

COLD RIVER CURRENTS

July 2018

The Newsletter of the Cold River Chapter of the Adirondack Mountain Club

Co-Director's Report

Greetings from the Co-Chairs!

We hope you are enjoying the summer weather and the longer days that the change of season brings. The Outings Committee, with the hard work of the Co-Chairs, has put together some great outings for the coming months. We hope you participate and enjoy them.

We especially hope you plan to attend the Annual Meeting on August 4 at Donnelly's Beach in the Minerva Town Park. It will be a perfect time to relax, meet new friends, perhaps play some games, and help take care of some CRC business. Neil Woodworth, ADK Executive Director will be there to share some thoughts on current activities of the organization. His remarks are always interesting.

With the extended time out of doors we just want to remind everyone of a few things to keep safe. Please remember to protect yourself from ticks. We have recent personal experiences that show ticks are rampant here, and precautions need to be taken seriously to avoid an encounter. Also, in your preparations, don't forget your first aid kits and flashlights. Recent Ranger reports show that both are invaluable on trips even in familiar places. And you may be helping to save someone else with your preparations. Remember to hydrate, and wear your PFD when paddling. Let's all be safe this summer!

Greg and Ellen

2017-18 CRC Executive Committee

Greg Schaefer, Ellen Schaefer (Chapter Co-Chairs)
Judy Thomson, Greg Clark (Outings Co-chairs)
Julie Milner (Newsletter editor)
Rose Cooper, Chris Rohner (Members-at-Large)
Nancy Haggerty (Treasurer)
Ken Shea (Director)
Harold Stackhouse (Alternate Director)
Susan Rollings (Secretary)
Ellen Collins (Membership Chair)

Volunteer Opportunities...

IDIDARIDE 2018

One of ADKs major fundraiser, the IDIDARIDE, will take place on Sunday July 29th. There are 2 rides this year; the 75 miles ride and a new 23 mile ride that includes some off road terrain. We are still looking for volunteers to man the rest stop for the 23 mile ride, volunteers to record finishing cyclists, and volunteers to man the staff table. If you are interested in volunteering please contact Anne Bernat at 518-251-2354 or annebernat@icloud.com. Thank you in advance to all volunteers!

CRC is considering hosting the Fall Outing for all ADK chapters in 2019... We are looking for two other chapters to work with CRC and a leader to volunteer from our ranks. Contact Greg Schaefer.

Annual Meeting Agenda, Ballot and Proposed Budget

Meeting Details...

When: August 4th, noon to 4pm. 12:00 – 12:30 appetizers, then lunch, presentation by Neil Woodworth, Executive Director ADK and election of CRC officers for 2019.

Where: Minerva Lake Recreation Area Pavilion

Food: Nikktina's Catering will provide our main course, sides, rolls and all paper goods. (BBQ chicken, pulled pork, baked ziti, baked beans, potato salad, coleslaw, fresh fruit and dinner rolls.). The CRC will provide water and soda. BYOB

Members can opt to bring an appetizer or dessert. The cost is \$5.00 per person. Please RSVP to Rose Cooper by Wednesday, 8/1, so we can purchase drinks etc.

rosecoper2@gmail.com

A note about our ballot and election...

You may vote by email or mail any time between now and the picnic if it is more convenient for you. Contact Greg Schaefer by August 3rd.

The board has changed the officer slate for next year slightly to offer better coverage of chairs in case of schedule conflicts.

Our proposed budget is only for the remainder of the year, so that we may change to a calendar year starting in January. Next year's budget will be approved at the Holiday party.

Ballot

- Co-Chair- Greg Schaefer
- Co-Chair- Rose Cooper
- Treasurer - Nancy Haggerty
- Secretary - Susan Rollings
- Director - Ken Shea
- Alternate Director – Harold Stackhouse
- Outings Co-Chairs – Gail Gabriels and Judy Thomson
- Interim Newsletter Chair- Julie Milner
- Newsletter Chair- Linda Hales
- Membership Chair - Ellen Collins
- Member-at-Large Representatives - Chris Rohner and Ellen Schaefer

Annual Meeting Agenda, Ballot and Proposed Budget

Proposed Budget for remainder of year

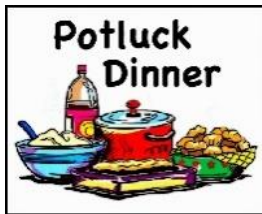
Revenue:

	September	October	November	December	Total
Dues from ADK	\$150.00	\$325.00	\$425.00	\$425.00	\$1,325.00
Contributions					\$0.00
Interest					\$0.00
Events					\$0.00
Holiday Party				\$2,100.00	\$2,100.00
Picnic					\$0.00
Other					\$0.00
Shirts					\$0.00
Patches					\$0.00
Total Revenue	\$150.00	\$325.00	\$425.00	\$2,525.00	\$3,425.00

Expenditures:

Supplies/Training					\$0.00
CRC Shirts					\$0.00
Training					\$0.00
Patches/Supplies					\$0.00
Wilderness First Aid	\$100.00				\$100.00
Telephone					\$0.00
Postage		\$35.00			\$35.00
Printing					\$0.00
Newsletter					\$0.00
Travel					\$0.00
Meetings Expense					\$0.00
Potluck				\$100.00	\$100.00
Donations					\$0.00
DEC Camper Sponsorship					\$0.00
ADK Endowment Fund	\$1,000.00				\$1,000.00
ADK General Fund					\$0.00
Ididaride Sponsorship					\$0.00
Grants					\$0.00
Events Expense					\$0.00
Holiday Party				\$2,100.00	\$2,100.00
Picnic					\$0.00
Officer Stipend					\$0.00
Other/Miscellaneous					\$0.00
Video Expenses					\$0.00
Gifts to Officers					\$0.00
Total Expenses	\$1,100.00	\$35.00	\$0.00	\$2,200.00	\$3,335.00
Net Surplus (Deficit)	-\$950.00	\$290.00	\$425.00	\$325.00	\$90.00
Beginning Cash 8/31/2018	\$9,177.97				
Ending Cash	\$8,227.97	\$8,517.97	\$8,942.97	\$9,267.97	\$9,267.97

CRC News and Reports



July 19 Potluck: Piseco Community Hall on Old Piseco Road Hosted by: Dorean Page 518-548-5758 doreanp@gmail.com and Lisa Eckhoff 413-265-3346 eckhoffkl@gmail.com

August 4th - Annual Meeting and Picnic, Town of Minerva recreation area Pavilion, beach, trails and paddle put in.

August 23rd - Johnsbury home of Bob and Sharon Eberhard (Boats made this summer will be on display!)

September - home of Ellen and Greg Schaefer

October - Gore Mountain Ski Lodge, Hosts: Anne Bernat, Karen Wang, Sue Keats

November - Glen Lodge? Hosts needed!

December – Holiday Dinner Party for 2018 will be Thursday, December 13th. Noelle McCrum is already hard at work on those door prizes!

Please contact Rose Cooper (rosecoper2@gmail.com) or Kathy Duffendack with suggestions or to volunteer.



Mark Your Calendars! ANNUAL HOLIDAY PARTY

Thursday, December 13, 2018

Believe it or not our Social Committee is busy organizing our **annual holiday party**. This year it will be at the **Garnet Hill Resort on Thursday, December 13**. See the reservation form at the end of the newsletter! (Note: to avoid registration confusion, your cancelled check is your confirmed reservation.)

Those fun door prizes are needed!

The Social Committee is looking for donations for the CRC Holiday dinner party. They are looking for Adirondack themed donations. Hand-made/ craft items are especially desired. Any hiking, paddling or biking items will be appreciated. Items may be given to Rose Cooper, Noelle McCrum or Ellen Schaefer.

Giving back to our community...

We are collecting personal care items for the Adirondack Outreach Center in North Creek. Items may be given to Noelle McCrum or brought to a potluck. Items will be collected until November potluck. If you have question, call Noelle at 518-494-5193.

CRC News and Reports

Where in the world?

Newfoundland, Canada East Coast Trail

On March 31, 1949 Newfoundland became the tenth province to enter the [Canadian Confederation](#). Newfoundland and Labrador's capital and largest city, [St. John's](#), is Canada's 20th-largest [census metropolitan area](#) and is home to almost 40 percent of the province's population according to Wikipedia. It is primarily an English-speaking province.

The East Coast Trail - <http://www.eastcoasttrail.com> - Explore 26 wilderness paths along North America's easternmost coastline (the paths are connected by hiking through communities on roads and are not counted in the mileage of the entire trail). The East Coast Trail unites wilderness hiking with historic communities from Portugal Cove, to Cape St. Francis, to Cappahayden. There are over 300 kilometers of develop trail to explore. The paths of the East Coast Trail take you past towering cliffs and headlands, sea stack, deep fjords, and a natural wave-driven geyser called the Spout. Experience abandoned settlements, lighthouses, ecological reserves, seabird colonies, whales, icebergs, moose, historic sites, a 50-metre suspension bridge, two active archaeological dig sites, Ship wrecks and the arch.



The trails were well marked



The Arch...



Light Houses

CRC News and Reports

Where in the world? (continued)

The trail travels through many communities & B's or efficiency accommodations. These very limited in some areas, but all the people Newfoundland are very friendly. There is a population of Irish decent, so you can hear accent and enjoy the Irish pubs. In St. John's are hotels as well. The seafood is very fresh there are many restaurants in St. John's, however limited elsewhere. Since Newfoundland is an island, the best way to there is by flying into St. John's. For additional fun, visit Jack's axes for axe throwing or Twillingate for icebergs. After 22 nights and over 100 miles of trails, this is one of the best place to visit and hike. **Rob & Nancy Haggerty**



Archeological digs.....

with B
are
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large
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there
and

get



Suspension ... and many other bridges



Well marked trails...

Director's Report, submitted by Harold Stackhouse, Alternate.

The financials for ADK look good. There were a few unexpected expenses like a new boiler for headquarters, and electrical service issues at Heart Lake, etc, but things are fine overall. The DEC is implementing numerous strategies to alleviate overcrowding in the high peaks and at trailheads; ADK may be involved with some of those plans. The DEC is also planning to convert current herd paths into marked trails, although this will be a multi-year project. The train tankers are gone from the park now, but the saga continues as to what will ultimately happen with those tracks to Tahawus.

CRC News and Reports



Greg and Laurie

Retiring Outing Committee Co-Chair Greg Clark...Thank-you!...On behalf of CRC, we would like to thank Greg Clark for many years of both dedicated and highly successful service as Co-Chair of the Outings Committee.

We have benefitted from Greg's organizational skills- both at a strategic and detailed level when planning outings for CRC members. He has recruited new outings leaders and formed the Outings Committee to plan outings. This has resulted in the continuous expansion of the types and levels of outings we all enjoy.

Greg is extremely knowledgeable about the many hiking trails in the Adirondacks, and dutifully records the elevation gain, length of trail, time and special features of every hike he goes on. This has helped the Outings committee plan a wide variety of outings for every skill and interest level.

Greg has been very easy and fun to work with and willing to share his knowledge with everyone. Although he is stepping down as co-chair, we are extremely grateful he will remain on the Outings Committee and continue to lead outings.

Thank you, Greg, for all you have done and will continue to do to provide wonderful experiences for us all.

-- Judy

CRC News and Reports

Trail Stewards with the Siamese Ponds Trail Improvement Society (SPTIS)

The spring trail cleanup with SPTIS went pretty well. As far as I know, all of the trails in Wilderness were cleaned up, with the exception of the John Pond Crossover trail. The Schaefer Trail still needs work, but that will be done sometime in early summer.

SPTIS received a \$1,000 grant from Cloudsplitter Foundation for buying chainsaws. My thought is to buy 3 gas powered chainsaws which are relatively light weight, under 10 pounds. They will be positioned at my house in The Glen, Rob's house in Johnsburg, and Greg's house in North River. In addition, I would like to buy a battery powered chainsaw, which will be positioned at Beth's house in North River. Any DEC certified SPTIS member can use any of these saws for a SPTIS project. They will have to returned in good condition. I am wondering whether we can also position the DEC radios at these 4 houses, as well as one with Jake.

Each trail steward now has a SPTIS hand saw to do routine maintenance on the trails when they hike them. SPTIS just received another \$1,000 grant from ADK Highpeaks Foundation to pay for hand tools, etc. I am thinking of buying a trauma kit for each chainsaw member. If anyone else would like a SPTIS hand saw or any other tool for working on the trails, let me know. SPTIS has a checking account with Community Bank, which anyone is welcome to inspect.

Keep up the good work. Enjoy the summer and enjoy our trails which we keep in good condition. Each of you should be proud of the work that we do. The fall trail cleanup begins October 15 on Wilderness trails. Wild Forest trails can be worked on anytime. Just let Kirstin know beforehand.

- Rick

Outings Reports

The CRC Outings Committee, with Greg Clark and Judy Thompson as Co-Chairs, organized and scheduled the outings.

April Outings

April 5

XC Ski Sherman Ponds, Minerva

Leader: Dan Smith

A group of 3 met in Minerva on a cold and windy morning. The woods were quiet and snow covered, and we hiked in microspikes with no problem, but did sink in the deep snow once it warmed up a bit. We stopped to inspect a yurt near Falls Brook, which is rented for \$85 per night with a 2-night minimum. It's a peaceful place to enjoy the solitude of the woods near the stream. The day warmed and we followed a snowmobile trail near Sherman Pond. We also stopped to observe a memorial left for a fellow outdoorsman who once enjoyed this area, probably watching the beavers in the pond. We observed recently downed trees thanks to high winds and lots of fresh animal tracks in the new snow. Our hike turned into about 4.5 hours as we climbed a bit circling the ponds and found our way back to the marked trail. Thanks to Dan Smith for leading this adventure. Fellow hikers: Greg Schaefer and myself, Tracey Donaldson.



Sherman Pond

April 5

XC Ski: Cascade Lake loop

Leader: Jeanne Tommell

On April 4th it poured all day. On April 5th Jeanne Tommell led 5 eager skiers on a "sprinter" (Spring-Winter) ski around Cascade Lake to a gorgeous waterfall. There was sunshine, snow, puddles, stream crossings, and a few detours through the woods. Spirits were high and there were a lot of laughs.

April 12th

Moose Mountain Pond

Co-Leaders- Nancy & Rob Haggerty

Nancy and Rob Haggerty led 10 CRC hikers into the Hammond Pond Wild Forest to the delightful Moose Mt Pond after passing the peaceful Berrymill Flow. They are pursuing the Adirondack Quest patch which you need to do an activity (or 2) in many of the wild forests and wilderness areas in the Adirondacks. This area is just north of North Hudson. It is a little used area which you can tell by the soft pine path. We hiked in 3.5 miles and enjoyed our lunch on the shore of the pond just down from the lean-to. The predicted rain never showed up

Outings Reports

until we reached our cars. We lucked out again! By Marti Townley



Moose Mountain Pond

April 12

Grass River Waterfalls Hike

Leaders: Greg and Ellen Schaefer



Grass River Waterfalls

Although a prediction for PM rain, the trip was on despite the forecast. On the morning of, the sun was out and the weather beautiful. 5 hikers met in Long Lake at the Main Street Café for breakfast followed by a day of touring dazzling waterfalls. There were six in total (Copper Rock, Rainbow, Twin, Sinclair, Basford and Lampson) and each one was spectacular in its own way. The water was running hard and fast and with the various ice

formations, the views were indescribable. Distances from the car to each fall varied with the longest round trip not more than a mile and micro-spikes used on most. The group finished up with lunch at the last waterfall and just as we were packing up, a light rain began to fall which became heavy by the car ride home. What luck and what a wonderful day. Thank you, Greg and Ellen!

By Cheryl

April 19

Combined Hikes to Holey Boulders and Watch Hill, near Indian Lake

Leaders: Greg Schaefer and Tom Riley

They say a picture is worth a thousand words, so I have let these speak for the trip...



The Holey Boulders

Outings Reports



Holey Boulders



Watch Hill

April 19

Stephens Pond Northville-Placid Trail Work

Leader: Roy Keats

"100 PERCENT COVERAGE. BEST CONDITIONS OF THE YEAR"

Well, yes, but maybe not some of the drainages.

Three days of snow/sleet/rain/freezing rain did not deter 7 of us, including Ken's friend Scott, from sticking with the plan to go into Stephens Pond. It did result in changing the focus of the outing from a trail maintenance hike into a pleasure ski with only a few stops to saw out trees blown across the trail from recent high winds. That bullet-proof shield supported us and the thin snow cover made for great gliding, that is until we hit the rocky drainage portions of the trail. WHERE'S ANDY? That is when Andy's "Ski Orienteering 101" came into play. All we had to do was follow Andy's quick steps, glides, hops, and twists as he danced his way down or up the rocky slopes, ricocheting from bank to bank, detouring into and out of the woods, and doing 360degree pirouettes so he could do it all over again. WHERE'S ANDY? Well, all of us gave it our best try to mimic those antics but some of us never did excel at ballet or tango lessons, let alone on skis, and resorted to walking some of those sections, giggling all the way. We made it to the lean-to on Stephens Pond and while savoring and sampling each other's sandwiches Doreen and Mark surprised us, arriving on snowshoes. On the return trip three-fourths of the way back we avoided the last rocky downhill and bushwhacked through the woods to the water reservoir for the campsite so that we could luxuriate in the wonderful downhill road leading us back to the trail. WHERE'S ANDY? What a way to end the day's adventure. If it ends up being our last ski for the season we will relish the memories with smiles. Thank you, Roy, leader extraordinaire.

Outings Reports



Stephens Pond

April 19

POTLUCK - Indian Lake Theater, Indian Lake, NY
Hosted by: Susan Rollings and Dan Nielsen
This potluck was followed by a lecture from Dave Gibson and then a movie about Verplanck Colvin, the Father of the Adirondack Park.

April 26

Hike - Moxham Mountain
Leader: Gail Gabriels



Moxham view

The morning rain stopped on cue before eight of us set out on this 50ish degree day. It was not long before some donned micro spikes to navigate the packed icy sections of the trail, but the farther we hiked the less snow and ice we encountered. I suppose I had never hiked this trail in Spring, because

I had never seen the two rushing streams that had to be crossed. As usual, rocks and fallen logs formed our temporary bridges. It was a lovely hike enlivened by tales of a bear and beaver and at the end we were bid farewell by the chatter of flocks of birds and songs of spring frogs. Thank you Gail!
By Jan McCann



Moxam hikers

April 26

La Chute interpretive river walk and possible tour of Hancock historic house.
Leader: Rose Cooper



Hancock House

10 people joined Rose in this historic tour of Ticonderoga. Our first stop was the beautiful Hancock House located on the circle in the town of Ticonderoga. The stone building acts as a museum and research library. It was built by Mr. Moses, a Ticonderoga businessman, as a replica of

Outings Reports

the Hancock House on Beacon Hill, Boston, Massachusetts. He later donated it to the town for historical purposes. It is a four-story building full of wonderful treasures from the past and is worth a visit if in the area. The museum hosts many events for the public and information can be found on its website. The tour took about 30-45 minutes. We then drove to the center of town and parked near Bicentennial Park. We walked along the trail which follows the path of the LeChute River. This river is approximately 4 miles long and connects upper Lake George to Lake Champlain. The river was running fast on this beautiful spring day and we all were blessed to see three rushing waterfalls. The upper part of the river falls a steep 200 feet causing these rushing waterfalls. We walked 2.82 miles of the trail with a minimal ascent of 141 feet. Some adventurous participants took advantage of the exercise stations that are located along the trail. After the hike we all got in our cars and headed to the HOT BISCUIT restaurant in town. Delicious lunch was had by all and if you go you MUST try their homemade biscuits. Also, in the event you are looking for an easy paddle, Bicentennial Park has an easy Boat Launch below all the waterfalls that will take you out to Fort Ticonderoga.

May Outings

May 10

Hike to Peaked Mountain Pond

Leaders: Judy and Steve Thomson

Nine of us enjoyed a Spring day of hiking along Thirteenth Lake and then beside a fast-flowing stream with many cascades on our way to Peaked Mountain Pond. There was a large beaver dam that had created a

small pond on our way up the mountain. We ate our lunch by the pond near a patch of late-spring snow. Judy



Peaked Mountain Pond

May 10

Hike Indian Head loop in Ausable Club Area
Leader: Jan McCann

Indian Head is a rocky Peak that lies 750 ft directly above Lower Ausable Lake. The lake reminds you of a fjord in the wilderness between several high peaks. The view is surreal. Even with wind and ominous clouds, we all felt lucky to be on its ledge. Well worth the 4.7-mile hike in on the Gill Brook trail with its stunning cascading waterfalls. To top it off we took a side trip to the 150 ft high Rainbow Falls. One feels dwarfed by this other natural wonder. Thank you, Jan, for leading the 7 of

Outings Reports

us on this hike that could be repeated many times. Marti



Indian Head

May 17

Outing: 2 Hikes in the southern Lake George area

Leader: Sharon Kendall

Starting at Ushers Park on East Lake George, we joined a group of 5 to climb French Mountain led by Sharon Kendall on May 17. Sharon gave us a narration of the history and geography of the area. The French Mountain Area was very popular with small plane owners. We passed a restaurant frequented by pilots that used to have a small plane hanging from the ceiling.

We took a winding trail that passed wildflowers such as bluets and columbine to a lookout with a birds-eye view of Lake George. We also visited a property with many zip lines. The owner invited us back for a ride.

We returned for the pot luck held at Ushers Park which has a beautiful view of Lake

George. The weather cooperated to provide for a lovely spring trip and delicious pot luck. We thank Sharon and Kate McCormick for a memorable day.

Submitted by Rob and Jane Smith



French Mountain

May 17

Hike Buck Mountain on Lake George

Leader - Marti Townley

Under sunny skies, Marti led 6 eager hikers to the top of Buck Mt. from Hogtown Road. The mood was lively and the views spectacular. We had a comfortable visit on top and made it down in time for the potluck.

By Gail Gabriels

May 17

LUNCHTIME POTLUCK in Ushers Park

Gazebo, Lake George

Hosted by: Sharon Kendall

The day was gorgeous and the venue a first time visit for most. Although the beach was not yet opened the view of the lake was very nice.

Outings Reports



Ushers Park Potluck

Friday - May 18

Paddle - Round-the-Mountain

Leaders: Roy and Sue Keats

Sue and Roy Keats guided a gaggle of paddlers from the Schenectady and Cold River Chapters for a ten-mile paddle around Dewey Mountain. The blue-sky day was filled with a variety of experiences from the beginning breath taking strokes across the windy waters of Ampersand Bay on Lower Saranac Lake into the relaxed waters of the Saranac River for inspiring observation and conversation. The Knollwood Club Camp on Shingle Bay of Lower Saranac was pointed out on our way up the lake. It was the summertime home of Bob Marshall as a youth where he grew into a noted wilderness advocate. We crossed Lower Saranac going between various islands to reach the Saranac River outlet. Eagles, mergansers and ducks were pointed out. We had a group photo, (but no champagne) at the Lower Lock after the Master informed us we were the first to go through this season. Without the navigational and experiential knowledge of Roy and Sue to safely guide us through the passes and around sunken stumps over to the optimal shore lines we would never have reached Oseetah Lake and finally entry into Lake Flower over to the town beach pull out within the five-hour estimated trip time. Roy



Lock Group

May 24

Bird Watching Along the South End of Lake Champlain.

Leaders: Bob and Sharon Eberhard

On May 24, 2018, Bob and Sharon Eberhard took Jane Moon and Peggy Carrol on a birdwatching trip. First, we went into Vermont and then came back to the west side of Lake Champlain in New York. We worked our way all the way up to Willsboro Point. In total we made 9 stops with 3 short walks. At the end of the day we had identified 25 species by sight. The weather cooperated and it was a really nice day. Sharon



Bird Watching-or are they...

Outings Reports

May 31

Poke-O-Moonshine Observer Trail Fire Tower Hike

Tom Riley led a group of 5 hikers up a beautifully maintained trail, that was lined with pink lady slippers, to the top of Poke - O- Moonshine. There were breathtaking views of the High Peaks, Lake Champlain, and Vermont. We passed an old spring house and the remains of the ranger cabin. Once on top we enjoyed a leisurely lunch while enjoying the sights and were even treated to a golden eagle and a lunar moth opening up from a cocoon. A fun hike. By Gail Gabriels



Poke-O-Moonshine

May 31

Minerva Creek Paddle

Leaders: Noelle McCrum and Sue Sliva



Minerva Creek

June Outings

June 7

Outing: Paddle Cheney Pond / Boreas River (Lester Flow)

Leader: Mike Prescott

We paddled across Cheney Pond and negotiated the slight carry to the Boreas River. We tested the current by paddling upstream about a hundred yards. In doing so we found that the Boreas River level was low for this time of year and we also found that everyone could negotiate the slight current. The paddle downriver to the old dam (Lester Flow) site was for the most part uneventful, with a few faster water spots and several sand bars. We pulled out of river left and explored the rock work and cribbing of the old dam which would have backed up water along this stretch of the Boreas River about 10 - 12 feet from the present water levels. We ate lunch at the dam site and then started the return

Outings Reports

paddle. The paddling was a bit more difficult, due to the current, but manageable. Everyone was able to negotiate the four or five faster water sections. And we were all glad to go back through the carry and reenter Cheney Pond. The paddle lasted from 9:30 until 2:30ish. A good time was had by all!!! Mike



Boreas River

June 14

Hike Clear Pond North

Leader: Rose Cooper

Clear Pond is a picturesque little pond just a short distance from Chain Lakes Road near the former Gooley Club. Eight CRC hikers spent an enjoyable morning hiking through persistent drizzle trying hard to avoid stepping on the numerous red efts that were also using the damp day to wander the trail. Once at the pond we snacked, posed for a photo and admired the Sundews that were growing along the shore. Many thanks to Rose Cooper for a well-planned journey to a little gem of a pond. Karen Wang



Clear Pond North

June 21

Bike ride west side of Brant Lake

Leaders: Richard and Karen Wang

To celebrate the summer solstice, twelve CRC folks hopped on bicycles and rode from The Hub on the Brant Lake mill pond along the quiet and lovely western shore of Brant Lake to the picturesque and pastoral Brant Lake Cemetery where we stopped to admire the view and absorb history from the tombstones. It was a glorious first day of summer and a perfect day for the fifteen-mile out and back ride. Karen



West Side Brant Lake

Outings Reports

June 21

Hike Brant Lake Bike Park

Greg Schaefer led a group of five hikers up the fairly new "Jack and Jill up the hill" trail behind the Hub. We had a beautiful view of Brant Lake and spent a little extra time at the lookout enjoying the cool breeze that kept the bugs away. The trail continues beyond the lookout to an old relay antenna that used to provide tv reception to the valley below. By Rose Cooper

POTLUCK June 21

Hosted by: Jeffrey Schanzer and Bernadette Speach

We enjoyed a social potluck at The Hub in Brant Lake. About 45 CRC members showed up and shared food and drinks in this delightful lake-side bar and bike repair shop. We filled it to capacity, but the atmosphere and beer selection were fun. Thanks Jeff and Bernadette for hosting! I have just taken my bike for a pre-Iditaride tune up to The Hub!



The Hub

June 27

Bike along Schroon Lake and Schroon River Leader: Moira Goldfarb

Three bike-riding enthusiasts joined outing leader, Moira Goldfarb, on a 20- mile ride. Starting out in the hamlet of Adirondack we pedaled at a moderate pace along the east side of Schroon Lake. We followed the Schroon River for several miles before stopping to admire the river rapids on Tannery Rd. ADK member, Pat Patterson, magically appeared while on a solo ride to capture a photo of the four riders. We returned to Adirondack along the same route and were offered impressive views of some of the ADK high peaks. We beat the rain that would have cancelled the ride for the following day. And, we got to wish fellow rider, Sara, a very happy birthday! Moira



Schroon Lake

Holiday Party Reservation Form – Return with check!

ADK Cold River Holiday Dinner Party 2018



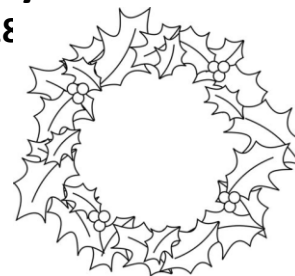
When: Thursday, December 13, 2018

Where: Garnet Hill Lodge

Time: Social Hour - 5:00 - 6:00 PM

Meeting - 6:00 - 6:15 PM

Dinner - 6:15 PM



Buffet Menu

Crudites / Cheese and Crackers / Hot Appetizer

Soup De Jour

House Salad with Balsamic Dressing / Rolls

Vegetarian Stir Fry over Rice

Chicken Piccata

Top Sirloin with Jack Daniels Bourbon Sauce

Season Vegetable Melody

Mashed Potatoes

Brownies and Carrot Cake

30% off your room with CRC reservation, at Garnet Hill Lodge! Check out the rooms on-line and reserve at (518) 251-2444, ! Includes breakfast and trail passes. RSVP by December 3rd.

-----Cut Off and Return the Bottom Portion-----

Cost: \$30.00 per person

I/We wish to make a reservation for _____ individual(s) at \$30.00 per person.

Name(s) _____

Address _____

Phone _____ Email _____

Enclosed is a check for \$ _____ payable to **Cold River Chapter**.

Please return this form with your check to Nancy Haggerty (518) 251-2481

CRC Chapter Treasurer

41 Farmview Road

Johnsburg, New York 12843

CRC Connections

Our CRC web address is: <https://www.adk.org/adk-chapter/cold-river/>

Stay in touch: Greg and Ellen Schaefer, our co-chairs may be reached at greg.schaefer@frontier.com and ellen.schaefer@frontier.com or by phone at 518-251-5451

If you have an article that you think CRC members might be interested in, send it in with author permission to Julie Milner at milnerjulie@yahoo.com, and we will try to include it in upcoming newsletters.

ADK Cold River Chapter July 2018 Newsletter Julie Milner, Ellen Schaefer, Editors milnerjulie@yahoo.com 425 Ravine Dr., Highland Park, IL 60035
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