

DeepRehab: Real Time Deep Pose Refinement on the Edge A Rehabilitation Use Case

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01. Introduction

Motivation; Problem; Objective.



Introduction - Motivation



Around **40%** of all sports injuries are related to the **knee joint**. [1] **500 000 total knee replacements** are performed **annually** in the USA. [1]



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Fig. 2 - Keypoint format for skeletons from COCO dataset. Source: https://beyondminds.ai/blog/an-overview-of-human-pose-estimation-with-deep-learning/

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Artificial Intelligence can aid patients during rehabilitation through Human Body Pose estimation and tracking.



Introduction – Problem



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Most Deep Learning algorithms are large with a lot of parameters, which restrict them to Cloud Computing for real time performance.



Fig. 3 – Edge TPU devices. Source: https://morioh.com/p/8cdc12e942f1

Google Coral made available **PoseNet** [4], a 2D Deep Learning model compatible with the Edge TPU devices, that estimates **17 keypoints**. However, it is not so accurate, as it sacrifices accuracy for speed.



Fig. 4 – Google Coral PoseNet with MobileNet backbone results. [4]



Introduction – Objective



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Reduce the error of PoseNet's pose estimations, focusing on the lower parts of the body.

Develop a **fast** and **accurate 2D Deep Learning model compatible with the Edge TPU devices** and able to estimate **additional feet keypoints.**



02. Related Work











Fig. 5 - Exergame menu. Pardos et al. (2020) [5]

- Edge-native platform for exergames in a rehabilitation center;
- Real-time pose and gesture detection with Coral USB Accelerator;
- PoseNet with MobileNet backbone.



Fig. 6 - Golfer posture estimated by PoseNet. Kim et al. (2020) [6]

- Identify metrics of the golfer such as posture, swing tempo, and swing consistency in order to provide feedback. (Google Coral Dev board);
- PoseNet with MobileNet backbone
- Refine the outputs of the model using a Savitzky-Golay filter.



03. Methods

PoseNet at the edge; Refined PoseNet with filtering methods; DeepRehab framework; Foot-PoseNet.



Methods – PoseNet at the Edge



We chose the version of **PoseNet with MobileNet** as backbone and HD image resolution of **1281x721x3** pixels as baseline.



Fig. 7 – PoseNet with MobileNet backbone architecture [9]



Methods – PoseNet at the Edge



We chose the version of **PoseNet with MobileNet** as backbone and HD image resolution of **1281x721x3** pixels as baseline.



Fig. 8 – MobileNetV1 backbone architecture [10]





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PoseNet outputs contain errors, specifically when one or more keypoints are occluded, and it has **low precision in the bottom body parts**. In some situations, certain keypoints are not detected and that influences the estimation of others. These limitations can be addressed with **noise filtering**.







By combining the outputs of PoseNet with the previously described filters, we developed a framework called **DeepRehab**.





Methods – Foot-PoseNet



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- Filtering smooths the predictions over time, but is limited by the performance of PoseNet!
- We developed Foot-PoseNet with ResNet101 as backbone and image resolution of 224x224x3 pixels, a bottom-up approach trained on 23 keypoints (17 body and 6 feet) from COCO-Whole Body dataset.



Fig. 10 – F-PoseNet with ResNet101 as backbone architecture



04. Results

Datasets; PoseNet at the edge; Refined PoseNet with filtering methods; Foot-PoseNet.



Results - Datasets



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We collected a total of **30 videos** from YouTube resulting in approximate **50 000 frames**.







Fig. 11 – Rehab videos – collected dataset

We chose a subset of videos from the testing set of **MPI-INF-3DHP** dataset and we use the **2D annotations**.







Fig. 12 – Subset of MPI-INF-3DHP [11]





The models were tested on the Coral USB accelerator plugged into a laptop with an Intel Core i7 6700HQ, 4 cores: max. 3.1 GHz.



Fig 13. MobileNet 1281x721





The models were tested on the Coral USB accelerator plugged into a laptop with an Intel Core i7 6700HQ, 4 cores: max. 3.1 GHz.



Fig 15. MobileNet FPS on CPU vs Edge TPU







Fig 17. Results on video from MPI-INF-3DHP







Fig 18. Results on video from MPI-INF-3DHP









Right Ankle X coordinate

Fig 19. Results on video from Rehab videos







Fig 20. Results on video from Rehab videos





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Fig 22. Foot-PoseNet outputs

Fig 21. Foot-PoseNet 23 keypoints estimation





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Fig. 23. Foot-PoseNet 23 keypoints estimation vs PoseNet 17 keypoints estimation





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Fig. 24. F-PoseNet 23 keypoints estimation vs PoseNet 17 keypoints estimation





Table 1. F-PoseNet results on COCO validation set compared to SOTA models with similar image resolution.

Model	Resolution	Body AP	Foot AP	Edge TPU Compatible
HRNet w32 [8]	256 x 192 x 3	0.70	0.57	No
HRNet w48 [8]	256 x 192 x 3	0.70	0.67	No
DarkPose w32	256 x 192 x 3	0.69	0.57	No
PoseNet (MobileNet)	1280x720	0.59	N/A	Yes
F-PoseNet (ours)	224 x 224 x 3	0.65	0.61	Yes

[8] HrNet: Jingdong Wang et al. Deep High-Resolution Representation Learning for Visual Recognition. 2020. arXiv: 1908.07919 [cs.CV]. [13] Feng Zhang et al. "Distribution-Aware Coordinate Representation for Human Pose Estimation". In: Proceedings of the IEEE/CVF Conference on Computer Vision and Pattern Recognition (CVPR). 2020.







Fig. 26. F-PoseNet 23 keypoints estimation with Emineo clinic data.







Fig. 25 – Edge TPU (left) ; Coral USB accelerator (center) ; Coral Dev Board (right)









05. Conclusion

Summary; Future work.





Our work targets a **real life application**, the **rehabilitation of knee injuries**, therefore high estimation precision is needed. We present two main contributions:



02

Using a combination of **Median, Savitzky-Golay and Chebyshev** low pass filters we were able to **reduce 10.7% of RMSE** around the **knee**

Developed F-PoseNet, a 2D Deep Learning model optimized to run in real time on the edge that achieved 0.65 Body AP and 0.61 Foot AP





Conclusion – Future work



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In the future:

- Use cropping and proper scaling
- Train F-PoseNet on a dataset more representative of our use case, in collaboration with Emineo Clinic.
- Extend F-PoseNet for 3D Pose Estimation

With this work, we hope to contribute for the advance in research of Pose estimation on the edge.



Fig. 26 – Foot-PoseNet results.



06. References

References; Acknowledgements



References - Acknowledgements



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35. ORSZÁGOS TUDOMÁNYOS DIÁKKÖRI KONFERENCIA 2021









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THANK YOU

4. Results - Refined PoseNet outputs with filtering methods





