

COLD RIVER CURRENTS

April 2023

The Newsletter of the Cold River Chapter of the Adirondack Mountain Club

Message from our Chair and Co-chair, Steve Mullins and Susan Atwell

Happy Spring to All,

Welcome to longer daylight hours and warming temperatures.

As always, the Outings Committee and outing leaders continue to present interesting and fun group opportunities to enjoy the trails and waters of the beautiful Adirondacks. We thank them for all they do.

After three years of pausing due to COVID, the CRC is resuming our potluck gatherings in 2023 on a limited basis. Our first member potluck will be this June, and will be hosted by Marti Townley and Ken Shea at their new home adjacent to Loon Lake. Please Save the Date: June 15; RSVP mdksshea@aol.com and specify if you will bring an entrée, side dish or dessert.

The annual CRC picnic will be Saturday, August 12, 2023 at the pavilion at Donnelly Beach, Town of Minerva Park.

11 A.M. appetizers

12 noon Red Truck BBQ catered lunch

1 P.M. Speaker-Julia Goren, ADK Assistant Executive Director

Reminder: CRC members' cost for the catered lunch is still \$5.00 per person. If you plan to invite a guest to accompany a member, the guest cost is \$15.00 per person. The planning volunteers will need to know if any guests will be attending, so that we can get a good handle on the amount of food needed.

The ADK Cascade Center opened this winter and was well-used by multiple CRC members. The cross-country skiing was reported to be excellent. We are excited to have this extraordinary facility available to all ADK members and public alike. If you've visited the facility, let us know your thoughts.

We are looking forward to a robust outings program this spring and summer and encourage all members to participate in your preferred area of interest. The Adirondacks provide Club members with an enormous array of outdoor activities from beginner level to difficult challenges. See you on the trails and water!

2023 CRC Executive Committee

Steve Mullins (Chapter Chair)

Susan Atwell (Co-Chair)

Rich Salz (ADK Advisory Council Trustee)

Rose Cooper (ADK Advisory Council

Alternate Trustee)

Anne Bernat (Secretary)

John Rendinaro (Treasurer)

Tom Riley, Lynn Butterworth (Outings Co-Chairs)

Ellen Collins (Membership Chair)

Linda Hales (Newsletter Chair)

Marti Townley (Member-at-large)

Chapter News

Trustee's Report By Rich Salz



1. The Advisory Council met on January 11, 2023 to vote on the Certified Leader Program (CLP) and Outings Leadership Guide (OLG), which had been provided to the Trustees, Alternates and Chapter Chairs on November 21, 2022. The CLP was approved by a vote of 19 to 5, and will be forwarded to the staff for review and revision. By a vote of 20 to 2 with 2 abstentions, the Advisory Council authorized that the OLG be forwarded to staff for review, revision and updating along with the comments posted on Slack. It should be noted that the vote on the OLG was limited to forwarding it to staff and did not approve the document.
2. Before the votes were taken, Julia Goren, ADK Deputy Executive Director, explained the necessity of having uniform guidelines because of the cancellation of ADK's Directors and Officers (D & O) insurance policy following a fatality on an outing in December 2019 and the insurer's investigation. A replacement D & O policy was purchased at a 400% increase in premium.
3. The ADK Education Staff are in the process of reviewing and editing the CLP and OLG with input from the Advisory Council and the Board. Once this is accomplished, the documents will be presented to the Board for approval. The CLP, if adopted, would create three levels of outing leaders, each with its own set of requirements.

Potlucks are Back!

June 15: CRC Potluck RSVP by June 10 limit 60

Location: 25 Bonnie Bell Farm Rd. Loon Lake, Chestertown
Hosts: Ken Shea and Marti Townley



Traditional Potluck: Please bring a dish, appetizer, or dessert to share. We will have a grill if you would like to grill something for yourself. We hope to hold the potluck on our beach so there will be no electricity. (You will have access to our house if needed) Please bring your own utensils, plates and beverages. Also bring a chair and bathing suit.

Time: 4-5 pm social hour
5-5:30 pm meeting
5:30 pm dinner

Contact: Marti Townley by June 10 Please let me know what you will bring mdksshea@sol.com
518-301-3712

Directions: Bonnie Bell Farm Rd. is off of rt. 9 on the west side of Loon Lake. From exit 25 drive west on rt 8/ rt 9, turn right onto rt. 9 at OP Fredericks and go about a mile and turn right at a gate for our beach. You can drive down. We will have a sign up. From exit 26 drive south on rt. 9. Bonnie Bell Farm Rd. will be about a mile on the right and the beach will be on the left. From North Creek drive East on rt. 8, then left on to Rt. 9 at OP's. (If the weather is not cooperative we will have the potluck at our house. To get to our house drive up Bonnie Bell Farm Rd. and take the first side road on the left after the barn. You will see the sign for 25. The house is on the right side of the Rd.)

Chapter News



Editor's Note: The Cold River Chapter voted to have two special events this year. This was our first one. We hope to have another one in the fall.

February 16: Special Event: Black Bear Presentation

Adirondack Interpretive Center

Organizer: Barbara Kearns



Nearly 30 CRC members, some skiing in, some coming to snowshoe the trails around the AIC, and some doing both, mingled, sipped beverages, and ate homemade goodies prior to an amazing presentation by Charlotte Demers. Barbara greeted all and spoke fondly of Elaine Schwartz and the many presentations she hosted at the AIC. Charlotte narrated a slide presentation, offering a background of all bears before launching into the specifics of our very own Adirondack Black Bears. Sharing much information, some conducted right at the center by ESF (State University of New York College of Environmental Sciences and Forestry), while passing around artifacts: a bear jaw, and fur/claws, and even a do-not-open bag of bear scat, we all came to a fuller understanding of the habitat and habits of the Black Bear. While acknowledging she probably was preaching to the choir, she reminded us all that current climate change, including the extremely warm current temperatures, adversely affects the natural world, including our own beloved black bears. Both social and informative, it was a lovely afternoon. ~ Kathy Herold



Pictures, courtesy of Richard Wang

Chapter News

More Events to look forward to:



July 20: Potluck; Dynamite Hill, Chestertown; hosted by Peggy Carroll and Linda Hales

August 12: 2023 Annual Picnic Donnelly Beach Pavilion, Minerva

September 21: Potluck; Long Lake Pavilion; hosted by Jackie Mallory and Kate Crohn

December 14: 2023 Holiday Party; Garnet Hill Lodge, North River



The DEC would appreciate some feedback through the linked survey. Please take a few minutes to complete it.



<https://www.surveymonkey.com/r/DECkiosks>

Where in the World?

A Boat Trip into the Flooded Forests of the Central Amazon

July 7 -22, 2022

By Peggy Carrol



It is a theme familiar to many Cold River Chapter travelers--our Primate Palooza into the Amazon's flooded forests was delayed for two years due to Covid. During those previous two years, in order to prepare for our trip, most of my fellow travelers and I participated in a Zoom course on the "Ecology of the Amazon / Neotropical Rainforest" from the University of Houston Clear Lake, taught by Dr. Cindy Howard, Chair of the Department of Environmental Sciences, who led our expedition into the rain forest. This was her 60th trip since 1966 with Amazonia Expeditions on our Amazon riverboat, the *Iracema*, which allowed for comfortable travel in 12 air-conditioned rooms. The crew prepared regional meals, and we enjoyed a full bar with Brazilian specialty caipirinhas--delicious! The top level of the boat is designed for bird and wildlife viewing, and each day we left the boat to explore the Amazon in motorized canoes, often stopping to hike, fish, or swim.



The Iracema

On July 7 we flew into Manaus, Brazil to meet our fellow travelers and the *Iracema*, where we spent the next two weeks. Manaus, a city whose early wealth came from extracting rubber, is the largest city on the Amazon and is only accessible by plane or boat. Only two or so degrees from the equator, the temperature varies little from one season to the next and was quite comfortable. We began our trip of 1,073 miles on the Rio Negro, one of the two major Brazilian tributaries that become the Rio Amazonas. A look at the central Amazon on Google Earth, will show that "The Amazon Basin" is huge and includes many rivers that drain from the north and the south. We explored the Maues, Parauari, Erepicuru, Madeira and Tapajos Rivers--only a few that make up this vast landscape of water, neotropical trees, plants, animals, cattle ranches, farmland, villages, and people.

As most travelers were skillful birders, we started our first outing of each day (awakened at 5:30 by a Pavarotti recording) and some nighttime outings in our motorized canoes, exploring the forest canopy to search out the 242 bird species that we found during our two weeks. Our canoes actually maneuvered through the canopy as July is the season of high water. The people of the Amazon accommodate the 60-foot low water/high water



Spotting birds in the rain forest

Where in the World?

differential with floating gardens, fishing, and moving livestock and their families on small barges and riverboats.



Crimson-hooded manakin

We were especially excited to find macaws, parrots, toucans, flycatchers, cotingas, manakins and kingfishers to name a few. Birding in the canoes and on the top deck was a fantastic experience as finding “exotic” neotropical birds became commonplace.

Another focus of our expedition was finding new world primates which included tamarins, marmosets, squirrel monkeys, capuchin monkeys, uakari monkeys, saki monkeys, titi monkeys, howler monkeys and spider monkeys. Some were quick-moving and hard to spot in the canopy; others obliged us by accepting banana and fruit offerings from the crew. Not so quick-moving were the two-toed and three-toed sloths who could be spotted by looking for “lumps” feeding on leaves in the canopy.



Squirrel monkeys

And how about the fish! One highlight was fishing for piranhas--quite easy to do as I only had to put a bit of meat on a line with a hook, drop it in the water alongside the canoe, and wait for a bite. And, yes, we ate our catch, although our piranhas were only about 6 to 7 inches long; but watch out for those needle-like teeth! My souvenir for the trip: a piranha jaw.

Other special Amazon mammals are the pink dolphin, or *boto*, and the gray river dolphin, or *tucuxi*. Swimming with the *botos* was amazing as they seemed quite comfortable with fellow human mammals as they bumped into us while jostling for fish tidbits.

Although it was hard to capture the wonders of this region, so vital to the well-being of the Earth, I came away with a new awareness of the complexity and fragility of the neotropics. This was a fantastic way to break out of the Covid blues and a thrilling way to appreciate the vast and glorious diversity of our planet.



Life along the river's edge



Exploring the canopy in motorized boats

Outings Reports

Should you have a favorite outing in your area that you would like to share with others and are interested in being a leader or co-leader, please let the outings chairpersons know. We are always looking for new ideas and new leaders!

IF YOU ARE NOT RECEIVING THE OUTINGS EMAILS AND WANT TO, OR IF YOU WANT TO STOP THEM---PLEASE SEND YOUR EMAIL ADDRESS AND REQUEST TO OUR CHAPTER AT AT ColdRiverADKChapter@adk.org



January 7: Snowshoe to Second Pond Leader: Anne Bernat

Second Pond is a remote pond on the other side of Gore Mt. Anne quickly did some research and found it as an alternative to her planned hike--what a great choice. Ten of us put on our microspikes and hiked this pretty woodsy trail with sunshine peeking through the trees. At 2.9 miles, we reached the pond where we enjoyed our lunch with a special homemade treat from Anne. The unusually warm temperatures for winter and good company made for a very pleasant day.
~Marti Townley



Second Pond

January 12: Ski Bowl Park (and beyond) Snowshoe, North Creek Leader: Brendan Hanley

This outing did not get off to an auspicious start. In the days leading up to January 12 the trails were covered with only a thin crust of ice and snow with some bare sections. It was apparent from the outset that spikes, rather than snowshoes, would be the equipment of choice. Next, it was learned that Beck's Tavern (where the hike was intended to end) would be closed on the 12th due to staffing issues. Finally, a Winter Weather Advisory was issued for the area with a couple of inches snow/sleet and sketchy driving conditions predicted. Nevertheless, five CRC members headed up the Schaefer Trail on Thursday morning. The light coating of new snow brightened up the woods. We eventually made it to the first waterfall where two hikers made their way down into the gorge to the water's edge. On our return down the Beck's Trail, normally open views were socked in and each took on a quiet, eerie quality that was appealing in its own way. All in all, the group spent a pleasant morning in the woods despite less-than-ideal conditions.
~ Brendan Hanley



Ski Bowl Park



Outings Reports

January 19th: Spectacle Pond Snowshoe, Schroon Lake **Leader: Tracey Donaldson**

Our group of seven hikers enjoyed a very pretty hike to Spectacle Pond in the Pharoah Lake Wilderness Area in Schroon Lake, on a somewhat overcast but warm day in late January. This gently rolling hike runs parallel to a lovely stream and features several water crossings via four sturdy wooden bridges. It slowly rises to a forest of hemlocks, then along a small ridge before descending to the pond at approximately 1.6 miles. Many started off without cramp-ons but donned them shortly up the trail as there was only slight snow cover with many areas of ice to navigate. This peaceful hike also features several interesting rock formations along the way. We enjoyed some snacks at the water's edge with a wonderful view of Pharoah Mountain in the distance. Thank you, Tracey, for an enjoyable hike and to Steve J. for being the "odd man out" with six ladies. ~Caroline Jackson



Spectacle Pond

January 19: Black Mountain Loop, Dresden, NY **Leaders: Gail & Chuck Helfer**

Five hikers ascended Black Mountain, the highest mountain in the Lake George area. Weather was cloudy but pleasantly mild, and there was no wind! The 7-mile loop took us over the mountain, down the south ridge and past the Black Mountain and Lapland Ponds. The cloud cover made any far views nonexistent, but views of Lake George and the immediate surroundings were good. A lunch break was taken at the Black

Mountain Pond lean-to, a lovely spot that sits above the pond. While snow was sparse, the icy trail conditions for most of the loop made the hike more challenging. ~Gail Helfer



Black Mountain Loop



January 26: Pine Ridge Snowshoe, North Creek **Leader: Brendan Hanley**

A two-hour delay was a good decision as we had peaks of much needed blue sky on our snowshoe trek of about 3 miles RT. Brendan deserves a special shout out for our hike through his property and up to the Pine Ledges, which offered us views across Peaceful Valley and the ski trails at Gore. Challenges included crusted ice and occasional stream crossings as we bushwhacked, but we were well rewarded by great company and a view of the slopes, despite some cloud cover over the mountains and a bit of wind. On our way back, we enjoyed a lovely pathway through the pines—"Narnia," Brendan noted his family had labeled the spot when the kids were little. The sound of rushing water accompanied us along the path as the Hanley home came into view. A lovely choice for a Thursday afternoon hike. ~Kathy Herold

Outings Reports



Pine Ridge

January 30: Cascade Lake X-C ski, Eagle Bay

Leader: Jeanne Tommell

Thank you to the four good sports who joined me on a 6-mile ski around Cascade Lake! We postponed from the 26th to Monday the 30th because of bad roads. The trail was tree free and tracked, thanks to Ranger Jen Temple and her chain-sawing husband. The reward was the waterfalls at the halfway mark, which was all frozen over, but we could see and hear the flowing water behind the ice. Really a lovely ski! ~Jeanne Tommell



Cascade Lake



February 2: John Pond and Clear Pond Loop X-C Ski, Indian Lake

Leaders: Lynn Butterworth and John Rendinaro

This was a true back-country ski through the wilderness. It had twists and turns, ups and downs, and streams and logs to cross. We had to use all our skills or make up some new ones. Laughing and smiling made the day a wonderful success. After lunch at the lean-to by the pond, it was a smooth kick and glide out to the trail head. (Except for one log that Ken tried to jump and almost made it.) A big shout out to Rob who swept and made sure everyone made it out of the woods safely. This was a fun loop to try again someday! ~Marti Townley



John Pond and Clear Pond Loop

Outings Reports

February 2: Berrymill Flow Snowshoe, Hague **Leader: Brendan Hanley**

Five hikers enjoyed a gorgeous day and good snow conditions on this snowshoe through-hike in the Hammond Pond Forest between the DEC Berrymill Flow trailhead on West Hague Road and the Putnam Pond State Campground trailhead. After about a 2-mile hike, we reached the Berrymill Flow lean-to, which appeared to have been recently constructed. We were struck by the quiet and beautiful setting, and all agreed that it would be a lovely place in every season. The wind was starting to kick up a bit, prompting a conversation about the upcoming cold snap anticipated in the region. After admiring the somewhat irregular conformation of the Flow, we continued our journey along this moderate and scenic trail that we enjoyed, all to ourselves. One brief segment required that we break trail through fairly light snow. We passed by several beaver ponds and tell-tale gnawed trees. As we approached our destination, we enjoyed filtered views of Lake George, including some to either side of several unidentified mountains. At journey's end, we piled into the designated shuttle car and headed back to the Putnam Pond parking lot. Total distance was approximately 5.5 miles, completed in about 5 hours. All agreed that this is a rewarding winter hike. – Sara Mullins



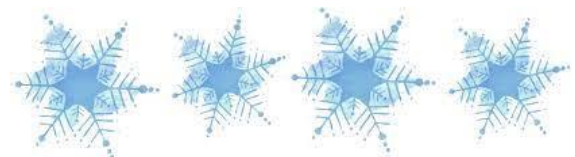
Berrymill Flow

February 9: East Mill Flow Snowshoe, North Hudson **Leader: Tracey Donaldson**

One person cancelled, as the weather called for rain later in the day, but we managed to enjoy our time in the woods together on this North Hudson trail before the weather turned. We began our journey at the Sharp Bridge Campground, which is adjacent to the Schroon River in North Hudson. It's a gentle, relatively flat trail that follows the river initially, then takes a turn into thick woods. I imagine we were following at some point what was once an old logging road, as the trail was wider and easy to see. The forest thickened, and we stopped to notice the trees around us, mostly hemlocks and yellow birch. We snowshoed for two miles crossing several nicely maintained bridges over wet areas and streams. We stopped for a quick snack, then turned around and tried to pick up the pace to beat the change in weather we knew was coming soon. We succeeded, and all headed home before the heavy snowflakes accumulated too much. It was a nice morning in the woods and we were all warm and happy. ~Tracey Donaldson



East Mill Flow



Outings Reports

February 14: Cedarlands X - C Ski, Long Lake

Leader: Gail Gabriels

We had a blue-sky day with warm temperatures and soft snow. You can't beat that for a wonderful ski day! Cedarlands is an easement near Long Lake. It surrounds McRorie Lake. Our destination was a lean-to, but we all agreed that a ski around the lake would be even better, so we started off on our adventure. The trail we chose looked very promising but eventually petered out. We checked our GPS and all agreed we would have to turn around and head back. It was still a great ski of over 9 miles round trip. ~Marti Townley



Cedarlands

February 16: Big Bad Luck Pond Ski **Leader: Greg Schaefer**

With the less than optimal back country ski conditions this season, Greg had few takers for his trip over the Halfway Brook Trail. Greg and one other skier decided the Big Bad Luck Pond trail near Indian Lake would have sufficient snow to make for a good outing. This almost 5-mile RT was a great choice, and indeed, was good luck for us. Let's leave it at that. The snow was fair, the views across the lake were beautiful, and a good time on a fine outing was shared.

~Greg Schaefer



Big Bad Luck Pond



February 24: Big Bad Luck Pond X - C Ski

Leader: Rob Haggerty

Conditions were rather difficult into Second Pond, so we chose to ski another new trail into Big Bad Luck Pond. Our luck was better here. But how do you ski on 6 inches of powder under an inch of crust!? Well, we learned and perfected our technique as we went along. We made it in to a beautiful spot on the pond with rays of sunshine to brighten the day. The ski out was fast and fun. On the trail we all took turns breaking. We were rewarded for our hard work and had a great adventure! ~Marti Townley



Big Bad Luck Pond

Outings Reports

February 27: Santanoni Leader: Marti Townley

Marti was originally going to lead a ski to Botheration Pond. Then we got snow with crusty ice that made skiing difficult. Not only was the ice a challenge, but so were the temperatures on Saturday. Marti switched the outing to a Sunday ski into Santanoni and had dreamy winter weather. The conditions were excellent with snow-globe snow all day. It was a fun group that had a delightful outing! ~Gail Gabriels



Santanoni

March 2: Stony Pond Snowshoe, Minerva Leader: Ger Cox

Eight of us met at the trailhead on Route 28N just north of Minerva. We had a new covering of snow since the last folks were in there, but the trail was very clear to follow--not deep, and snowshoes were the order of the day. Weather was grey and threatening to rain when we started off, but brightness improved as we snowshoed in. The trail is undulating, and follows the stream at certain points. The lake was nice, but we moved up to the lean-to to enjoy a nice break. It was brief as it got cold quickly! We returned to the trailhead, and thankfully, were able to get all the cars out of the snow easily. ~Ger Cox



Stony Pond

March 2: Boreas Ponds X – C Ski, North Hudson Leader: Gail Gabriels

We had a 14-mile RT ski ahead of us and a trail to break. Could we do it? Yes, seven of us took turns breaking trail. The day was cloudy, but warm, with no wind. The woods and streams had wonderful puffs of white snow. We had a little scare with some precipitation, but one member encouraged us to keep trucking with the reward of a lean-to with actual platforms to sit on for lunch. The precipitation stopped and our trip out was a lot quicker with a fun 2-mile downhill on the way out! ~Marti Townley



Boreas Ponds

Outings Reports

March 5: Moose Pond Ski, Newcomb **Leader: Marti Townley**

A day in the woods, on skis, with friends can't be beat! It was a long journey, 14.8 miles total, but we all had a desire to do it! We had to break trail most of the way, but conditions were good so we took turns and made it all the way to the pond. A really nice kick and glide out, except for one tricky water crossing and one long uphill, finished a very satisfying day! ~Marti Townley



Moose Pond

March 9: Garnet Lake to Lizard Pond **Snowshoe, Thurman** **Leaders: Judy and Steve Thomson**

There was a considerable amount of untracked snow on Garnet Lake when 9 snowshoe trekkers headed out from the public boat launch for Lizard Pond. Temperatures were in the low thirties with cloudy skies as we crossed the lake to the trailhead, but sunshine appeared as we began our 1.3 mile ascent to the pond. Fortunately, a snowmobile had packed the trail enough to ease the work for the lead snowshoes. After lunch at the lean-to, the group decided to return to the trail via the pond. The bright sun on the lake had softened the snow considerably as we made our way back to the boat launch, about 4 hours and close to 5 miles after we began. It was a great late winter outing. ~Steve Thomson



Lizard Pond

March 9: Botheration Loop X – C Ski **Leader: Rob Haggerty**

To find good snow to ski in March can be difficult, but we found it! This 7.4-mile loop near 13th Lake has everything--pine forests, brooks and bridges to cross, ponds, hills and a winding trail through the woods. We had plenty of soft snow, a beautiful blue sky after lunch, pleasantly warm temperatures and good company. That makes for a good day! ~Marti Townley



Botheration Loop

March 22: Stony Pond ski **Leader: Jeanne Tommell**

When weather doesn't look good--change your date and change your ski! Spring conditions can be tricky. We started off with a difficult climb, but gradually the snow softened up, and we had a fun ski. The deep trough made by snowshoes was a little challenging but we made it work. We had a wonderful lunch in the warm sunny weather overlooking the pond. Thank you Spring! ~Marti Townley

Outings Reports



Stony Pond

March 30: Treadway Mountain from Putnam Pond Snowshoe, Ticonderoga Leaders: Gail & Chuck Helfer

We enjoyed a hearty hike in the Pharoah Wilderness area on a blue-sky, cool-temps-kind-of day. Our fearless leaders had snowshoed in two feet of powder days earlier to make our eight-mile hike doable in micro-spikes, though we brought our snowshoes just in case. We never needed them. We marveled at the deep postholes made by a couple Gail and Chuck had encountered days earlier. Despite being close to the top, it was probably wise that they had turned around.

The trail followed the shores of Putnam Pond, and we hiked some ups and downs (PUDS...a new term for me) and reached the rocky summit of Treadway Mountain. The views were spectacular and included the High Peaks, Pharoah Mountain, Pharoah Lake and even the Green Mountains.

We enjoyed great company and welcomed Alex, for whom this was a first hike with the Cold River Chapter. Another Vermonter, he liked the idea of Thursday hikes as his family and grandchildren keep him busy on the weekends. Welcome Alex! A great last snowshoe for the month of March! ~Kathy Herold



Treadway Mountain



March 30: Polaris Bridge on Goodnow Flow X – C Ski, Newcomb Leader: Barbara Kearns

What is a little extra wind when you are XC skiing with friends, there is a clear blue sky overhead and plenty of sun? You can tell by the smiles that a good time was had by all as we skied to the bridge, crossed the Hudson and went some distance beyond in search of a lunch spot out of the wind. Although forewarned, I didn't realize we had enjoyed such long downhill until the return trip, naturally. Many thanks to Bobbie for a beautiful day and her sharing the history of the area! ~Jan McCann



Polaris Bridge

Membership Report

Membership Chair, Ellen C. Collins

As of February 2023:

Total Households: 322

Total Members: 547

Total Affiliates: 20



Kathleen Sanders - Newcomb, NY
Austin Williams -Wyckoff, NJ
Heather Williams- Schroon Lake, NY
Michael Wolfe- North Creek, NY
Daniel and Laura Zimbalde -Mararoneck, NY
Loretta Gomez- Indian Lake, NY
Lisa and Jim Kiernan -Glenfield, NY
Alexander and Kathleen Paul -Shelburne, VT
Kathryn and Richard Pettus -Pelham, NY

Our CRC web address is: <https://www.adk.org/adk-chapter/cold-river/>

Cold River Chapter
April 2023 Newsletter
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