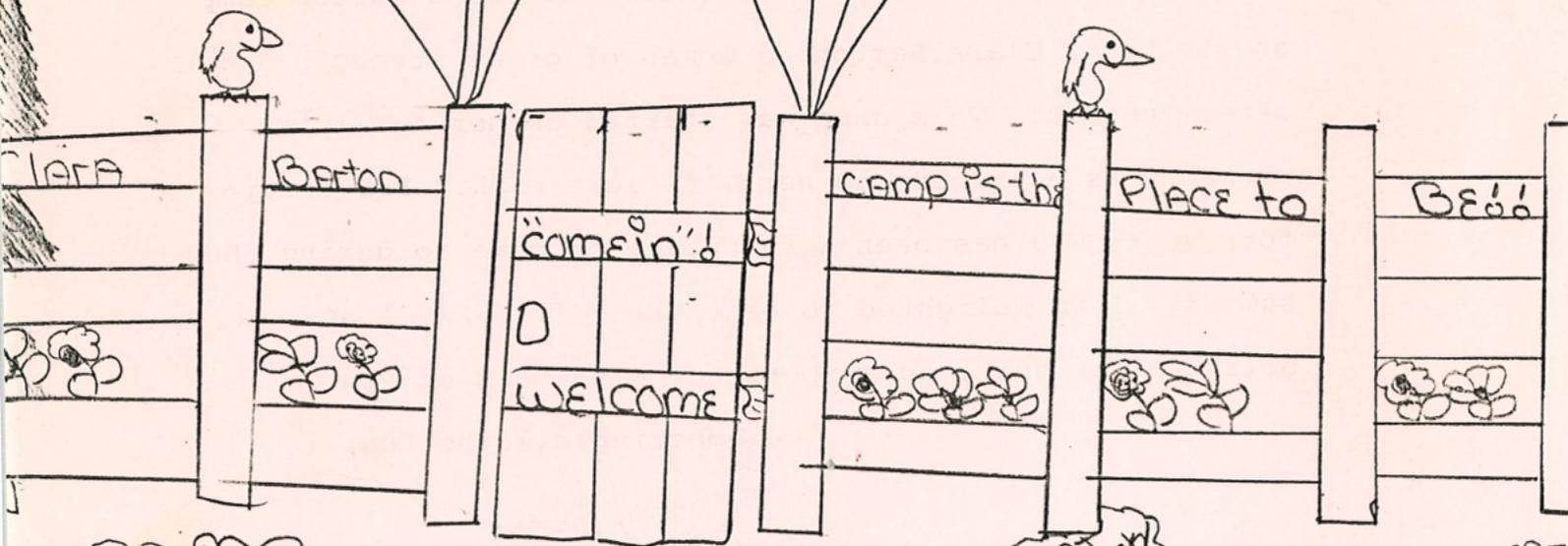
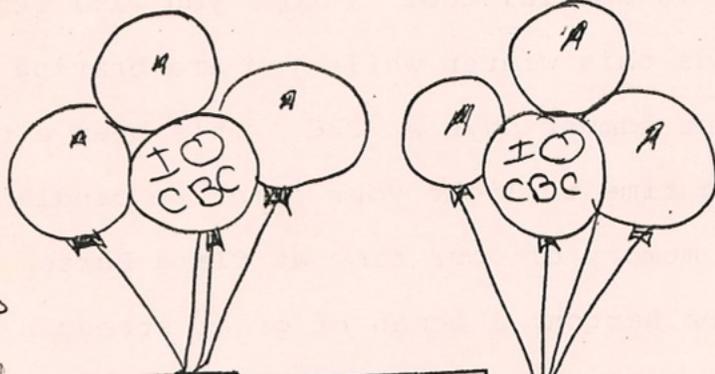
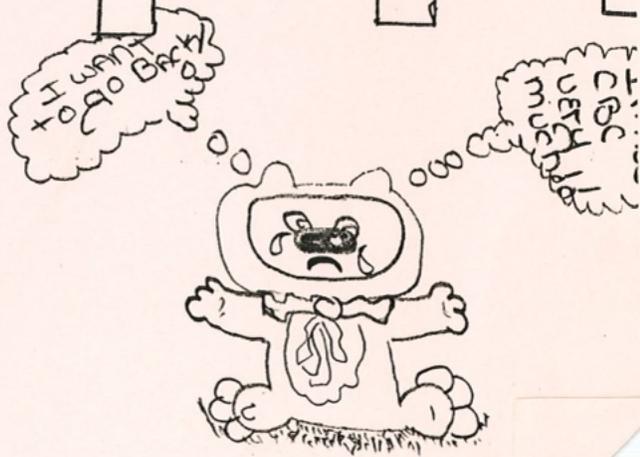


THE CLARINETTE SESSION II
1986



Open the
gate of
happiness
At CLARA
BARTON CAMP!!



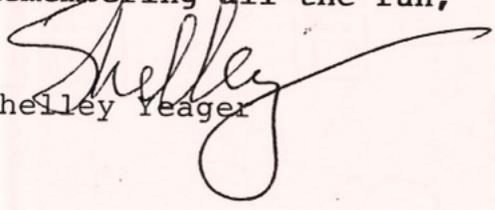
ayahimwin

Dear Campers,

Second session was terrific. I met most of you for the very first time and each of you leaves a very special memory. I hope you all had as good a time as I had. I will miss your enthusiasm and smiles and I hope you will return next year.

Making new friends is an important part of camp. Being with old friends is special too. I hope you will remember to write your friends this winter while you are braving the cold and thinking about summer days at CBC. It's been a tradition at CBC for a long time to light your campfire candle on Christmas Eve in memory of your time at Clara Barton Camp and to honor Clara Barton, a woman of great strength and determination. This camp was started on her family's property as a tribute to her life long work. For fifty-four years CBC has been a fun place to come to during the summer. I am delighted to be a part of it and I am delighted to share the experience with each of you.

Remembering all the fun,


Shelley Yeager

Hi Everyone,

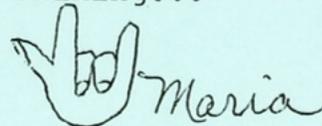
Wow!!! What an awesome session we had! It's hard to believe it's already banquet night. You campers were the best. Your enthusiasm made the Dining Hall alive with the spirit of CBC.

I was going to write about all the things we've done but there's too many. I'll just mention some of the highlights like the dances with the Joslin Men. The Valentine's dance was the best. We raised over \$200.00, thanks to Shula and Dr. Fogel. You make a really cute couple- thanks for being good sports. Welcome to all the new LOBSTER PATROL members. Celeste and Steph you were awesome. HANDS did reach across camp. I get such a warm feeling inside standing hand in hand at 2:00 a.m. on the waterfront with campers and staff that mean so much to me.

I don't like goodbyes, so I'll say see you again soon. I hope everyone had alot of fun, made some new friends, learned more about themselves and the care of their diabetes. There will always be a special place in my heart for each of you. Take care of yourselves. Stay HAPPY.... See you next year

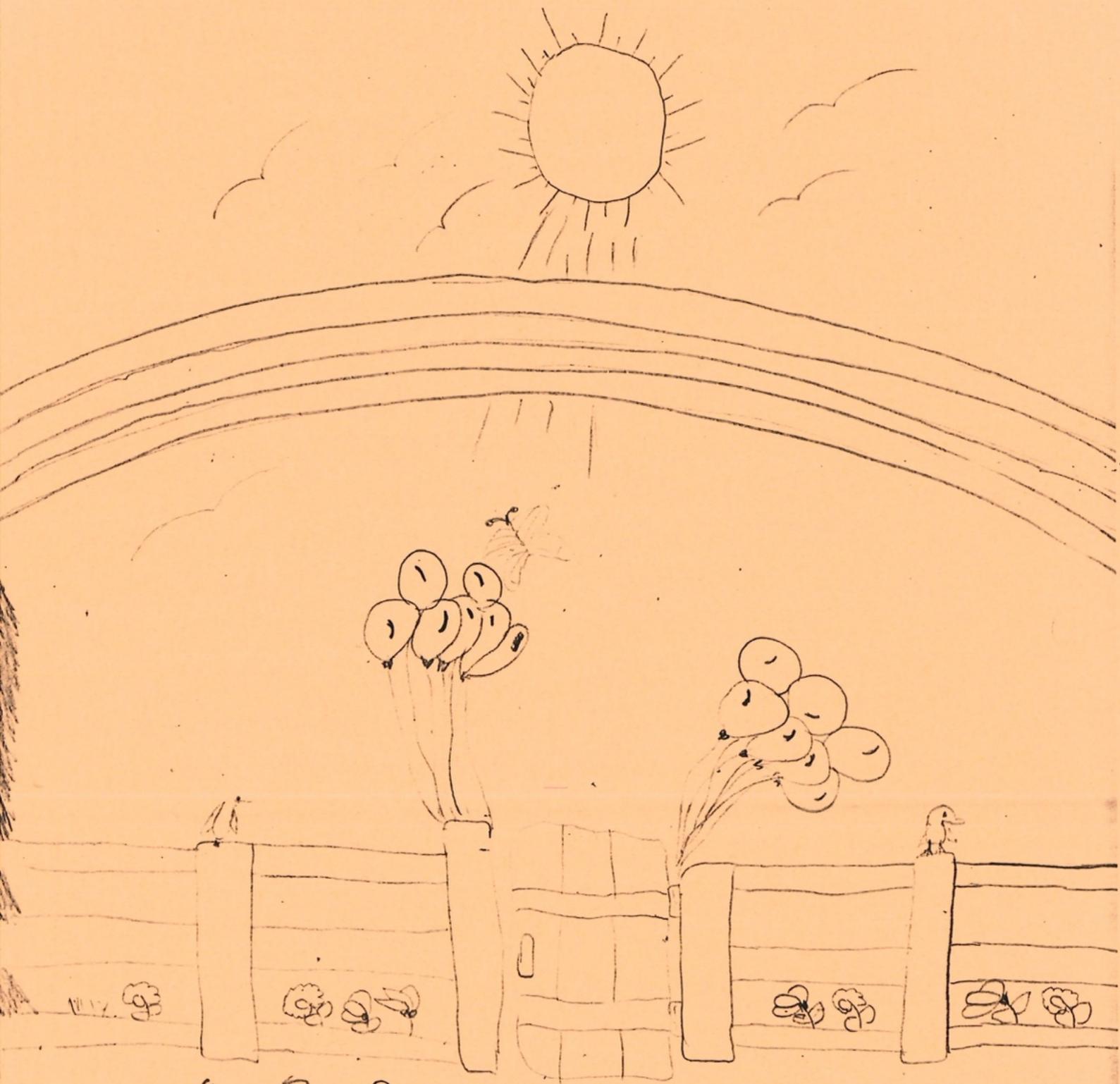
Keep Smiling...

Keep Shining...

A hand-drawn signature that includes a simple line drawing of a hand with the index finger pointing up, followed by the name "Maria" written in a cursive script.

AN INTERVIEW WITH KIM CUZZI.....by Kim Winterle

1. KIM, IS THIS YOUR FIRST YEAR AS A COUNSELOR? HOW DO YOU LIKE IT? Yes, this is my first year. I love it! And I love the kids and my co-counselor!
- 2.HOW MANY YEARS HAVE YOU BEEN HERE? 9 years
- 3.KIM, DO YOU LIKE DIABETES AND WHAT DO YOU LIKE ABOUT IT? Yes, because if I didn't have it I wouldn't be able to come here and make all the friends I made.
- 4.KIM, HAS CLARA BARTON CAMP HELPED YOU A LOT WITH YOUR DIABETES? Yes, it made me feel I wasn't alone.
5. WHAT THINGS DO YOU DISLIKE? Cookouts
6. KIM, WHAT'S YOUR FAVORITE THING TO DO AT CAMP? Everything
- 7.DO YOU LIKE BEING A CIT BETTER THAN A COUNSELOR? No.
- 8.HOW DO YOU FEEL ABOUT YOUR DIABETES HERE COMPARED TO AT HOME? At home I feel alone. Here I know that everyone goes through the same things I do.
- 9.HOW DO YOUR PARENTS HANDLE IT? They don't
- 10.DO YOU THINK YOUR DIABETES IS A PROBLEM? No.
- 11.WHAT DO YOUR FRIENDS THINK OF IT? A lot of my friends don't know but the ones that do don't really understand what it is and whai it's about.



Open
The Gate
To Happiness
at Clara's
Brantford Camp

From: Kim Winterle

FRIENDS

Friends to alot of different things.
They care about what happens to you,
They dont go through your stuff without
asking.

Your friends love you for what you
are no matter what color, race, religion,
sex, and or creed.

Friends dont encourage you to do
wrong. They try to help as best as they
can. With your friends you can laugh,
cry, and comfort each other and you can
tell secrets that no one else will ever
know.

A TRUE FRIEND IS
LIKE A SISTER OR BROTHER
WITHIN YOUR HEART

By

~~Darlyn Prosper~~
(Darlyn Prosper)

THE DANCE

The dance was massive! I got asked to dance by a real cute kid named Vince. Everyone said I got the cutest kid! That comes to me as a surprise because, I never thought I would get asked. I had H!

Allison
Paravecchi

Sundays Dance.

Mostly everyone had a good time dancing and meeting boys.

The theme of the dance was Valentines day so everyone was looking for someone to dance with and to talk to.

There were some cupid's trying to get couples fixed together to have a good time. But in all everyone had a good time.

Happy Valentines Day!



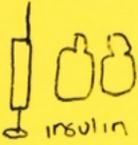
by
Denise Perry

THE BARTON CLARINETTE By: Heidi Nodile



Clara
Barton
clarinette

activities



Session
"2"

Where
the
FUN!
Begins!!

+	1	1	C
+	1	a	C
+	1	0	e

Game
with
campers
(0's won)

inspection
0-10



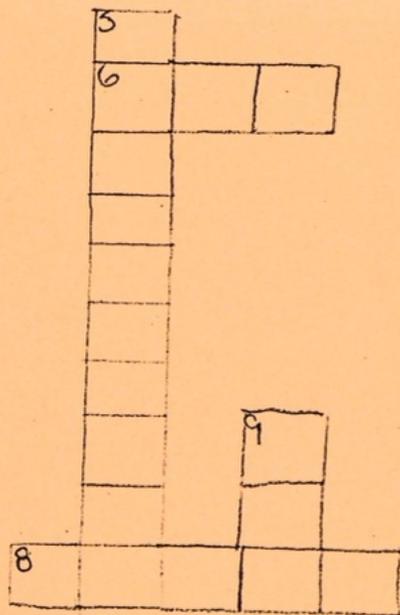
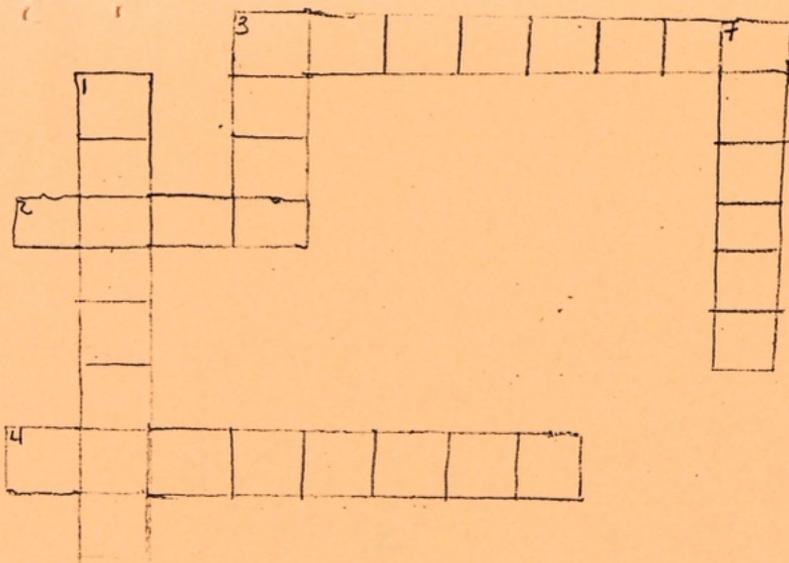
"1986"

Lobsta-Patrol


Justin
Barton
Dances



egg
babies



Down

- 1 All campers at Clara Barton have _____
- 3 Some diabetics have this hooked up to their stomach for insulin.
- 5 What diabetics are supposed to test four times a day
- 7 What diabetics are not supposed to eat.
- 9 What you have at Clara Barton.

Cross

- 2 Where you go to have fun
- 4 What you can get if you have high blood sugar
- 6 If your blood sugar is not high or normal you are _____
- 8 You also test _____ besides blood.

Down

- 1 Diabetes
- 3 pump
- 5 blood sugar
- 7 sweets
- 9 fun

Cross

- 2 camp
- 4 ketones
- 6 low
- 8 urine

Denise Perry

Soccer

Insulin

Fun

RAM

Fieldhockey

boating

Arts & Crafts

Aerobics

Tennis

Newspaper

Campfires

Bloodsugers

by: Michelle

Lussier

Diabetic
collecting

A lesson
Parvata

Jill is looking
for all the necessary
items for her blood
test & insulin.

look for:

- cotton
- alcohol
- syringe
- insulin
- pancreat
- chamstmp
- watch

n	u	a	+	c	n	B	O	C	A
B	D	L	D	E	H	I	G	L	K
E	G	C	O	+	+	O	N	A	B
L	T	O	N	P	S	D	L	E	V
N	U	N	Q	O	C	G	B	I	J
H	O	C	Q	D	A	+	L	M	D
Q	M	-	V	S	S	P	U	P	O
B	Q	>	+	E	S	M	N	P	+
Z	Q	X	K	A	+	C	Q	R	J
Y	J	Z	S	Y	-	I	N	Q	O
Z	J	+	R	W	P	D	S	H	G
S	X	+	P	B	P	E	E	J	H

FOOTPRINTS

One night a man had a dream. He dreamt he was walking along the beach with the Lord. Across the beach flashed scenes from his life. In each scene, he noticed two sets of footprints in the sand; one belonging to him, and the other to the Lord.

When the last scene of his life flashed before him, he looked back at the footprints in the sand. He noticed that many times along the path of his life there was only one set of footprints. He also noticed that it happened at the very lowest and saddest times in his life. This really bothered him and he questioned the Lord about it. "Lord, you said that once I decided to follow you, you'd walk with me all the way. But I have noticed that during the most troublesome times in my life, there is only one set of footprints. I don't understand why when I needed you most you would leave me."

The Lord replied, "My precious, precious child, I love you, and I would never leave you. During your times of trial and suffering, when you only see one set of footprints, it was then that I carried you."

Lake Side

Flamingos

- Kaien
"

Joanne

Stacy

Jan

Kudi

Courtney

We
♥
CoCo

We
♥
Denise

love,
Kudi
'86

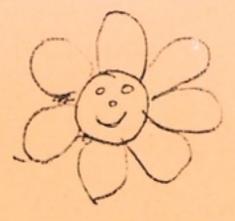
I had a cool time!

DR. ZOO!

(RULES SURFBOARD)



Smile

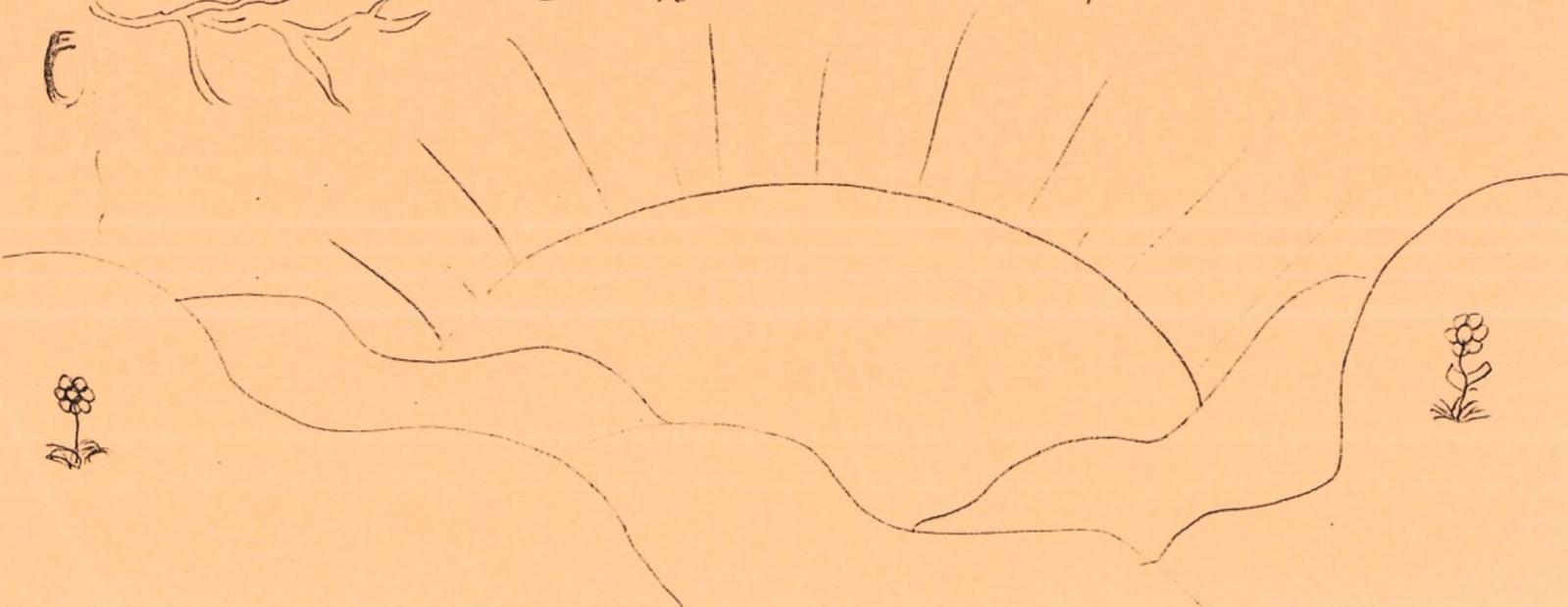


A smile is something
nice to see
It doesn't cost a cent.

A smile is something
all your own
It never can be spent

A smile is welcomed anywhere
It does away with frowns

A smile is something
to ease lives up and down



CAMP SONGS

FRIENDS, FRIENDS, FRIENDS

Friends, friends, friends we will always be
Whether in fair or in dark stormy weather
At camp Clara Barton we're always together
Traditions old, we will 'ere uphold
Love will prevail us 'til death separate us
We're friends, friends, friends

I'M A NUT

I'm a little chestnut brown
Lying on the cocoa ground.
Everybody steps on me.
That is why I'm cracked you see.
I'm a nut, I'm a nut,
I'm a nut, I'm a nut, I'm a nut.
Called myself on the phone
Just to see if I was home
Asked myself for a date
Picked me up at half past eight.
I'm a nut, I'm a nut,
I'm a nut, I'm a nut, I'm a nut.
Took myself to the show
Sat myself in the very first row
Put my arms around my waist
Got so fresh I slapped my face.
I'm a nut, I'm a nut,
I'm a nut, I'm a nut, I'm a nut.

LET THE SUN SHINE IN

My mother told me something that a little girl should know
And it's all about the devil and i learned to hate him so
She said he causes trouble if you let him in your room
And he'll never ever leave you if your heart is filled with gloom.
So let the sun shine in, face it with a grin
Smilers never lose, and frowners never win
So let the sun shine in, face it with a grin
Open up your heart, and let the sun shine in.

BY: MICHELLE LUSSIER

AN AFTER DINNER INTERVIEW WITH.....BETH BARONE

by Devlyn Prosper

1. How old were you when you got diabetes?

I was 3 years old.

2. How long have you had diabetes?

15 years

3. How did you feel when you first got diabetes?

I don't know, I was a baby!

4. How long have you been coming to camp and what makes you come back each time?

This is my fourth year and what makes me come back is that I like to help kids and I have made a lot of good friends here.

5. What's the worst thing that has happened to you at camp?

I got my hair cut!!

6. Have you ever been in a crisis area such as D.K.A.?

No, I've never had problems.

7. Who's the strangest person you ever met at camp?

CELIA BRINKHAUS!!!

8. Does anyone else in your family have diabetes?

Yes, my father did. He passed away. My father's side of the family has diabetes.

8. What are the 3 foods you hate the most?

Liver, beef, and American Chop Suey

9. What did you do at school before you graduated, such as varsity teams, etc.?

I was on the swim team and track team. I was also in the orchestra and in plays.

E	A	C	K	V	J	H	Y	E	E	U	P	C	F	D
G	O	S	D	I	Y	Q	P	J	G	R	I	X	S	U
G	V	Q	B	N	N	A	E	P	A	C	X	Y	N	O
3	T	V	T	U	M	W	D	H	X	I	N	S	T	Z
A	R	E	V	O	P	E	E	L	S	Y	W	Z	G	D
B	W	E	B	S	T	E	R	L	A	K	E	A	A	C
I	H	B	W	O	D	B	G	M	N	I	L	N	M	P
E	M	A	E	R	C	E	C	I	S	O	C	E	F	G
S	A	H	J	R	I	E	F	L	J	E	C	E	B	K
L	L	F	K	M	R	N	K	Q	S	O	Z	P	P	T
D	A	R	E	T	N	E	C	E	C	N	E	I	C	S

Word

Search

1. Cape Ann

2. Cos Ice Cream

3. Dances

4. Egg Babies

5. Science Center

6. Sleepover

7. Special Day

8. Webster Lake

by
Jennifer

Special Day?

By
Seulyn
Prosper

It was FEBRUARY 14th
VALENTINES
DAY

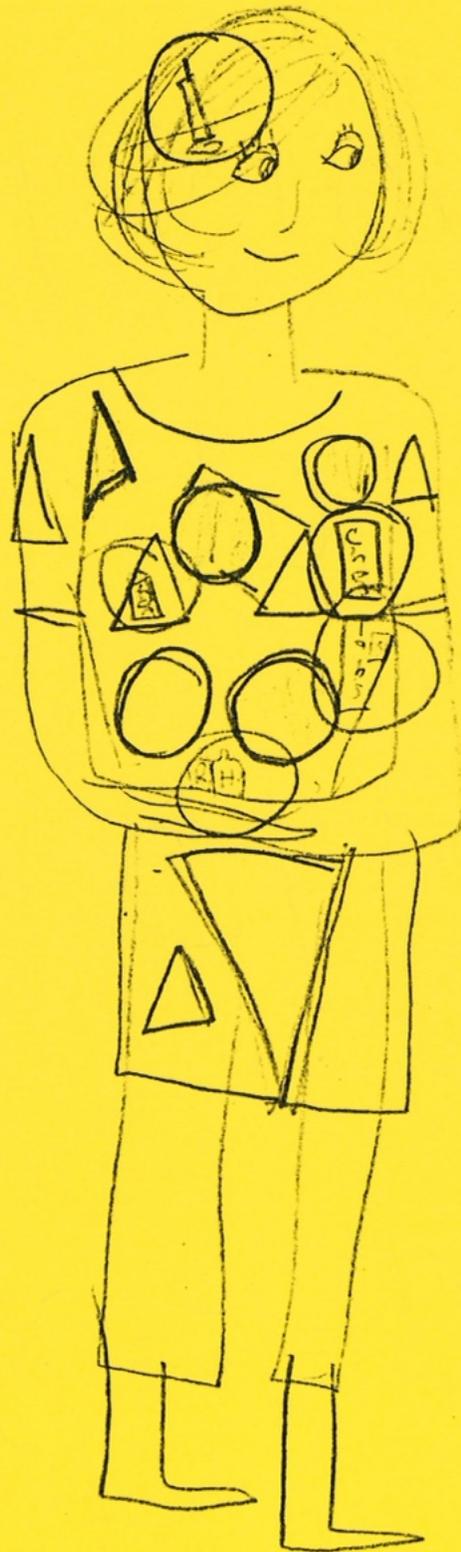
It was a very good day for everyone. I'm sure we all enjoyed ourselves. Valentine's Day is a day of joy when couples are together.

There were 4 groups the Red Hats, Sweethearts, Cupids, & Love Bugs which I thought was nice because everyone, I'm sure liked the groups they were in.

For 3:15 activity we played "Find the Cupids" and the Cupids won because they finished first and they all went crazy!! Congratulations!

Special Day; Valentines Day
was a very special day
for all.

Find the Hidden Pictures



-  Syringe
-  Insulin bottles
-  Tablets, Glucos
-  Honey
-  Chemstrip

Celia

Jill's Day Off

"This is an active!"

"I meant to get that-really!"

Jill



DR. FOGEL !!!

BUMP!
SET!
SPIKE!

Brandy

Volleyball

Mim

at

Lisa

3:15 was

Emily

Amazing!!

michele

nicole

counselors vs. campers

atzpdetpqcediabztasoi f u r g b l e
 diabetesbozxcbaqsc l f u h o n e y r
 citrtiedvsgla gloucosetpg l q y z t
 prefzanugez t reacte p z t i o n m d e q
 heetbcpscqbiceuosz f z p m u p d z x o
 tilelaznurenpdadedgapecdalwte
 srpnowtetl byden c pabneabnhedi
 etixoiacz r i r p q r p t e e g g f q c f r e c
 rene d c q d a a b n r e e q b i d u u h n r l e s d
 exft smrlcsd a d r e u l o d i m o e i n g m
 l q r i u i x e n p s u l e n t e d n a i k a o q r s
 upengcosm e r d a p e r i g r i y s u d e r
 ykecarftpz i b e n n r y n m k b o y s p e s
 r n e r b l u e t e u i s e c f x s e d e n i s e p
 keytonesal l b e r c r e u d y a r y p e r m
 b r e x e r c i s e p o r k e s i t n t s t e v e n a
 o a m l q n c u o l g m a c d e n g s . i b e r t j r e

Diabetes	lancets	fun
bloodsugar	lente	
glucose	regular	
honey	pump	
needleless	exercise	
insulin	keytones,	
reaction	diet	
pancreas	camp	



pi:
 Denise Perry

THE BARTON CLARINETTE

2ND SESSION



Clara Barton

22¢