

2023 CPHS SPORTS MED SENIORS

ALISON STEWART, A PART OF SMED FOR 2 YEARS

WILL BE WALKING WITH: MY MOM, ANGELA, AND MY DAD, ANDY.

FAVORITE MEMORY: My favorite memory is when we were practicing spine boarding and we would flip the person over to check that we did it right and they would hang upside down.

PLANS AFTER COLLEGE PARK: My plans are to go to a 4-year University and pursue either a degree in biology or biomedical engineering before going to Medical school to become a doctor.

HOBBIES / INTERESTS: Most of the time when I am not at sports med I am at robotics club working on building a robot for our next competition season.

HOW THEY WILL BE REMEMBERED: I think that my teammates will remember me as someone who is always willing to help those who don't understand

FAVORITE QUOTE, SAYING OR MANTRA: "If everything seems under control, you're just not going fast enough." -Mario Andretti

ANYTHING ELSE: I would like to thank my parents for supporting me with my busy schedule and helping me in my academic journey allowing me to succeed.

Alexya Hernandez, A PART OF SMED FOR 3 YEARS

WILL BE WALKING WITH: My brother "Sonny" and my Dad "Robert"

FAVORITE MEMORY: Last year riding on the cart to 7 11 and spilling the Slurpee all over the cart as soon as we got back.

PLANS AFTER COLLEGE PARK: Going to DVC and hopefully doing something in the medical Field.

HOBBIES / INTERESTS: I like to longboard, sleep, play videogames, and run.

HOW THEY WILL BE REMEMBERED: I was the youngest student to join SportsMed (Hence the nickname "Dababy")

ANYTHING ELSE: I would like to thank Doc for taking me through my first 2 years of SportsMed, and my last year class of seniors who pushed me to be better. I'd like to thank Ron for being an amazing teacher and Athletic Trainer in replacement of Doc. I couldn't have done it without all of them. amazing teacher and Athletic Trainer in replacement of Doc. I couldn't have done it without all of them.

Calin Cabugao-Capra, A PART OF SMED FOR 2 YEARS

WILL BE WALKING WITH: Mom-Debra Cabugao, Dad-Joel Capra, Stepdad- Kevin Cabugao, Sister- Saya Cabugao

FAVORITE MEMORY: Our first year, a bunch of the SMED students went to Gabi's house to do a group study for the final.

PLANS AFTER COLLEGE PARK: DVC

HOBBIES / INTERESTS: Grappling, weightlifting, playing the bass.

HOW THEY WILL BE REMEMBERED: Fun to be around and a good listener.

FAVORITE QUOTE, SAYING OR MANTRA: "don't be sad that it's over, smile that it happened" Dr. Suess

ANYTHING ELSE: SMED has helped me find something that I really enjoy and has helped me realize I would like to pursue medicine as a career. And I would like to thank my classmates for making SMED the class I look forward to the most. On top of that, although he isn't at this school anymore, I would like to thank doc for introducing me to sports medicine and sparking my love for medicine. Lastly, I would like to thank Ron for allowing us to continue the SMED program at CP. He keeps the class lighthearted and fun while remaining educational, which I really appreciate.

Chris Huynh, A PART OF SMED FOR 2 YEARS

WILL BE WALKING WITH: Mom, Dad, and Sister

FAVORITE MEMORY: My favorite memory is working the football games and being on the sidelines with the players.

PLANS AFTER COLLEGE PARK: Go to college and major in nursing or kinesiology.

HOBBIES / INTERESTS: Hiking, camping, and hanging out with my friends.

FAVORITE QUOTE, SAYING OR MANTRA: Goodbye forever -Doc

ANYTHING ELSE: I want to thank my sports med class for making my year super fun and giving me great memories to remember.

Gabriela Mihaylova AKA "GABI". A PART OF SMED FOR 2 YEARS

WILL BE WALKING WITH: Best friends Marisa, Gianni, and Sophie

FAVORITE MEMORY: My favorite sports med memory is winning the taping competition last year.

PLANS AFTER COLLEGE PARK: My plan after college park is to travel Europe with my best friends Marisa and Gianni and become a paramedic once I get back.

HOBBIES / INTERESTS: In my free time I enjoy playing lacrosse, reading, and hanging out with my friends.

HOW THEY WILL BE REMEMBERED: My fellow smedders will remember me as the outgoing and talkative girl who was always trying her best.

FAVORITE QUOTE, SAYING OR MANTRA: I can't actually say my favorite quote because it's not school appropriate, but it's the way we all learned what abduction is. If you know you

ANYTHING ELSE: I want to thank doc who always believed in me and encouraged me to do my best, and Ron who continues with expanding my knowledge of sport medicine and making sports med fun. I also want to thank my classmates and friends who have been through this whole rollercoaster ride alongside me. I will miss everything but especially the little tight knit community we've built

LEENA ALI, A PART OF SMED FOR 2 YEARS

WILL BE WALKING WITH: mom and dad.

FAVORITE MEMORY: when we all were gathered in RTI and we had the speaker on and we were singing along to nostalgic songs all period long!

PLANS AFTER COLLEGE PARK: After college park I plan to go to college and study to become a dentist.

HOBBIES / INTERESTS: in my free time I like to hike and sit outside at night. I also like to hang out with my friends on Friday nights.

HOW THEY WILL BE REMEMBERED: a hype woman, a good listener, and caring

FAVORITE QUOTE, SAYING OR MANTRA: Count your blessings, not your problems"- Blessings by drake.

ANYTHING ELSE: I have learned a lot at college park and am excited to see how I can use the things I've learned in the real world and i would like to thank my friends for making school feel less like school and lunches and brunches fun. and id like to thank my sports medicine classmates for always having my back and for being like a second family. I would also like to thank Ron for all his hard work bringing sports med back with a bang.

Natalie Pham aka "Nat", A PART OF SMED FOR 2 YEARS

WILL BE WALKING WITH: My mom.

FAVORITE MEMORY: My favorite memory in SMED is when we were doing our final for the school year when I was a level 1. Even though I cried a bit, everyone was super supportive of one another and everyone was super positive.

PLANS AFTER COLLEGE PARK: My plans after CP are to go to college for undergrad, go to medical school, and become a dermatologist.

HOBBIES / INTERESTS: In my free time, I enjoy hanging out with my friends, driving around in my car, and spilling the tea over FaceTime.

HOW THEY WILL BE REMEMBERED: TEAMMATES WILL REMEMBER YOU?

"THE MOST LOYAL AND CARING PERSON IN SPORTS MED" "KIND, SMART, PASSIONATE"

FAVORITE QUOTE, SAYING OR MANTRA: My favorite quote is "It's a good thing that SportsMed is filled with a buncha cuties." - anonymous (2023) during the homecoming football game

ANYTHING ELSE: I'd like to thank Ron, Doc, and my mom. Ron is a great mentor, always encourages us to do better, and is the realest. I will miss the chill work days where we end up chatting about random stuff because we're so bored. Doc always believed in my abilities and always made my bad days brighter. My mom has always supported me unconditionally and teaches me important lessons in life.

SEAN GUTIERREZ, A PART OF SMED FOR 2 YEARS

FAVORITE MEMORY: My favorite memory in Sports Medicine working my first football game with my Sports Medicine friends!

PLANS AFTER COLLEGE PARK: My plans after graduating from College Park High are to go to Los Medanos College to begin my journey in Nursing! After graduating with my Associate's and License, I plan to transfer to a 4-year school to finish my Bachelor's!

HOBBIES / INTERESTS: In my free time, I film vlogs and edit them to publish on YouTube! Be sure to check out "Sean Does YouTube" and subscribe if you enjoy my content!

HOW THEY WILL BE REMEMBERED: My fellow Sports Medders will probably remember me as quite talkative and service devoted!

FAVORITE QUOTE, SAYING OR MANTRA: "I declare before you all that my whole life whether it be long or short shall be devoted to your service." - Queen Elizabeth II (who serves as my inspiration to serve the people & run for Homecoming Royalty)

ANYTHING ELSE: I would like to thank my fellow seniors for the support they showed during my Royalty Campaign! God save the King!

SINA NEGASI, A PART OF SMED FOR 2 YEARS

WILL BE WALKING WITH: BROTHER - SENAY, MOTHER - SELAM, DAD - ASMEROM

FAVORITE MEMORY: Flipping people upside down on the spine board.

PLANS AFTER COLLEGE PARK: To attend a 4-year university in California and major in Nursing

HOBBIES / INTERESTS: I play competitive soccer, run, skateboard, give people rides

HOW THEY WILL BE REMEMBERED: as the fastest cart driver...

FAVORITE QUOTE, SAYING OR MANTRA: Life is short, smile while you still have teeth. - ur grandma

ANYTHING ELSE: I would like to thank Ron for being such a great Sports Med teacher. And I will not miss taping sweaty feet after school.

Tamsin Peterson, A PART OF SMED FOR 2 YEARS

WILL BE WALKING WITH: Seth Peterson (father), Jill Peterson (mother), Trevor Peterson (brother)

FAVORITE MEMORY: I love hanging out with the other students in sports med during class and shifts. We always have a lot of fun with lots of laughter.

PLANS AFTER COLLEGE PARK: I'm planning on going to a four-year college, majoring in biology.

HOBBIES / INTERESTS: Reading, volunteering at Lindsay Wildlife Experience, and playing the piano.

HOW THEY WILL BE REMEMBERED: My teammates will remember me by my sports medicine nicknames: Tamsinian Devil, Marin, Federson, Pax, and Tam.

FAVORITE QUOTE, SAYING OR MANTRA: IT ALWAYS SEEMS IMPOSSIBLE UNTIL IT'S DONE" -NELSON MANDELA

ANYTHING ELSE: I would like to thank my sports medicine classmates for tolerating my sense of humor, my family for always pushing me to be my best, and my sports medicine teachers Doc and Ron for teaching and supporting me in and outside of class.

Arjun Kumar, A PART OF SMED FOR 2 YEARS

WILL BE WALKING WITH: My friends.

FAVORITE MEMORY: Going home at 1:30 am after the game.

PLANS AFTER COLLEGE PARK: Attend UC Davis and major in Artificial Intelligence.

HOBBIES / INTERESTS: Tennis, Watch basketball.

HOW THEY WILL BE REMEMBERED: Kind, Smart, Helpful, Considerate

FAVORITE QUOTE, SAYING OR MANTRA: From one Indian to another - Anonymous.

ANYTHING ELSE: I would like to thank both of my sports med teachers, Ron and Doc

Louise Aparicio-Weil AKA "Lou" A PART OF SMED FOR 3 YEARS

WILL BE WALKING WITH: My mom, Rachel Weil and my dad, Sergio Aparicio-Alonso

FAVORITE MEMORY: Working at the Ed Sias cross country race my first year of Sports Med.

PLANS AFTER COLLEGE PARK: I hope to attend UC Davis and to major in pre-med so I can go on to medical school.

HOBBIES / INTERESTS: Read and hang out with friends.

HOW THEY WILL BE REMEMBERED: they'll remember me as a level 2.5 because I repeated my level 1 year and so I'm not considered a level 2 or 3 but somewhere in between.

ANYTHING ELSE: THANK YOU TO My parents, for always supporting me and picking me up on late nights when I worked practices or games, and my sports med classmates and teachers over the years, who are like family to me.

Katharine Wagner, A PART OF SMED FOR 2 YEARS

WILL BE WALKING WITH: my parents and brother.

FAVORITE MEMORY: Spending 6 hours in the freezing cold gym at a wrestling meet that nothing happened to anyone at

PLANS AFTER COLLEGE PARK: I want to go into the medical field and become a pediatric neurologist.

HOBBIES / INTERESTS: I play volleyball for the school and for my club team and I also coach a children's team for my club.

HOW THEY WILL BE REMEMBERED: The Volleyball Taper

FAVORITE QUOTE, SAYING OR MANTRA: please don't get hurt" - Aly

ANYTHING ELSE: I would like to thank my parents for teaching me life skills. I would also like to thank Aly for making this year interesting.

GRACE TYMO, A PART OF SMED FOR 2 YEARS

WILL BE WALKING WITH: Mum, Sarah; Dad, John; and brother, Matthew, and Grandparents

FAVORITE MEMORY: Doing blood control at my first football game.

PLANS AFTER COLLEGE PARK: attend a four-year college for kinesiology.

HOBBIES / INTERESTS: i love to spend time with my friends exploring the bay area, thrifting and enjoy doing whatever inspires me

HOW THEY WILL BE REMEMBERED: They will remember me by all the questions I ask

FAVORITE QUOTE, SAYING OR MANTRA: "Wear sunscreen!" - my granddad

ANYTHING ELSE: I would like to thank my parents and brother for pushing me to do my best, and my fellow sports med for holding me up to our standard.