



OBC News

October 11, 2019

OBC Players and Parents,

We want to thank the ten teams that participated in the 3rd annual Ballin' for Blue (follow on twitter: @ballin_blue) tournament held September 28 and 29 at Trinity Lutheran Church in downtown Orlando. The tournament was a great success, raising \$750 which will be donated to the Orlando Police Department. Thank you to Jeff Turner for providing feedback on many of the girls that played in the tournament as well as to all the volunteers and donations that helped to make this event a success!

Blue and Orange Player Spotlight

Alyssa Saavedra - 5'4" 2022 Guard Colonial High School. Has been playing basketball with OBC/Lady Knicks since 5th grade. She currently has a 4.0 GPA. We interviewed Alyssa and here is what she had to say.

What is your favorite food? **Pizza**

We heard you like to collect sneakers, what is your favorite pair? **My favorite pair of shoes would have to be my Air Jordan 11 Concord 'White & Black'**

What do you like to do outside of the court? **Outside of the court I like to kick box, braid hair, and try new makeup looks.**

What is your favorite memory or experience you have had playing basketball with OBC? **My favorite memory on the court is when I made 6 3-pointers in one game. My favorite memory off the court was when we went to Panera Bread after a game and we had a rap battle.**

What do you want to do after you stop playing basketball? **After I stop playing basketball, I want to be a lawyer or a cosmetologist.**

Good luck to Alyssa this High School season at Colonial!!



OBC History

OBC was originally founded in 2007 as the Lady Knicks by Coach Ken Garcia. Coach Garcia originally started with one 4th grade team. After a few short years, Lady Knicks expanded to two 6th and 7th grade teams.

A highlight from early on was participating in YBOA Nationals in Kissimmee and venturing for the first time out of state to AAU Nationals in Johnson City, TN. Over the years, the Lady Knicks participated mainly in events in the State of Florida, including Jupiter Jam, Space Coast Challenge, Spring Fling, AAU State Tournament and various Disney tournaments.



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In 2015 Coach Ken transitioned the Lady Knicks to Coach Luke. Anticipating a potential integration of boy's teams into the club, the team changed their name in 2017 from the Lady Knicks to the Orlando Basketball Club (OBC). Also, in 2017, OBC hosted their first Ballin' for Blue fundraiser at the St. Cloud High School. In 2018 OBC once again ventured outside of Florida, participating in tournaments in Birmingham, AL and New Orleans, LA.



In 2019, OBC joined forces with the Orlando City Cobras (boys club) bringing them under the OBC banner.

OBC is looking forward to a successful and exciting 13th season as an Orlando based AAU basketball Club!

Coach's Corner

Parents and Players - It's important to remember that the development of a basketball player is a marathon, not a sprint. We want to ensure that our basketball players have continuous development over the life of their basketball careers. Please enjoy the experience of playing youth athletics and all the things that go along with it.

Players, be a great a teammate, support the coaches, celebrate your teammates success, play hard. **Be Coachable**, take everything in and absorb it as an opportunity to improve, good and bad.

Parents, allow your player to have a wonderful experience. Allow us as coaches to coach the kids and you to be their biggest Supporter (with a capital S). One of many good guides that I have found on how to be a supportive parent is found at: www.competitivedge.com/parentscoaches-guides-13-steps-being-winning-parent.

Thank you for giving us the opportunity to coach your child. We do not take your trust for granted as we do everything we can to make your child a better basketball player and to allow them to enjoy the game for years to come.

Thank you,

Coach Luke Zbyski
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GOOD LUCK to all the Girls and Boys as they try out for their High School teams!

Upcoming Schedule

No changes to the practice schedule from the September 12, 2019 Newsletter.

Please note that Coach Luke and Coach Luis send out reminders prior to practices and games. If you are not on a distribution list, please contact Coach Luke or Coach Luis.

OBC is a 501c3 non-profit organization focused on providing a safe, healthy place for our players to learn and develop fundamental basketball skills, leadership skills and overall team trust. OBC welcomes friends and family donations, company/individual sponsorship and assistance throughout the year in various events. Please contact Luke Zbyski if you have any questions.

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