



# Induction to Integrated Energy Therapy® (IET®)

**When:** Saturday, October 19th 2025   **Fee:** \$29

**Time:** 1:30 – 3 pm   **Where:** Kaleidoscope Angels

135 N. Main St., Sellersville, PA 18960

**Book in advance online** [www.kaleidoscope-angels.com/services](http://www.kaleidoscope-angels.com/services)

## What is IET®?

Integrated Energy Therapy® (IET®) is a gentle, non-invasive energy healing modality developed by Stevan J. Thayer. It's a mind-body-spirit practice that focuses on clearing blocked energy from all layers of the human energy field, promoting holistic well-being.

### Potential Benefits of IET®:

- **Emotional Healing:** Helps release suppressed emotions, trauma (without having to relive it), and limiting beliefs.
- **Stress Reduction and Relaxation:** Promotes a deep sense of peace and helps alleviate stress and anxiety.
- **Physical Well-being:** Can support the body's natural healing processes, potentially aiding in pain relief, improving digestion, boosting the immune system, and enhancing sleep.
- **Mental Clarity:** Helps clear the mind, improve focus, and overcome creative blocks.
- **Spiritual Connection:** Can deepen one's connection to intuition, inner wisdom, and a sense of purpose.
- **Personal Growth:** Supports positive change, empowers individuals, and helps in attracting beneficial experiences.

### IET® vs. Reiki:

While both IET® and Reiki are energy healing modalities that channel universal life force energy, some key differences include:

- **Source of Energy:** IET® specifically emphasizes channeling angelic energy, whereas Reiki typically refers to a more general "universal life force energy."
- **Focus:** IET has a strong focus on releasing emotional blockages and cellular memory, particularly relating to past traumas. Reiki is often seen as more general in its application for overall healing and balance.