

COLD RIVER CURRENTS

July 2025 The Newsletter of the Cold River Chapter of the Adirondack Mountain Club

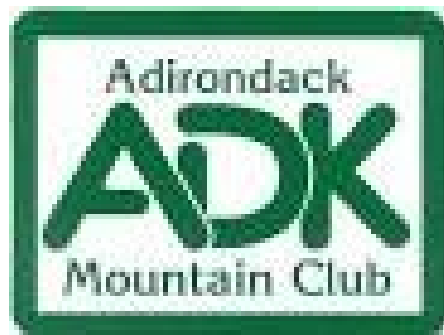
Co-Chair's Report

by Bob Singley

I am pleased to report that the Cold River Chapter of ADK continues to outperform most all other chapters of ADK. While there is no competition, officially, it is always nice to see how we stack up against the other guys. Our membership numbers rank Cold River among the larger chapters, and our membership retention also ranks right up there. Financially, the Cold River chapter could not be better positioned. The number of diverse activities the Outings Committee offers our members far exceeds what you see in other chapters. So, we just need to keep on doing what we are doing well.

Looking ahead, please be sure to mark your calendar for August 16, the day of the CRC Annual Picnic. Once again, we will return to Donnelly Beach in Olmstedville. Rose Cooper was successful in getting ADK's New Executive Director, Cortney Koenig Worrall, to join us for the afternoon. This gives us a chance to showcase the performance of our chapter to the new ADK leader. Hoping for good weather and a great turn out.

See you at the picnic!



Chapter News

TRUSTEE'S REPORT

by Rosemary Cooper

The Advisory Council held its annual meeting on May 31st. Board of Director President, Mickey Orta, reported on the operations of ADK, (facilities, education, publications, etc), and the recent hiring of Cortney Worrall as our new Executive Director. Cortney has graciously accepted our invitation to be the guest speaker at our annual picnic in Minerva.

The Advisory Council looks forward to participating in the review of a new strategic plan with a focus on financial tracking and reporting.

We discussed ways to attract younger members, possibly through Meetup, Instagram, kids' events, guest speakers and hosting meetings at breweries.

The Outings Committee discussed changes for certification to make it easier for members to become outings leaders. The new upload instruction should now be available on the ADK website. The Finance Committee has completed a draft of a financial guide to assist executive committee members and treasurers on financial responsibility.

Some members have expressed concerns regarding memberships participation on advocacy and conservation issues as individuals, chapter members, and ADK's position on specific issues, and are now in the process of creating a Conservation, Advocacy and Stewardship Guide.

As noted above, the Advisory Council meets to address the concerns of chapters and members with the goal of working together to share best practices and have consistency throughout our organization. If you have a concern, or would like to join our efforts please free to contact me or our alternate trustee. rosecooper2@gmail.com or Judith Dunn: barrondunn@yahoo.com

ADK Mountain Club Bike Week, 2025

By Lynn Butterworth

The Adirondack Mountain Club Bicycle Outing has been held six times: three years based out of Potsdam, two years out of Ogdensburg, and this year it was held in Saranac Lake. Last year, John Rendinero and I attended the outing held in Ogdensburg, and we enjoyed the bike rides, scenery, and dinners so much, we decided to attend again this year.

For 2025, Tom Ortmeyer and Greg Smith, the organizers, and facilitators of the bicycle outing, decided to move the venue to Saranac Lake. Tom and Greg scheduled every detail for the week. They reserved lodging at North Country Community College. They coordinated at least two bike rides each day, a shorter ride of 20 – 30 miles and a longer ride of 30 – 40 miles. They made dinner reservations each evening for those wanting to go out to dinner, and one evening they organized a potluck dinner. There were thirty participants, primarily from all over New York State-- Buffalo to Albany-- as well as four visitors from the Philadelphia area. Most riders have attended this outing multiple times, everyone using their bike of choice: road bikes, gravel bikes, or e-bikes. The new Lake Placid rail trail, still under construction but completed so far from Lake Placid to Floodwood Road in Santa Clara, highlighted the first two days of riding. Day one we road from Saranac Lake east to the Lake Placid Olympic high jump facilities, and ended up on beautiful, picturesque River Road, where we saw a mother Merganser with a dozen ducklings. Dinner that evening was at River Trail Beer Works.

The second day we rode west along the rail trail to the end of Floodwood Road, then took both dirt and paved roadways that looped back into Saranac Lake. We spotted oodles of turtles, snappers and painted, that were digging nests and laying eggs. We saw a few deer, and we were lucky to see a beaver swimming in Lake Colby. Along the way, we stopped at the Adirondack Fish Hatchery, which offers self-guided tours. The hatchery raises brook trout, rainbow trout and landlocked salmon. Dinner Monday was a hugely successful potluck dinner held next to a pond behind the dormitories at the college.

Wednesday, we drove to Bloomingdale, NY to start our ride, which included circumnavigating Catamount Mountain. We had outstanding views of Catamount, and vehicular traffic was practically non-existent. We rode to Franklin Falls Pond, and then looped back around Union Falls Pond, and back. Dinner Wednesday was delightful—the entire group took over the outdoor patio at The Drift Restaurant, which overlooks Lake Flower.

Chapter News

Thursday, our ride took us north and west of Paul Smith's College, again on great roadways with wide, clean shoulders and very little vehicular traffic. We stopped for lunch at a waterfall on the Saint Regis River and then stopped again to check out Deer River Flow, a lovely picnicking and recreation area. Dinner our last night was at Charlie's Inn, a classic, Adirondack restaurant located within a 120-year-old building.

A short, ten-mile ride was offered Friday morning, after which everyone said their goodbyes.

We biked over 150 miles that week, taking in beautiful scenery, and enjoying the comradery of other bicycling enthusiasts. Every aspect of the trip was well organized and all details were easily communicated. Kudos to Tom Ortmeyer and Greg Smith for running such a successful, weeklong outing.



Where in the World?

Chincoteague Trip - May 2025 **by Miok Salz**

For a long time, I have heard about wild ponies in Chincoteague, Va and always wanted to visit there. When I received an email from Road Scholar in February, I immediately signed up for a trip called “Birding Virginia’s Eastern Shore and Chincoteague Island.” Wild birds and ponies, what could be a better combination!

In late May, I drove 300 miles from Ossining to the Chincoteague Bay Field Station, a marine science research and education center, and checked into a dormitory at the college-like campus. As soon as I arrived on campus at Chincoteague, I saw numerous laughing gulls with a black head and red bill, much more handsome than the usual hanging around the dumpster gull.



There were also many barn swallows nesting anywhere they could find a suitable place. There was a nest on the entrance to my dorm building. I felt bad disturbing the parents whenever I opened and closed the door.

Chincoteague, a National Wildlife Refuge, is in the middle of the Atlantic Flyway, an ideal place for birds to rest, feed, and nest. In spring, the vast number of horseshoe crab lay abundant eggs, attracting migrating shorebirds and suppling them with a crucial food source to fuel their journey north. This makes Chincoteague Bay one of the best feeding areas for ruddy turnstones, red knots, dunlins, semipalmated sandpipers, and sanderlings.

Where in the World?

The next day our group of eleven went to the beach at the NASA Wallops Flight Facility. For security reasons, we were not allowed to take pictures. We went to see the rare piping plover breeding ground and saw three nesting sites. It was raining heavily, and we were buffeted by strong winds. Everyone except me was soaked to the bone because I had brought my waterproof hiking pants.



Chincoteague Island is the gateway to the Virginia portion of [Assateague Island](#) and the Chincoteague National Wildlife Refuge, home of the famous [Chincoteague wild ponies](#). The Chincoteague wild ponies are thought to have arrived by Spanish shipwreck off the coast or by being brought to the island by early settlers.

Chincoteague Island became famous in 1961 with the movie “Misty of Chincoteague,” based on Marguerite Henry’s beloved children’s book. I saw a group of ponies and foals grazing salt marsh vegetation peacefully. I learned that due to the high salt content in their diet, they drink significantly more water than domesticated horses. Thus, their belly looked bloated and bigger.

Where in the World?



I heard that in late July they hold the annual Chincoteague pony swim. The event dates to the 1800's and features wild horses swimming across the Assateague Channel when the tide is "slack calm" so the young ponies, which are born during spring or early summer, are safe from any strong currents.

The pony swim event is hosted by the Chincoteague Fire Department and consists of a pony swim on Wednesday and a pony auction on Thursday. For the pony swim, the saltwater cowboys round up feral Chincoteague ponies from Assateague Island and drive them across the Assateague Channel to Veteran's Memorial Park on Chincoteague Island. Once on the island, the saltwater cowboys herd the ponies to pens on the Chincoteague carnival grounds where some of the foals are auctioned off (the average foal price is about \$5000). 2025 is the 100th year of the annual pony swim. The spectator turnout is expected to be huge.



Where in the World?

During my trip, our group had a picnic lunch at Byrd Park, Snow Hill, MD. There we saw many feral goats in the park on an island along the river.



Birds were abundant. I saw many birds that are rare in New York but not in Virginia, such as summer tanager, blue grosbeak, white ibis, glossy ibis, many snowy egrets, American oystercatcher sitting on oyster bed, stunning yellow prothonotary warblers, prairie warblers, and black bellied sandpipers. I even saw one adult common loon on my boat ride to Assateague Island. I wondered whether it was born in the Adirondacks.



Where in the World?



I was glad that I took this trip. My only complaint is that we had only 30 minutes to line up for dinner, get our food and eat our meal in to accommodate the next group of college students. I felt like I was in junior high again to eat in a cafeteria with a strict time limit.



Outings Reports

April 4: Moxham Mt. Hike, Minerva Leader: Rich Salz

It was a glorious day to hike our rescheduled outing up Moxham Mountain. Thanks to Rich and Miok for previewing and leading this hike on an alternate day. Good choice! The trail was muddy from the recent melting snow and heavy rain, but we were prepared for the conditions. We needed our spikes initially on the north facing ascent, which was packed down ice on the middle of the trail. The top was windy, but there were places to sit to shield yourself from the wind and enjoy the scenery. We relaxed in the sunshine and enjoyed dark chocolate Miok shared before the hike back down. There are a couple of stream crossings, and one is the outlet to a beaver pond. You can see the dam and the beaver lodge from the stream. This time of year, it is easy to see far with the buds on the trees just starting. Perfect day with a nice group of ADK friends. This trail was established in 2012 and is quite popular. It offers views to the west towards Gore Mountain, North Creek and north throughout the climb up. Total ascent is about 1300 feet and the trail is easy to follow and well-marked. Total out and back is about 5.5 miles. ~ Tracey Donaldson



Moxham Mt.

April 4: Three Waterfalls and a Fire Tower Leader: Shannon Andersen

Due to inclement weather, our waterfall hike was rescheduled to Friday, April 4th and what a beautiful day it turned out to be! Under sunny skies and 55-degree temperatures, six friends set out on a journey to explore four waterfalls and one fire tower, covering a total of 3.9 miles. We began our day at **Griffin Falls**, where we walked across the bridge and then made our way down to get a closer look at the rushing waterfalls and rapids. It was a breathtaking start to our hike.

Our second stop was **East Jimmy Creek Falls**, where we climbed up into the woods for an up-close view of the cascading water tucked into the quiet forest. The sound of the falls and the landscape made this a particularly peaceful spot. Next, we explored **Auger Falls**, a scenic trail that winds along the Sacandaga River. We took our time here, often pausing to admire the powerful waterfalls and rapids that line the trail. Our final waterfall of the day was **Austin Falls**. To reach it, we hiked down an unplowed road — the roaring falls in full force — at the reward at the end of the effort.



We ended our day with a visit to the **Makomis Fire Tower**, where we climbed up for sweeping views of the surrounding landscape. Afterward, we sat in the warm sun, enjoying our lunch and soaking in the perfect spring day. ~Shannon Andersen

Outings Reports

April 10: Hike to OK Slip Falls Leader: Marti Townley



With the rainy, cold weather we have had, everyone was happy to be out for a hike. Marti led 15 of us into OK Slip Falls. The morning began in the twenties but nobody seemed to mind as we walked through the early spring woods to the falls. On a positive note, OK Slip Falls put on quite a show as we ate our lunch. There were lively conversations and we celebrated a birthday. An easy walk out and a good time had by all. ~Gail Gabriels



OK Slip Falls

April 17: Hike to Goose Pond, Pharaoh Lake Wilderness, Town of Schroon Leader: Meredith Todd

Eight hikers set out on a beautiful spring day (especially for April!) from the end of Crane Pond Rd. We enjoyed the rushing and falls of Alder Brook below the old road on the first leg. Then we turned onto the Goose Pond trail for the next 0.6 miles. We continued further along the shore to explore the 3 campsites. Our lunch spot was a sunny rock ledge past the third site. On the return trip, we headed over to the nearby west end of Alder Pond and saw sobering evidence of a wildfire some years earlier. ~Meredith Todd



Goose Pond

Outings Reports

April 23: Hike to “Holey Boulders”

Leader: Greg Schaefer

Postponed from February due to bad weather, seven of us rescheduled and toured the tafoni rock formation locally called the “Holey Boulders” near Indian Lake. Tafoni are honey combed holes, as well as large holes, found in granitic rock and sandstones caused by weathering. This usually occurs near oceans or deserts. The origin of the Adirondack tafoni is a bit of a mystery because of their location. There are more on the upper cliffs of Snowy Mt and in scattered glacial erratics in Johnsburg. The beautiful formations are another mystery found in our great Adirondack Park. ~Greg Schaefer



"Holey" Boulders

April 24: Boreas River Hewitt Eddy Trail

Leader: Peggy Carrol

Starting at noon to finish in time for the Minerva Potluck, three CRC hikers entered the trail and almost immediately upon encountering the river, we spotted a beaver swimming the swift spring current. The trail along the river was fun to walk while hopping over the drainages with occasional spots of snow and ice accompanying the drama of the rapids. We passed the territory of a pair of common mergansers and encountered some light rain at the Eddy. We decided to complete the loop trail so that Mark could scout the trail before bringing in his canoe to explore the section of the river below the Eddy. Along the Stony Pond Brook, some significant blowdown obstructed a few parts of the trail. Also of interest was a pile of scat on the trail which our nature app revealed to be from a ruffed grouse. Sun, clouds, rain and some bushwack: the Vanderwhacker Wild Forest trail provided a fun afternoon. ~Peggy Carrol



Boreas River Eddy Hewitt Trail

Outings Reports

April 24: Soup Potluck Minerva Community Center Hosts: Ann Hornbeck and Kathryn McCormick

The Soup Potluck brought together about 20 ADK members demonstrating their culinary skills. Ann made gluten-free Hornbeck boat cookies and we had several pies! Bob Singley brought us up to date on ADK happenings. ~Kathryn McCormick



April 28, (Monday): Paddle South Pond Leader: Walt Nelson

A stellar blue sky welcomed a duo to South Pond with mild air, cold water and little breeze. A pair of loons somewhere on the water called us to paddle. (We never saw them until the takeout.) Other avian sightings included a pair of merganser cruising just over the water, a single gull carefully watching us from a rock perch and two raptors soaring so high on thermals their identification was not possible. (Too large to be hawks, with dark feathered heads and wings unlike turkey vultures.) The osprey nest is gone. A gold star win to the 2025 paddle season. ~Walt Nelson



South Pond

Outings Reports

May 1: Ski Bowl Park Hike, Town of Johnsburg **Leader: Brendan Hanley**

A cheerful group of 8 hikers met near the trailhead for the Schaefer trail at the Ski Bowl Park in North Creek to begin our 3+ mile exploration of the trail system there. It was a perfect spring day for a hike, sunny and near 60 degrees. We enjoyed each other's company as we traversed a combination of the red, white, and yellow trails. We quickly came to a beautiful overlook of North Creek and stopped to enjoy the view. After continuing, we took a lunch break on some flat rocks at the base of a spectacular waterfall in the Roaring Brook Gorge. On our return toward the parking area, along the Schaefer trail, we were delighted to spot our first spring ephemerals. We paused to enjoy the beauty of some red trilliums emerging alongside the trail before heading downhill along the Pipeline ski trail where we threw a few snowballs! It was a wonderful hike with congenial company. ~Anne Waring



Ski Bowl Park



May 1: Paddle Northwest Bay Brook to Northwest Bay, Lake George, Bolton **Leader: Gail Gabriels**

What a difference a day makes! The previous two days the wind was so strong, it was creating whitecaps on the lake. But the day of our paddle into Lake George's Northwest Bay, the wind died down to almost nothing, the temperature was perfect, and we had a delightful day. Seven paddlers set off from the NW Bay boat launch. We made our way through the marshy area before making our way into the bay area proper. There were many "eagle eyes" in the group, and we saw several birds: wood ducks, black ducks, herons, swallows, and loons. We also saw a few turtles before they skedaddled into the lake. While on the water, we kept to the undeveloped side of the bay. We passed a rushing waterfall and then found a lovely, quiet cove to park our boats and have lunch. We traveled 5.5 miles over three-and-a-half hours, and the entire time we spied only one other lone boat. What a treat having Northwest Bay to ourselves. ~Lynne Butterworth



Northwest Bay Lake George

Outings Reports

May 8: Weston Mountain, Keene Leader: Marti Townley

Even if it looks like rain, it may still be a fun day, and it was! This mountain is part of the Nundegao Ridge in Keene, but is not well known. It started out with a lovely walk through the woods; we were entertained by the busy work of beavers including a tree, seemingly hanging in the air! lean-to on Lost lunch. With another we got to the top great views. we all enjoyed this ~Marti Townley



We gradually climbed to a Pond where we had 1/2 mile of steep climbing, which would have had With just a few sprinkles 5.5 mile round trip hike.



Round Pond Lean-to

May 15: Spectacle Pond Hike, Pharaoh Wilderness Leader: Ger Cox

Six of us met on a gray but mild and calm morning to hike the 3.4-mile RT Spectacle Pond trail on the East side of Schroon Lake. I was surprised to learn that some had never been on the trail. It's a go-to hike for those who live nearby and a delightful one at that. The well-used trail brought us through a lovely open hemlock forest and follows Spectacle Brook which we crossed a couple times. Lots of nice drops along the brook created some falls which we could see from the trail. We heard many birds and stopped at a nice view of Pharaoh Mountain before we reached the pond. Since the black flies found us there, we did not linger. Three of us extended the day by driving a mile north to the Gull Pond trailhead. The trail was more open but much damper. The destination at a half mile is a rock overlooking the edge of the pond looking across at a nice cliff face. The wildlife was ever more abundant and noisier on the trail including several snakes. We heard ovenbirds, red-eyed vireos, black and white warblers, and chickadees to list a few. It was a nice way to end the very pleasant hike. ~Ger Cox



Spectacle Pond

Outings Reports

May15: Paddle Schroon River to Schroon Lake town beach Leader: Tracey Donaldson

The Schroon River was high and the paddling was easy. Six of us made our way down the snaking river into Schroon Lake. The river was quiet and remote, and the lake calm with a couple of fishing boats. We had a quick lunch in a quiet bay, toured around the Word of Life Island, and made our way to the beach. A great day had by all. Thanks to Tracey for leading and Ken Shea for shuttling. ~Gail Gabriels



Schroon River

May 19 (Monday): St. Regis Chain Lakes Paddle, Paul Smiths.

Leader: Tom Meyering

We had a small group meet on this chilly morning in Paul Smiths to paddle. It was 37 degrees with a mist in the air, but we were all prepared with proper clothing and layers. Due to the wind, we decided to change the plan and paddle the small ponds near the put-in, instead of the St. Regis chain lakes. This was a great choice, and we started out with the call of loons nearby. We passed mergansers in the downed trees as we began to paddle. There was a lone fisherman in a Hornbeck in the first pond, as we skirted the shore to keep our distance. The water was high after all of the recent rain, and we did backbends in our boats passing under a pedestrian bridge that's part of a nature trail around the ponds. Despite the cool morning and the wet conditions, we stayed warm and enjoyed each other's company. Thank you, Tom Meyering, for leading the way. ~Tracey Donaldson



Near St. Regis Chain Lakes

Outings Reports

May 22: Paddle Pack Forest Lake, Warrensburg Leader: Meredith Todd

It turned out to be a great day for a paddle! The weatherman was once again wrong. The water was calm, the air a bit chilly, but we were very glad to be out on the water. We saw 2 loons. Camp had not started, so it was quiet as well. Always one of my favorite paddles, the water was high so we were able to go in a bay that normally cannot be easily accessed with our boats. ~Sharon Kendall



Pack Forest Lake

May 29: Dead Creek Paddle, Addison, Vermont Leader: Alex Paul

Five stalwart paddlers braved the trek to Vermont to paddle on the Dead Creek WMA. Although rain was forecasted, the weather turned out to be cool and cloudy, perfect paddling weather. We paddled down the Dead Creek slough and turned up one of the tributaries where we watched carp spawning in the shallow water near shore. We also saw a pair of bald eagles take flight as we came around a bend and then encountered a juvenile eagle sitting in a tree as we passed under. Back in the open water we encountered a steady breeze as we returned to the launch site. All agreed it was an enjoyable outing. ~Alex Paul



Dead Creek

Outings Reports

May 29: Potash Mountain in Lake Luzerne, NY Leaders: Anne and Jim Waring

Eight CRC members gathered at the Harris Land Preserve in Lake Luzerne to hike the 3.2-mile trail to the summit of Potash Mountain. We were granted a dry day to hike, which was a rarity in this wet month of May. As we headed up the trail, we crossed a few streams and enjoyed the beauty of the pine forest. As we approached the halfway point, we were grateful for the 300 or more stone steps that had been placed by local volunteers over the years. The steps helped us safely ascend the steeper parts of the trail while we covered about 1,000 feet of elevation gain. We relaxed at the rocky overlook at the top, while appreciating the beautiful views of Fourth Lake and the surrounding mountains. We then proceeded to the actual summit, following a loop trail back to the main trail. Along the hike, we were able to stop and enjoy some delightful spring flowers including dwarf ginseng and rock harlequin. It was a great hike, with some beautiful views and fantastic company! ~Anne Waring



Potash Mt.

June 2 (Monday): Indian Head Leader: Marti Townley



On June 2nd, Marti led a group of

15 up Indian Head Mt. We took the Gill Brook path going up and we were rewarded with a series of beautiful waterfalls from the recent rain. This peak has exquisite views down the Ausable Valley. We descended the trail to the Ausable Club boathouse, making this hike like a lollipop. This hike was 9.6 miles long with 1,400 ft of elevation. The weather was perfect with just a few bugs noted on the downhill trek making it a lovely day! ~Anne Bernat

2nd, Marti led a group of 15 up Indian Head



Indian Head

Outings Reports

June 5: Spring Bird Walk, Bloomingdale Bog Trail, Saranac Lake Leader: Miok Salz

If you want to learn more about birds and their habitats you cannot go wrong if you attend a bird walk led by Miok Salz. Nine of us with varied birding abilities gathered at the unique Bloomingdale Bog outside of Saranac Lake for a morning of looking and listening for birds with Miok. We were not too lucky with spotting many boreal birds but we heard plenty of bird song (some of us heard 19 different species!) and were entertained by a group of Canada Jays who seemed to think that we might be connected to something to eat. We checked out both the north and south parts of this bog-side trail and then gathered back at Lake Flower for lunch and more camaraderie. It was great to have a sunny, warm day for this adventure! ~Karen Wang

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Bloomington Bog Trail

June 12: CRC Potluck Location: 25 Bonnie Bell Farm Rd. Loon Lake, Chestertown Hosts: Ken Shea/ Marti Townley

We were again very lucky to have perfect weather for a potluck overlooking Loon Lake. A nice breeze kept the black flies away and the temperatures were very comfortable. It was nice to catch up with old friends and meet a few new ones. Some of the folks enjoyed a paddle on Garnet Lake led by Ger and a hike up Panther Mountain led by Rich before the potluck. A total of 43 attended. Thank you to everyone for bringing such delicious food! ~Marti Townley



Bonnie Belle Farm

Outings Reports

June 12: Garnet Lake, Johnsburg

Leader: Ger Cox

Our group of 13 paddlers could not have asked for a more glorious day on Garnet Lake: mostly sun, enough cool breeze to keep the bugs away, a calling loon and a nesting loon, a few ducks, and an eagle overhead. We paddled the circumference of Garnet Lake at a leisurely pace, enjoying the remote feeling of the Wilcox Lake Wild Forest at the southern end of the Lake with its tree stump "sculpture garden" and the northern lake camps, some of which experienced the ravages of the 2024 tornado that tore a narrow path through Warren County. Thanks to Ger for bringing us to the camaraderie of our fellow paddlers, the beauty of the mountains surrounding the lake and the quiet of the wilderness. ~Peggy Carrol



Garnet Lake

June 12: Panther Mountain, Chestertown

Leader: Rich Salz

In this cool and rainy spring, our group of 11 was lucky to have a sunny day with a steady breeze to keep the black flies at bay. As it turned out, the hardest part of the hike was finding the trailhead -- even with the aid of GPS -- which was not really accurate for this dead-end location. The now well-marked trail goes through a maze of woods roads, climbing gradually through a mostly hemlock forest. We stopped a couple of times to de-layer and have some water, while the group enjoyed catching up with each other. When we reached the summit, we were surprised to find that the view was filtered by a smoky haze caused by the Canadian wildfires. Despite the haze, we were still able to identify Moxham, Gore, Crane, Eleventh Mountain and some other peaks before it was time to head down and go to Ken and Marti's potluck. Thanks to Dan Smith for adding this fine trail to the Chester Challenge. ~Rich Salz



Panther Mt.

Outings Reports

June 16 (Monday): Paddle Mason Lake Leader: Walt Nelson



MANY pitcher plants
Pyramided stones and large snails
All at Mason Lake

~Walt Nelson



June 17 (Tuesday): Paddle Twitchell Lake, Eagle Bay (Town of Webb), NY Leader: Jocelen Pearson

Eight paddlers enjoyed a day of kayaking and canoeing on Twitchell



Twitchell Lake

Lake, a special opportunity to explore the lake depicted in Anne LaBastille's Woodswoman series. The property is now state land so the group was able to come ashore and walk around the foundation where one of her cabins once stood and take

a short hike to Little Birch Pond. Once back on the lake a pair of loons with newly hatched chicks (actually called "loonlets") were spotted and observed from a distance. A representative from the ADK Center for Loon Conservancy was checking on this pair and spoke to our group. He believed that the eggs had just hatched the prior day. Twitchell Lake has quite a few beautiful, classic Adirondack camps with split log siding and decorative details. One of the paddlers struck up a conversation with a camp owner and got a tour of his camp built in 1920. Just before arriving back at the DEC boat launch, two blue herons were spotted. It was a beautiful day to celebrate Anne LaBastille's adventurous spirit! ~Jocelen Pearson

Outings Reports

June 19: Paddle on Paradox Lake **Leaders: Richard and Karen Wang**

We had 5 paddlers meet at the Paradox Lake boat launch to explore the area. Karen and Richard Wang were originally leading this outing, but had a last-minute change of plans. We missed them, but enjoyed the morning on the lake, taking in the sites. It is an easy launch, and entry into the campground is free for those over the age of 62. Once in the water, we were greeted by the sounds of loons and saw them in the distance. We examined interesting rock formations along the shore near the launch site known as tectonic marble breccia. We paddled around the nearby small island and headed down the narrow connector to the larger, more open area of Paradox Lake. We stopped to watch a great blue heron nearby in the marshy area and passed a few fishing boats. We turned around in the larger section of the lake, as the wind was against us and we were not sure when the weather forecast would change. With the wind at our backs, the return trip was much quicker. It was a nice morning on the lake. Thanks to Karen and Richard for suggesting this outing. ~Tracey Donaldson



Paradox Lake

June 19: Buck Mountain Hike **Leader: Lynn Butterworth & John Rendinaro**

Lynn and John led a hike up Buck Mountain on the East side of Lake George. There were five of us that took the westerly trail up for 6.31 miles round trip with 2,000 ft of elevation, and we were rewarded with spectacular views of lake George to the south, the west, and the north. This is a hike for the views! The morning was misty, and there was a chance of rain, but we were rewarded with great views and no rain until our rides home. It was a spectacular day! Thank you, leaders, Lynn and John!! ~Anne Bernat



Buck Mt.

Outings Reports

June 26: Hopkins Mt. via Mossy Brook Trail Leader: Gail Gabriels

Eight of us climbed the 3-mile trail to the summit. Early on, we hiked above the Ausable River, and then Mossy Brook. We encountered swarms of black flies at the summit (hardly any other bugs elsewhere), a few raindrops and cloudiness. Yet, we had a beautiful view of 22 major peaks. ~Meredith Todd



Hopkins Mt.



A special thanks to those who led each activity, as well as Peggy Carrol, Tom Riley, and the CRC Outings Committee. **IF YOU ARE NOT RECEIVING THE OUTINGS EMAILS AND WANT TO, OR IF YOU WANT TO STOP THEM,** PLEASE SEND YOUR EMAIL ADDRESS AND REQUEST TO OUR CHAPTER AT ColdRiverADKChapter@adk.org

CRC Membership and Connections



ADK Cold River Chapter Annual Picnic

What: Chicken BBQ with sides (Catered by Kelly's Good Eats)

When: Saturday, August 16, 2025

Where: Large Pavilion at Donnelly Beach
Minerva Lake Beach Road
Olmstedville, NY

Cost: Members \$5.00, Guests \$15.00 (due at picnic)

11:00-12:00 Sign in-appetizers/social hour

12:00-12:20 Meeting

12:20-1:30 Lunch

1:30-2:00 **Cortney Koenig Worrall, Executive Director of ADK**

Please provide your own beverage and place setting

Optional: You may provide Appetizers or Desserts to share.

RSVP: bradtatwell@aol.com



CRC Membership and Connections

And Mark Your Calendars!!



Sep 25th - Bolton Community Center, Hosted by Lynn Butterworth and John Rendinaro

Oct - Possibly Ski Bowl if anyone is interested in hosting

November - Open

December – Annual Meeting/Holiday Party

If anyone is interested in hosting our wildly popular pot lucks, please contact Rose Cooper rosecooper2@gmail.com

or Maria Rinella Rinellium126@gmail.com

Membership News

WELCOME NEW MEMBERS! WE LOOK FORWARD TO SEEING YOU ON
OUTINGS.

Membership Chair, Susan Schuler

As of May, 2025

Total Members: 435

297 family members, 70 adult/individual, 62 seniors, 6 family life members



New Members:

Michelle and Matthew Pearsall Family	North Creek, NY
Stephanie and Steve Bennett Family	Raquette Lake, NY
Thomas Charles Chambers Family	Oneida, NY
Danielle Daly	Minerva, NY
Bert Wilson	Ballston Lake, NY