

1982

THE RAKO
BARRON

more
FUN AT THE

THE CLARINETTE

NEW COLOR
I WILL



Can you tell
me how to
get to
CBC.

I KNOW

WHEE IT

by Marek



July 8, 1992

Dear Aspera:

What a great start for our Fiftieth Anniversary year! You have been enthusiastic in the dining hall, thoughtful at campfire and energetic at activities. All of that really made this session move quickly and it makes it hard to say "good-bye". Knowing that we will keep in touch over the year, light our campfire-candles on December 24 and see each other next year, makes saying "good-bye" easier. Have a good year. Take care of yourself and your diabetes. See you next summer!!

Sincerely,

Lisa M. Reavill
Camp Administrator

JUL 8 1992 FIRST SESSION

HEY YOU GUYS!

WHAT HAPPENED? THE SESSION IS OVER AND WE'RE JUST GETTING TO KNOW YOU! AT LEAST WE MADE THE BEST OF WHAT LITTLE TIME WE HAD. WE'LL MAKE UP FOR LOST TIME NEXT SUMMER!

AT THE MOMENT I'M THINKING OF ALL YOU LOG MEMORIES (OCHT THAT HUGS!), THE OFF THE WALL DANCE WITH THE GREASE MACHINE ON SPECIAL DAY, ALL YOU CAVE WOMEN (DO YOU REALLY EAT RAW MEAT?), THE CAMPFIRES ARE MOST OF ALL THE SPECIAL THINGS THAT WE'VE SHARED DAY TO DAY.

HOPEFULLY YOU'VE BEEN TOUCHED BY THE SPIRIT OF CBC AND LEARNED MORE ABOUT YOURSELF, YOUR FRIENDS AND YOUR DIABETES. HOLD ONTO THIS SPIRIT, FOR IT WILL GO WITH YOU FROM YEAR TO YEAR. DRINKS FOR BURNING AND KEEP IN TOUCH - I'D LOVE TO HEAR FROM YOU!

LOVE ALWAYS

CATRY

An Interview with Heidi

INTERVIEWS

Heidi comes to camp because she enjoys being here. She is the camp secretary, she writes out letters and bills, mimeographs things and answers the telephone.

Heidi has been here seven years and when not working as secretary she likes to do the camp's activities like softball, basketball, and most recently aerobics.

Heidi has had diabetes for 9 1/2 years and has a sister who's also diabetic and uses the pump.

Heidi lives in Keene, New Hampshire and has been the New Hampshire Frisbee champ for seven years in a row. One year she broke her right hand (which she uses for playing), and won using her left hand.

She is proud of not having a reaction in 7 years.

by Theresa Cowles
and
Amy Fishman

An Interview with Toni Cianchetta,
Rosemary Gomez & Leslie Fogg.

What's happening at C.B.C.?

It's now raining. We just finished swimming in the rain and we're trying to get warm!

What do you like about camp?

The activities; basketball, hiking and softball, (even though I don't know how to play softball; I'll learn).

The people are real nice too! Smiles, smiles and more smiles...

The food is good - it beats the food at Joslin Clinic!!!

Snacks, trading post, bedtime, meals, friends, songs, campfire, etc.

Is it easier to take care of your diabetes at C.B.C.?

Yes; because your with lots of people who can help you. Like counselors, Doc, nurses and friends, who care.

INTERVIEWS



by Pat Kreuzer

The Pump

I did an interview on Joanne Moore, about her insulin pump. The pump is normally used for older people with bad control on their diabetes. Joanne first went on the pump last September, 1981. She said it has changed her control with diabetes, for example, before she had the pump, Joanne's blood sugar was very high, like 300 to 550. She said she was determined to keep her pump on until they find a cure for diabetes. Joanne really likes the pump and does recommend it to other people with bad control. Joanne first heard about the pump on a Diabetes Forecast. The pump is nice to have but there is some difficulty. For one thing you have to keep it on most of the time. She does hope, someday, that they will come up with a better pump to use.

by Angela Shyloski

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Diabetic

MAN ON THE STREET INTERVIEW
by Amy P. & Theresa C.

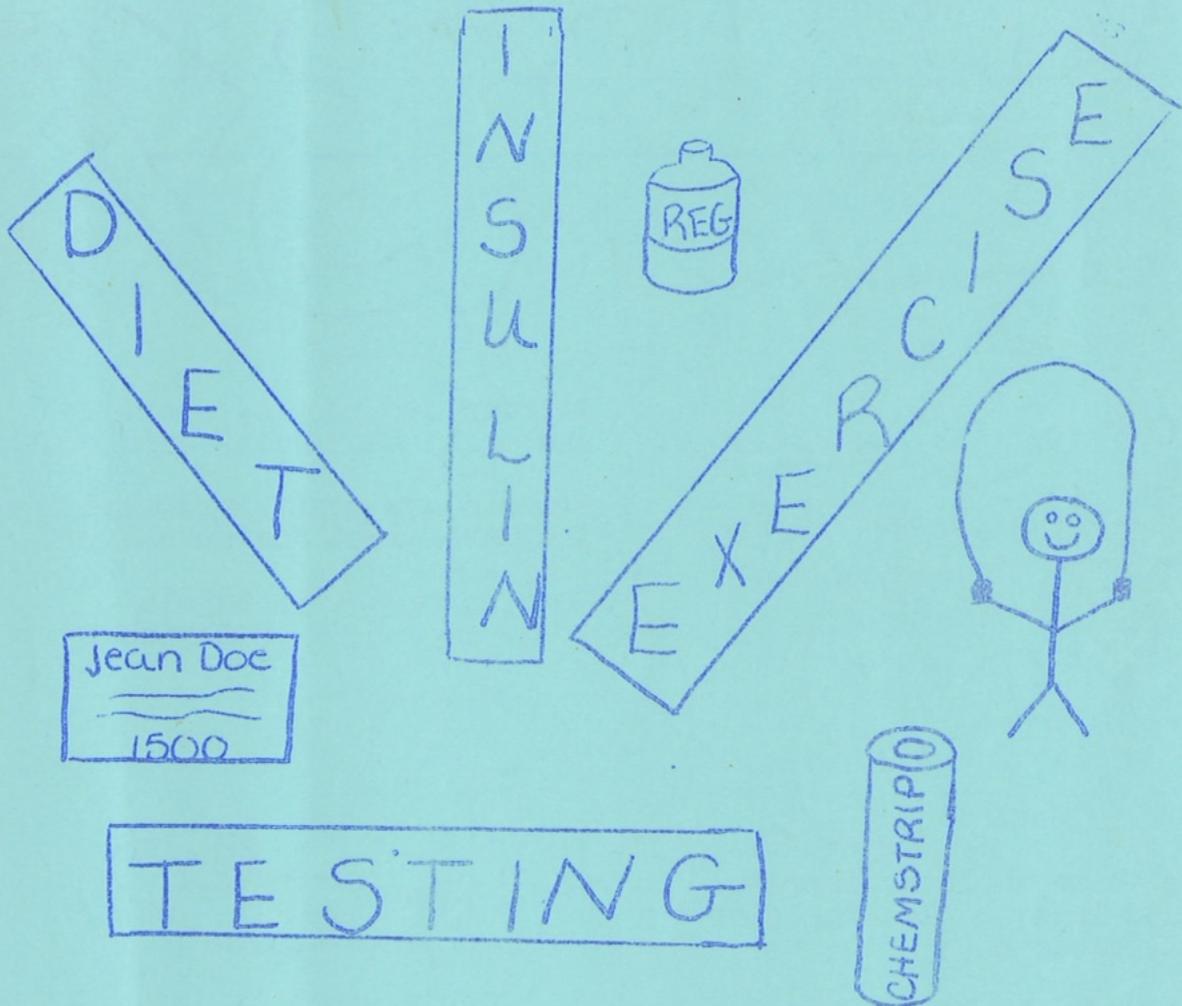
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- not having people tease you about it.
- no shots
- no diabetes
- want to eat sweets
- no food with disgusting taste
- no high blood sugars
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- not being hungry all the time

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What makes good diabetes control?

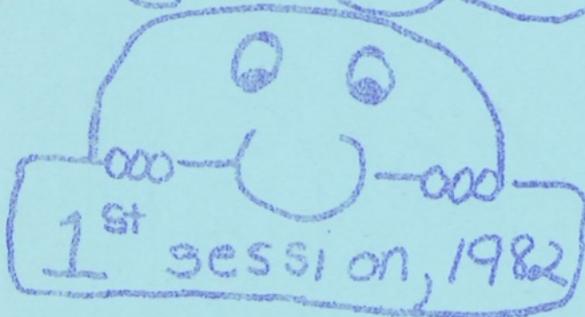


INSULIN -	25%
DIET -	25%
EXERCISE -	25%
TESTING -	25%
<hr/>	
GOOD CONTROL -	100%

by:

Joanne
moore

POEMS



Friends

Friends are people, short
and tall, many cute, many small.

Friends are great, old, and new,
they are great for me and you.

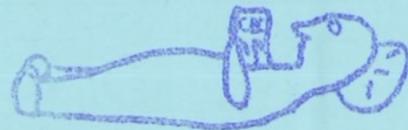
by Angela
Shyloski

Love by Angela S.

Once there is love, there's
always love, a gleaming star
a silver dove.

Once there is hate, there's
always hate, a demons fire,
a devils gate.

So let there be love, for
once there is love, the
world will fit like a friend-
ship love.



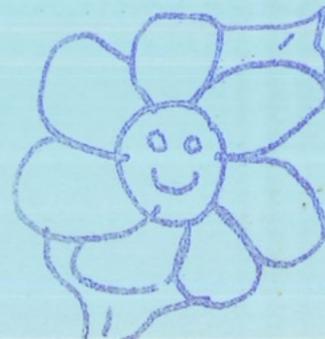
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1982



more FUN

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THE RAKO BARRON

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by Marella



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JUL 8, 1982 FIRST SESSION

WELL YOU GO!

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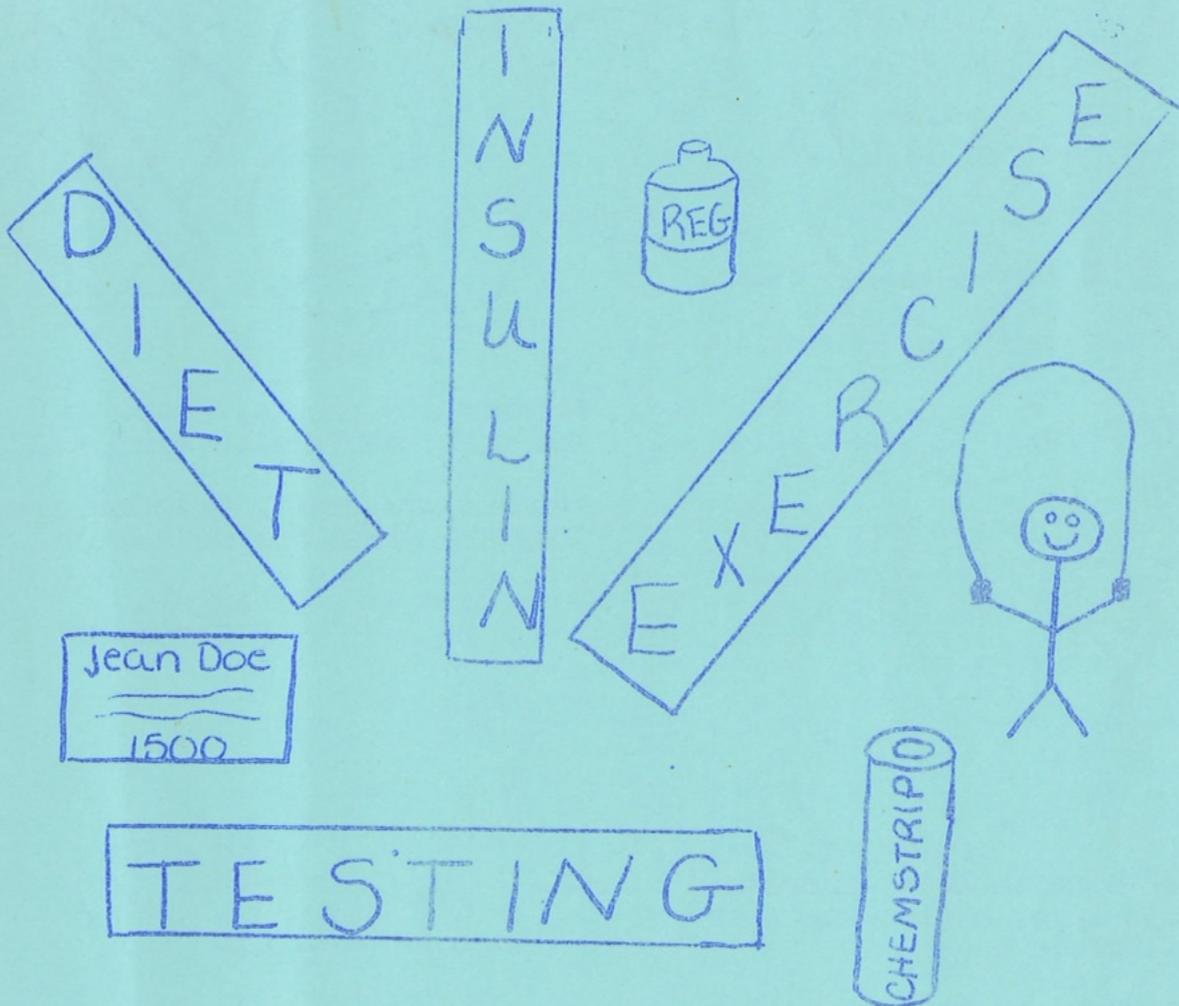
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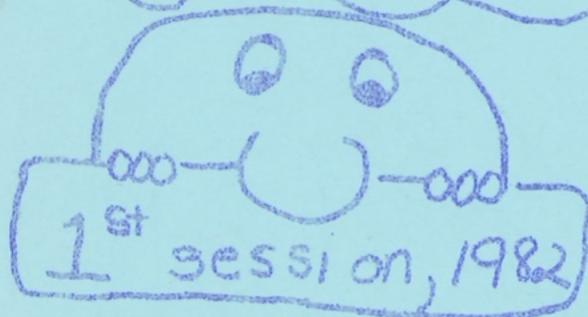


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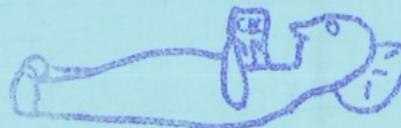
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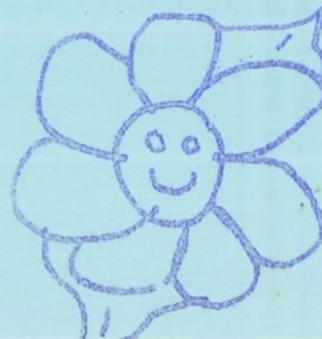
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Poem

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One session is plenty for me,
This place is really nice,
But I've got homesickness on ice.

by Joanne
Moore



Dear Clara,

I am 10 years old, and have diabetes for five years. People still tease me about my diabetes though. What should I do?

Desperate

DEAR CLARA

Dear Desperate,

Try yelling out diabetics are people too! It may be embarrassing but it is worth a try.

Dear Clara,

I am eleven years old, and have had diabetes for 4 months. This is my first year at C.B.C.. There is a girl in my cabin who calls me "dearie" and thinks she's great. What should I do?

Dearie



Dear Dearie,

Tell her off.

By Amy F.

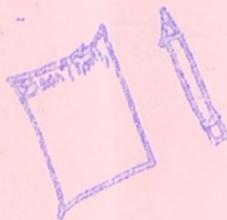
LETTERS FROM CAMP



Dear Mom,

LETTERS

Please send chocolate candy because things are getting worse. I found out that they don't serve sweet foods like at home.



Boy, all these activities really tire me out. You better send my pep pills along with the candy and/or chocolate.

The best activity is the swimming. The water is really nice. They are going to open the pool soon. Have to go.

Love,
Sweet Tooth
Johnson

POZZLE

UNSCRAMBLE

All of these things have to do with Camp Clara Barton.

Printemps _____

Island _____

el _____

IN _____

sluger _____

atie _____

acks _____

oof _____

eps _____

iov _____

Unscramble this sentence.

shv nuf goind itbs sizaps.

PAGE

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 4567

HANUOSTIM
 MOL OLSCHMAN
 NOPA RABST ULE

I O M F L P T X
 K T U M Q U Y O
 I T M L B S T
 E F U N U V W X
 POZZLE

PAGE

Jokes -by Ame's (Amy Fischman)

1. What's green and green and red and green. And goes 1,000 miles an hour? A frog in a machine.
2. What's orange and flies through the air? Super carrot.
3. Do you want to hear a dirty joke? Three white horses fell in the mud.

soft ball
 soccer
 volleyball
 tennis
 swimming
 hiking
 basketball
 hiking
 archery
 aerobics

INSULIN, INJECTION, REGULAR, NPH
 SYRINGE, SOFTBALL, ARCHERY, SOCCER
 BASKETBALL, SWIMMING, VOLLEYBALL,
 ARMS AND CRAFTS, MONOJEL, HIKING
 CIT, JOURLIN, HOMESICKNESS, DANCES,
 TENNIS, MONOJECT, SENIOR, DIET,
 DIABETIC, LINNE, AERONICS, COUNSELM
 LORS, SWACKS, POOL, LETTERS, PEE
 POTS, FOOTBALL, NEWSPAPER, EXER-
 CISE, CAMPING, INFIRMARY, DIETI-
 CIAN, BERING, GRAM, CALORIES, DOC-
 TOR, DINING HALL, TRADING POST

atqgawvuttoy
 edfjlvdeotvwx
 vfgbyiawedgss
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WORD FINDS!

INJEC IONRYHDE
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 LEAYMSLEYATITC
 NYNSOCCERRBCIR
 MBOWHISHCAKCA
 OACFJTOSHINCL
 NLRTOKNHEELEUL
 OLABSIOMVRESNT
 GSPALNNPIYASSR
 ENTXIGOBONVLEA
 LASENYEREDGALD
 ECCBEOETPSINCOI
 NKAIWOCOREIRRW
 TSLKSTTTOTPOSG
 EAOIFEBSTIMSDP
 NINRUALYACCASAO
 LRIGELYMOICELS
 OBERELIMDATIAT
 INFIRMARYNDISTA

find the following words.

skglsonidgubd
 mdinsulinuar
 ingestomylink
 acetetagzyalf
 conalbeclamen
 efqclinitestq
 tinjectionsit
 ecitzyringgez
 sbloodsugarst
 tgpalsidrgous

insulin
 syringe
 clinitest
 injection
 acetest
 blood sugar

by Theresa C.

THE ANYTHING

A Mad Lib

Here is a story all written for you.
Just fill in the blanks with anything
you please.

Today _____ was walking
to the _____ She had to test
her _____ Her sugar was

_____ It was over _____
So she had to go to the _____

There she saw _____ He scratched
his chin and said _____

Then he said you're _____
Go back to your _____

the end

GORDI'S GORGEOUS GARBAGE

ingredients 1 part eggshells
1 part chicken bones
1 part tea bags
4 parts anything else left
over from meals

BUT PLEASE NO PAPER!!!

directions mix all ingredients in the
garbage can and let the man
with pigs serve it to them
warm.

P
A
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CLASSIFIED

CLASSIFIEDS:

Wanted: One pair of 3-Dimensional
film glasses

For Sale: One large dining hall

Wanted: 2,000 gallons of water
for the pool

For Rent: 2 cabins full of snapping
turtles, guaranteed to re-
move all mosquitos!!!

For Sale: 5 units of Regular insulin
-last supplies, get them now!

Wanted: 5 straight days of sunshine

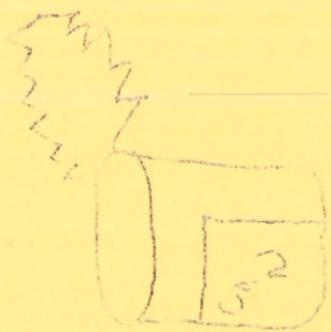
For Rent: One stall in the lab for
12 hours

Wanted: All game cards on the General
Mills cereal boxes

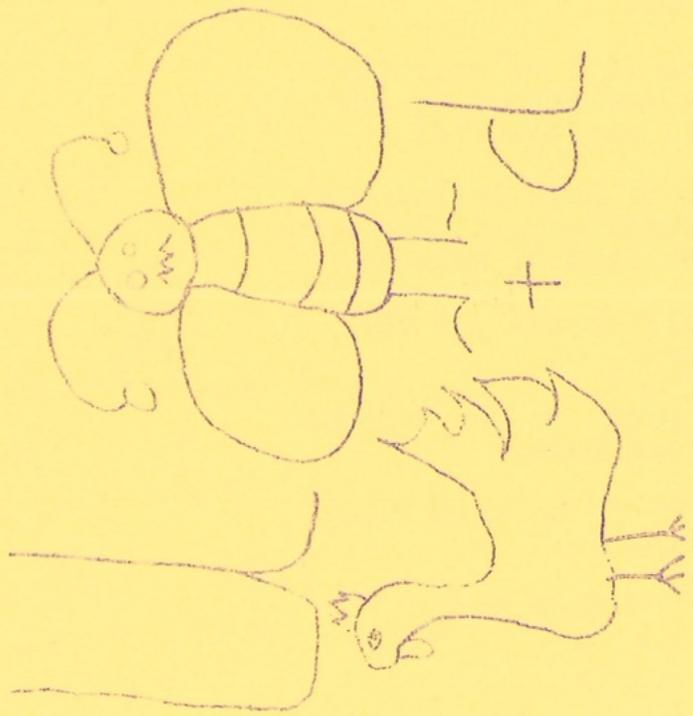
For Rent: Space for 88 occupants in
the Dining Hall

by Jane Berry

ADS

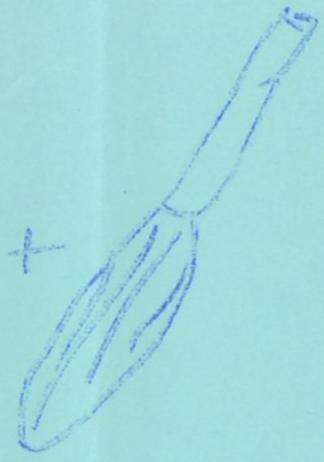


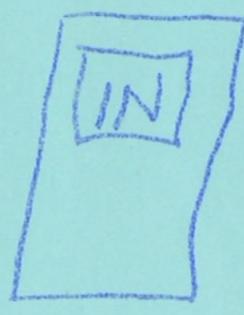
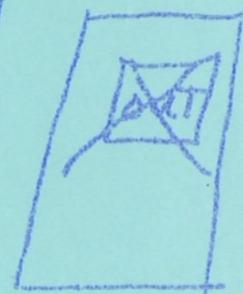
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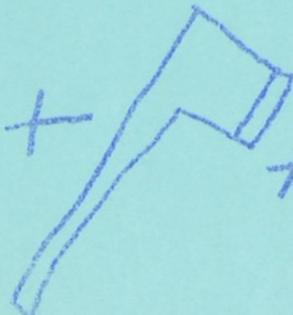
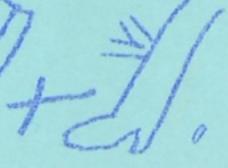


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