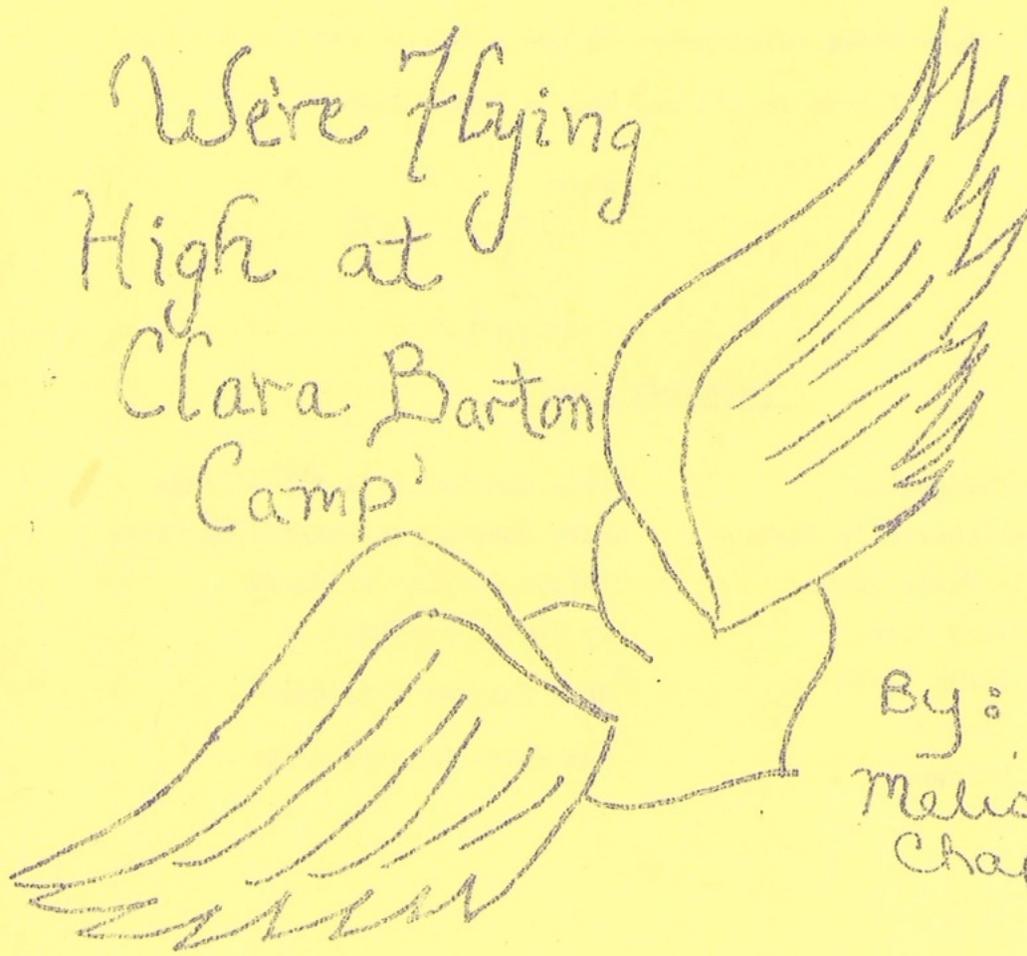


Were Flying
High at
Clara Barton
Camp



By:
Melissa
Chapin

2nd
Session of 1984

The Barton Caranette

The Newspaper staff at CBC worked really hard this session to put together an interesting newspaper. We had a lot of fun and learned a lot of new things. Thanks to all and have a great summer!

Love,

Jane ♡

Pam

Newspaper Staff

Shauna Barker- Shangri-La

Melissa Lanski- Squirrel's Nest

Jennifer Lanski- Pixie Place

Kristy Bauer- Pixie Place

Kristina Knos- Pixie Place

Denise Perry- Wildwood

Melinda Perry- Wildwood

Betty Ann Smith- Rainbow Ridge

Laura Wadsworth- Whispering Pines

Melissa Chapin- Wildwood

Say Soule- Wildwood

* Jane Mezger- Wildwood

* Pam Feld- Rainbow Ridge

Extra Extra Read All About It...

Fun!

NEWS!

PUZZLES!

FRIENDS!

STORIES!

Games!

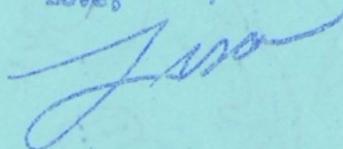
July 19, 1984

Dear Session II Campers,

I can't believe we've come to the end of this session! It seems like it was just yesterday you all arrived. Let's hope the winter goes as fast as this session has so we can hurry up and get back to camp! Remember to light your campfire candles on Christmas Eve. Not only will all of you from Session II be lighting them, but campers from the other three sessions as well. That's a lot of people!

As you light your candle think about the good times you've had here, the friends you made and the things you've learned. Take good care of you diabetes. See you next summer.

Love,



Hi Gang,

It sure was a quick one! I can't believe this session is over just as we're beginning to get the hang of it.

I may have been looking for 27 years but I found what I was looking for here at CBC, many new friends and old ones, that loving, caring, sharing, and understanding. You are a great bunch of people.

This session has been a super one, we've done lots of crazy things. You've hiked, swam, sunbathed, camped out with the men, and slumberpartied. I really liked punking out with you guys and going Hawaiian. We always do it up right! Hey Seniors, when did the Stay Puff Marshmallow Man "come". I would also like to give Peaceful Pen a word of thanks for setting tables for camp since they couldn't follow through on their bribe. Sorry, no breakfast in bed.

As we remember all the good times and fun we had, keep the peace and spirit that is CBC with you until we see each other next year! Keep in touch, I love to hear from you!

Love,

Maria 

2ND Session 1984

The Boston Character

First
Runner Up



Food Groups

meats

Steak
Lamb
Chicken
Turkey

Breads



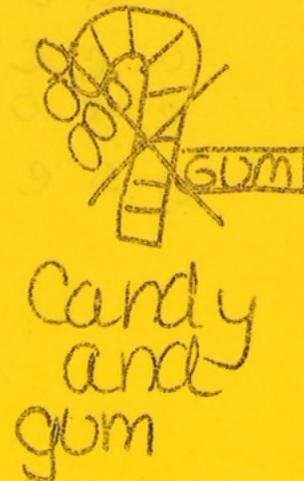
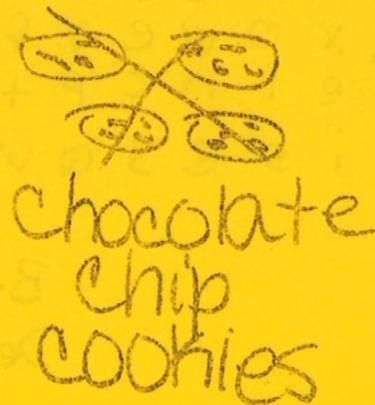
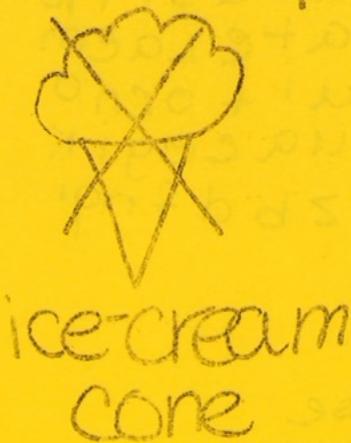
milk



Fruits



FATS



Melinda Perry

Words:

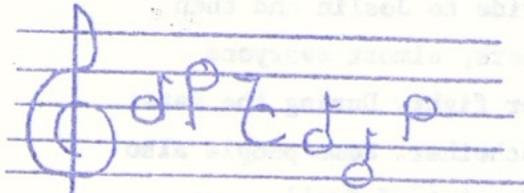
Diabetes	reactions	scale	bloods
insulin	regular	shots	carbohydrate
needles	lente	diet	
Joslin	rebound	protein	
sugar	fat	fruit	



d u k d a d u s c a l e s c u o o s k p
 i p c u s i v p a n n e e d l e s p b
 a g t c b e t e f e c k d s e s e j c
 b r e b o u n d r s u g a r d d s o n n
 e s x o c d c a i n b f o j f l z z
 t v o x f l b n n o a o o s y l v
 e z v d q e z d e t c l o l h n o
 s c f i n t u e d s b u s v i o c k
 o p k c i k d n s l e n t e i b a o
 d i a b e s i i n u f u s u s r i n
 i o b p w w e s o m e a t e l a e m
 a c c k x o v e y f r u i t o c n o
 p r o t e i n c p t s u a c e g i k
 d s e n i s e s o v o z b d f n q i

By
 Denise
 Perry

Our Dance at Joslin



On our dance at Thursday night was a blast. Everyone was supposed to dress up punk. There was some break dancing. At the dance Mary Ann Vinton was dancing with Paul Madden but then Sepe buckled in. Almost everyone was dancing with someone. They played a bit of rock'n' roll and disco. For our snacks we had ~~snacks~~ and soda. When it was time to go nobody wanted to go. The dance was a blast and everybody had a good time.

by
Denise Perry

Our Trip To Buffumville- Divisions A& B

On our trip to Buffumville we got a ride to Joslin and then we walked the rest of the way. When we got there, almost everyone was in the water. There was also a giant water fight. During the water fight everyone got jugs and were splashing eachother. Some people also got thrown into the water. Most of all we had a lot of fun!!

By: Denise Perry

These foods should be avoided:

Alcohol	deep fried foods
cake chocolate candy	molasses
sugar coated cereal	ice cream sundaes
frosted cookies	honey

..... and that makes a good diabetic.

By: Denise Perry

SUPER

SIGNATURES

STAF

Chris L.

Cathleen

Where's THE CHICKEN? Tom

Donna Michele

Janet P.A.A.O.O.P

Elizabeth Maria

Pam

Deirdre P.A.A.O.O.O.

odies anonymous O.A.A.O.S

Heidi

DING DONG

Maryann B

Jenny

Shula Trusting Post

Handwritten signature

Michelle P

Lisa

Reina

KIM

Large handwritten signature

Large stylized signature

Maryann

Ding Dong

Handwritten mark

Handwritten signature

Where's THE CHICKEN?

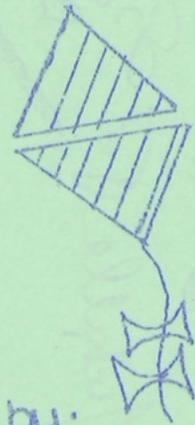
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Unscramble The words

insulin
pool
cancer
newspaper
basketball
cabins
trading Post

diabetes
swimming
tennis
campfires
softball
fun
project adventure

1. sibnac _____
2. perpawsen _____
3. opal _____
4. entnis _____
5. ufn _____
6. gimnrt opts _____
7. Ktesabbial _____
8. inilus _____
9. ancoenig _____
10. ctejarp entruvad _____
11. setehlad _____
12. ignmimilus _____
13. lablftas _____
14. pacmrfes _____



by:
Laura
Wadsworth

Color-by-Number

white

Yellow

Red Green Purple

White

red
orange
yellow
green
light blue

brown

blue
green

purple
green

gray

green

blue

melinda perry

11/18/14

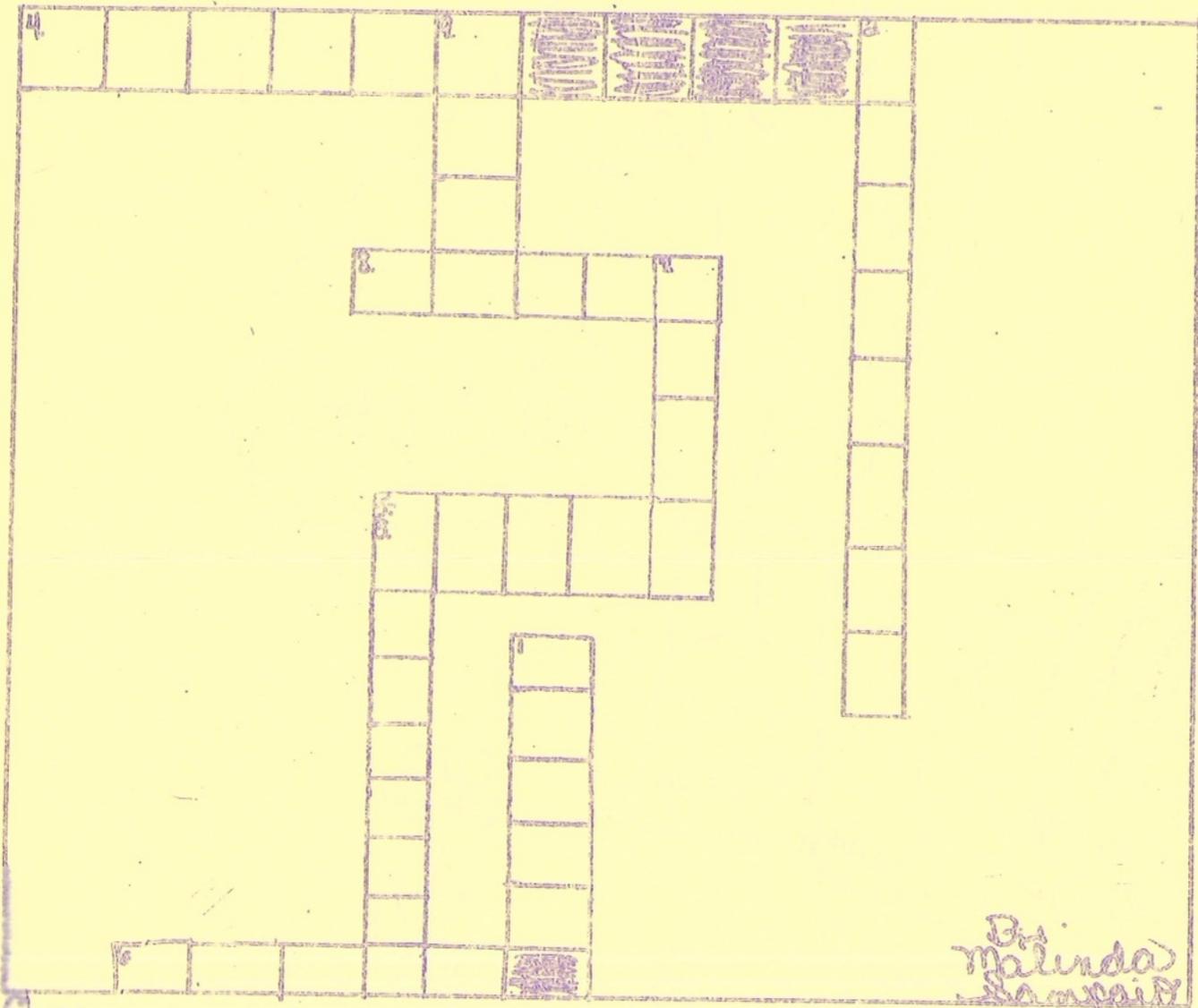
Crossword Puzzle

Answer Key

Diet
Scale
Opal

Blood
Ruler
Vacation

Football
Swimming
Fruit



Dr. Malinda Sampson

Clues

Across

- 4. you go on them
- 8. you test it at CBC
- 5. you eat it
- 6. you weigh on it

Down

- 9. the October birth stone
- 2. a summer sport
- 7. you must follow it
- 3. a fall sport
- 1. used to make a line

Every once in a while comes a time in your life
where things go wrong, and people seem so far.
In most of our endeavors we face trouble and strife
It helps to know and become what we are.

You've helped me so many times in all that I've wanted to be.
While I was tempted by evil doers you brought
out the best I had in me.

You're always giving of your soul and of your mind,
Never hesitating to ask for anything in return.
The satisfaction you get from helping others makes you
one of a kind, and love is a special thing from each other
we did learn.

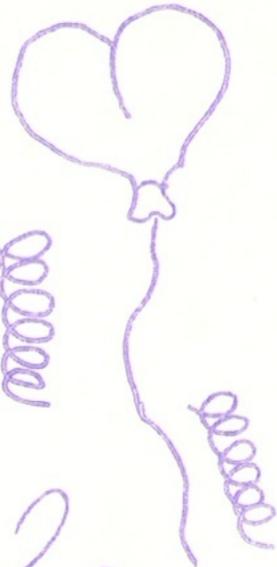
I want to thank you for all you've given to me.
Your friendship, your love, and your compassion
are always there to guide me.
By having you there I can honestly see that
I'm lucky and the best person I can be.

By:
Jane Meagher

Wild 'n Crazy
Innocent

Lazy

Jane



Daring
Wierd

Melissa

Malinda
Denise

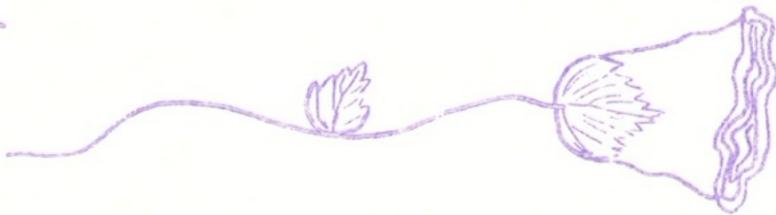
Denise

Obnoxious

Out-of-it

Lisa

Day dreamers



Amy

Melinda

by Melissa
Chapin

The Barton Alma Mater

The hills and pond
echo our song
send softly back our
love for you.
And in the twilight glow
within each heart we know
our spirit and loyalty will
Grow
And though we leave we've
just begun to raise our
Barton song as one;
And as we sing the
Echoes fall,
Brings a greater
warmth to all.

By: Melissa Lanski
and
Betty Ann Smith

Camp Clara Barton

A place to go,
A place to play,
with new adventures
everyday.

New friends and old,
lots of fun,
goofing off,
in the sun!

Playing games in the
mid-day heat,
come to Clara Barton,
no one else can beat!

So when you're bored,
and don't know what to do,
come to camp,
a place of memories for
me and you.

By: Angela Shyloski

The Unicorn and the baby Unicorn

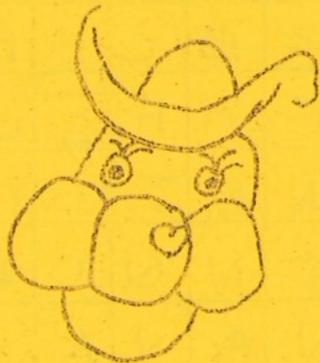
There was a unicorn who was so beautiful and the people who took very good care of her entered her in a race but the day before the race she had a baby unicorn and she had to rest all day because of tomorrow. When it was time for the race she looked in the booths there was her baby unicorn and she won the race. If the baby wasn't there she wouldn't have won the race.

By
Kristy
Bauer



Clara Barton Camp

For girls brings happiness to
every
girl
with
diabetes.



By
Kristy
Bauer

STAFF NAME SEARCH

S	E	M	A	J	P	E	D	E	I	R	D	R	E	Z	M	A
Z	K	Q	M	E	T	P	P	U	G	N	R	E	G	N	I	G
G	B	A	O	R	S	E	E	B	E	O	U	U	C	L	K	L
L	R	Q	T	A	S	I	L	H	B	L	B	S	E	T	A	P
Y	L	K	O	H	C	B	T	I	W	F	E	C	H	E	I	M
N	T	I	J	O	Y	E	N	D	E	G	H	H	A	U	I	K
N	I	B	O	R	B	W	X	N	A	N	N	J	C	M	L	P
E	G	I	E	A	J	R	I	I	N	I	N	Q	O	I	N	A
H	E	D	Z	S	L	B	D	O	N	N	A	Y	R	A	M	E
A	N	I	G	T	O	I	K	T	E	Y	Y	N	L	S	L	Y
L	L	A	T	R	E	M	S	A	L	D	R	D	E	E		N
E	B	Z	U	H	K	A	L	U	O	N	A	Y	H	J	E	S
F	E	V	D	C	W	P	A	I	R	A	M	C	M	E	R	I
B	T	D	J	X	H	Y	I	L	A	S	I	K	L	N	J	L
C	H	R	I	S	R	K	G	N	C	M	Z	I	M	O	A	Z
F	I	R	E	G	E	C	A	T	H	L	E	E	N	I	R	T

Kaitly Maryann Anoula Mary Kim Jane Maryann Cathleen Ginger Chris	Pam Gina Deidre Tammy Liz Sepe Lynn Lynne Sandy	Michele Geri Michele Heidi Robin Dee Elizabeth Mo Celia	Robin Sue Eileen Anne Dana Beth Chris Shula Robin	James O'Hare Lisa Maria Rick Carole Joe By Pam Feid
--	---	---	---	--

A Sleepout in the Soccerfield

Saturday night Div B went to a sleepout in the soccerfield. The campers slept in tents while the counselors got to sleep on mats "under the stars." In the morning the sleeping bags were damp Saturday night, they went swimming. The water was very warm. Then we went to the Lab, and had our snacks, and went to the soccerfield to sing songs.

In the morning we all tumbled out of bed and practically slept walked to the Lab. We ate breakfast in the Center and then it was Special Day. Special Day was Hawaiian.

by
Melinda Perry

Sunday Nights Dance

Sunday nights dance was a Hawaiian dance. People dressed up Hawaiian. Everyone was having a good time. Before the dance the girls had a Hawaiian dinner on the beach. Everyone was dancing and having fun. When it was time to go no one wanted to go. But most of all everyone had a good time.

by
Denise Perry

An interview with Michele Colotti and
Geri Collins

Michele Colotti and Geri Collins are the two dedicated 2nd year C.I.T.'s presently trying to clean up the mess of the thirteen 1stn year C.I.T.'s.

They both are diabetics (Michele for 8 years and Geri for 10 years) and have been coming to camp (Michele for 8 years and Geri for 9). They both enjoy coming to camp a lot. Michele likes working with kids and Geri likes to socialize with her old friends at camp.

They both would like to become counselors and hope to come here next year to help other people and themselves to a nice vacation.

Michele, known to her friends as Mitch, likes all sorts of music and loves animals. Her favorite colors are purple and red. Geri, her real name is Gerilyn, she likes anyorer cats, Huskies, and Seals. She likes purple and her favorite movie was The King and I.

by Melissa Chapin

Diabetes

A person is diagnosed as a diabetic when his or her blood sugar level is elevated due to certain bodily malfunctions. The pancreas, a vital body organ, fails to secrete or give off a hormone called insulin.

Insulin in the nondiabetic's body regulates blood sugar levels by close monitoring and balancing food intake, exercise, and other body functions. Some research shows heredity plays a major role in diabetes. The diabetic spills sugar into the urine. Some symptoms of untreated diabetes are hunger, thirst, loss of weight, and loss of color. In most cases the patient is hospitalized and treated.

by
Denise Perry

Coming Sometime this Spring- The Second Annual Work-a-thon :

A chance for you to get pledges for coming to work for a day at camp. One half of the money you raise will go to your own campership fund for other kids. Come help camp, help yourself and another camper.

Watch for details in the mail...

NEWSFLASH: Attention Campers- Please remember to notify CBC of your new address if you are moving so mail and camp applications will be forwarded.

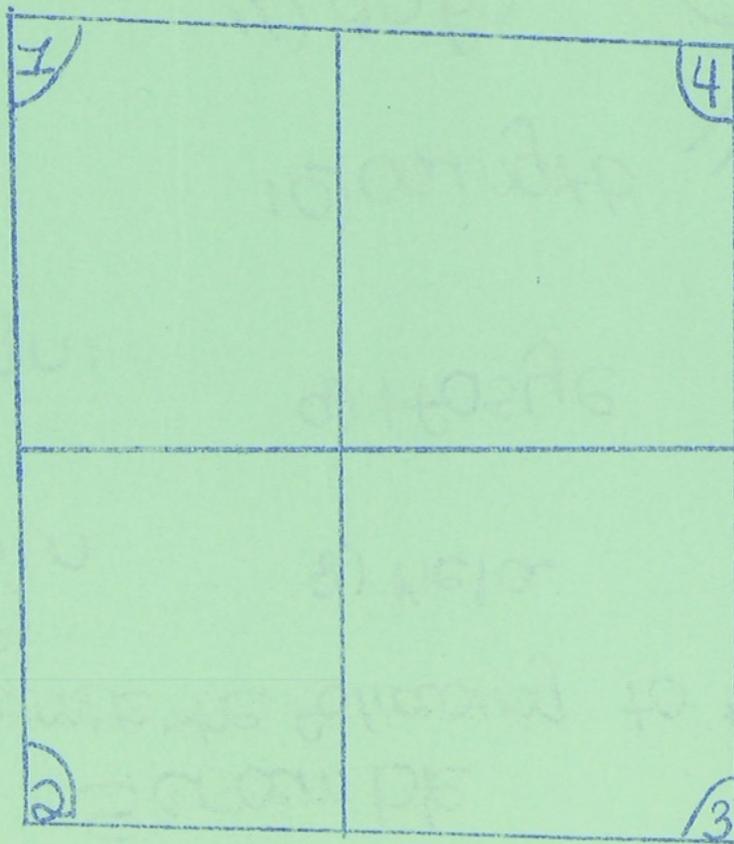
Thank-You

A GAME TO PLAY

FOUR SQUARE

needed: 1 ball, 4 people or more

1 person on each number
Throw the ball back and forth to a different person. If you miss the ball you go back to Square 1. If more than 4 people are playing when you miss the ball another person takes your place.



by melinda
ferry

Scramble
 Unscramble the following to form words!

1) nullisin
 8) kela

a) elphgn!
 9) tfasye

3) unt
 10) oangtb

11) dofo

12) tdiel

5) usmiming
 13) tiesdu

6) theahy!
 14) cesand

15) viding
 7) atunre lksow

Melinda Perry



Cool

Lazy

Awesome

Revengeful

Adventurous

Beautiful

Adorable

Radiant

Terrific

Outstanding

Nice

Considerate

Affectionate

Mystifying

Peaceful

By Army Houk

Unscramble the following words:

1. I R O S E E T B

2. o o d b l u s g r a

3. I D t e

4. o o f d

5. k n i g h t

6. s i n u i n i

7. c a l p r e a r b w i s m

8. j e l o n o m

9. e l n e e d

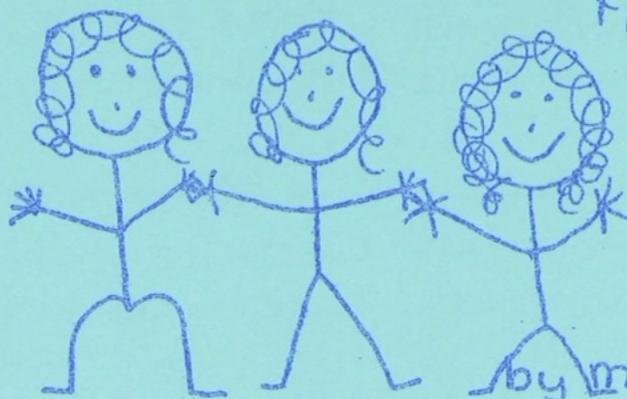
10. o d b l o s e t t

by: malisvada

Things to do at Clara Barton Camp
hike, swim, boat, canoe, eat, drink,
sleep, dive, arts -n- crafts, dances
take insulin, urine tests, blood tests,
showers, swim lessons, have fun, camp
fires, cook outs, water fights, make
friends, bike rides, have soda,
talk all night, camp duties, clean
rooms, and nature walks.

* Friends forever *

Friends are people who will always
be with you. Friends are happy
when you are happy, sad when you are
sad, and friends are always
there when
you need
them.



by Melinda Perry

Clara Barton Camp

Clara Barton Camp is fun camp two go to. It's exciting. We do things such as, swimming, hiking, nature, arts n' crafts, etc... I hope to see you next year because if you don't come you'll miss out on a lot of fun.

by
Denise Perry

The Lab

At 7:15, 11:30, 4:30 and 8:00 everyone tests their blood. Donna and Beth are there to help you. If your blood is over 240 you do a acetest. If your blood is 80 or below they usually give you a nonage!

The Infirmary

by
Denise Perry

At the infirmary there is always nurses there. That is where you get your insulin and medicine. When you are sick there is always rooms with beds so you can sleep in. And at the infirmary everybody is nice.

by
Denise Perry

An interview with Dee Dee Mosoman from the kitchen.

Q= How long have you been working in the kitchen at CBC?

A= 4 weeks

Q= Do you like it at CBC?

A= Yes! The people are nice and at sometimes crazy, but in the kitchen it gets hot and hectic. It's a good experience.

Q= How do you feel around diabetics?

A= I feel the same.

Q= Do you like the food at CBC?

A= "The food is great, but it's not the Ritz Carlton"

Q= How old are you?

A= 24

Q= What do you study?

A= Human Nutrition at University of Massachusetts in Amherst.

of
Melinda
Samuels

Unicorns

Unicorns flow like the sea
They are as tall as mountains
They look at the stars all
night long.

By
Kristin Enos

Unscramble these words

1. gnrewspihni neipS
2. Klea dsie
3. idlw odow
4. lgoano e/d go
5. ixipe lcpa
6. lpec fuae enp
7. gsairnh lk
8. reurisqS setn

8. Unicorn's nest
7. Shanghai
6. Peaceful
5. Picnic place
4. Lagoon lake
3. Little lake
2. Like sea
1. Whispering

By: ~~Anna~~ Baker

ADDRESSES AND BIRTHDAYS
SESSION II, 1984

PIXIE PLACE

Kristy Bauer 8/6
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Billerica, MA 01866

Jennifer Lanski 9/22
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Adams, MA 01220

Alyssa Segersten 8/21
Twin Hill Road
Hubbardston, MA 01452

Lisa Staskivtch 8/8
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Auburn, MA 01501

**Kathy McLaughlin 6/2
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ADDRESSES AND BIRTHDAYS - Page 2
SESSION II, 1984

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**Chris Spring 10/8
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**Maryann Bishop 8/22
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North Attleboro, MA 02760

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Sandy Laurie 8/17
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Plainville, CT 06062

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Foster, R.I. 02825

Christine Violette 6/18
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Dahlonega, GA 30597

**Pam Feld 5/8
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Newington, CT 06111