

**July 3: Hike to Marion Pond, from Loch Muller trailhead, Town of Schroon,
Hoffman Notch Wilderness**

Leader: Meredith Todd

ADK Leader Level: 1, C+ (Fairly Easy)

Duration: 4-5 hours, 6-6.5 miles

Limit: 15

Description: Marion Pond is small but lovely. To start, this hike follows the almost level Bailey Pond trail. Near Bailey, we will leave the marked trail, following an old road. There are 2 brook crossings on this old road (bridges gone), which require rock-hopping. The path leaves the old road and takes us up through the woods then eventually along a ridge to reach the pond. The elevation gain is about 600'.

Meeting Time/Place: 8:50 at the Black Bear in Pottersville to carpool or ready to hike at 9:30 am at the Loch Muller trailhead.

Directions: From Route 9 in the hamlet of Schroon Lake, take Hoffman Rd for 6.2 miles, then turn right onto Loch Muller Rd. Drive about 1.5 miles all the way to the end. From Olmstedville, take Irishtown Rd or Trout Brook Rd north. Irishtown Rd. becomes Hoffman Rd, and with a left turn onto LM Rd. From TB road, turn left onto Hoffman at the end of TB Rd, then right onto LM Rd.

Contact: Meredith at meredith36ny@yahoo.com or 518-494-8088 (land line, do not text). If cancellation is necessary, an email will be sent by 7:00 am the day of the outing.

Date: July 7: Grasse River Waterfalls hike

Leader: Walt Nelson

ADK Rating: Leader Level C (easy)

Duration: 4.5hr.

Limit: 11

Description: There are several waterfalls on the Grasse River between Cranberry Lake and Clare. We will visit 5 of them. (Copper Rock, Rainbow, Twin, Sinclair and Basford.) Their trails are <1.0 RT from the Tooley Pond roadside. A 6th, Lampson, is on a 2.5-mile RT trail near Clare. Dress for the weather. Bring a snack or lunch. Carpooling time +1.5 hr. (<https://www.visitstlc.com/waterfalls-guide/>)

Meeting Time/Place: 9:30 AM. From Cranberry Lake to Clare is ~ 35 miles. We will meet and carpool from the intersection of Rt. 3 & Tooley Pond Rd. Cranberry Lake is ~25 miles west of Tupper Lake on Rt. 3. Tooley Pond Rd. is west of 'downtown' Cranberry Lake at and prior to the bridge crossing the Grasse River.

Contact: Walt Nelson via TEXT 716.799.4016 with your interest. Any last-minute changes will be conveyed by 7:30 the day of the outing.

Date: July 10: Lake Lewey/Miami River Paddle

Leader: Shannon Andersen

ADK Rating: Leader Level 1, C (Easy)

Duration 4 hours 5 Miles Limit: 10

Description: We will start our day by exploring the south end of Lewey Lake to the inlet of the Miami River. The Miami River flows into the West Canada Wilderness where French Louie had set up several camps for many years. We will paddle as far as the beaver dams allow us. We will then paddle the 3.5 mile circumference of Lake Lewey stopping at a campsite to have lunch. There is a fee to enter the Lake Lewey campground of \$10 or free if you have the Empire Pass.

Meeting Time/Place: 10 AM at the launch located in the Lake Lewey campground on Route 30 in Indian Lake.

Contact: Shannon Andersen at theandersenson3385@yahoo.com or 914-490-9534.

Date: July 17 Bog River Flow and Hitchins Pond Overlook (paddle and hike)

Leader: Matt Schwab

ADK Rating: Leader Level 2, B (Moderate)

Duration: 5 hours Limit: 10

Description: This trip will start with a beautiful 3-mile paddle on the Bog River Flow from the Lower Dam to Hitchins Pond. From there, weather permitting, we will take a quick (2 miles round trip) hike up to Hitchins Pond Overlook, a small ridge with good views over the area. After lunch, we will return to the boats and paddle the 3 miles back to the Lower Dam.

Meeting Time/Place: Meet at 8:30 at the Long Lake town beach (opposite the Adirondack Hotel), or 9:00 at the parking area for the Bog River Flow Lower Dam.

Contact: Matt Schwab at mschwab205@gmail.com

July 17: Goodnow Mtn hike, Newcomb

Leader: Ger Cox

ADK Rating: Leader Level 1, C+ (Fairly Easy)

Duration: ~3+ hours; 3.9 miles RT Limit 12

Description: Goodnow Mountain Fire Tower trail begins just off State Highway 28N nearly opposite the ESF VIC, and climbs up to a summit with wonderful views of Rich Lake and surrounding mountains. The fire tower cab is locked, but you can climb up the stairs just beneath the cab. The trail starts out fairly flat but then begins to ascend somewhat steeply. Elevation gain is 1040 ft. and it is 1.95 miles to the fire tower.

Meeting Time/Place: 9:30am at the trailhead. Trailhead is on NY28N East of Long Lake. There is a white ESF trailhead sign on the right side of the road about 11.6 miles east of Long Lake village. If anyone wants to carpool from Exit 29 A Frame parking lot, and drive along Blue Ridge Road, I can meet you there at 8:45am.

Contact: Ger Cox at ger526@msn.com or call 646-476-1842.

If cancellation is necessary, an email will be sent by 7AM the day of the outing.

July 21 (Monday): Saranac River to Ossetah Pond Paddle (Alternate (rain) date July 22)

Leader: Tom Meyering

ADK Rating: Leader Level 1, C+ (Fairly Easy)

Duration: 3-4 hours Limit: 12

Description: Paddle along the Saranac River through Second Pond, and Ossetah Lake to Kiwassa Lake. The trip will include paddling on a quiet river as well as two busier ponds. Along the way we will travel through a lock. There are also several bays and islands to explore along the way before tracing our paddle to return. Total distance up to 8 miles.

Meeting Time/Place: 10:00 AM meet at the DEC Boat Launch for the Lower Saranac Campground. The parking lot is on Route 3 approximately 4.3 miles west of the intersection of Main Street and River Street (Route 3) in Saranac Lake Village.

Contact: Please signup by contacting me. Tom Meyering at Remy12603@gmail.com or 845-235-7699. If cancellation is necessary, an email will be sent by 7:00 AM the day of the outing.

July 23-24: Overnight Camping and Paddle at Boreas Ponds, North Hudson

ADK Rating: Leader Level 2, B Moderate (portage about a mile)

Duration: about 30 hours

Limit: 8 people total

Leader: Tracey Donaldson

Description: This is an overnight camping trip at Boreas Ponds with 2 days of paddling. Participants must provide their own food, water, camping equipment, kayak, PFD, whistle, sunscreen, bug spray, wheels to portage approximately 1 mile to the campsite. We will hike in, paddle, set up camp, sleep in either the lean to or a personal tent, eat dinner and breakfast. 2 bear canisters will be provided, but if you have one, please bring it with you.

Meeting place/time: We will meet at the final parking lot off of Gulf Brook Road at 10:00 a.m. on Wednesday, 7/23, departing sometime on Thursday, probably in the early afternoon. Gulf Brook Road is located off Blue Ridge Road, about 16.5 miles east of Newcomb and about 7 miles west of Exit 29 on I-87. The final parking lot is 500 feet beyond LaBier Flow access. No tent sites are designated, but all of the lands are open to backcountry camping provided campsites are more than 150 feet from a roadway or body of water. A newly constructed lean-to is in the clearing near the launch site. This is where we will set up camp.

Contact: Tracey Donaldson 845-464-5177, traceydonaldson0710@gmail.com
If cancellation is necessary, an email will be sent by 6:00 a.m. the morning of the outing.

Date July 24: Raquette Lake South Inlet Paddle**Leader: Shannon Andersen****ADK Rating: Leader Level 1, C, (Easy)****Duration: 4 hours 4 Miles**

Description: The inlet offers a calm and easy flatwater paddle. We will start our paddle at the bridge where Route 28 crosses the South Inlet, three miles east of Raquette Lake hamlet. Here we will Paddle up the Inlet (South) meandering through scenic views and boggy landscapes with wildflowers and pitcher plants which provide a habitat for many birds. We turnaround at the small waterfalls/swimming pools. Here we will and get out, stretch our legs, have lunch prior to heading back to where we began.

Meeting Time/Place: Be ready to paddle at 10 AM at the pull off just before the construction light after the Golden Beach campsites if your coming from Blue Mountain Lake or just after the light if your coming from inlet. Please have your PFD and whistle.

Contact: Shannon Andersen at theandersenson3385@yahoo.com or 914-490-9534.

July 31: Vanderwhacker Mountain (Fire Tower) Hike, Minerva**Leader: Lynn Butterworth****ADK Rating: Leader Level 2, B+, (Moderately Strenuous)****Duration: 4 - 4.5 hours, 5.3 miles Limit: 15**

Description: Vanderwhacker Mountain is located in the Vandershacker Mountain Wild Forest. We will start on rolling hills terrain. There are several small creeks to cross, and we will pass around a marshy area. We will pass two cabins used by the fire observer, and at this point, the trail begins a steady, strenuous climb. After this one-mile climb, the push to the top becomes more moderate. At the top, a fire tower offers a panoramic view to the north. There is 1700' of elevation.

Meeting Time / Place: 9:15 AM to carpool from Black Bear Restaurant, Pottersville or 10:00 AM ready to go at the Vanderwhacker Mountain trailhead, Moose Pond Club Rd., Minerva, NY 12851. Take NYS Northway exit 26 toward US-9/Pottersville/Minerva. In .2 miles, turn left onto Valley Farm Rd. In .4 miles, turn right onto US-9N. In .2 miles, slight left onto Olmsteadville Rd. In 6 miles, Turn left onto CR 29. In .4 miles, turn right onto AP Morse Hwy. In 2.9 miles, turn right onto NY-28N W. In 8.6 miles, turn left onto Moose Pond Club Rd. In 2.6 miles, you will reach the trailhead.

Contact: Lynn & John at rendiandbutter@gmail.com or 518. 240. 6162

If cancellation is necessary, an email will be sent by 7:00 AM the day of the outing.

July 31: Minerva Cemeteries Hike**Leader: Kate McCormick****ADK Rating: Leader Level 1, Easy****Duration: 3 hours**

Description: This year we will be touring 3 Minerva Cemeteries sharing founders, lodge keepers, rangers/guide history by tapping into local histories and diaries.

Meeting Time/Place: We will meet at the Minerva Town Hall lower parking lot at 9:30 and visit The Baptist Cemetery Route 28, across from the Baptist church. Next we visit Federal Flats and Butler cemetery in Olmstedville. Bring water, snacks and sun hats.

Contact: Kate McCormick 347-225-4602 or kag35@icloud.com