



First Aid at Work Course (FAW)

This 3-day course must be completed within a 10 week period and can be delivered in as little as 18 hours over 3 days. If the training is spread over a time frame longer than 3 days, then each training session must be a minimum of 2 hours duration and completed within 10 weeks.

Good for: Those organisations with a requirement to provide qualified first aiders in the workplace. Course provides a wide range of first aid emergencies and enables learners to deal with emergency situations in a safe, effective and timely manner. Meeting statutory requirements of the Health & Safety (First Aid) Regulations 1981

- **Level 3 Course**
- Assessment: ongoing practical demonstration & written assessment of Unit 2
- Accredited through: NUCO
- Certificate valid: 3 years*
- Duration: **18 hours**
- Unit 1: Emergency First Aid in the Workplace
- Unit 2: Recognition & Management of Illness & Injury in the Workplace
- Qualification: **FAA Level 3 Award in First Aid at Work (RQF)**
- Delivered at your place of work or one of our venues
- Discount for groups available (subject to booking 6 or more on course)
- Maximum places on course: 12
- Age limit for Qualification: 14 (please note: anyone >16 years old cannot assume legal responsibility of first aid at work, furthermore employers must ensure suitability when <16 years of age)

Syllabus

- Legalities, responsibilities and reporting of incidents
- Updates on protocol
- Situation assessment
- Unresponsive casualty
- Resuscitation & AED awareness
- Fractures & spinal injuries
- Control of bleeding
- Poisoning
- Burns
- Epilepsy
- Bandaging
- Heart attack
- Head injury
- Chest injury
- Asthma
- Stroke
- Choking
- Shock including anaphylaxis
- Eye injuries
- Sprains & strains
- Diabetes

*Annual refresher courses recommended & available