



VALLEY FIELDS

FAMILY RESTAURANT

**1222 LAWRENCE AVENUE EAST
416-443-0616
WWW.VALLEYFIELDSRESTAURANT.COM**



M E N U

2 EGGS BREAKFASTS

VALLEY FIELD'S 7 -11 AM SPECIAL
WEEKDAYS ONLY 8.50
WEEKEND & HOLIDAYS 9.50

2 eggs any style w/ 2 pancakes or French toast & served w/ 2 links of sausage or 2 strips of bacon

FARMER'S BREAKFAST 12.99
 2 eggs any style served on top of home fried potatoes, sausages, tomatoes, onions, cheddar & mozzarella cheese, & drizzled w/ gravy

2 PLUS FRUIT 10.95
 2 eggs any style w/ a cup of fruit & 2 strips of bacon or 2 links of sausage, & toast

2 EGGS LIGHT 8.50
 2 eggs any style w/ 2 strips of bacon or 2 links of sausage, or 1 piece of ham, toast & home fried potatoes

OMELETTES

MADE W/ 4 FRESH EGGS & SERVED W/ HOME FRIED POTATOES & TOAST

PLAIN 7.95
 Add any of the following (each) **1.95**
 Cheddar, mozzarella, mushrooms, ham, bacon or tomato

VEGETARIAN 12.95
 Peppers, asparagus, mushrooms & tomatoes

WESTERN 12.95
 Ham, onions & peppers

ALL CANADIAN 12.95
 peameal bacon, sausage, bacon & cheddar

MEDITERRANEAN 12.95
 Feta cheese, olives, spinach, onions & tomatoes

CARIBBEAN 12.95
 Onions, hot peppers, tomatoes, mushrooms & mozzarella cheese

Greek Tomatoes Feta Cheese 12.95

LIGHT BITES

3 PLAIN PANCAKES OR FRENCH TOAST 8.49
w/ sausage, ham or bacon 10.50

CHOCOLATE OR BLUEBERRY 10.25

PANCAKES

WAFFLE PLAIN 8.99

w/ fruit & whipped cream 11.99

SEASONAL FRUIT BOWL 5.25

3 EGGS BREAKFASTS

HOUSE SPECIAL 9.50
 3 eggs any style w/ 2 pieces of ham, 4 strips of bacon or 3 links of sausage

VALLEY FIELDS FEAST 12.99
 3 eggs any style w/ 2 slices of peameal bacon, 2 links of sausage & 2 slices of ham

HARVEST SPECIAL 13.49
 3 eggs any style w/ 2 strips of bacon, 2 links of sausage, 2 slices of ham & pancake
substitute french toast 1.99

PEAMEAL BACON BREAKFAST 10.99
 3 eggs any style w/ 3 pieces of peameal bacon

HALLOUMI BREAKFAST 14.99
 3 eggs any style w/ grilled halloumi cheese

CHICKEN & EGGS 14.99
 3 eggs any style w/ chicken breast

STEAK & EGGS 18.95
 3 eggs any style w/ an 8 oz. AAA NY Striploin

CHOPPED STEAK & EGGS 14.99
 3 eggs any style w/ chopped sirloin steak

SMOKED SALMON PLATE 14.25
 3 eggs any style w/ 3 slices of smoked salmon

TURKEY BACON BREAKFAST 11.25
 3 eggs any style w/ turkey bacon

NO MEAT BREAKFAST 8.50
 3 eggs any style
ALL 3 PLUS BREAKFASTS SERVED W/HOME FRIED POTATOES & TOAST

EGGS BENEDICT

3 LIGHTLY POACHED EGGS ON AN ENGLISH MUFFIN TOPPED W/ HOLLANDAISE SAUCE & SERVED W/ HOME FRIED POTATOES

w/ peameal bacon 12.99

w/ bacon 12.99

w/ ham 12.99

w/ smoked salmon 14.99

w/ grilled halloumi 14.99

w/ spinach, fried tomatoes & asparagus 13.99

w/ spinach (Florentine) 12.50

w/ spinach & feta cheese 14.50

COFFEE & TEA NOT INCLUDED W/ BREAKFAST



M E N U

BREAKFAST ADD ONS

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| One piece of peameal bacon | 1.75 |
| Three pieces of peameal bacon | 4.50 |
| Two strips of bacon | 2.50 |
| 4 strips of bacon, 2 pieces of ham, or 3 links of sausage | 4.25 |
| One link sausage | 1.75 |
| Small home fried potatoes | 2.75 |
| Large home fried potatoes | 4.25 |
| Deep fried, additional | 0.75 |
| Whipped cream | 0.75 |
| Cream cheese | 0.99 |
| Gluten free toast | 2.89 |

HOMEMADE BURGERS (7 OZ)

SERVED W/ FRENCH FRIES

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| Add gravy | 1.50 |
| Substitute onion rings | 2.50 |
| Substitute Chef's salad | 1.99 |
| Substitute Greek or Caesar salad | 3.50 |

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| BURGER | 10.95 |
| CHEESEBURGER | 11.95 |
| BANQUET BURGER | 12.95 |
| Bacon and cheese | |
| MUSHROOM BURGER | 12.95 |
| fried mushrooms & mozzarella cheese | |
| VALLEY FIELDS BURGER | 13.95 |
| Melted cheddar cheese, peameal bacon & fried onions | |
| VALLEY FIELDS SIGNATURE BURGER | 13.95 |
| Cheese, bacon, sausage & a fried egg | |
| GREEK BURGER | 13.95 |
| Feta cheese, olives, tomato, onion & lettuce | |
| VEGGIE BURGER | 10.95 |

LIGHT SANDWICHES

SERVED ON THEIR OWN

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| THE WESTERN SANDWICH | 6.95 |
| BACON, LETTUCE & TOMATO | 6.95 |
| GRILLED CHEESE & BACON | 6.95 |
| BACON & EGG | 6.95 |
| SANDWICH & SOUP COMBO | 8.95 |
| Soup of the day plus any light sandwich | |

SANDWICHES

SERVED W/ FRENCH FRIES

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| Substitute Chef's salad | 1.99 |
| Substitute Greek or Caesar salad | 3.50 |

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| BEEF DIP | 13.95 |
| Delicious top sirloin sliced high on a kaiser bun | |

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| STEAK SANDWICH | 17.95 |
| 8 oz striploin charbroiled to your liking & served on a toasted kaiser | |

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| PHILLY CHEESESTEAK | 13.99 |
| Grilled onions, peppers & mushrooms topped w/ Mozzarella cheese | |

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| PEAMEAL ON A KAISER | 10.95 |
| w/melted cheddar cheese | |

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| SLICED TURKEY BREAST SANDWICH | 11.25 |
| All white breast meat on your choice of bread | |

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| TURKEY CLUB SANDWICH | 14.95 |
| 3-decker w/ turkey breast, bacon, lettuce & tomato | |

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| CHICKEN CLUB ON A KAISER | 13.95 |
| Chicken breast w/ bacon, lettuce & tomato | |

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| SMOKED CORNED BEEF | 11.95 |
| Montreal deli-style brisket, thinly sliced & stacked high on rye bread | |

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| RUEBEN ON RYE | 12.95 |
| Corned beef, melted cheese & sauerkraut | |

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| SMOKED SALMON SANDWICH | 12.95 |
| Served on a bagel w/ cream cheese, lettuce, onion & tomato | |

SIDE ORDERS

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| French fries | 4.25 |
| Poutine | 5.99 |
| Greek fries | 6.95 |
| Home fried potatoes | 3.99 |
| Onion rings | 4.99 |
| Sauteed mushrooms | 4.25 |
| Roast potatoes | 3.99 |
| Rice | 3.99 |
| Coleslaw | 2.99 |
| Sliced tomatoes | 2.75 |
| Substitute fruit to any meal | 2.75 |

COFFEE & TEA NOT INCLUDED W/ BREAKFAST



ME NU

STARTERS & SALADS

SAGANAKI OPA 12.99
Pan fried cheese flambeed at your table in brandy & lemon w/ an authentic Greek Opa!

GARLIC BREAD W/ CHEESE 6.25
Crusty French bread w/ plenty of melted mozzarella & parmesan cheese, & loaded w/ garlic

BAKED FRENCH ONION SOUP 7.95
Sautéed onions simmered in a rich beef broth & covered w/ a layer of baked mozzarella

SOUP OF THE DAY 3.99
Made from the freshest ingredients daily
Ask your server

CHEF'S SALAD
Small 6.99
Large 8.49
Fresh greens & vegetables tossed w/ your choice of dressing

GREEK SALAD
Small 7.99
Large 9.99
Add chicken breast 5.95
Fresh iceberg lettuce tossed w/ Greek feta cheese, Kalamata olives, tomatoes, onions, cucumbers, oregano & topped w/ our house dressing

VILLAGE SALAD 13.95
Feta cheese, Kalamata olives, tomatoes, onions, cucumbers & oregano, & topped w/ our house Greek dressing

CAESAR SALAD
Small 7.99
Large 9.99
Add chicken breast 5.95
Crisp romaine lettuce tossed in our creamy garlic dressing, bacon bits, herbed croutons & parmesan cheese

DAILY SPECIALS

ASK YOUR SERVER ABOUT OUR DAILY SPECIALS

MAIN ENTREES

INCLUDE VEGETABLES, GARLIC BREAD & ROAST POTATOES

SALISBURY STEAK 16.95
Ground beef patty topped w/ fried onions, mushrooms, & smothered in house gravy

NEW YORK STEAK 19.95
8 oz. AAA steak grilled to your liking

BABY BEEF LIVER 14.95
Slow grilled & tender, topped w/ sautéed onions or bacon & smothered in house gravy

FILLET OF WHITE FISH 17.99

VALLEY FIELDS FAVOURITES

SOUVLAKI ON A PITA
Chicken 13.95
Pork 13.95
Tender chunks of marinated meat on pita bread w/ tzatziki, tomatoes & onions & served w/ a Greek salad or fries

CHICKEN SOUVLAKI DINNER 17.95
2 skewers of tender marinated chicken served w/ Greek salad, rice, roast potatoes & tzatziki

PORK SOUVLAKI DINNER 17.95
Tender marinated pork on a skewer served w/ Greek salad, rice, roast potatoes & tzatziki

CHICKEN GYRO ON PITA 13.95
Tender marinated chicken gyro meat on pita bread & served w/ Greek salad or fries

BONELESS CHICKEN BREAST 18.95
2 pieces of boneless chicken breast marinated w/ garlic & oregano, & served w/ Greek salad, rice, roast potatoes & tzatziki

LASAGNA 17.95
Stacked house made pasta dish filled to the limit w/ meat & cheese, & served w/ a Caesar salad

FISH & CHIPS 15.95
2 pieces of our house battered haddock & served w/ french fries

CHICKEN FINGERS 13.95
All white meat chicken fingers served w/ french fries.



BANQUETS & PARTIES

Valley Fields Restaurant
is more than happy to host your event in our private
banquet room that can accommodate up to 100 guests.
We offer a variety of menus to meet your occasion, whether
it be a birthday party, anniversary dinner, wedding,
holiday or office party, baptism
or sports banquet.

For more information or to make a reservation,
speak to your server or call 416-443-0616.

