertex of the triangle. The word "In" is written in white, bold, serif font at the bottom right vertex of the triangle.

In

Up



A white triangle is centered on a dark blue background. The triangle's top vertex is labeled 'Up', its bottom-left vertex is labeled 'Out', and its bottom-right vertex is labeled 'In'. The labels are in a bold, white, serif font.

Out

In

The Square

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Session Objectives

LEARN: That everyone is a disciple and a leader.

EXPLORE: The challenges of leading and teaching as Jesus did.

DISCOVER: The confidence that comes from learning and leading effectively.

FORM: Plans to apply the Square to our everyday lives.

Key Words

- Leader
- Disciple
- Leadership Styles
- Learning Stages
- Servant Leadership

The leadership stages can perhaps be summarized as...

- L1: DIRECTIVE (I DO - YOU WATCH)
- L2: COACHING (I DO - YOU HELP)
- L3: PASTORAL (YOU DO - I HELP)
- L4: DELEGATING (YOU DO - I WATCH)

LIFE SHAPES

Scripture

Romans Chapter 12
Mark 10:35-37 & 41-45

Mark 1:15-20

Luke 12:32-34

John 15:12-17

Matthew 28:18-20

LIFE SHAPES



L_1
 D_1



LIFE SHAPES

L₁ Directive

D₁







D_2 **L_2**



D₂ **L₂**

**C
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D₂

L₂

**C
o
a
c
h**

VISION



D₂

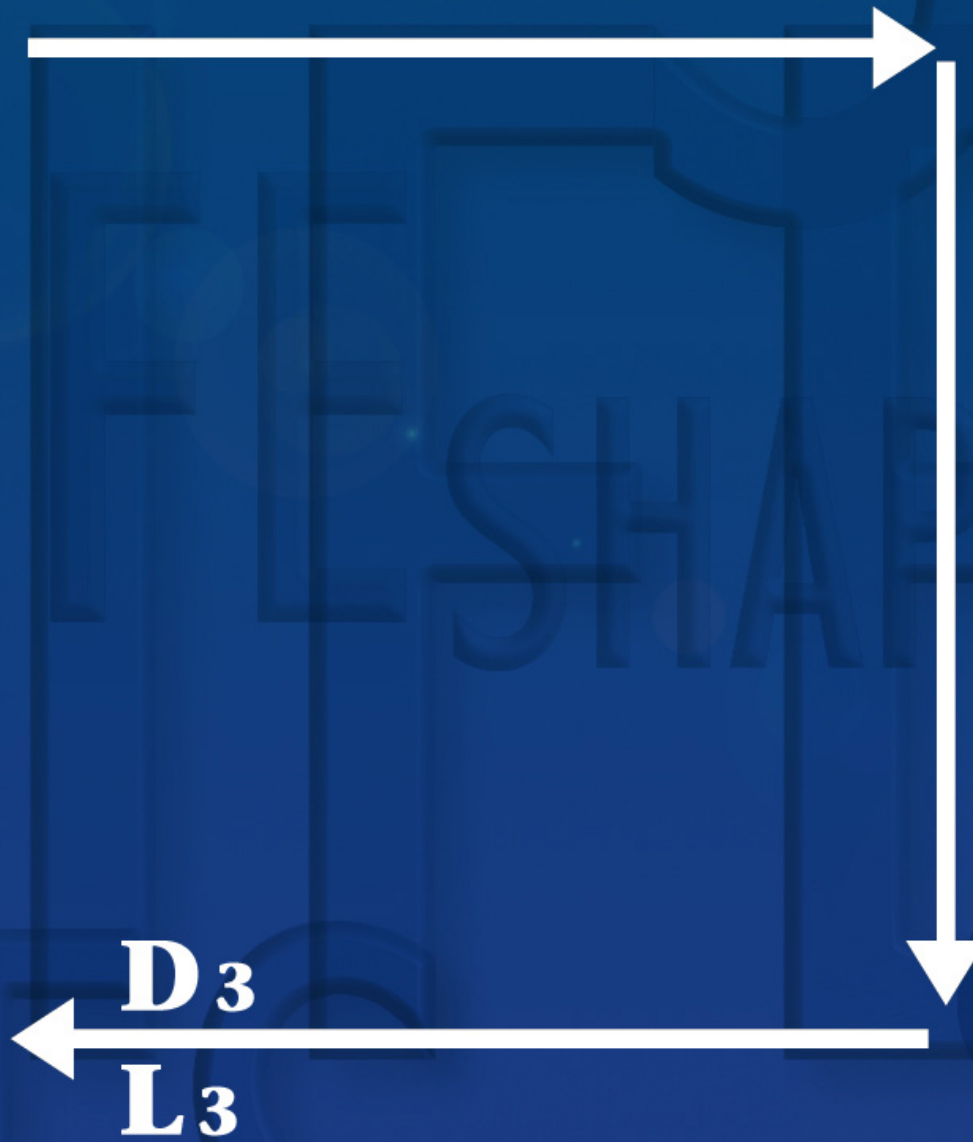
L₂

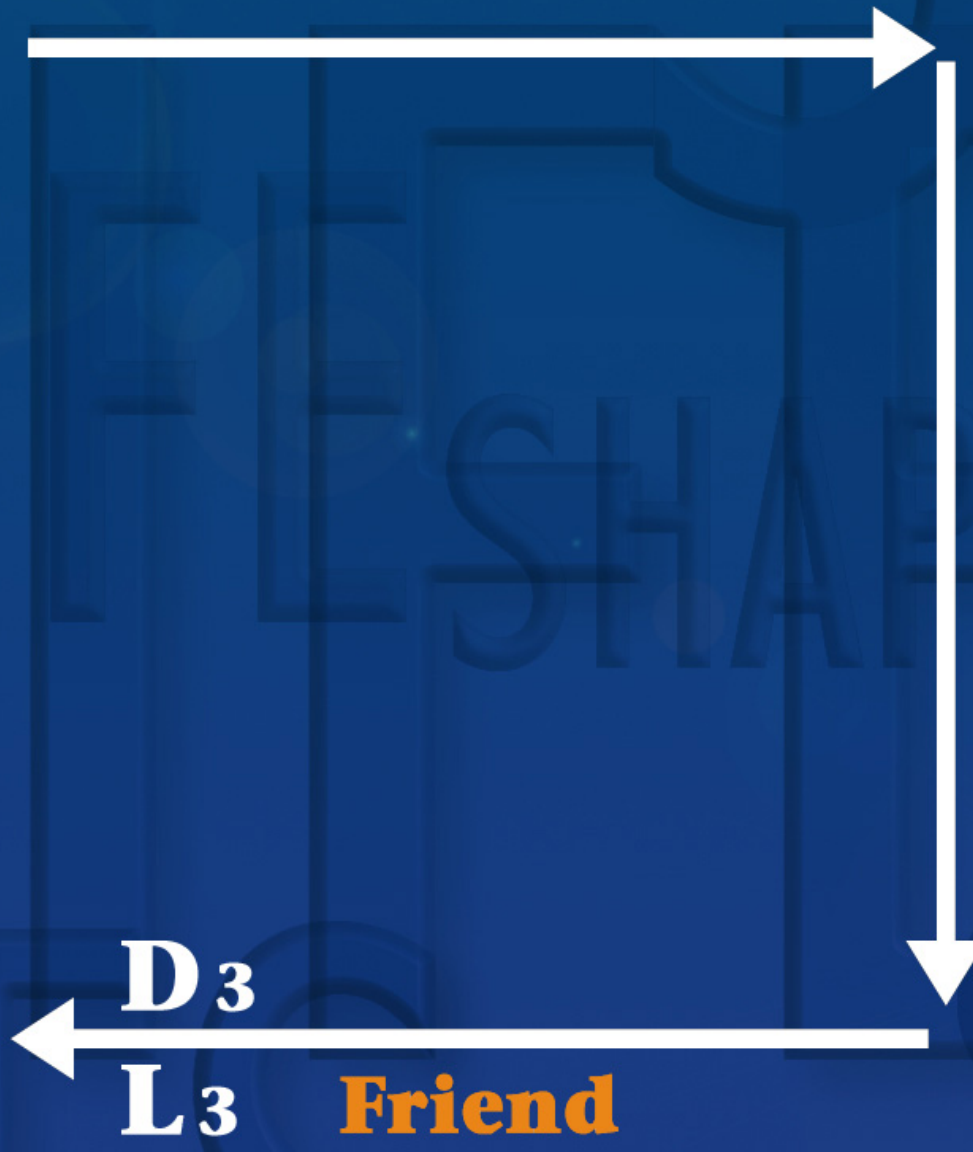
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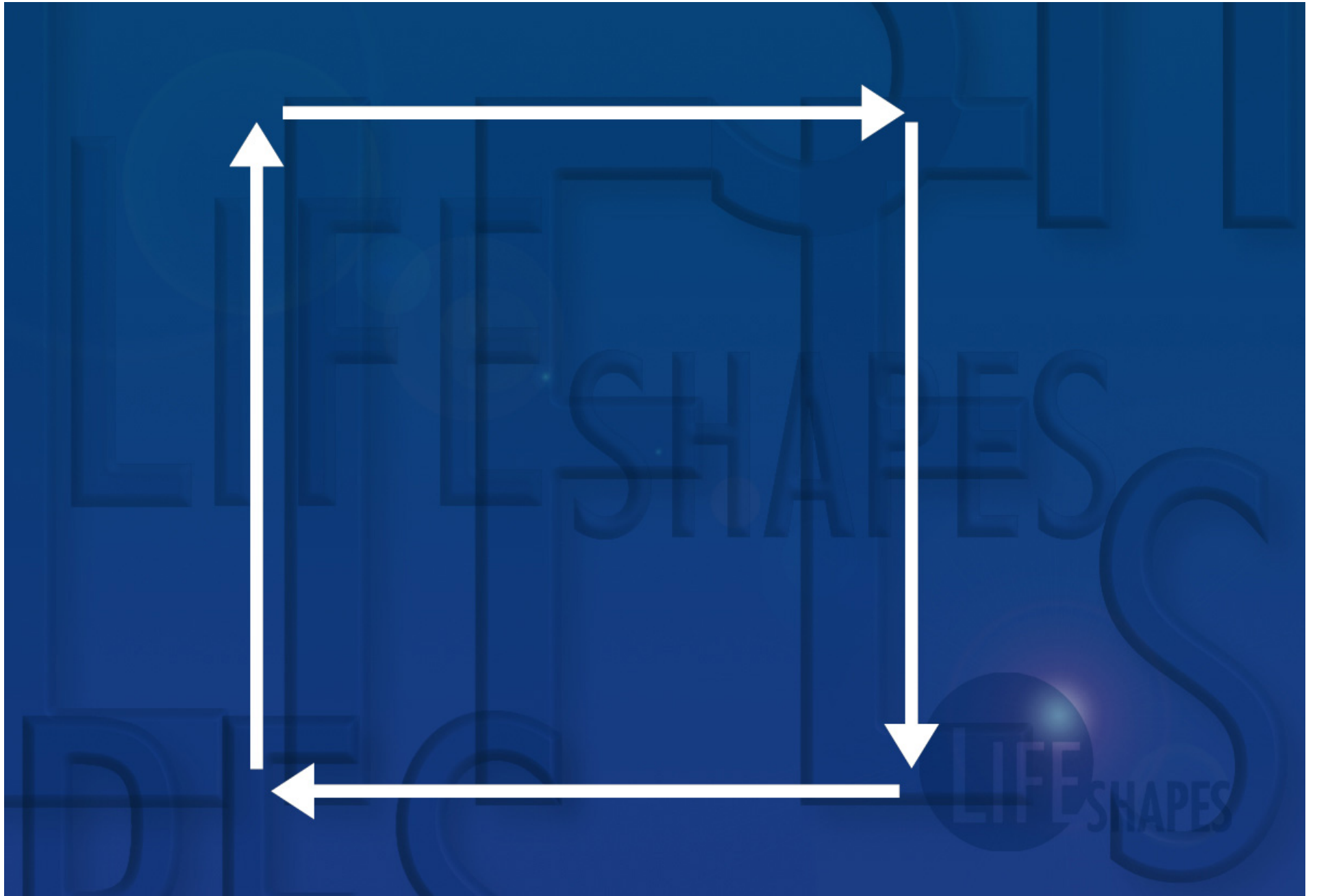
VISION

GRACE



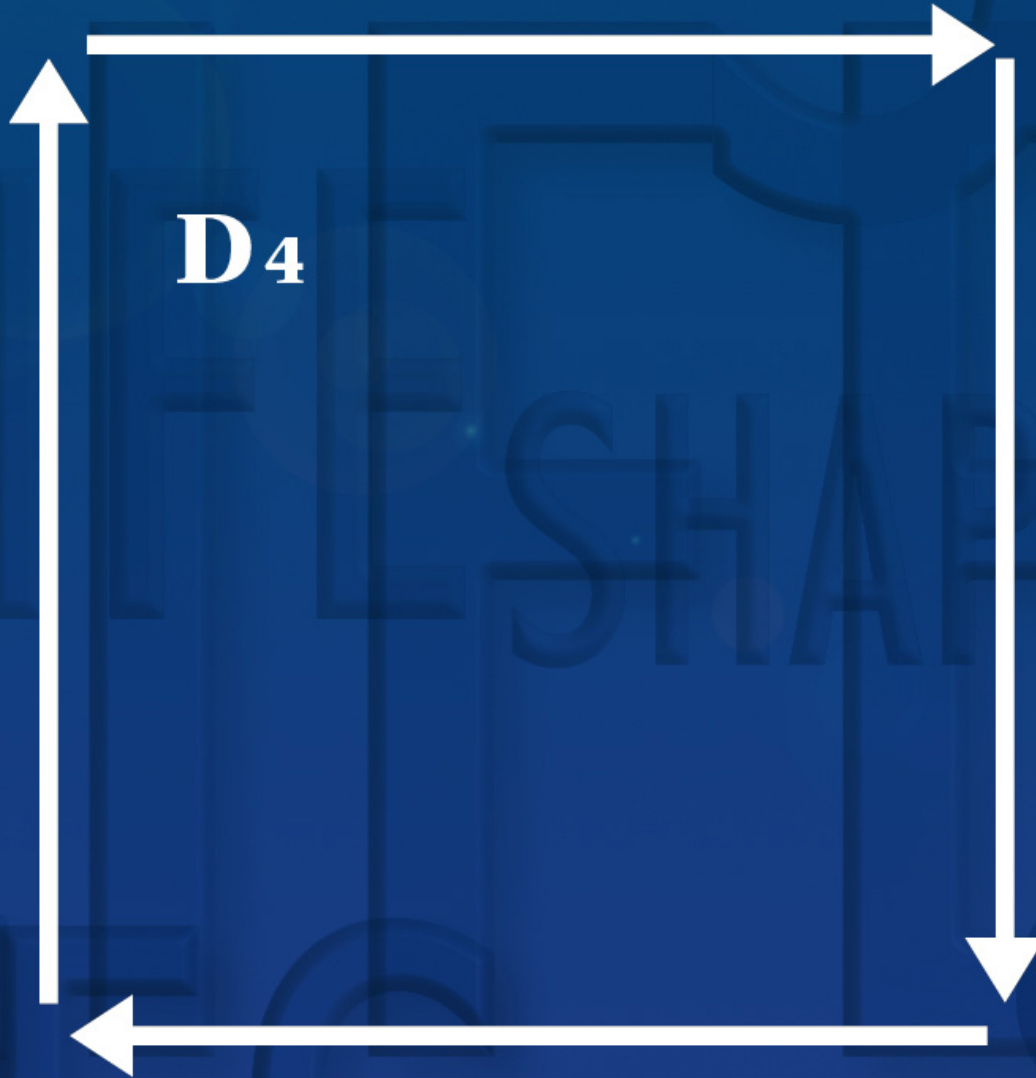






L_4

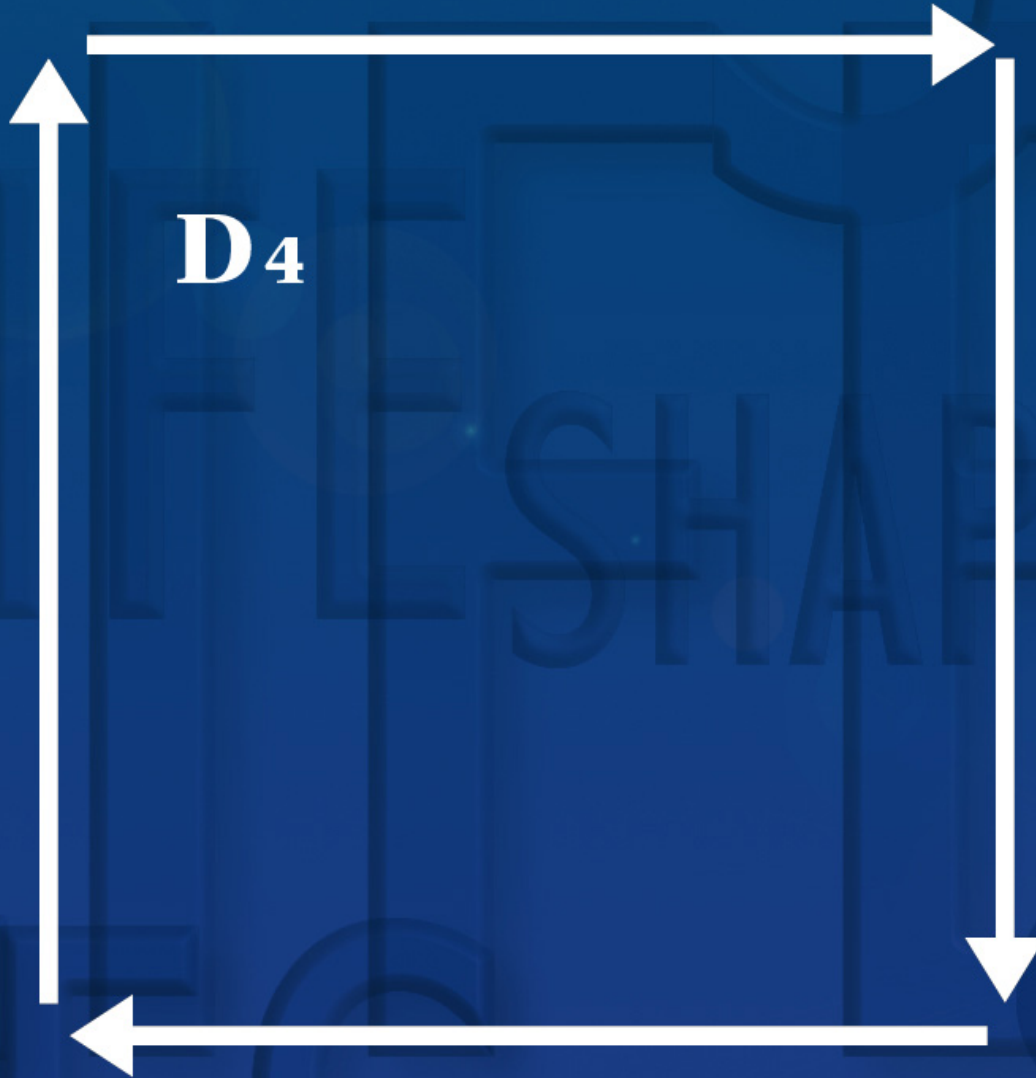
D_4



L₄

**D
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D₄



The Pentagon

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Five Fold Ministry Gifts (Ephesians Chapter 4)

*Saints-Work-Edification
Unity-Knowledge-Fullness*

Session Objectives

LEARN: God pours his grace in all believers.

EXPLORE: The fivefold ministry roles of the Pentagon and which roles fit them.

DISCOVER: The overlapping relationship between the five gifts (roles).

FORM: Plan to apply the LifeShape Pentagon to our everyday lives.

Key Words

- Pioneer
- Settler
- Apostle
- Pastor
- Prophet
- Teacher
- Evangelist
- Base Ministry
- Phase Ministry

Overview of The Five Fold Ministry

Role	Definition	Character Types	Organizational Equivalent
APOSTLE	One who is Sent.	Pioneer, Strategist, Innovator, Visionary	Entrepreneur – Groundbreaker and strategist who initiates and catalyzes and social movements
PROPHET	One who hears and speaks knowledge. Provide God's prospective.	Disturber, Agitator, Dreamer	Questioner – Disturbs the status quo and challenges an organization to move in new directions.
EVANGELIST	One who recruits and introduces. Gifted communicators	Passionate, Communicator, Message promoter	Communicator/Sale's Person – Takes the Organization's message to those outside and sells it.
PASTOR	One who cares and Shepard's.	Care giver, social, cement, settler	Humanizer – Provides the organization glue by caring for the flock.
TEACHER	One who explains the details.	Translator of Philosophy. Organizer of ideas	Systematize – Organizes the various parts into a working unit and articulates it to others.

Scripture

Romans Chapter 12

Ephesians 4:7

Ephesians 4:11-13

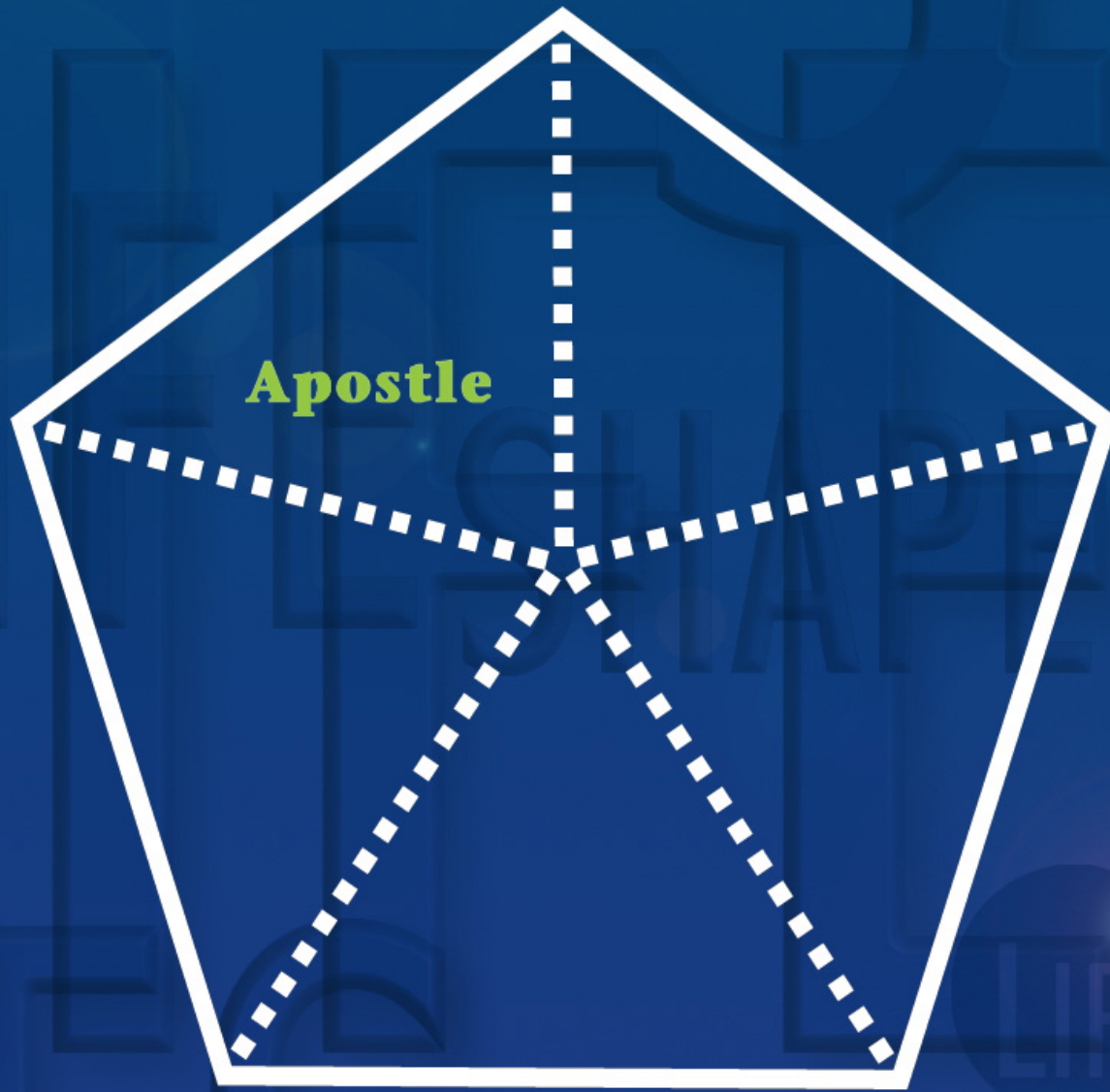
1 Corinthians 12:1-11

Romans 12:6-8

1 Peter 4:10-11



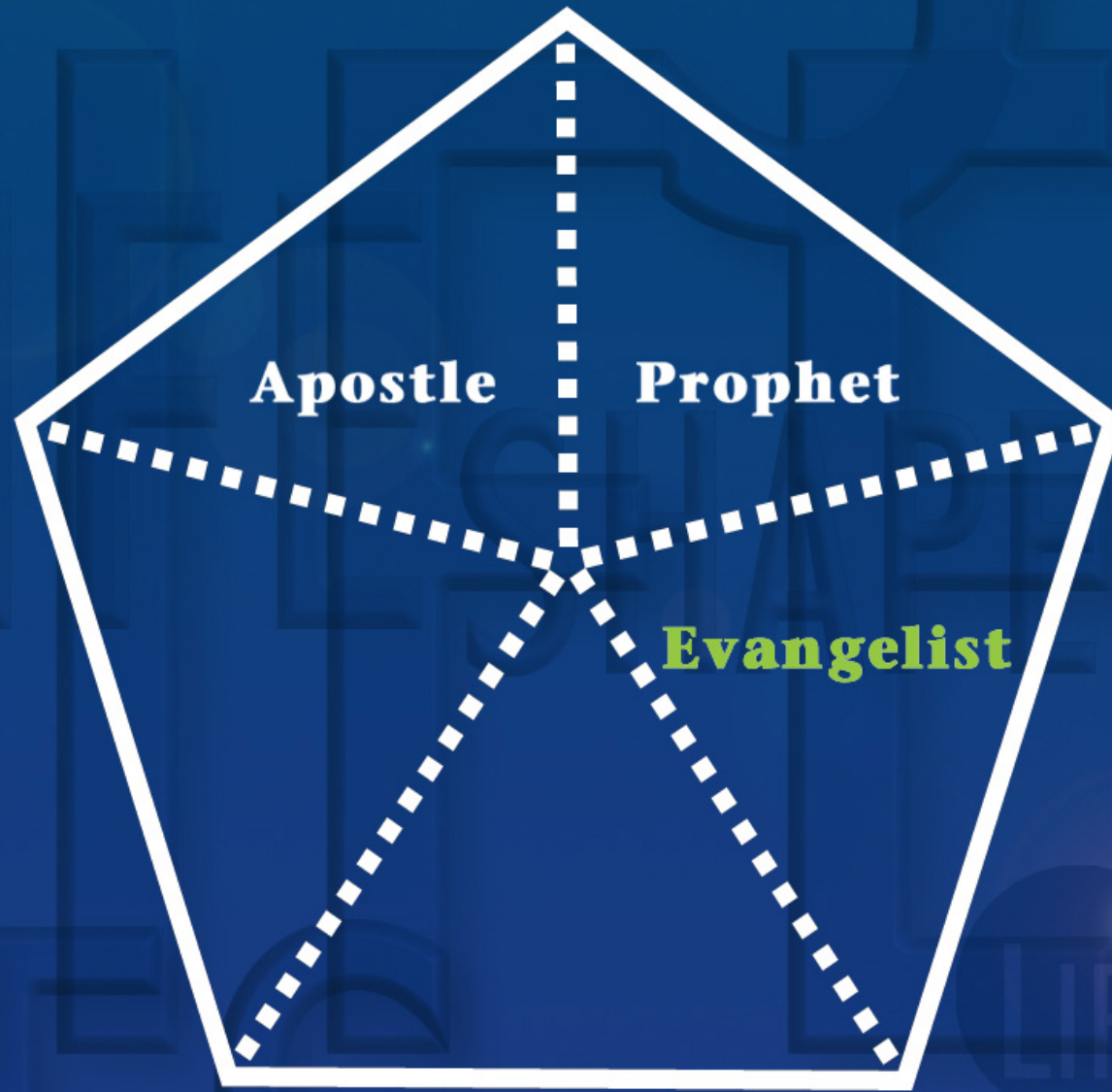
Apostle

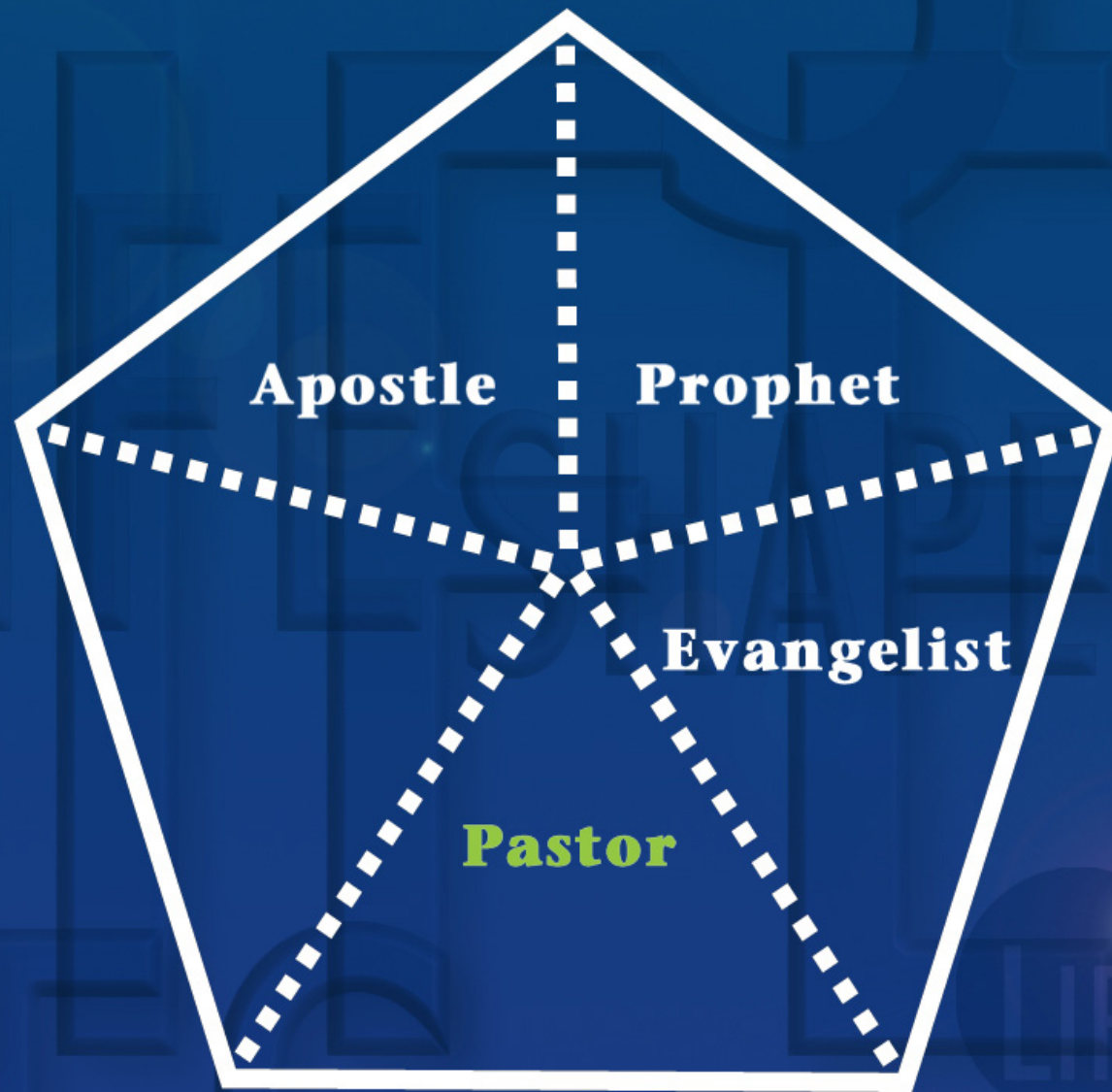


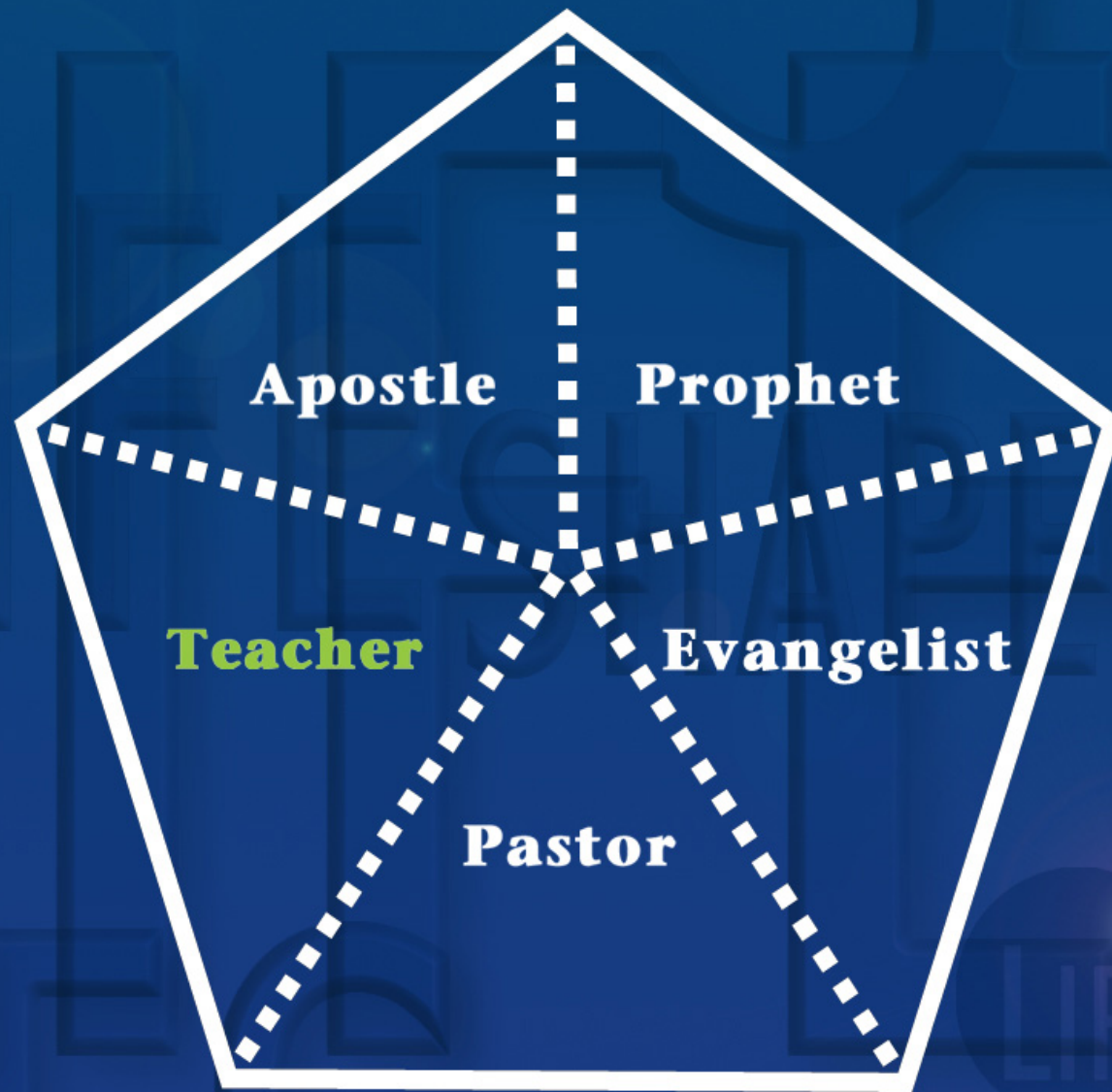


Apostle

Prophet











Pioneers



Apostle
Prophet
Evangelist

Pioneers

Settlers



Apostle
Prophet
Evangelist

Pastor
Teacher

LIFE SHAPES





Pastor



Pastor



Teacher

Pastor

Teacher

Apostle

Pastor







The Hexagon





The Father's Character

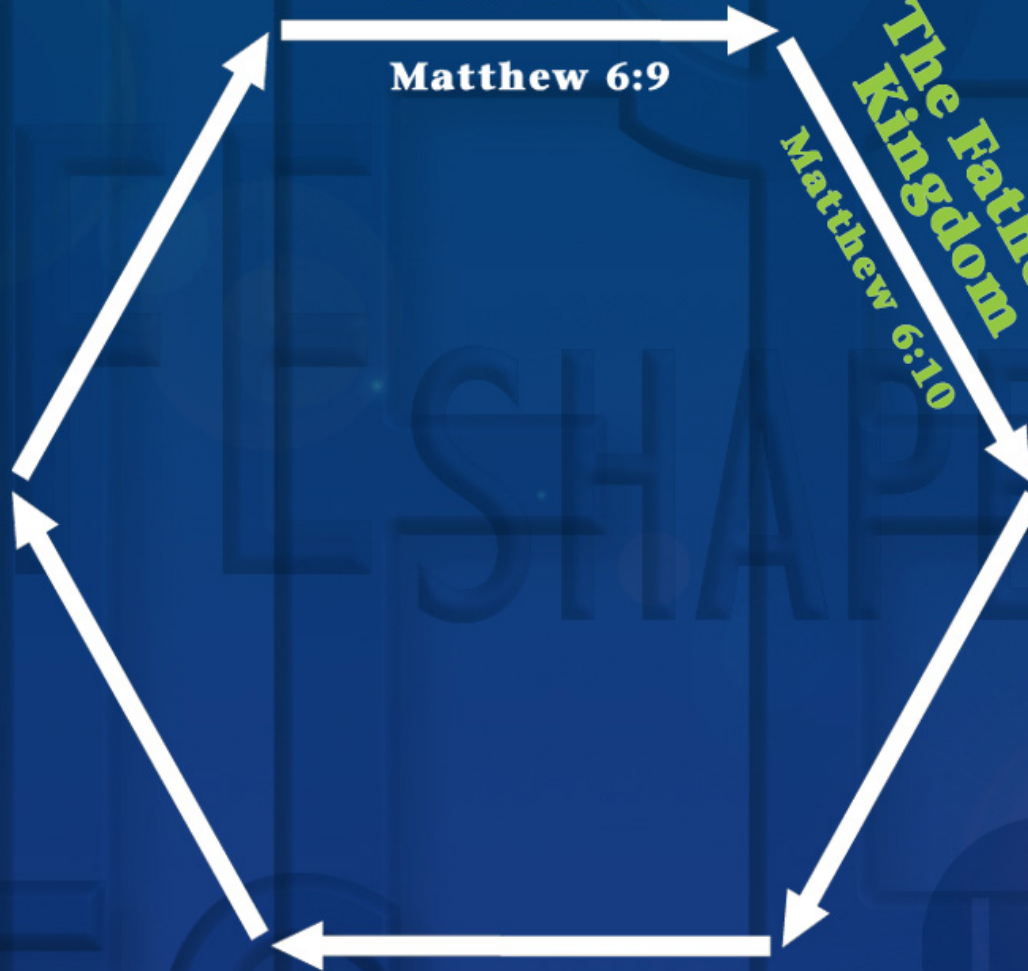
Matthew 6:9



The Father's Character

Matthew 6:9

The Father's Kingdom
Matthew 6:10



The Father's Character

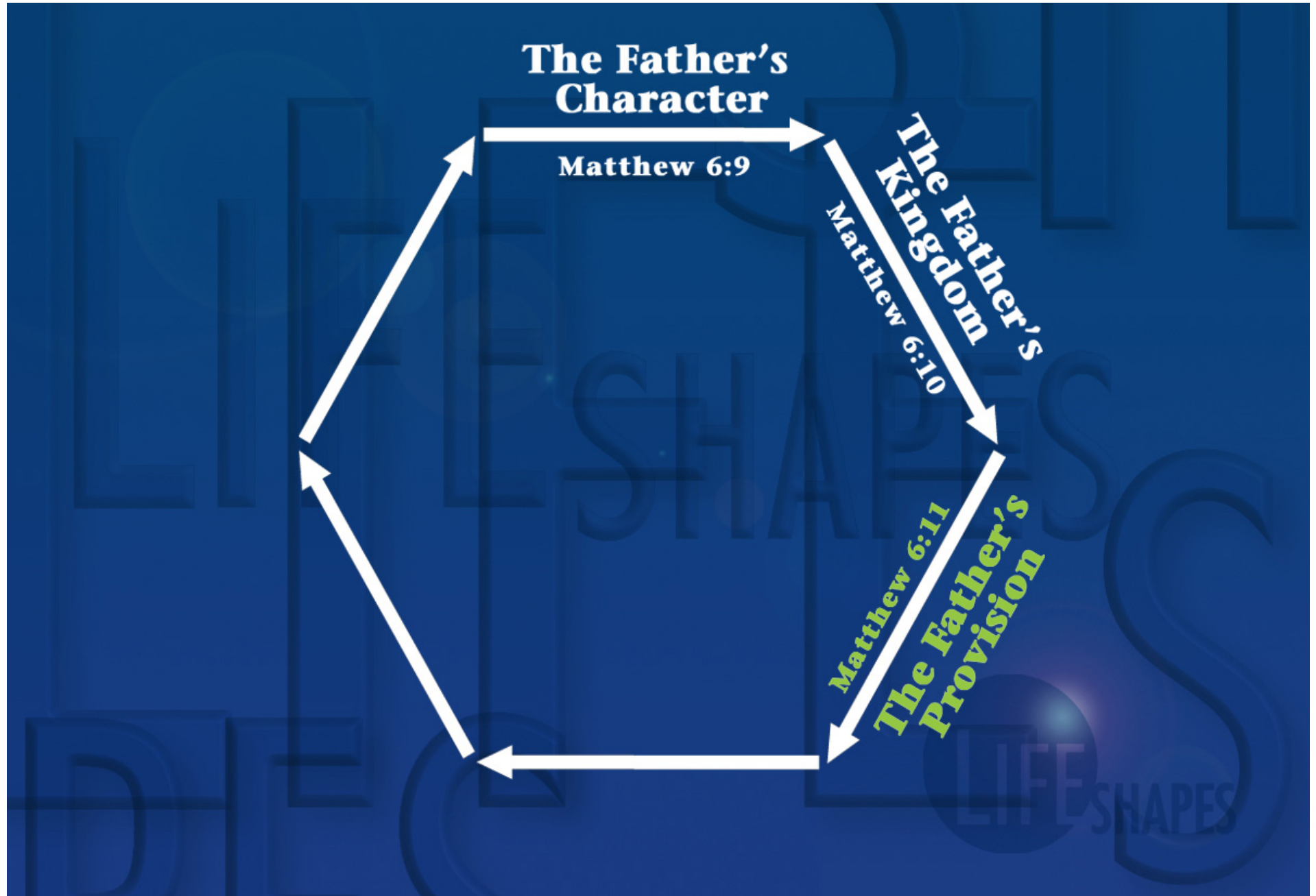
Matthew 6:9

**The Father's
Kingdom**

Matthew 6:10

**The Father's
Provision**

Matthew 6:11



The Father's Character

Matthew 6:9

**The Father's
Kingdom**

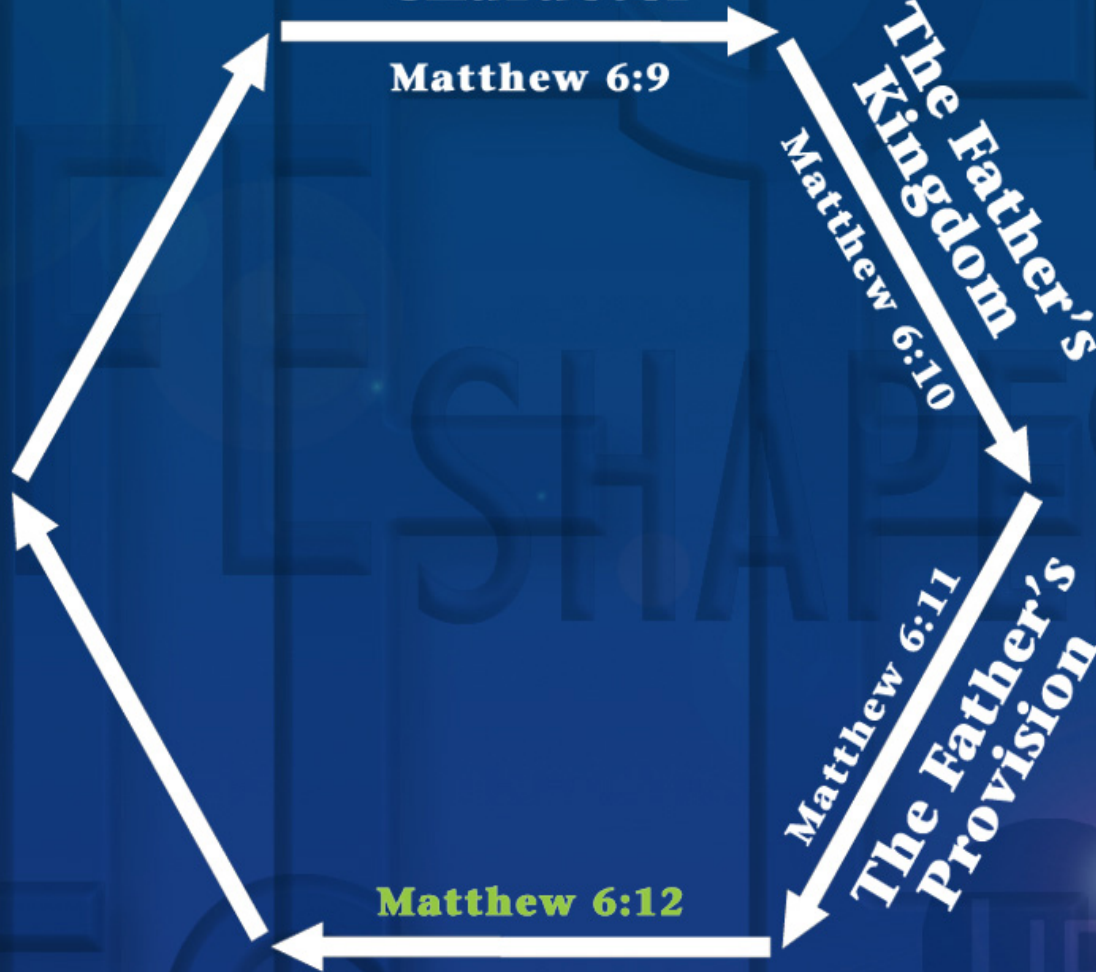
Matthew 6:10

**The Father's
Provision**

Matthew 6:11

Matthew 6:12

The Father's Forgiveness



**The Father's
Character**

Matthew 6:9

**The Father's
Kingdom**

Matthew 6:10

**The Father's
Provision**

Matthew 6:11

Matthew 6:12

**The Father's
Forgiveness**

**The Father's
Guidance**

Matthew 6:13a

The Father's Character

Matthew 6:9

The Father's Protection
Matthew 6:13b

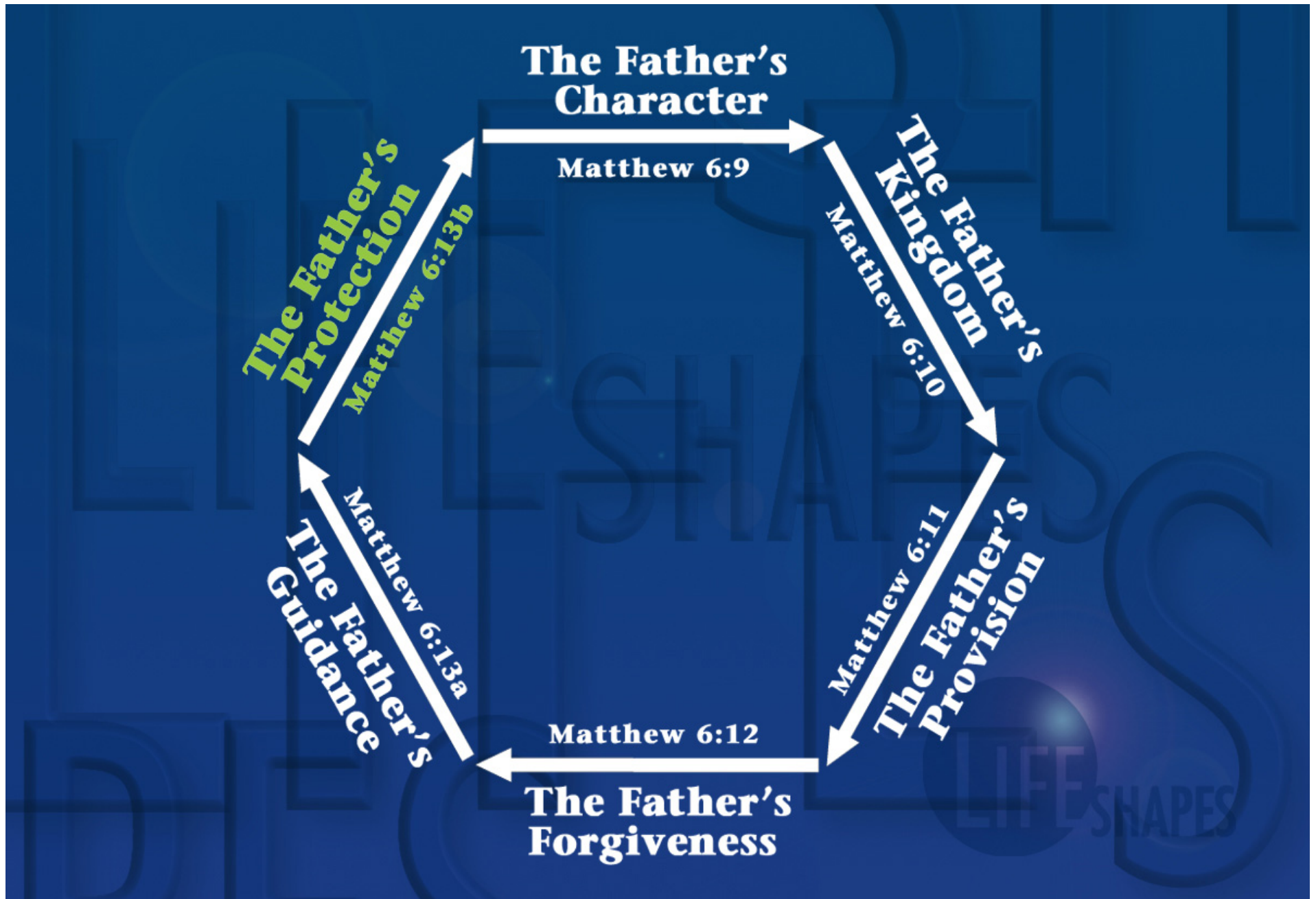
The Father's Kingdom
Matthew 6:10

The Father's Guidance
Matthew 6:13a

The Father's Provision
Matthew 6:11

Matthew 6:12

The Father's Forgiveness



The Heptagon

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Objectives

LEARN: The seven processes for all living organisms.

EXPLORE: The connection between biological life and spiritual life.

DISCOVER: The importance of spiritual self-checks.

FORM: A plan for healthy spiritual living.

Key Words

- Movement
- Respiration
- Sensitivity
- Growth
- Reproduction
- Excretion
- Nutrition

Scripture

Romans Chapter 12

I Peter 2:4-5

I Timothy 4:2

Philippians 1:8

I Corinthians 3:6-9

John 13:1-10

Psalms 71:18

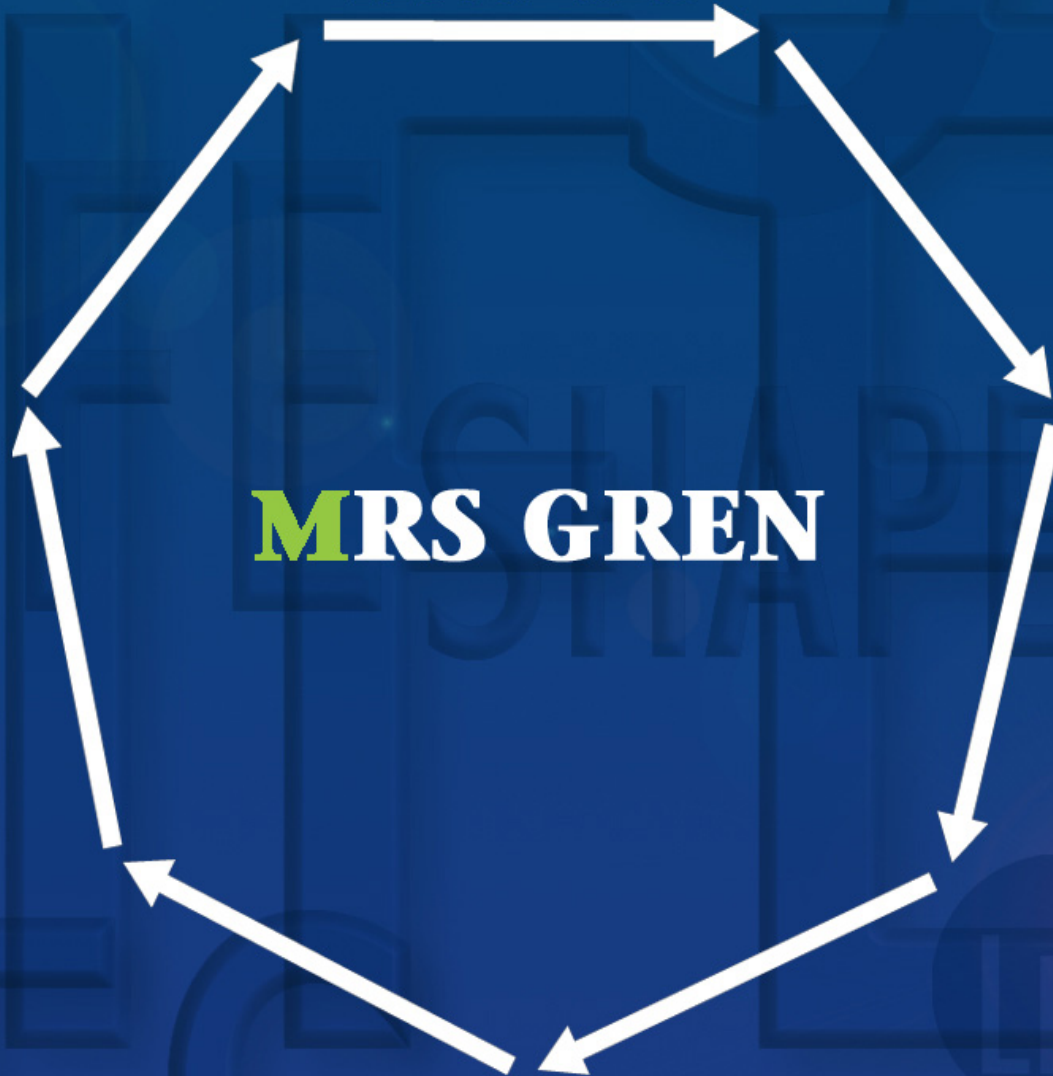




MRS GREN

Movement

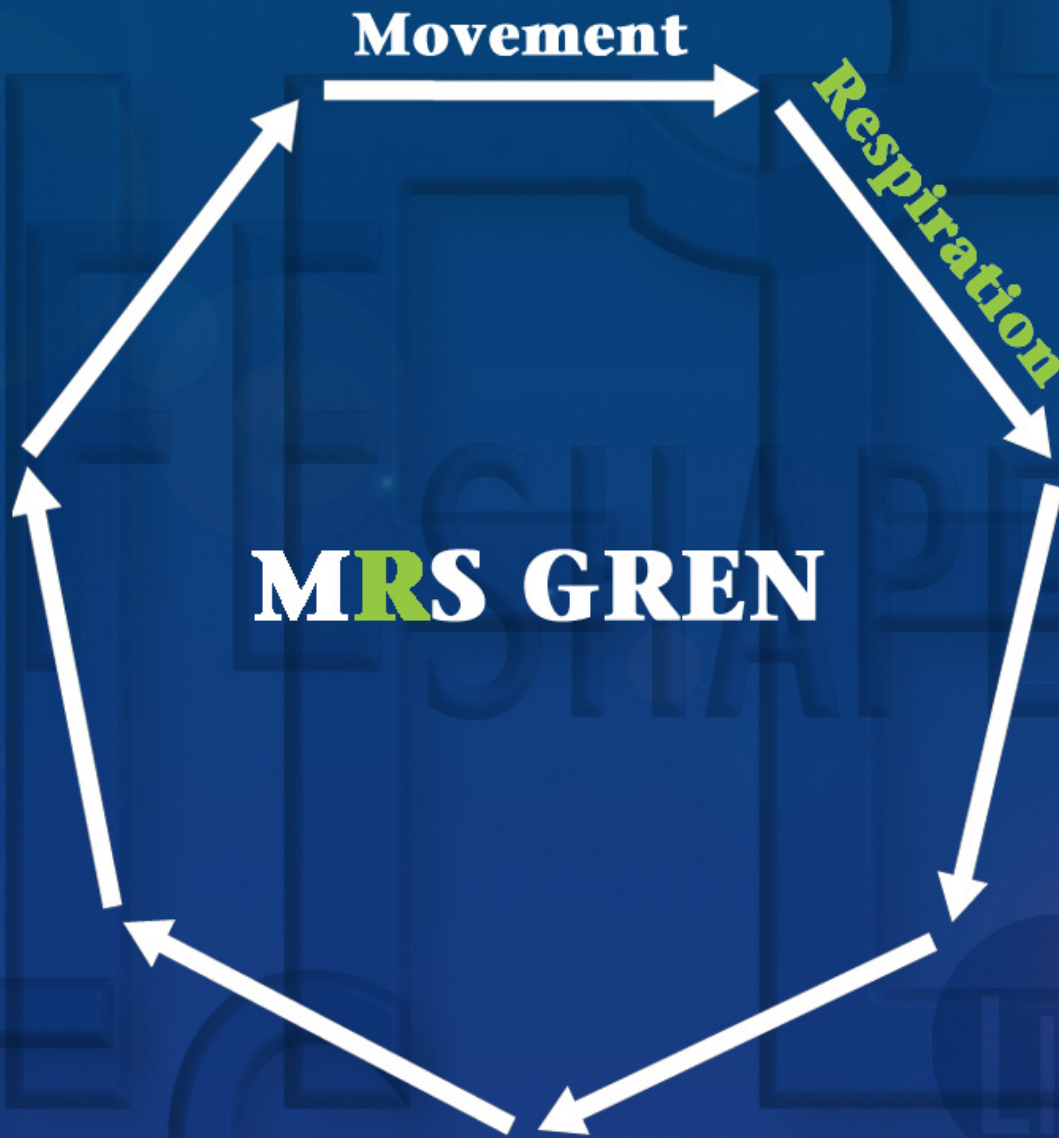
MRS GREN



Movement

Respiration

MRS GREN

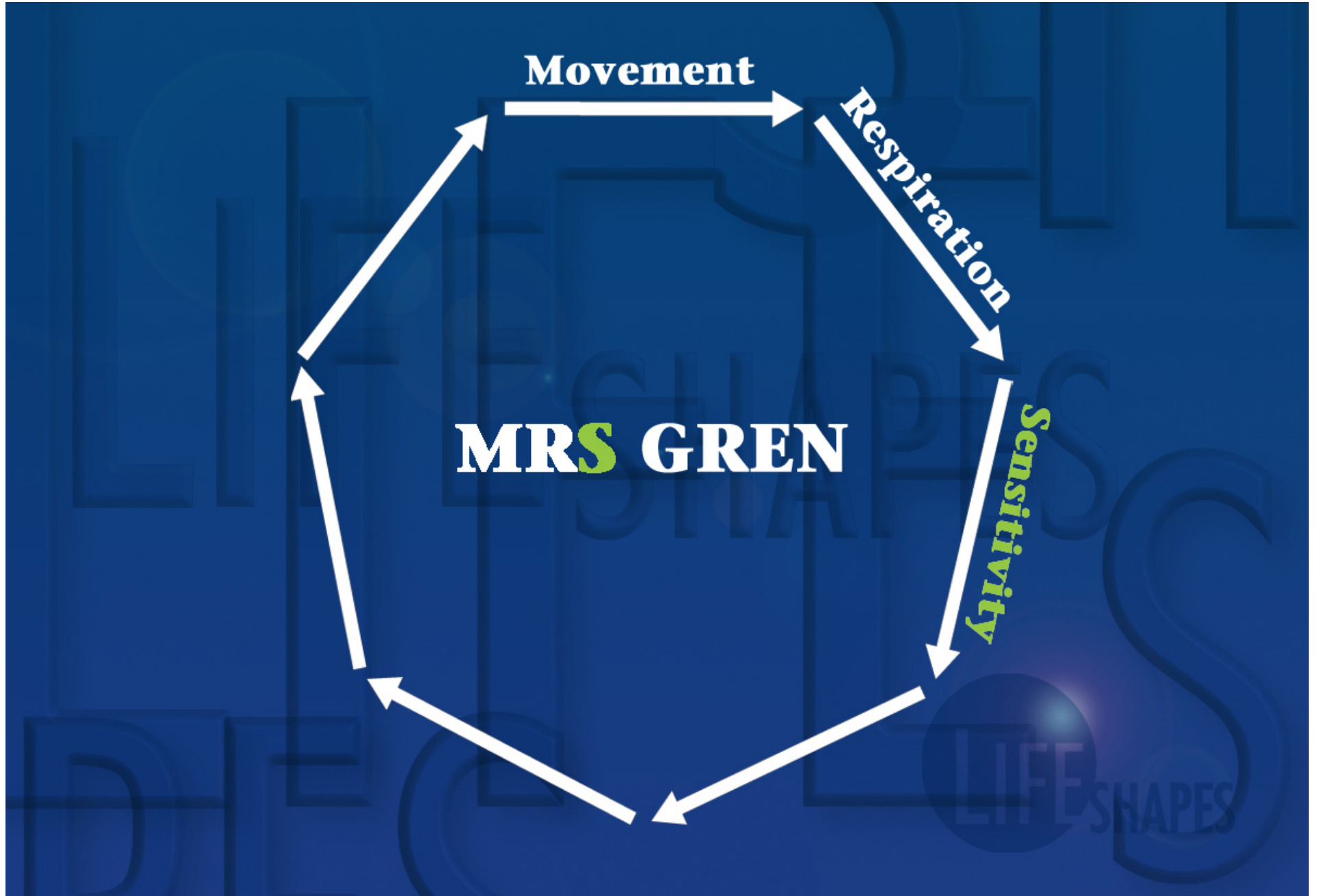


MRS S GREN

Movement

Respiration

Sensitivity



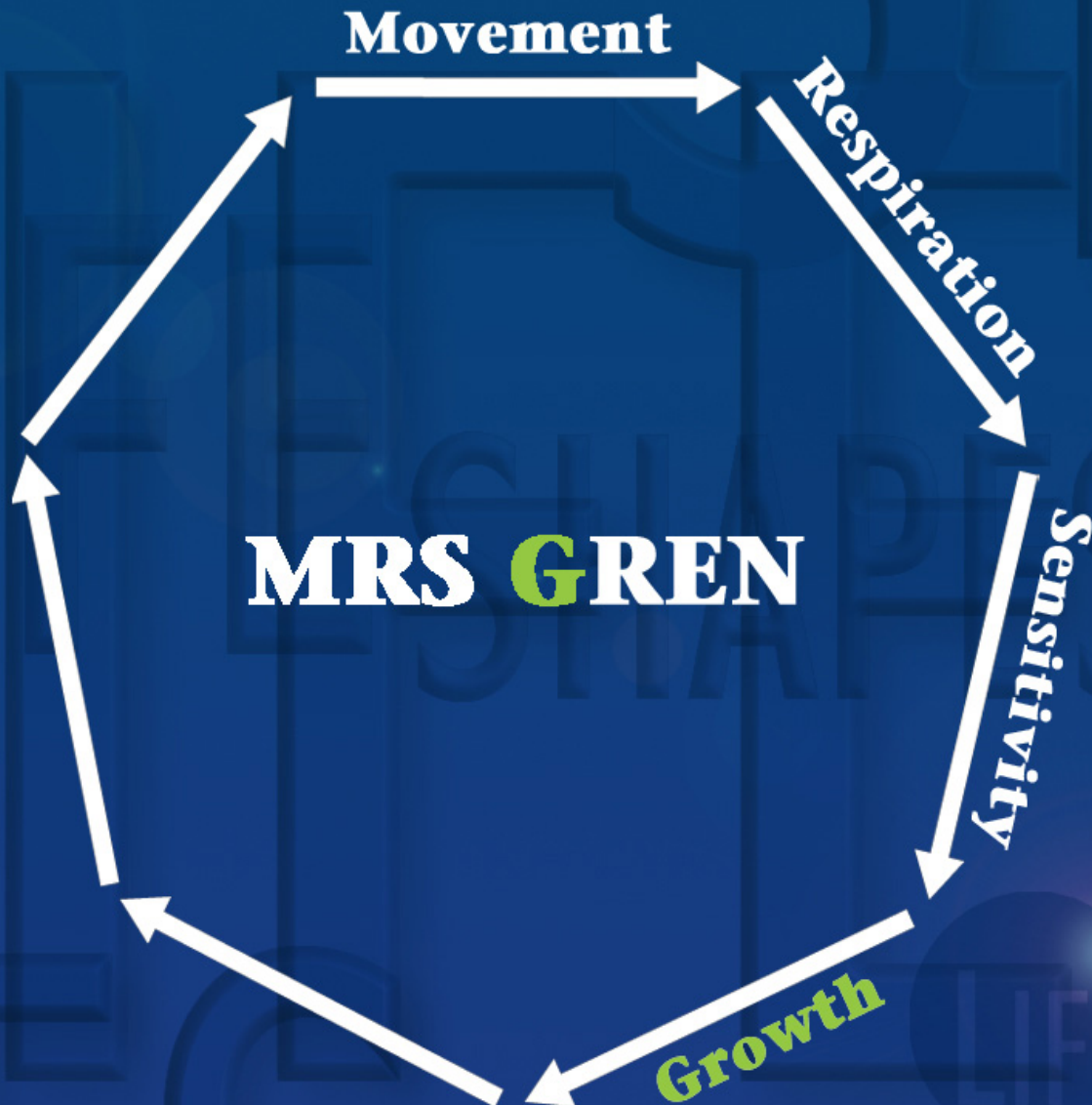
MRS GREN

Movement

Respiration

Sensitivity

Growth



MRS GREN

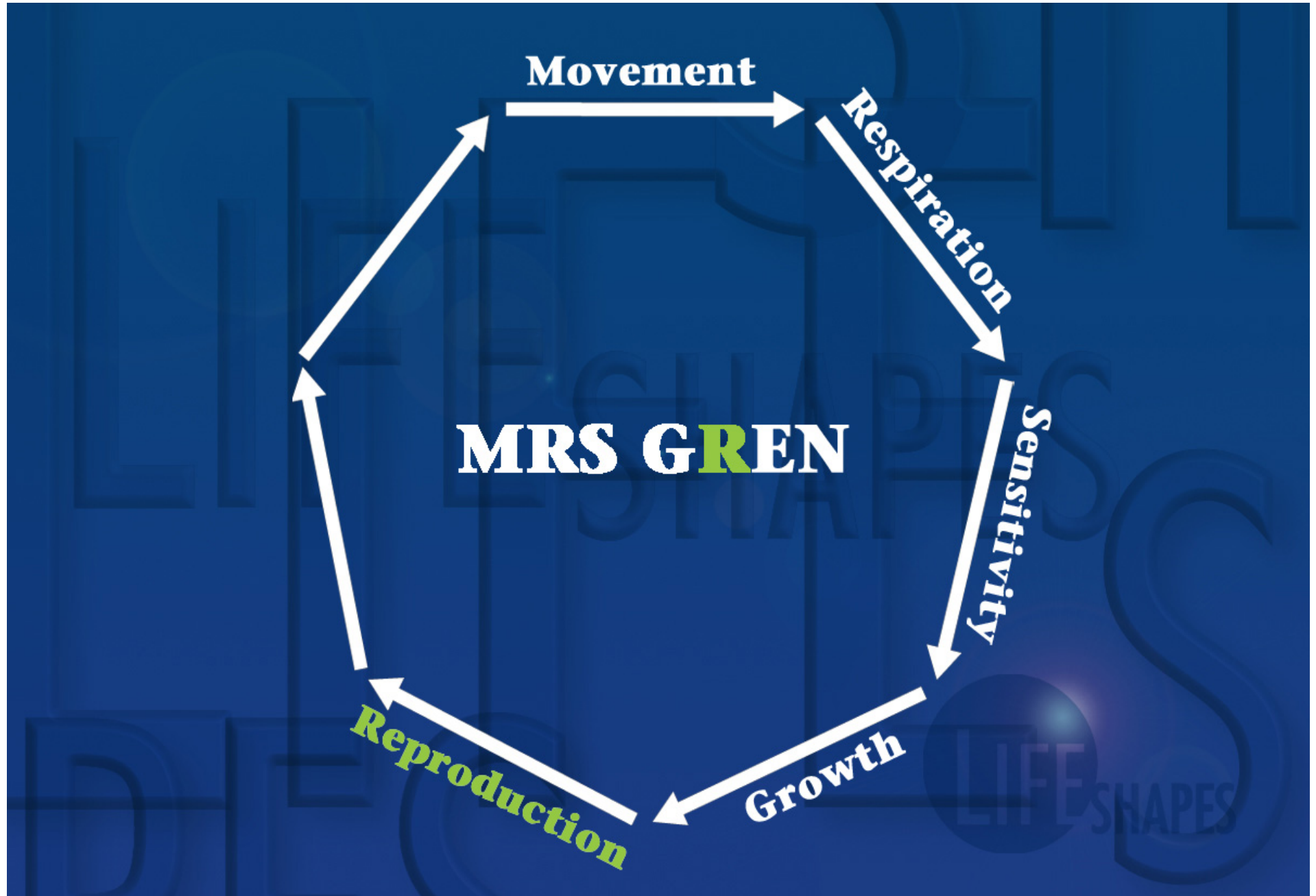
Movement

Respiration

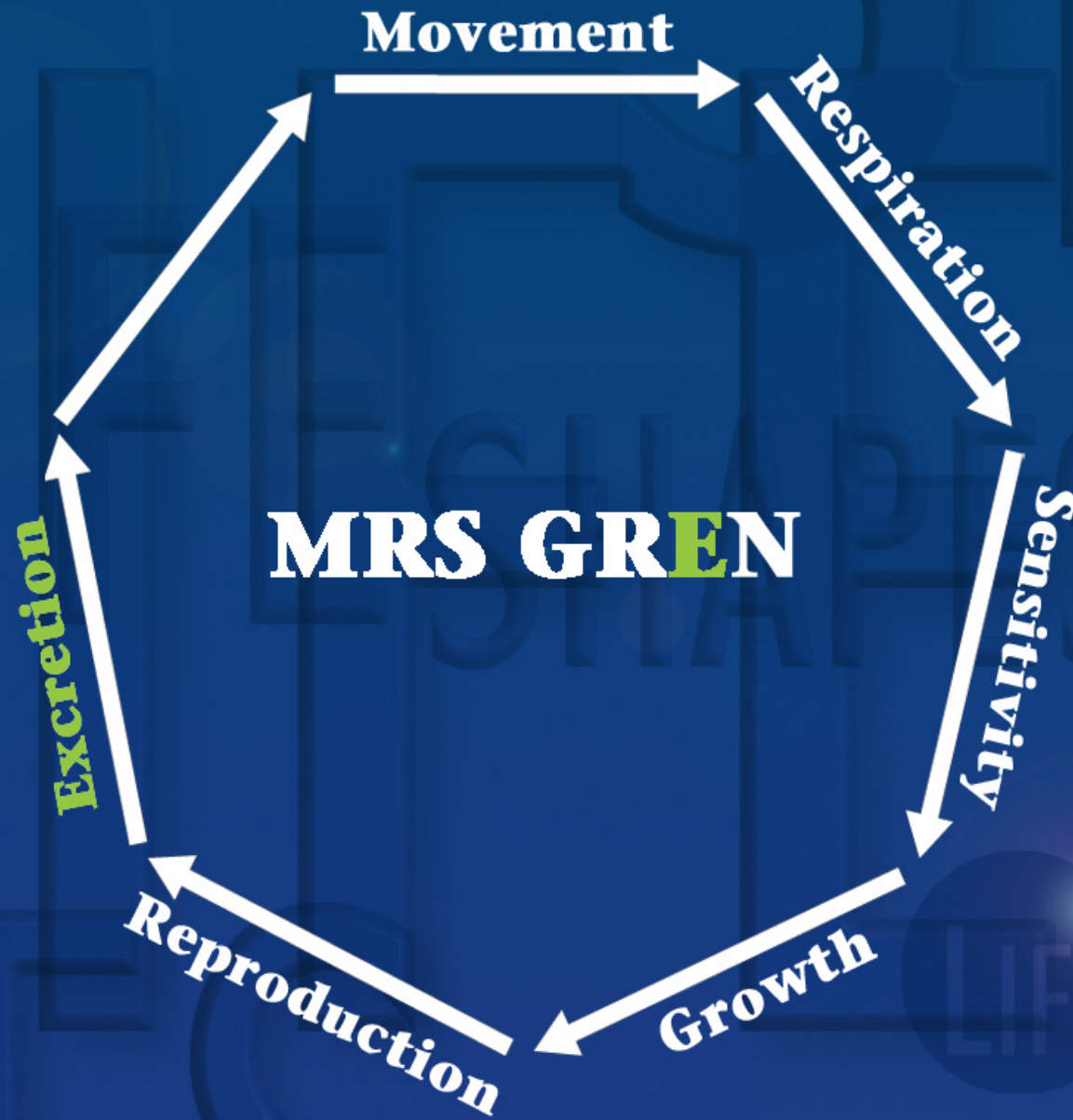
Sensitivity

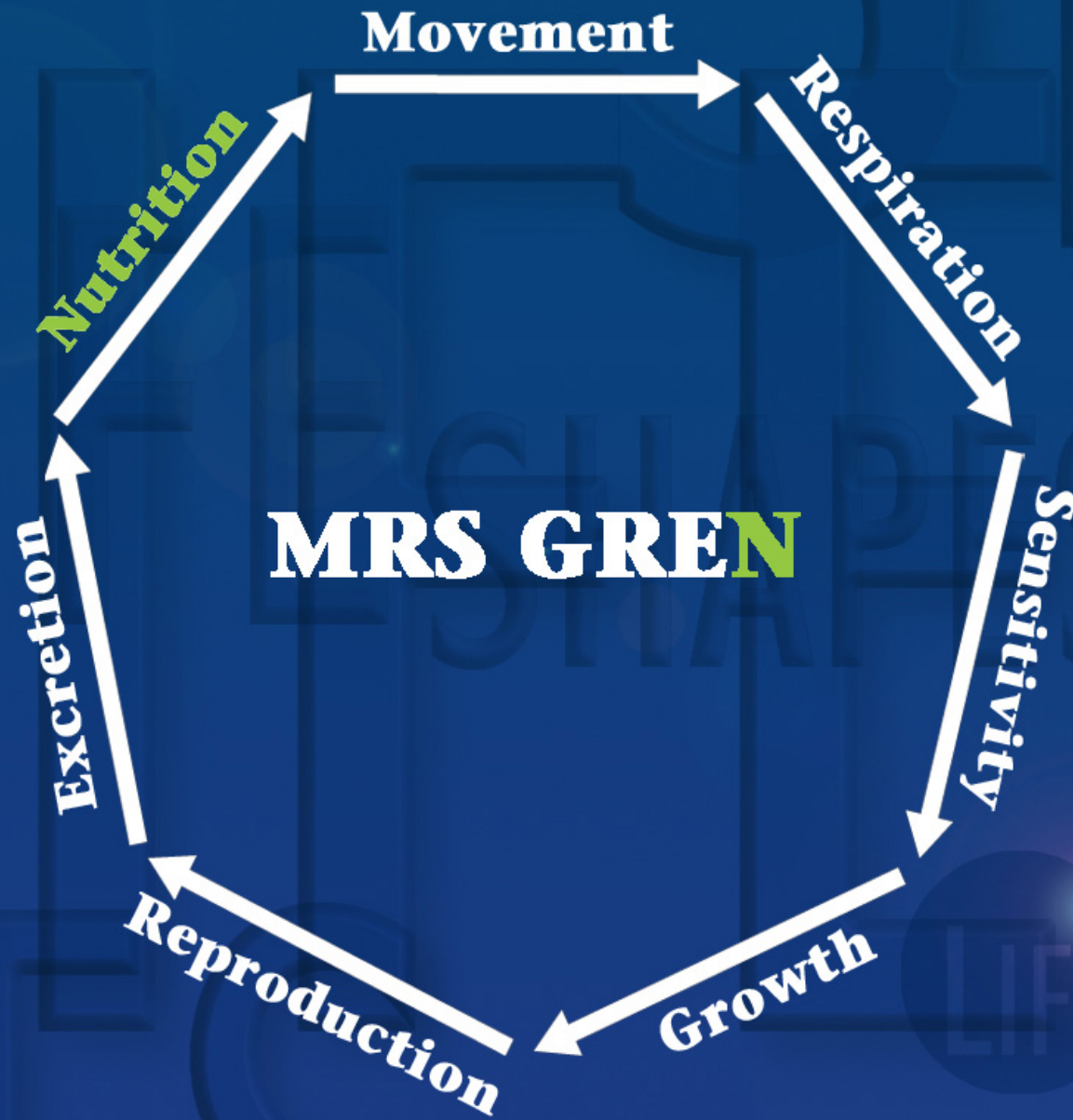
Growth

Reproduction



MRS GREEN





The Octagon

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Objectives

LEARN: The concept of lifestyle evangelism.

EXPLORE: Everyday opportunities for evangelism.

DISCOVER: Specific opportunities to share the Gospel.

FORM: Plans to reach out to a Person of Peace during our everyday lives.

Key Words

- Person of Peace
- Presence Evangelism
- Passing Relationships
- Permanent Relationships
- Proclamation
- Power
- Perception
- Preparation

Scripture

Romans Chapter 12

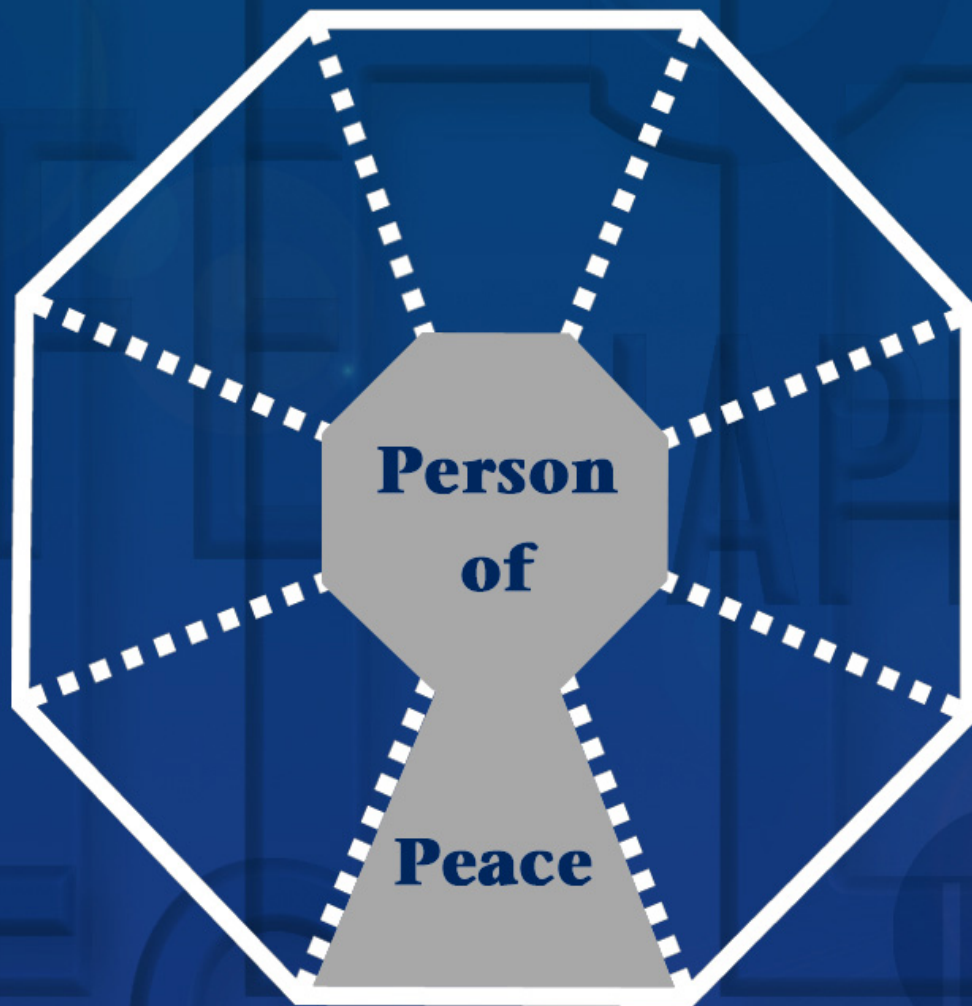
Luke 10:5-6

John 4:34-38

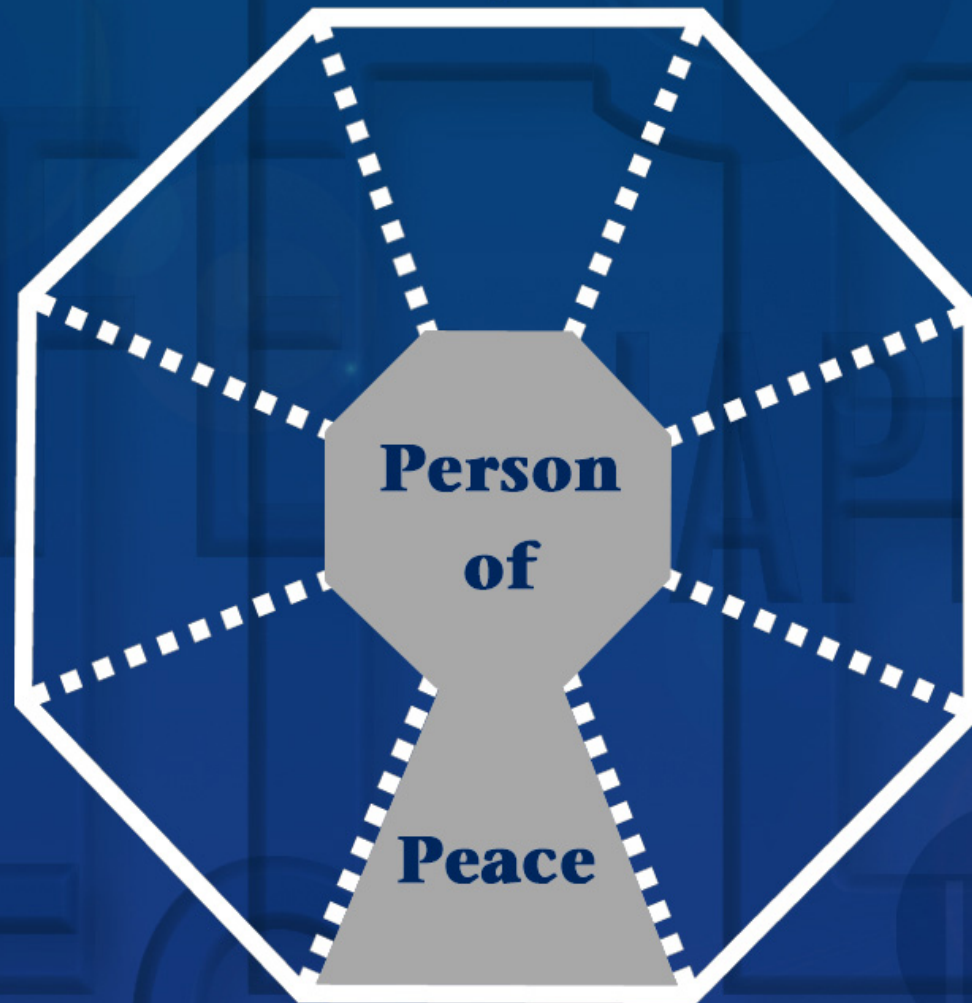
Matthew 10:5-4

Luke 10:16





**Presence
Evangelism**



**Person
of**

Peace

**Presence
Evangelism**

**Passing
Relationships**

**Person
of**

Peace



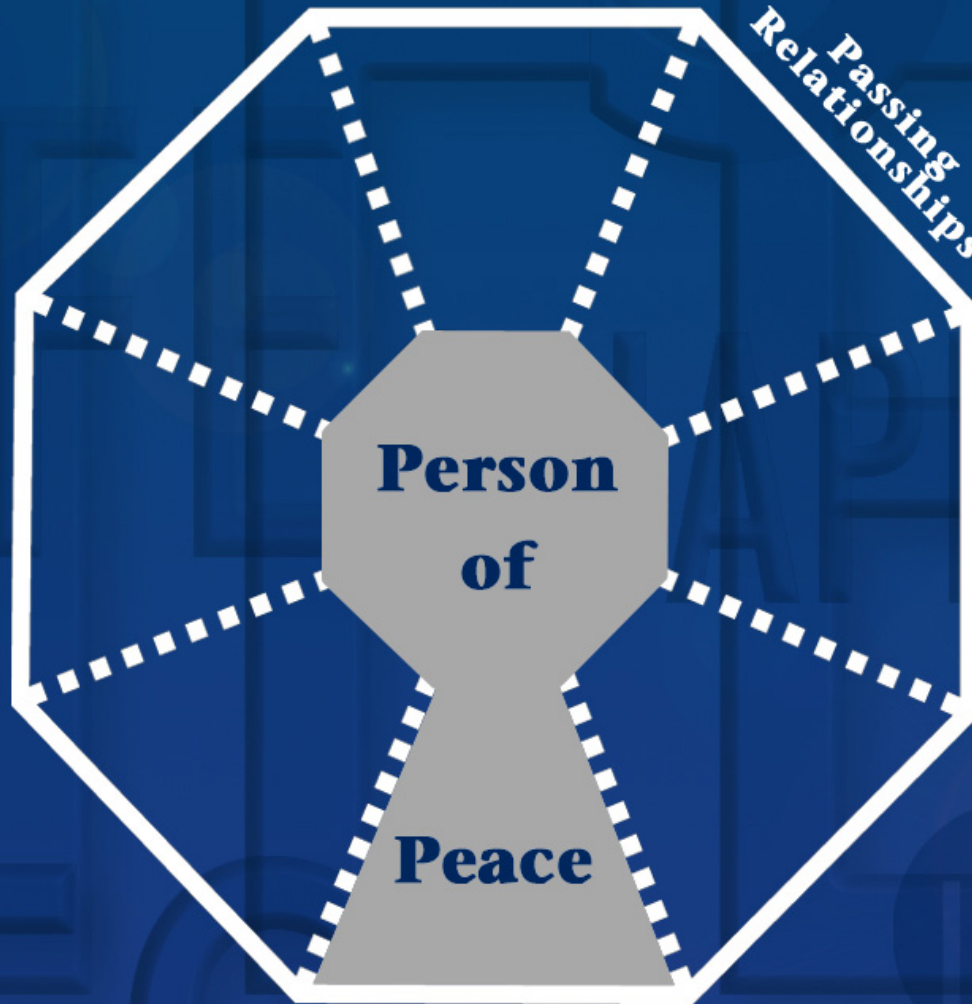
**Presence
Evangelism**

**Passing
Relationships**

**Permanent
Relationships**

**Person
of**

Peace



**Presence
Evangelism**

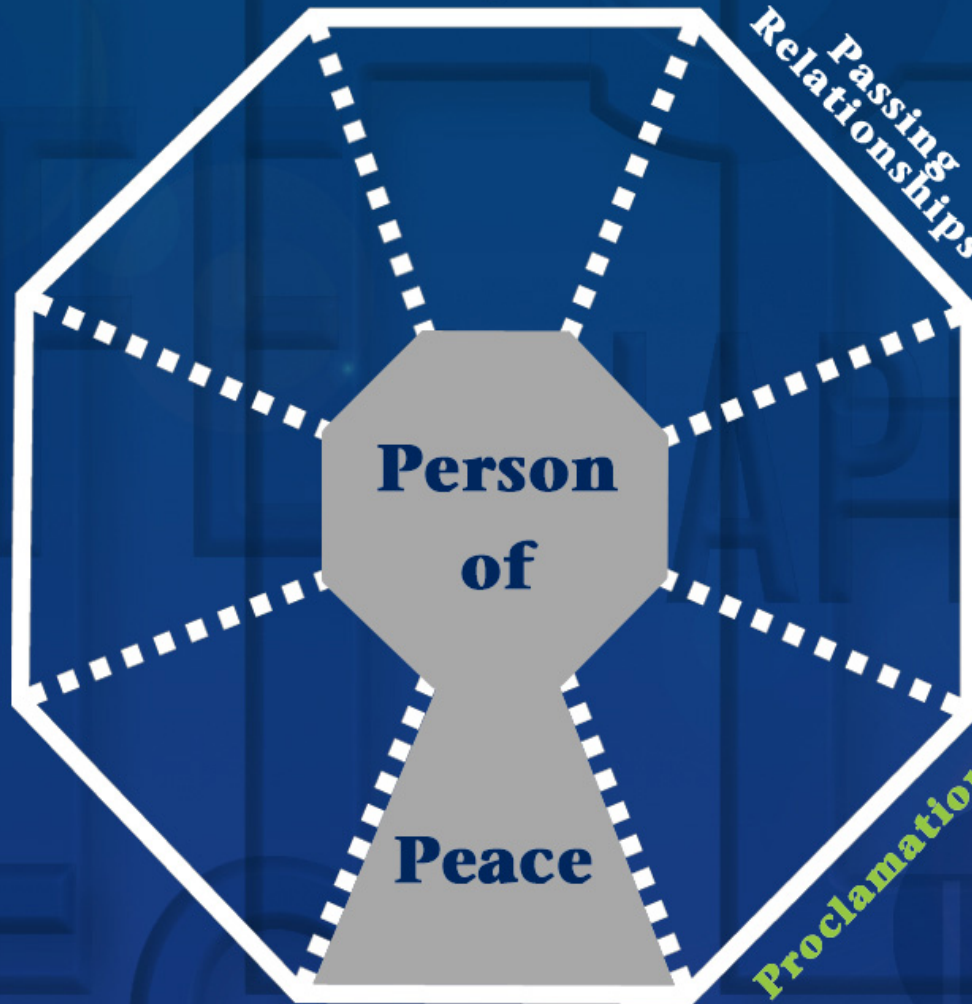
**Passing
Relationships**

**Permanent
Relationships**

Proclamation

**Person
of**

Peace



**Presence
Evangelism**

**Passing
Relationships**

**Permanent
Relationships**

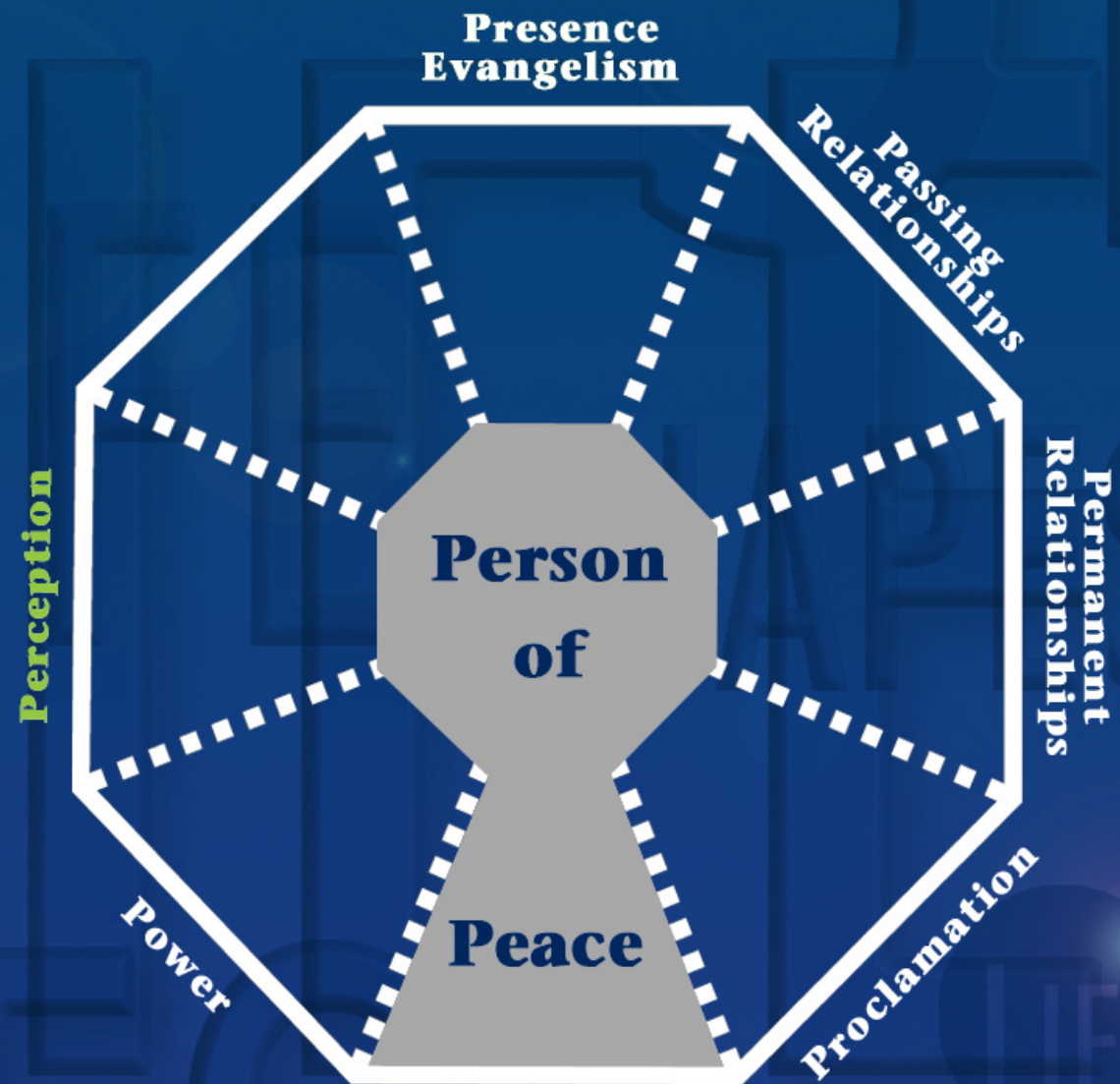
Proclamation

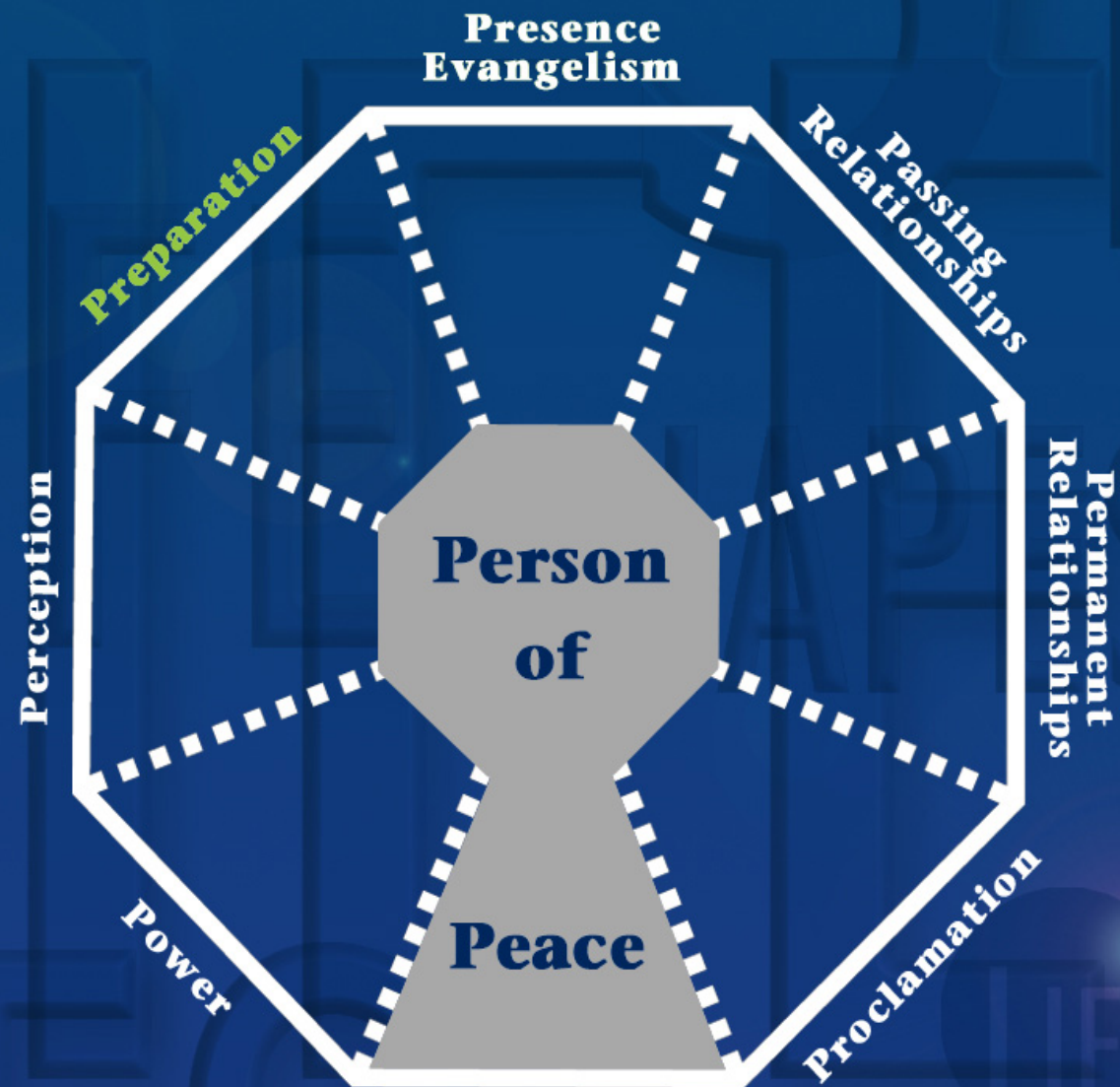
Power

**Person
of**

Peace







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