

September 2026 ADK-CRC outings

Date: Thursday September 3, Hike, Tenant Creek Falls Trail, Hope Fall, NY 12134

Leader: Matt Dunn

ADK leader level: 1 C, (easy)

Duration: 4 hours Limit 15 hikers

Description: Tenant Creek Falls is a series of falls along Tenant Creek. This hike is part of the Adirondack Waterfall Challenge. The first falls is reached at 0.9 miles and the second two falls are located 2.1 miles from the trailhead. The first stop are the dramatic 40-50 foot high cascades, marked by sloping drops with a plunge pool. The second and third falls are smaller. As we wind along with the creek, the trail is up and down with a total elevation gain of 725 feet.

Meeting place/time: The Tenant Creek Falls Trail Head at 10:00 am ready to hike.

Directions: Travel to Hope, NY on Route 30. Hope is 7 miles south of Wells. Traveling south, turn left (east) onto Creek Rd. After nearly 3 miles, turn left onto Hope Falls Rd. Hope Falls Rd. will turn into Mudcreek Rd after several miles, but no sign was seen during the scouting trip so just proceed straight. It is 4.5 miles to the trailhead parking lot from the turn onto Hope Falls Rd. Tenant Creek Falls Trail Head is on Google maps if you search for it.

Contact: Matt Text: 315-420-3025, Email: matt@mdunnepa.com. If cancellation is necessary, an email/text will be sent by 7:00 AM the day of the outing.

Medical: Nathan Littauer Primary & Specialty Care Center, 2497 NYS Route 30, Mayfield, NY 12117

Thursday September 3, paddle, Follensby Clear Pond, Saranac Lake

Leader: Walt Nelson

ADK Rating: leader level 1 c easy

Duration: 4 hours Limit: 10 boats

Description: This is one of the larger ponds (there are 144) in the St Regis canoe area to explore without a carry. It is a peaceful circumnavigation as no motors are permitted. Numerous campsites dot the perimeter.

Directions: Twelve miles north of Tupper Lake on rt 30 is the southern launch. It is beyond the Fish Creek Pond campground, both of which are on the west or left side of the road. OR From Saranac Lake (15 miles): south on Rt 3, right on Edgewood Rd (just past the high school), right on Ampersand Ave., left on Forest Home Rd. to Rt 30, left (south) to the southern (2nd) launch on the right.

Meeting time/place: 10:00 @ southern launch, ready to paddle.

Contact: Walt TEXT 716.799.4016. If cancellation is necessary, text will be sent by 7:00 AM the day of the outing. Dress for the weather, with PFD, whistle & food.

Medical: AMC Saranac 2233 NY-86, Saranac Lake, NY 12983, (518) 891-4141

Thursday September 10, Hike, Twin Valleys, Wadhams

Leader: Meredith Todd

ADK Leader Level: 1, C+ (fairly easy)

Duration: 4.5 - 6 hours Limit: 10 hikers

Description: CATS (Champlain Area Trails System) purchased the Twin Valleys Outdoor Education Center and its trail system (which connects to other CATS trails) from SUNY Plattsburgh in October, 2025. We will hike the 3+ mile Twin Valley loop. I plan to add 2 or 3 out and back short spurs to views from a ledge of Payne Mtn, summit of Ferguson Mtn and possibly the Wayne Duprey Trail for a total of about 6.5 to 7.5 miles (including the loop). The elevation gain on the loop is about 300 feet, with an additional 200' to the Payne ledge and 260' to the Ferguson summit. (The Duprey Trail, if we do it, has about 225' elevation change).

Meeting Time/Place: Carpool from the Black Bear, Pottersville leaving 8:10 am, from Frontiertown Gateway at 8:30 or meet at Trailhead ready to hike at 9:15. Outdoor Center address is 95 Twin Valley Rd, Wadhams 12993. Please specify which location you would like to meet up with the group.

Contact: Meredith at meredith36ny@yahoo.com or (518) 494-8088 (land line, do not text).

Medical: Elizabethtown Community Hospital, 75 Park St, 12932, (518) 873-6377.

Monday, September 14, paddle, Brown's Tract, Town of Long Lake

Leader: Shannon Andersen

ADK Rating: Leader Level 1

Duration: 4 Miles, travel time 4 Hours **Limit:** 12 boats

Description: We will do Browns Tract Inlet the Monday after "The 90 Miler" in hopes that the industrious beavers have not had time to rebuild their dams. This paddle is in the Moose River Plains Wild Forest. Here we will paddle down a calm meandering stream that is narrow and twisty sometimes only 4 feet wide. Once we reach Raquette Lake, we will turn left /north and paddle 0.2 miles to the town where our cars are parked and where you can get an ice cream or another tasty reward at the Raquette Lake General Store.

Meeting Time/Place: From NY Route 28 drive 0.4 miles north on County Route 2 to the hamlet of Raquette Lake. Keep driving north through the hamlet for 0.4 miles and take the left onto Uncas Road. Continue 2.5 miles to the bridge over Browns Tract Inlet. We will meet at 9:30 AM at Uncas Road at the bridge that goes over Browns Tract Inlet (unfortunately the campground closes on September 7th). Since this is a one way paddle we will drop our boats here. We will then stage cars down by the village of Raquette Lake where we will finish our paddle.

Contact: Shannon theandersenson3385@yahoo.com or 914-490-9534. If cancellation is necessary, an email will be sent by 7 AM the day of the outing.

Medical: MVHS Medical Group - Town of Webb Medical Group, 114 South Shore Rd., Old Forge 315-369-6619

Thursday September 17, Meeting & Potluck Picnic, Lake George

Leader: Sharon Kendall

ADK Rating: NA **Duration:** 9:00 to 3:00

Description: Located a few hundred feet from the Buck Mountain trailhead on Pilot Knob Road, Sharon Kendall's residence on the shore of Lake George with views of the eastern Adirondacks, Lake George to the north and south, Green Island, the locale of The Sagamore, welcomes CRC members for our potluck. The property offers opportunities to fish (the shoreline drops from 20' to 60' from the dock), swim, paddle and hike. There are 2 SUPs and 2 kayaks to use from the property. You can come early and swim, paddle or just hang out on the deck/shore. Please bring an appetizer, main dish, side dish or dessert to share, along with your plates, eating utensils and beverage. Text Sharon (518-858-6125) to let her know what you will bring. There are plenty of outlets for dishes that need warming. While Sharon has a good supply of seating available, you may also bring a chair if you want to get a close-up view of the Lake.

Schedule:

9:00 to 12:00 Enjoy Lake George on the Kendall property

12:00 Social time

1:00 Meeting

1:30 Lunch

Location and Directions: 1725 Pilot Knob Road, Kattiskill Bay (Fort Ann). From Northway Exit 21, turn north onto NY-9N for .3 miles. Turn right onto NY-9L. In 7.2 miles make a sharp left onto Pilot Knob Road. In 3.3 miles destination is on the left (black mailbox). From the south (Queensbury/Glens Falls) Ridge Road becomes 9L to the north.

Parking: You may drop off your food and supplies by driving into the driveway and making a loop back to the road. Anyone with mobility issues can park in the 5 or 6 parking areas next to the house and garage. Otherwise, you can park on the lake side of Pilot Knob Road and in the Buck Mountain trailhead parking area a short distance from the driveway. Do not park on the east side of Pilot Knob Road.

Contact: Sharon Kendall sharonambit20@gmail.com or 518-858-6125.

Medical: Glens Falls Hospital, 100 Park Street, Glens Falls, (518) 926-1000

Thursday September 17, hike, Schuman Preserve

Leader: Ger Cox

ADK rating level 1 easy

Duration: 2 hours Limit 10 hikers

Description: contact leader for details

Directions: contact leader for details

Meeting time/place: 9:30

Contact: Ger ger526@msn.com

Medical: Glens Falls Hospital, 100 Park Street, Glens Falls, (518) 926-1000

Thursday, September 17: Paddle Pilot Knob Beach, Kattiskill Bay; alternative Stewart's Ledge if paddling is too risky

Leader: Peggy Carrol

ADK Rating: Leader Level 1 C (Easy) Duration: 2 hours Limit: 10 boats

Description: Explore the nooks and crannies of the eastern shore of Lake George from Pilot Knob Beach to the dock of our potluck host and beyond, depending on the weather and wind. As Lake George can be tricky if windy, an alternative will be a short hike up to Stewarts Ledge, a spot with great views of Lake George.

Meeting Time/Place: 9:00 AM at the Pilot Knob Beach, at the end of Pilot Knob Road.

Directions: The dead end of Pilot Knob Road, Kattiskill Bay (Fort Ann). From Northway Exit 21, turn north onto NY-9N for .3 miles. Turn right onto NY-9L. In 7.2 miles make a sharp left onto Pilot Knob Road. In 4 miles parking is on the right; beach is on the left. From the south (Queensbury/Glens Falls) Ridge Road becomes 9L to the north.

Parking: There are about 8 parking spaces across from the beach. If parking is full, we can shuttle paddlers from the Buck Mountain parking.

Contact: Peggy Carrol peggycarrol281@gmail.com or 281-804-5744. If cancellation or change to a Stewart's Ledge hike is necessary, an email or text will be sent by 7:30 am the day of the outing.

Medical: Glens Falls Hospital, 100 Park Street, Glens Falls, (518) 926-1000

Monday September 21 paddle, Pond Hopping Massawepie Scout Camps, Childwold

Leader: Tom Meyering

ADK Rating: Leader Level 1, C (Easy) Duration: 3-4 hours Limit 10 boats

Description: A true Adirondack canoeing experience. A flatwater paddle around 451-acre Massawepie Lake, followed by short canoe carries to and around 3 additional ponds. Total Distance: Paddle 4-5 Miles, 4 Carries ½ mile

Massawepie Lake is a quiet, peaceful lake complete with an island and secluded several bays. The lake is the centerpiece of a glacial esker with eight other ponds along it. The ponds are connected to the lake and to each other by well-worn canoe carries. Pack canoes are recommended.

The Massawepie Mire (well known to birders) is adjacent to the lake. The Mire is a boreal peatland bog that, at 900 acres, is the largest bog in New York State. If participants wish, we can extend the outing by visiting the bog.

The 3000-acre property is owned by the Seneca Waterways Council, Scouting America. It is open to the public by easement from September 1 to June 14.

Meeting Time / Place: PREREGISTRATION REQUIRED. CONTACT THE TRIP LEADER FOR THIS INFORMATION.

Contact: Tom Meyering at 845-235-7699 or Remy12603@gmail.com. If cancellation is necessary, an email will be sent by 7AM day of the outing.

Medical: AMC Saranac, 2233 NY Route 86, Saranac Lake, 518-891-4141

Thursday September 24, paddle, Stony Creek Ponds, Saranac Lake

Leader: Walt Nelson

ADK Rating: leader level 1 c easy

Duration: 4 hours **Limit:** 10 boats

Description: Three shallow interconnected ponds were part of the historic 90-mile race Indian Carry. The seasonal community of Coreys is nearby. We will launch from Axton Landing on the Raquette River, paddle upstream on that river and the Stony Ponds outlet to the pods that we will circumnavigate. There is a campsite/snack stop along the way.

Directions: Ten mile north from Tupper Lake or 13 miles south from Saranac Lake on rt. 30, enter and pass through the community of Coryeys 1.5 miles to the Axton Landing launch.

Meeting time/place: 10 am at Axton Landing, ready to paddle.

Contact: Walt TEXT 716.799.4016. If cancellation is necessary, text will be sent by 7:00 AM the day of the outing. Dress for the weather, with PFD, whistle & food.

Medical: AMC Saranac 2233 NY-86, Saranac Lake, 12983, (518) 891-4141

Thursday September 24: hike, Log Bay-Eastern Lake George Shore, Lake George Wild Forest, Fort Ann, NY

Leaders: Anne and Jim Waring

Level: Leader Level 1, C (Easy)

Duration: 2.5-3 hours, 3.25 miles **Limit:** 12 hikers

Description: This 3.25-mile loop hike along the shoreline of Lake George, including Log Bay, follows along some carriage roads built by George Knapp in the early 1900s. There are many scenic viewpoints along the way including Hen and Chickens Islands and Log Bay Island. We will stop for a snack/lunch where The Hundred Island Hotel once overlooked Log Bay in the late 1800s. We'll ascend 300 feet of elevation to view Shelving Rock Falls.

Meeting Time/Place: 10 am at Parking Lot #3 on Shelving Rock Road. Take Exit 21 off the I-87 Northway for NY-9N toward Lake Luzerne turning left onto 9N. After 0.4 miles, turn right onto 9 South towards the Outlets. After 2.6 miles, turn left onto Route 149 East. Drive 6 miles and turn left onto Buttermilk Falls Road. Drive 11 miles along this road which changes from Buttermilk Falls Road to Sly Pond Road to Shelving Rock Road and becomes a dirt road along the way. As you approach the Hog Town Parking Lot, bear left and continue another 2.5 miles on Shelving Rock Road across a small bridge to Parking Lot #3 which will be on your left.

Contact: Anne or Jim Waring at annewaring1011@gmail.com. If cancellation is necessary, an email will be sent by 7:30 am the day of the hike.

Medical: Glens Falls Hospital, 100 Park Street, Glens Falls, (518) 926-1000

Monday September 28: Rooster Comb Hike, Keene Valley

Leader: Tracey Donaldson

ADK Rating: Leader Level 2, B+ moderately strenuous

Duration: 4 to 5 hours, 4.8 miles, **Limit:** 10 hikers

Description: This trail has great views of the surrounding areas, including Mt. Marcy, the Johns Brook Valley, Giant Mountain and the Ausable Valley. The trail is rocky and hiking poles are recommended. This will be an out and back hike. Total elevation gain is 1,729, with the summit at 2,785.

Meeting place/time: 9:30 at the trailhead.

Directions: Parking and trailhead is just off Route 73, 8.1 miles on the left from the Northway.

Contact: Tracey, traceydonaldson0710@gmail.com or 845-464-5177. If cancellation is necessary, an email will be sent by 6:30 a.m. the day of the outing.

Medical: Family Health Center, 203 Old Military Road, Lake Placid, NY 518-824-2564

Monday September 28, 2026, Paddle, Utowana/Eagle/Blue Mountain Lake (Eckford Chain)

Leader: Jocelen Pearson

ADK Rating: Leader Level 1 easy

Duration: 3-4 hours **Limit:** 10 boats

Description: A one-way paddle on the Eckford Chain starting at Utowana Lake and proceeding to Eagle and Blue Mountain Lakes. This chain of lakes is connected by navigable channels. There are no portages. Not only are the lakes beautiful with little to no boat traffic, but the channels are beautiful as well. William West Durant built a stone bridge between Eagle and Blue Mountain Lakes which is a real gem. The paddle will start on Utowana Lake and end at Blue Mountain Lake's town beach. Paddlers will meet and unload their watercraft at Utowana Lake at 9:30 AM. We will drive our vehicles to the end point at Blue Mountain Lake's town beach and then carpool back to Utowana Lake to start our paddle at approximately 10:30 AM. There are several islands on Blue Mountain Lake where we can stop for a stretch and a bite to eat. Estimated mileage is 6-8 miles depending on how much of Blue Mountain Lake we want to explore.

Meeting Time/Place: Meet at 9:30 AM at Utowana Lake to unload watercraft and transport cars to the end point at the Blue Mountain Lake town beach. Once cars have been parked at the end point, we will carpool back to Utowana Lake to begin our paddle at approximately 10:30 AM.

Directions to starting point at Utowana Lake: Take Route 28 to Utowana Lake. At the west end of the lake there is parking along the shoulder of the road where we will unload watercraft. There is a short trail (less than 100 yards) to the lakeshore. Wheels shouldn't be necessary.

Directions to the ending point at Blue Mountain Lake: From Utowana Lake, take Route 28 east to the Blue Mountain Lake town beach which is visible from the road. There is parking along the shoulder of Route 28 and easy access to the lake for loading watercraft.

Notes: All paddlers must wear a PDF and bring a whistle.

Packable, folding or inflatable kayaks are not recommended due to the length of this paddle.

For those traveling a distance for this paddle, there is a public restroom across from the Blue Mountain Lake town beach as well as the Corner Store where Route 28 splits.

Contact: Jocelen, text (703) 728-4980 or email at jocelenpearson@verizon.net. If cancellation is necessary, texts/emails will be sent by 7:00 AM the day of the outing. You will be contacted via the method you used to RSVP (text or email).

Medical: Indian Lake Health Center, 6356 State Route 30, Indian Lake. 518-648-5707