



OBC News

November 22, 2019

OBC Players and Parents,

Congratulations to all those who made their High School basketball teams. We are looking forward to hearing about your season and hopefully get out to watch a few games. We wish you all the best.

Coach Luke presented a \$750 check from the 3rd annual Ballin' for Blue basketball fundraiser tournament to Senior Deputy Chief Ogburn and Lt. Woodhall from the Orlando Police Department (OPD) on Wednesday, October 30, 2019. The OPD will utilize these funds as part of their Guardians of the Shield program which was set up to assist police officers with unforeseen financial difficulties.

The 4th annual Ballin' for Blue tournament will be held on September 26 and 27, 2020 in Orlando.



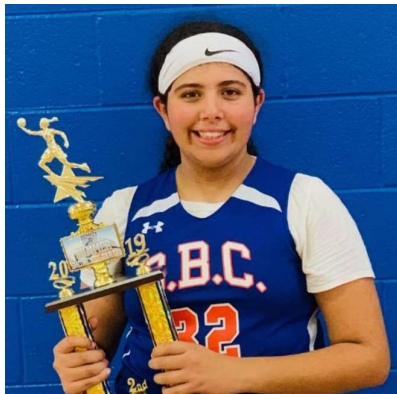
We hope that you and your families have a very Happy Thanksgiving!

Thank you,

Coach Luke Zbyski
(321) 239-6011

Orlandobasketballclub@gmail.com

Blue and Orange Player Spotlight



Habiba Shakwir, 5'8" 2025 PF, Avalon Middle School. Habiba has been playing basketball for 2 years. She also plays Soccer and would like to be a doctor/lawyer when she grows up. Habiba has a 4.0 GPA.

We had a chance to interview her and here is what she had to say.

Habiba is unique name, what does it mean? And where is it from?

It means beloved, it's an Arabic name

What kind of music do you listen to? **Pop and rap music**

Besides school and sports, what do you like to do? **Hangout with my friends and help others**

Nike or Adidas? **Nike**

You also play Soccer, what position do you play? **Center mid**

Do you have any memory or experience you would like to share from playing with OBC? **That one time where I scored a backwards free throw at practice and everyone was celebrating like crazy.**

Follow us on:

Facebook: www.facebook.com/orlandobasketballclub

Twitter: [@OBC_basketball](https://twitter.com/OBC_basketball)

Page | 1

Instagram: [Orlando_basketball_club](https://www.instagram.com/Orlando_basketball_club)



Planning Ahead

While the High School season has just started and the Middle School season starts in January, there is a lot of activity going on behind the scenes here at OBC. We are currently working on the spring/summer 2019 practice and tournament schedule. Tentatively we are looking to host three tournaments, a Spring Kickoff for the High School teams, year 2 of the Dream Big Roots Series tournament and Ballin' for Blue. In addition, we are planning on 5-8 tournaments per age group for both the boys and girls. We hope to have the schedules finalized by mid-December.

As OBC continues to grow, for those parents that would like to get more involved with OBC, there are several areas we could use assistance:

- We are planning on kicking off an OBC website in the next couple of months and would welcome anyone who wants to help develop and manage the website.
- We will also need assistance for the hosted tournaments and will send out sign up sheets for concessions, ticketing and prep/cleanup duties.
- As additional volunteer opportunities arise, we will reach out with more specific information regarding the opportunity.

Coach's Corner

With the High School basketball season in session, here is an article from US Sports Camp (part of NBC Basketball Camps): **6 Ways to be a Top High School Basketball Player**
(<https://www.ussportscamps.com/tips/basketball/6-ways-to-be-a-top-high-school-basketball-player1>)

Highlights include:

1. Be willing to work hard
2. Be powerful
3. Be smart and understand the system
4. Be strong
5. Be humble
6. Find the separators

As a reminder, while there was no practice for the girls this weekend – November 22 and 24, there is practice November 29 and December 1st.

Please have a safe and Happy Thanksgiving.

OBC is a 501c3 non-profit organization focused on providing a safe, healthy place for our players to learn and develop fundamental basketball skills, leadership skills and overall team trust. OBC welcomes friends and family donations, company/individual sponsorship and assistance throughout the year in various events. Please contact Luke Zbyski if you have any questions.

Follow us on:

Facebook: www.facebook.com/orlandobasketballclub

Twitter: @OBC_basketball

Page | 2

Instagram:Orlando_basketball_club