



OBC News

October 25, 2019

OBC Players and Parents,

We want to wish all the boys and girls that are trying out for their High School basketball teams. All the best to you!



Blue and Orange Player Spotlight

Melina Lange - 5'4" 2023 Freshman Guard from Hagerty High School in Oviedo. Melina has been playing basketball for 7 years and has a 4.2 GPA. She is expecting to make an immediate impact for Huskies. We had a chance to chat with her and this is what she had to say.



If you could have any super power, what would it be? **Invisibility or teleportation because I'll be able to go unseen or get places quickly.**

Favorite kind of Candy bar? **Twix**

If you did dress up for Halloween, what would you be? **If I dressed up, I would do it with some friends and be a basketball team or be a group from the Purge.**

After your playing days are over, what would do you see yourself doing? **I would like to be an orthodontist.**

What is your best memory with OBC on or off the court? **My best memory with OBC was when we won the Dynasty Summer Showcase II because we came closer as a team after beating another team with seniors on it.**

What is something we do not know about Melina, do you sing, play another sport, draw, play an instrument, speak another language? **Something you don't know about me is that I run track and I was born and raised in Croton-on-Hudson, New York.**

Good luck to Melina this High School season at Hagerty!!

Boy's Update

As the boy's teams start to come together, we wanted to give everyone a quick boy's update.

They are led by Coach Luis Garcia, Coach Phillip, Coach Mike and Coach Chad, bringing a combined 30+ years of coaching experience.

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The teams are starting to shape up with two High School teams, Varsity (10/11th grade) and JV (9th grade), and two Middle School teams, 8th grade and 6/7th grade. The Varsity and 8th graders will be playing in Winter Season of the Winter Springs Basketball League (WSBL). This league starts November 9, 2019 and we will share the schedule and location once they have it finalized.

The 6/7th will be playing in Winter Season of LAB Sports League which will start in January, schedule and location of games to be shared once they have it finalized.

Practice Schedule:

Practice for Varsity will be 4-6pm Sunday at Trinity – 123 E Livingston St., Orlando, FL.

MS will be Monday 7-9 and Wednesday 7-9 at Vietnamese Alliance Church (VAC) – 3300 Bumby Ave, Orlando, FL.

Outside of the two leagues, the High School and Middle School teams are planning to participate in various events in the Spring including, Spring Fling, AAU States and other various local events. We will keep you posted as soon as the dates and locations become finalized.

Coach's Corner

“Aspiring to be the best player on the team is good. Aspiring to be the best player for the team is better”.

Tip: Work smarter and harder. Whether it's practice with the team or training on your own. Working on game-like situations (shots, dribble drives, finishes) with a lot repetition is key to effective practice. Everything else is just filler.

Thank you,

Coach Luke Zbyski

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GOOD LUCK to all the Girls and Boys as they try out for their High School teams!

Upcoming Schedule

Girls 2024 practice is now on Friday nights instead of Tuesday nights. High School boys and girls last practice until January will be Sunday October 27. Remaining practice schedules stay the same for the rest of the teams.

Please note that Coach Luke and Coach Luis send out reminders prior to practices and games. If you are not on a distribution list, please contact Coach Luke or Coach Luis.

OBC is a 501c3 non-profit organization focused on providing a safe, healthy place for our players to learn and develop fundamental basketball skills, leadership skills and overall team trust. OBC welcomes friends and family donations, company/individual sponsorship and assistance throughout the year in various events. Please contact Luke Zbyski if you have any questions.

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