

COLD RIVER CURRENTS

July 2021

The Newsletter of the Cold River Chapter of the Adirondack Mountain Club

Chapter Co-Chairs' Report

Dear CRC Members,

Spring has transitioned to summer, and COVID-19 restrictions have eased a great deal in the month of June. The Chapter continues to have a full roster of outings, and many members have volunteered to lead multiple groups on various excursions – some have volunteered to lead multiple times. ADK lifted the restrictions on outings from the COVID 10 limit in the early part of June, so we are able to return to normal numbers for all outings.

If any of you have noticed that there are currently no ADK-sponsored bicycle outings, your observations have been correct. ADK headquarters discovered a “glitch” in insurance coverage for bicycle outings, so we have suspended these outings while the issue is being resolved. We anticipate the resumption of these outings this summer, but until we receive word from ADK that the issue has been resolved, we are not able to sponsor bike rides.

With the lifting of many of the COVID restrictions, we are again scheduling monthly meetings/pot luck dinners. These are so much more than administrative functions for the CRC – they are also opportunities for our members to come together as a group of friends to socialize and catch up on personal events. We have all missed the personal connection that was so available and common to us before the pandemic, and we hope that freedom to gather again as a group is not short-lived because the virus is still an issue in many parts of the country. We are fortunate to have low rates of transmission here in Upstate NY, but it still requires us all to be mindful of our social contact habits and the potential for contracting the virus.

We'll have some new officers this coming year, and we're looking forward to working with a combination of the old and new. We will vote on the candidates at our Annual Meeting in August.

ADK Mountain Club is celebrating its 100th anniversary in 2022, and the CRC Chapter is hosting the event to commemorate the occasion at the Silver Bay YMCA on Lake George. More information will be available as the September 2022 celebration nears. The Silver Bay YMCA is a perfect setting for this event, and Bill McKibben has accepted our invitation to be the guest speaker. We are honored and fortunate to have him. We hope many of you will set aside the weekend of September 23-25, 2022 to celebrate with other ADK Chapter members and guests. It promises to be a memorable event at one of the premier locations on Lake George.

~Rose and Steve

2020-2021 CRC Executive Committee

Rose Cooper (Chair)
Steve Mullins (Co-Chair)
Ken Shea (Director)
Harold Stackhouse (Alternate Director)
Anne Bernat (Secretary)
Nancy Haggerty (Treasurer)
Gail Gabriels, Tom Riley (Outings Co-Chairs)
Ellen Collins (Membership Chair)
Linda Hales (Newsletter Chair)
Maria Rinella, Rich Salz (Members-at-large)
Rich Salz (ADK Advisory Council Member Trustee)

Chapter News

Director's Report--June 2021

Ken Shea



1. ADK Fall Outing 2021 will be hosted by the Onondaga Chapter in Old Forge , NY September 24-26. REGISTER ONLINE!
2. Board of Directors Meeting June 26,2021:
 - A. BOD to vote on acceptance of the slate of officer candidates presented by the nomination committee
 - B. BOD to vote on acceptance of the Advisory Council Charter as presented to the BOD by the Advisory Council Committee on the Advisory Council Charter
 - C. BOD to vote on acceptance of the updated Charters for the Investment Committee and Finance Committee
6. Household: ADK membership currently at 18,616
7. Trails Appeal Donations doubling amount raised in 2019 (Approx \$ 68,616)
8. In collaboration with DEC ...150 trail-head and summit volunteers have been trained for summer 2021

Advisory Council Report—June 2021

Rich Salz

You may recall from the April 2021 Newsletter that the new ADK bylaws provided for the creation of an Advisory Council consisting of 27 Chapter representatives and up to three at-large representatives, known as Trustees. The Charter recently adopted by the Advisory Council states:

The function of the Advisory Council shall be to advise and make recommendations to the ADK Board of Directors and Executive Committee with respect to matters of the ADK mission and create a forum for ADK Chapters to work together toward a common voice as it relates to issues affecting ADK Chapters. The Council shall advise, assist, support, and advocate for Chapters.

With 27 chapters and 11,000 or so at-large members, the Advisory Council was designed to be your voice in how ADK fulfills its mission of protecting and advocating for New York State's wild lands and waters and teaching people how to enjoy natural places responsibly. The Advisory Council will perform its work through committees whose membership will be open to both Trustees and ADK members. The committees will be established in the near future and you will be invited to serve on them.

Chapter News

CALL FOR VOLUNTEERS

Want to help us organize the 2022 Fall Outing? The committee needs members to assist with the registration, website, publicity and outings. Please contact Rich Salz at richsalz10@gmail.com or 914-260-1337. (See details about the 2022 Fall Outing in the announcement section).



**at our Annual Meeting, August 14, 2021
at Minerva Rec Center 12-4 pm**

Proposed Slate of Officers for 2021-2022

Voting for the new officers for the upcoming year will take place at our annual meeting by a voice vote. Please plan to attend. (See details of the annual meeting in the announcement section.)

Chair: Steve Mullins

Co-chair: (no one has stepped up; nominations will be taken at the floor during the meeting)

Director: Ken Shea (term ends 12/31/21)

Secretary: Anne Bernat

Treasurer: John Rendinaro

Membership: Ellen Collins

Outings: Tom Riley & Lynn Butterworth

Newsletter: Linda Hales

Members-at-large: Rich Salz & Maria Rinella

Where in the World?

AT New York

by Barbara Kearns



Have you ever considered hiking the 2,190 mile Appalachian Trail (AT) from Georgia to Mt. Katahdin? Every year thousands of people attempt a thru-hike but only one in four finish. The other option is to do sections of the trail. This was the recent choice of four CRC members to hike six days across southern New York section from Greenwood Lake on the New Jersey border to the Connecticut border.

Planning is the first step on the AT. This year that included keeping track of the Covid situation in the Hudson Valley. Our decision was to carry day

(“slag”) packs and spend nights at inns or Air B&Bs so we could walk faster and avoid staying overnight in close camping situations. A relative of “Beaner” (we each have a trail name) graciously volunteered to be our Trail Angel and see that each morning after we left the current trail head, she and a friend would move our vehicle to trail’s end. Three of our nights were spent at the popular Bear Mt Inn. This turned out that due to Covid, it was not the famous historical, busy resort with a cafeteria that was open long hours, a formal restaurant, and a third open for breakfast and lunch. In fact, there were no chambermaids either. The desk clerk was the only visible staffing for the nine guests...we were four of them. “Flip” had brought an electric carafe to heat water in our room for beverages and our dehydrated food packs which expedited our early start each morning after rising at 4:30 so we could be on the trail by 6:00. On this second day, Woody led the team from the Inn and followed trail signs to a closed, locked, and secured zoo which we were to pass through to get to the Bear Mountain Bridge. The alternative was to bushwhack our way around to Rt 9, dodge morning traffic, cross the Bear Mountain Bridge, and start up the mountain in front of us.

Each day was filled with birds singing spring songs and plants pushing themselves through the forest floor. We stopped to investigate new wildlife knowledge. There was sadness at the sight of trees dying from the Emerald Ash Borer, joy of identifying a moccasin lady slipper, bewilderment of ground cones popping up like corn on the cob, and mystery of the common nighthawk. Historical references were marked at the 1776 stone foundation of a



Where in the World?

colonial barn. When smallpox threatened his army, Gen. Washington ordered all of his troops be inoculated in this barn serving as a vaccination station.

All is not quiet on the hilltops. Sounds rose from trains, traffic on four-lane highways, 45 minutes of siren from the Indian Point nuclear plant, planes and stone blasting--all interrupted the serenity. In the valleys we walked over the NYS Thruway, under the Taconic and timed our crossing on several busy local highways.

We met a few young thru-hikers who left Georgia back in February. A veteran six-member family group, who had already hiked the Pacific Crest and Continental Divide, were on our trail a couple days. There was a hint the kids were ready to retire.* Perhaps the most interesting hikers resembled author Bill Bryson's casual buddy hiker. We met Humbolt early one morning as he threw his open sleeping bag over his backpack to dry as he walked. Later that day we found him relaxing on a lean-to lounge chair with a bag of teddy bear graham's.

Flip summarized our final day as suitable for a movie. She reflected upon our crossing a mowed path as we followed blazed posts in an open field of wild grasses with the scent of honeysuckle and the cacophony of birdsong. The astonishing sight of trails' end was serene and magical. Wow!



*It is interesting to note the morning we signed in to climb Katahdin last week, the "family" members were ready to sign in for their final climb. They had been hiking from NY while we worked up to drive to Maine for a one day ascent!

Outings Reports

A special thanks to those who led each activity, as well as Gail Gabriels, Tom Riley, and the CRC Outings Committee.

IF YOU ARE NOT RECEIVING THE OUTINGS EMAILS AND WANT TO, OR IF YOU WANT TO STOP THEM, PLEASE SEND YOUR EMAIL ADDRESS AND REQUEST TO OUR CHAPTER AT ColdRiverADKChapter@adk.org



April 2: Spectacle Pond Leader: Peggy Carrol

As each of us four CRC hikers left our homes to our meeting place, the clouds opened up with a brief but impressive cascade of snow, reminding us that spring in the Adirondacks is full of surprises. A chilly, but pleasant, 3-mile hike took us alongside Spectacle and Shanty Bottom Brooks, energetic with spring melt but easy to enjoy from the four bridge crossings. The trail was crunchy, but walking easy as the temperatures in the teens kept the mud at bay. The eastward view from the shore of Spectacle Pond gave us a good look at Pharaoh Mountain, still showing a light dusting of snow. We met two other hiking parties, a total of six hikers and two dogs, and otherwise had the trail to ourselves. ~Peggy Carrol



Spectacle Pond

April 4: Bailey Pond Hike or Snowshoe Leader: Tracey Donaldson

A group of four showed up after rescheduling due to bad weather. Thankfully, it was a wonderful weather day this time. It's less than a mile into Bailey Pond, and we were enjoying the solitude of the woods and the rushing stream nearby--such a beautiful place. Not wanting our hike to end, we decided to be adventurous and attempt to find Marion Pond, which is not too far away from Bailey Pond. Armed with a new Garmin GPS device and a decent map on a phone app, off we went. The streams were rushing, thanks to melting snow and recent rain. It was a bit nerve-racking crossing with water swirling all around us, but we did it with no problems! The path to Marion Pond is much less traveled, and there were trees down that we had to climb over or detour around. It was quiet and peaceful, and we were all enjoying our time in the woods. When we came to another rushing stream of significant width, we decided not to push our luck, and turned around. We all vowed to return to explore this area more in the future. Today we hiked about 3.5 miles total. ~Tracey Donaldson



Bailey Pond



Outings Reports



April 7: Castle Rock Loop Hike/Climb **Leader: Tom Riley**

Tom's Thursday hike was booked and he graciously agreed to a second hike to accommodate our group of six on Wednesday. It was a gorgeous day, and we started off at 9:30. It's not a difficult trail to follow: well-marked, a few stream crossings, a total of about 660 in elevation. The top is a great place to relax with a snack and enjoy the incredible views of Blue Mountain Lake, and some of the other lakes nearby. It's a huge rock outcropping that accommodates a small group nicely, but we were all a little nervous about getting too close to the edge, as it really is a cliff. We put on our micro-spikes just before the climb to the top, as the ice in between the rocks was still hard in the shadows, and we took them off when we got past that part on the way down. Coming down a different way, we stopped at a cave you can climb into to explore and come out somewhere else, but there was snow inside and we didn't venture in. It would be a fun place to visit on a hot summer day to cool off inside. It was a great hike, a repeat for some hikers, and a first for others.

~Tracey Donaldson



Castle Rock, April 7th

April 8: Castle Rock Loop Hike/Climb **Leader: Tom Riley**

Our group of hikers had a picture perfect, early-April day to climb up, down, and around Castle Rock in Blue Mountain Lake. The 3.2-mile hike started as a gentle climb, often traversing a beautiful, fast running brook. We needed micro spikes near the top, as there was still some ice left in the shadows of the closely packed rocks. The view from the top was magnificent, overlooking a mostly still iced-over Blue Mountain Lake, and our leader, Tom Riley, pointed out mountain and lake locations and shared some local history of the area. The rock formations seen on the way down toward Chubb Pond were spectacular, and many in the group enjoyed exploring the cut-ins and caves. The most enjoyable part of the hike, though, seemed to be taking in the views and sun from the top. No one was in a hurry to leave, and we stayed quite a while, enjoying one another's company.

~Lynn Butterworth



Castle Rock, April 8th



Outings Reports

April 19: Fishing at Jabe Pond **Leader: Jeffrey Schanzer**

The participants were Jeff, Scott and Gary. We arrived at Jabe Pond at noon to find the gate closed, therefore, we carried our kayaks in a mile. Because of all our fishing gear in the boats we carried the boats Hornbeck-style. One man in front with a boat in each hand and one man in the back with a boat in each hand. It was a beautiful day and we caught several fish. We are looking for more people to come next time.
~Greg Pogorzelski



Jabe Pond

April 23: Berrymill Pond **Leader: Gail Gabriels**

April's squirrely weather led to a very pleasant change of plans as we headed to Berrymill Pond in the Pharaoh Wilderness--a new hike in a new area for many of us. The well-marked trail meandered through snowy woods to a sunny lean-to near the pond where we enjoyed an early lunch. As the chilly temperatures warmed, our return hike was a reminder that it is mud season in the Adirondacks! ~Jan McCann



Berrymill Pond

April 22: Shelving Rock Falls **Leader: Rose Cooper**

The weather in Lake George was sunshine and springtime. However, we had gotten a little snow the night before which made the road into the old Knapp Estate property, where the trail began, very pretty but icy in spots. At the trailhead it was still winter with a snow-covered trail and snow falling from trees. The hike to the falls was about a half mile along a beautiful stream. Most of these trails are very nice as they are the old carriage trails for the former estate. When we got to the falls, it was really running fast. We stayed on the trail for another 1/2 mile bringing us down to Log Bay on Lake George. It was a great day, and we were all glad that the weather had not forced Rose to cancel. ~Sharon Kendall



Shelving Rock

Outings Reports

April 24: Northwoods Club Road to Hudson River Trellis

Leader: Sam Vona

Five CRC members enjoyed a stroll along the railbed from Northwoods Club Road always within earshot, and sometimes within sight, on a perfect spring morning. The earliest wild flowers were beginning to emerge in spots. After stopping for a few minutes for a snack and enjoying the views upstream on the Hudson from the trellis, we took a short side trip downstream and found the confluence of the Boreas and Hudson Rivers before heading back and out. A perfect spring morning prior to the emergence of bugs! ~Sam Vona



Hudson River Trellis

May 6: Hike Puffer Pond Loop in Indian Lake

Leader: Jan McCann

It was a nice sunny sky on this relatively cool and windy spring day, when the 10 of us met at the Chimney Mountain trailhead, right by the Cabins' complex. As soon as we entered the trail, gently meandering through the woods, we felt warm and comfortable. Sheltered by a beautiful forest, slowly awakening to the change of seasons, we headed toward the lean-to on Puffer Pond.

We hiked along a gently rolling trail, jumped over many streams while admiring colorful wild flowers and observing birds, pointed out and named by Gail. She really knows them all and the spring flowers too! We were impressed!

During the hike we learned that Marti and Ken adopted one of the lean-tos not far from our original destination. A very commendable act! This means they will coordinate all required restoration work and maintain the structure and its very picturesque waterfront site, in pristine condition, as much as possible. Knowing these two, this place will look it's best! Of course, most of us went to see "their" lean-too as well, taking our lunch break and enjoying the beauty of the place and day.

We completed the loop by hiking to and along the Kings Flow, back to the Cabins. It was a wonderful day with a great group!

~Yvette London



Puffer Pond

May 6: Boreas River Trail

Leader: Brendan Hanley

Nine Cold River Chapter members joined leader, Brendan Hanley, in a comfortable 2.4- mile round trip hike along the shore of the Boreas River with a destination of Hewitt Eddy. The trail was well-worn and mostly free of obstacles, but the spring runoff had created some short muddy areas that required some pretty fancy footwork and friendly encouragement. Along the way we were treated to views of a pair of common mergansers, fast running rapids, and some early wild flowers: bluets and pink and white trailing arbutus. Settling down to picnic in the sun on a large rock protruding out into the river topped off a very pleasant outing. ~Jane Moon

Outings Reports



Boreas River

May 13: Low's Ridge Bike/Hike Leader: Maria Rinella

Five ladies joined Vinnie and Maria on a bike ride from Horseshoe Lake to the Upper Low's Dam, a round trip of 6.36 miles with 584 feet of elevation gain. From the upper dam we parked our bikes and hiked up Low's Ridge, a 2-mile round trip with a 400' ascent. The views to the east were gorgeous from the ridge. Before biking back to the cars, we walked down to the ruins of Low's Farm. Sharon had some history of the farm and family which we enjoyed hearing about; but we also enjoyed the four 20-something young men offering us beer with the statement "Why say 'no' when 'yes' feels so good?" At that, we had a few laughs on our way back to the cars, then we came across an 80-year old gentleman who was happy to share his knowledge of the area. As we were finishing up our bike ride, someone said they felt like Goldilocks...the first men were too young, the second too old...we just needed the "right" guy. Low and behold when we got back to the parking lot, "Mr. Just Right" was there offering to show some of our party his camping van. Through our parking lot conversations, "Mr. Just Right" named Vinnie "The Silver Tongue Devil" because of his cheeky humor and cadre of 6 ladies. It was a beautiful and funny outing!
~Anne Bernat



Low's Ridge

May 13: Amy's Park Loop Leaders: Lynn Butterworth & John Rendinaro

It was a beautifully sunny day for eight CRC folks to hike the trails at Amy's Park that circumnavigate the pond and climb to a high point with a great view of Lake George. For some of us, this was our first time to this lovely preserve. For others of us, who thought we knew the park trails well, we enjoyed adding several additional trails to our Amy's Park repertoire. The black flies were in and out during our almost five-mile hike, but the scenery along the way was so pretty in that special Adirondack-early-spring way that we did not mind needing to make use of our head nets and bug repellent. Many thanks to our very able leaders, Lynn Butterworth and John Rendinaro!
~Karen Wang



Amy's Park

Outings Reports

May 15: Northwood Clubs Road to Clear View Rock Bushwalk **Leader: Sam Vona**

A small group of four CRC members braved the early hatch of swarming black flies on a bushwhack launched from the end of the pavement on Northwoods Club Road. We found our way to a shoulder of Dutton Mountain and a place Barbara McMartin refers to as "Clear View Rock." We were rewarded with a lovely view upriver, in the Hudson River Gorge with Blue Mountain in the distance, and downstream, to North River. The view was accented by the brilliant emerging spring green of early foliage. Besides bear signs along the way, we enjoyed a tour of wild flowers including red trillium, painted trillium, yellow trout lily, spring beauties, hobblebush, and even a jack-in-the-pulpit--all under a blue sky. ~Sam Vona



Clear View Rock



May 20: Sawyer Mountain **Leader: Rose Cooper**

Sawyer is a great, short mountain hike of about 2.4 miles round trip near Blue Mt. Lake. We were lucky to spy several spring wild flowers along the way. We enjoyed the vibrant spring green of the newly formed leaves on the trees. The rocky ledge at the top gave us a great view of the surrounding mountains. Rose kept us well supplied for all our needs. As usual, such pleasant company for a morning jaunt.

~Marti Townley



Sawyer Mountain



purple trillium

Outings Reports



May 20: Shallow Lake Trail **Leader: Jeanne Tommell**

Thirteen “good sports” met on the Uncas Road near Inlet for a hot day hike. The bugs were ready to carry us away as we got prepared to begin. We passed Upper Pond at the start. Peg Knowles showed us a great viewing spot of Lower Pond, part of Brown's Tract Campground. Then we took the turn to Shallow Lake. The bridge over Big Brook was underwater, so we turned around and started for Sucker Brook Bay on Raquette. Again, no way to cross...the bridge wasn't visible...too wet! Still, we had a good 5.8-mile hike in the woods and it felt great to do it with friends. Our boots and gaiters were neon green with pollen. ~Jeanne Tommell



Shallow Lake Trail

Saturday, May 22: Spring Bird Walk - **Amy's Park** **Leader: Miok Salz**

We were so lucky to have Miok's birding experience to lead us on this lovely woods walk. There were a few bugs to annoy us, but with head nets and a breeze, we enjoyed our walk and the company to the two pond areas. We saw or heard at least 19 species! It was so nice to hear the hermit thrush, the red-eyed vireo and several other bird songs. The great blue heron and the osprey also graced us with their presence. Thanks to all those that added their birding experience to this walk! ~Marti Townley



Amy's Park



Outings Reports

May 27: Hike Mud Pond Mountain **Leader: Gail Gabriels**

The morning started off cool. We met at the beach and caravanned to the trailhead. Our adventure began with an easy walk down the road to another easy walk on the Cedarlands Boy Scout jeep road. After turning onto the Mud Pond Mt. trail that changed. It was a half-mile straight up trail. Once at the top, it was worth it. We had lunch looking out on McRorie Lake, Mud Pond, and many high peaks and other mountains. The trip down was easier and we had a relaxed walk back to our cars. ~Gail Gabriels



Mud Pond Mountain

May 27: Paddle Upper Schroon River **Leader: Sue Sliva**

Fifteen eager paddlers gathered at the steep put-in on Alder Meadow Rd. on the Schroon River. A perfect day for paddling was only made better by the lazy current and sandy river bottom creating a safe, smooth ride. Courtesy of the Schroon Lake Marina, we took out on their property, carefully avoiding the busy Memorial Day weekend preparations. Two cars, previously spotted, hauled drivers back to their vehicles as we wrapped-up a very enjoyable outing. ~Linda Hales



Schroon River

June 4: Paddle Lake Abanakee **Leaders: Judy and Steve Thomson**

Twelve souls, with a mix of water craft, left the Chain Lakes Rd. launch site. All agreed the one-day rain delay was a good call as the weather was superb.

Shortly after the counter clockwise circumnavigation of the lake began, we observed a suspected osprey nest (vacant?) high in a white pine. About the same time, on the water, a good sized 'snapper' briefly joined the group.

Midway up the lake several paddlers made mention of a 'fragrance'. Shortly thereafter, a deer carcass came floating into view. At the causeway (our turnaround) an osprey provided quite a show, while soaring for a meal.

After OUR noontime (BYO) meal, we relaunched and in short order a bald eagle flew up behind and passed the group. It landed on the carcass, and the deer became its meal, much to the disappointment of nearby crows, based on their vocalization. As we approached the eagle's floating 'table' it left to rest briefly in a nearby tree, and we got a closer look at the bird. Homes dotted the shoreline with abundant forest-land between.

Thanks to Judy Thomson for wrangling the group together. ~Walt Nelson

Outings Reports



Lake Abanakee

June 10: Wolf Pond Hike **Leaders: Rob & Nancy Haggerty**

It had been in the high 80's for a week. The day that Rob and Nancy led a hike to Wolf Pond, it was a cool, refreshing day with a soft breeze. Eleven of us were able to enjoy views of the High Peaks from the pond, and we had a relaxing lunch at the lean-to. The trail was soft underfoot and lined with bunchberry. Another favorite hike to add to the list. ~Gail Gabriels



Wolf Pond

June 10: Hike Cascade Pond from the NY 28/NY30 NPT Trailhead **Leader: Sara Mullins**

We had a beautiful, warm (almost hot) sunny day when our group gathered at the Cascade Pond trailhead, near the Lake Durant Picnic area (close to the western end of the lake). Sara, our wise leader, decided to take an alternative trail, due to some extremely wet conditions and washouts of the originally planned trail, starting at the Lake Durant Campground. Her due diligence assured that our hike was safe, dry, equally beautiful, and even a little bit shorter and easier.

The trail, nicely shaded by trees, went over a gently rolling terrain, with only a few slightly steeper portions, requiring just the right effort on this hot day.

We reached our destination before noon and had a nice lunch break on the shore of picturesque Cascade Pond. There was also a well-maintained lean-to, just steps away from the shore. We all enjoyed the moment of rest, clear views of the Blue Mountain Ridge, and the beauty of the quiet pond and the day. We returned safely taking the same trail back.

It was another wonderful exploration with a great group! ~Yvette London



Cascade Pond

Outings Reports

June 17: Hike to Pharaoh Lake Lean-to Leaders: Lynn Butterworth & John Rendaro

On June 17th leaders Lynn Butterworth & John Rendaro led a group of 13 hikers to Pharaoh Lake. The day was gorgeous with blue skies, a gentle breeze and perfect temperatures. The hike was mostly flat with a few rolling hills for the 8-mile round trip. Pharaoh Lake is a beautiful pristine lake that is only populated by the birds, the bees, and the occasional hikers and fishermen. On our way out several noticed that there had been a tree root fire that scorched the roots of 15-25 large pine trees. (We've all heard the warnings about having campfires too close to a trees roots, and here was evidence of such a fire. It is amazing that the trees themselves seemed to be surviving despite the scorching.) This was a perfect outing!
~John Rendaro



Pharaoh Lake

June 24: Hike from Black Bear Trail to 8th Lake Campground Leader: Jeanne Tommell

After spotting cars at 8th Lake Campground, fourteen eager hikers started at the Black Bear trailhead between Inlet and Eagle Bay on Route 28. With perfect weather, we hiked a bit over 6 miles over rolling and a bit muddy terrain. It was determined this would be a great bike or xc ski, as well as a good hike. We passed the trail to Black Bear summit, then connected with a snowmobile trail that goes to either Uncas Road or the campground. We lunched at Bug Lake, then enjoyed a quick walk to Eagle Nest lake. Great friends make a great time..
Thank you all for joining in!
~Jeanne Tommell



Black Bear Trail



Announcements

Potlucks Resuming!



July 15, 2021 will be our first potluck of the year--although this will NOT be a traditional potluck. Please bring your own food and drink for a Personal Picnic Potluck from 4-7 PM. Jackie Mallery will be hosting at the pavilion in Long Lake at Mt. Sabbatis Recreation Area. Directions: Turn on South Hill Road, which is just west of the 3-corners by Stewarts in Long Lake. It is across from the Post Office and next to the flagpole. Immediately, turn right on Pavilion Road, go up the hill to the end.

We are hopeful that we may continue our tradition of monthly meetings and potlucks; however, **we need hosts to volunteer!**

If anyone is interested in hosting a potluck in September, October or November or would like more information on details of hosting, please contact Rose Cooper at rosecooper2@gmail.com or Maria Rinella at rinellium@frontiernet.net.

Annual Meeting/Picnic

We are so happy to be looking forward to having an in-person annual meeting this year. We hope you will attend as we will be voting in our new Executive Committee members and saying goodbye to outgoing members.

When: **Saturday, August 14th**

Where: The Pavilion, Minerva Rec Area, Beach Road, Minerva

Time: 12:00-4:00

Cost: \$5.00

Nikktina's will be catering the event. Menu: BBQ chicken, pulled pork/rolls, pasta salad with veggies, green salad, Cole slaw and fresh fruit. They will also provide plates, utensils and napkins.

Please bring your own beverage of choice.

Optional: you can also bring an appetizer or dessert to share

RSVP: rosecooper2@gmail.com



Announcements

ADK/NCTA VOLUNTEER TRAIL WORK WEEK August 26-30, 2021

Help volunteers build a new foot trail
North Country National Scenic Trail Hoffman Notch
Wilderness, Jones Hill Section

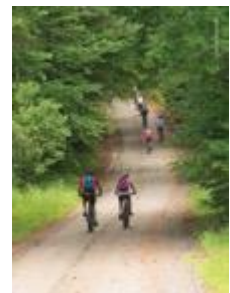
ADK Procrew training on day one. Volunteers provide own food and lodging. Limited complimentary camping available. Get in on the ground floor of this project, and join like-minded trail folks.

For details and application contact: maryccoffin@gmail.com



Ididaride 2020

The Ididaride this year will be a virtual event. So, instead of volunteering, how about riding? Get your friends and relatives to register by 8/28 for a ride with you, of your choice on any day before 9/7. You will receive an Ididaride t-shirt and will be supporting our parent organization. Upload your ride and pictures to ADK and be entered to win one of three \$100 gift certificates at the ADK store. Enjoy the ride!



ADK Fall Weekend

ADK Fall Weekend, in Old Forge and hosted by Onondaga Chapter, will be held September 24-26, 2021. Register at <http://www.adk-on.org/fall-weekend/>



Holiday Dinner December 16, 2021

Join the CRC for the annual Holiday Dinner at the Garnet Hill Lodge in North River. Make your reservations now to book your favorite room, if you plan to spend the night! Registration will be in the October newsletter.



Announcements

SAVE THE DATE—Fall Outing 2022

CRC is hosting the **2022 Fall Outing/ADK Centennial Celebration** on September 23 - 25, 2022 at the Silver Bay YMCA Conference & Family Retreat Center in Silver Bay, NY (near Hague). If you haven't been to any other fall outing, this is the one you shouldn't miss. The YMCA is on Lake George

with spectacular views of the lake and mountains, a sand beach, boats, tennis and hiking trails. If you don't want to stay at the hotel, you can come on Saturday just for the day and join us for a barbecue dinner. There will be numerous outings on all three days, musical entertainment, and a special guest speaker-- noted environmentalist and Johnsburg resident, Bill McKibben. More details will be available in the coming months.



Tent Sale and Gear Exchange

July 31 9-1

ADK is holding a tent sale and gear exchange on Saturday, July 31 from 9:00 am – 1:00 pm at the ADK member service center/retail store located at 814 Goggins Road in Lake George. We will have a great selection of products including gear, books, photos, prints, posters, and Adirondack themed home goods, novelties, and gifts. Have gently used gear you wish to get out of the house? Looking for a bargain? Check out the gear exchange! Come early for the best selection! Cash only, small bills appreciated.



Gear sellers please arrive at 8:45 am for setup. Have gear labeled with your name and price (10% goes to club as a contribution). Questions? Call Laurie at 518-668-4447 ex.211

Announcements

Volunteers Needed at ADK HQ Store

The ADK retail store in Lake George is looking for knowledgeable and personable volunteers to help provide education and information on outdoor recreation to store customers. The store will be open from 10:00am – 4:00pm on Mondays, Thursdays, and Fridays from June 28 – October 8. We are looking for volunteers during the hours of 10:00am – 2:00pm for all three days. Hours are flexible, but there is a minimum of 2 hours per shift. Please contact Laurie Schweighardt at (518) 668-4447 x211 or lauries@adk.org if you have any questions or are interested in signing up.



Paddle Pursuit

Are you working on the Paddle Pursuit? Join the Facebook ADK Paddle Pursuit group and share information regarding the various paddles within the Blue Line. When you finish with your pursuit, contact Anya Bickford, adcii@frontier.net to receive your patch.

CRC Annual Video

Would you be willing to put together CRC's annual video of 2021? Contact Joe Bernat, x2jb@icloud.com, or Rose Cooper, rosecoper2@gmail.com, if you are interested.



CRC Membership and Connections

Membership News

WELCOME NEW MEMBERS AND AFFILIATES AND WE LOOK FORWARD TO SEEING YOU ON OUTINGS AND AT POTLUCKS.

Membership Chair, Ellen C. Collins

As of May 2021:

Total Households: 301

Total Members: 511

Total Affiliates: 26



Amanda Bane & Jean-Miguel Gutreuter
Olmstedville, NY
Laurie Bonser Ballston Spa, NY
Barbara Fox Olmstedville, NY
Sherry Fraser North River, NY
Gerald & Christine Harris North Creek, NY
Mike Huskie Riparius, NY
Barbara Leadem Tilghman, MD

Eugene Montena Chestertown, NY
Holly Osowiecki North Creek, NY
Maureen Raiola Northville, NY
Roseanne Sondermeyer Langhorne, PA
Jill Stull Hague, NY
Peter & Mindi Whitney Bedford, MA
Luke & Jodi Monte Riparius, NY
Thomas & Olga Szekely Lake Luzerne, NY

NEW AFFILIATES

Carla & Daniel Denn Hadley, NY
Eileen Egan Mack Latham, NY

Our CRC web address is: <https://www.adk.org/adk-chapter/cold-river/>

Stay in touch: Rose Cooper and Steve Mullins may be reached at rosecoper2@gmail.com or s.mullins@frontier.com

ADK Cold River Chapter
July 2021 Newsletter
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