

June 2026 ADK-CRC Outings

Thursday June 4, Paddle, Crane Pond, Pharaoh Wilderness

Leader: Alex Paul

ADK Leader Level 1, C (Easy)

Duration: 6 hours Limit: 10

Description: We will carry our boats from the Crane Pond parking lot to Alder Pond (.9 miles). Then paddle across Alder Pond and take out at its head. From there we will carry to Crane Pond (100 yards), paddle to its head and return via the same route.

Meeting Time/Place: 9:00 a.m. at the Crane Pond Parking lot. From Schroon Lake take Alder Meadow Rd. east to junction with Crane Pond Rd. Bear left on Crane Pond Rd. and go to the parking lot at the end.

Contact: Alex Paul at 719.306.4467 or alex.paul954@yahoo.com. Don't forget your PDF, whistle & a snack/lunch.

If cancellation is necessary, an email will be sent by 7:00 a.m. on the day of the outing.

Schroon Lake Health Center (518-532-7120), 24 Fairfield Ave, Schroon Lake.

Thursday June 4, Cycle from The HUB in Brant Lake

Leader: Tracey Donaldson

ADK Leader Level 1, c+ (Fairly Easy)

Duration: 25 miles, approximately 3 hours. Limit: 10

Description: This ride will start at the HUB in Brant Lake and take Beaver Pond Road to the hamlet of Adirondack on Schroon Lake. Beaver Pond Road has a climb, but it's a quiet scenic back road (in rough shape in some parts). Total elevation gain is around 860 feet.

The route can be viewed here: <https://ridewithgps.com/routes/53995205>

Meeting Time/Place: 9:30 a.m. at The HUB in Brant Lake.

Contact: Tracey Donaldson, traceydonaldson0710@gmail.com or 845-464-5177. An email will be sent out by 7:00 AM if it's necessary to cancel the outing. Hudson Headwaters, 3767 Main Street, Warrensburg, NY 12885, [518-623-2844](tel:518-623-2844)

Thursday June 4, Hike, Poke-O-Moonshine (Observers Path), Willsboro

Leader: Lynn Butterworth

ADK Leader Level 2, B+ / Moderately Strenuous

Duration: 4 - 5 hours, 5.5 miles Limit: 10

Description: This hike passes through beautiful forestland. It starts with a stream crossing then proceeds up at a steady climb. About halfway to the top, we pass a beaver pond. A quarter of a mile from the summit, we intersect the Ranger Trail, turning left to get to the summit. There are prominent cliffs seen from the Northway as well as from peering over the

edge of the summit. The hike offers excellent views of Lake Champlain, Burlington, VT, and some of the High Peaks. Additionally, a fire tower, if open, offers spectacular, 360-degree views. We will have a snack or lunch at the top. This hike has almost 1500' of elevation gain.

Meeting Time / Place: 10:00 AM at the Poke-O-Moonshine trailhead on Rt. 9N. Take NYS Northway to exit 32 toward Lewis/Willsboro. Turn left onto Stowersville Rd. Go 1.7 miles and turn right onto U.S. Rt 9N. Drive 9 miles to trailhead on the left side of the road. This is the Observer's Path trailhead, NOT the Ranger Trail.

Contact: Lynn at rendiandbutter@gmail.com or 518-240-6162. If cancellation is necessary, an email will be sent by 7:30 AM the day of the outing. Elizabethtown Community Hospital, 39 Farrell Rd, Willsboro, NY 12996, [\(518\) 963-4275](tel:5189634275)

Monday June 8, Paddle Follensby Clear, Pollywog, Little Pollywog, Horseshoe Ponds

Leader: Walt Nelson

ADK Leader Level 1 c (easy)

Duration: 4 hours Limit 10

Description: St. Regis Canoe area offers a remote paddle. There are four short carries between the four ponds. We will cross each and return to the launch.

Meeting Time/Place: 10 AM ready to launch from the Follensby Clear Pond boat launch on Route 30. The launch is on the left ~12 miles from Tupper Lake on Rt. 30, (past Fish Creek campground).

Contact: Walt by TEXT (716.799.4016) with your interest. Cancellation and other information will be relayed before the day of the paddle and by 7:30 AM the day of the outing. Dress for the weather and have a PFD, whistle and snack/lunch. AMC Saranac Lake, 2233 NY-86 Saranac Lake, 518.891.4141

Thursday June 11, CRC Potluck

Location: 25 Bonnie Bell Farm Rd. Loon Lake, Chestertown

Hosts: Ken Shea/ Marti Townley

Traditional Potluck: Please bring a main dish, appetizer, or dessert to share. We will have a grill if you would like to grill something for yourself. We hope to hold the potluck on our beach so there will be no electricity. (You will have access to our house if electricity is needed) Please bring your own utensils, plates and beverages. Also bring a chair and bathing suit. There is a port a potty.

Time: 4-5 pm social hour, 5-5:30 pm meeting, 5:30 pm dinner

Contact: Marti Townley by June 8, please let me know what you will bring
mdksshea@sol.com 518-301-3712

Directions: Bonnie Bell Farm Rd. is off rt. 9 on the west side of Loon Lake. From exit 25 drive west on rt 8/ rt 9, turn right onto rt. 9 at The Loon Restaurant & Tavern and go about a mile and turn right at a gate to our beach. You can drive down. We will have a sign up. From exit 26 drive south on rt. 9. Bonnie Bell Farm Rd. will be about a mile on the right, and the beach will be on the left. From Weavertown drive East on Rt. 8, then turn left on to Rt. 9 at The Loon Restaurant & Tavern. (If the weather is not cooperative, we will have the potluck at

our house. To get to our house drive up Bonnie Bell Farm Rd. and take a left after the barn. Bear right at the sign for 25. (The first house you see is ours.) **Chester-Horicon Health Center** (6223 State Route 9, 518-494-2761)

Tuesday June 16, Paddle Nicks Lake, Old Forge

Leader: Jocelen Pearson

ADK Leader Level 1 c (easy)

Duration: 2.5 hours Limit: 10

Description: Enjoy a scenic paddle on Nicks Lake surrounded by state land and beautiful undeveloped shoreline. The state campground is hardly visible with the exception of a large sandy swimming beach. Behind a scenic footbridge is a small bay and inlet with small beaver channels to explore. There is a sandy section of shoreline opposite the boat launch where paddlers can take a break, stretch legs and have a snack at the mid-point of this outing. Paddlers will meet and unload their watercraft at the state campground boat launch at 9:30 AM - ready to paddle at 10:00 AM. This will be a 2.5-hour paddle.

Meeting Time/Place: Meet at 9:30 AM at Nicks Lake Campground. A day use fee will be charged at the entrance. Proceed to the boat launch near the swimming beach. Ready to paddle at 10:00 AM.

Directions: 278 Bisby Road, Old Forge, NY 13420. Take Route 28 to Old Forge. If approaching from the west, take a right onto Gilbert Street (at the US Post Office). If approaching from the east, take a left onto Gilbert Street. Take a right onto Park Avenue. Take a left onto Joy Tract Road. Take a left onto Bisby Road. Follow signs to Nicks Lake Campground.

Note: For those traveling a distance for this paddle, there is very nice public restroom in Old Forge right behind Tony Harper's restaurant. Restrooms will also be available at Nicks Lake campground.

Contact: Jocelen via Text at (703) 728-4980 or email at jocelenpearson@verizon.net.

If cancellation is necessary, texts and emails will be sent by 7:00 AM the day of the outing. You will be contacted via the method you use to RSVP (text or email). [MVHS Medical Group – Town of Webb Medical Office](#), 114 S Shore Rd (315-369-6619)

Thursday June 18, Paddle, Lake Abanakee, Indian Lake

Leader: Matt Dunn

ADK Leader Level Easy (C+) 3-4 hours Limit 10

Description: Approximately four miles in length and one-half mile wide, the Lake has shallow depths and irregular shoreline provide great nesting for osprey, eagles and other birds. We will start at the boat launch just north of the Indian Lake Public Beach on Chain Lakes Road and paddle south down the length of the lake, exploring the many quiet coves along the way.

Meeting Time/Place: 10AM ready to go at the boat launch on Chain Lakes Road. Chain Lakes Road is 1.3 miles east of the center of Indian Lake on Rte 28. Turn north onto Chain Lakes Road and proceed a half mile to the Indian Lake Public Beach. Go another 500 yards and the dirt parking lot will be on your left and the boat launch on your right.

Contact: Matt Dunn - Text: 315-420-3025; Email: matt@mdunn CPA.com. If cancellation is necessary, an email/text will be sent by 7:00 AM the day of the outing. [Indian Lake Health Center](#) (518-648-5707), 6356 State Route 30, Indian Lake

Monday June 22, Bike Trip to Great Camp Santanoni, Newcomb

Leader: Rich Salz

ADK: Leader Level 2 B (Moderate)

Duration: 3.5 hours Limit: 15

Description: 10 miles round trip on a well-maintained, rolling dirt road to a restored late 19th century Great Camp on Newcomb Lake. One long hill. Mountain or hybrid bike required (no e-bikes).

Meeting Time/Place: 10:00 am at Santanoni Parking Lot, Route 28 N, Newcomb

Contact: Rich Salz: richsalz10@gmail.com or 914-260-1337. If cancellation is necessary, an email will be sent by 7:00 AM the day of the outing. **Newcomb Health Center** (518-582-2991) at 4 Santanoni Dr, Newcomb. Emergencies: 518.582.2107

Monday June 22, Paddle, Indian Carry to Bartlett Carry, Middle Saranac Lake

Leader: Walt Nelson

ADK Leader Level 1, C (easy)

Duration: 4 hours Limit 10

Description: After launching from Indian Carry, the paddle enters Middle Saranac Lake. We will follow the eastern shore to Bartlett Carry and return with time exploring the southern end of Middle Saranac Lake.

Meeting Time/Place: 10AM at Indian Carry, ready to paddle. Indian Carry Road is 8.5 miles east/north of Tupper Lake and 13 miles south/west, both on Rte. 30.

Contact: Walt by TEXT (716.799.4016) with your interest. Cancellation and other information will be relayed before the day of the paddle and by 7:30 AM the day of the outing. Dress for the weather and have a PFD, whistle and snack/lunch. AMC Saranac Lake, 2233 NY-86 Saranac Lake, 518.891.4141

Thursday June 25: Paddle, Lens Lake, Stony Creek

Leaders: Anne and Jim Waring

ADK Leader Level 1, C (Easy)

Duration: 2.5-3 hours, 3.5-4 miles Limit: 10

Description: Lens Lake offers a peaceful and scenic paddling experience on a largely undeveloped and pristine body of water. The lake is unique in its rich diversity of floating bog mats and plant life including pitcher plants, sun dews, cranberries and cottongrass. The narrow channels that wind through the bogs create an immersive experience allowing you to get up close to one of the richest plant habitats in the Adirondacks. It's also part of the Town of Corinth's [Home - ADK Gateway 8 Challenge](#).

Meeting Time/Place: 10 am at the Lens Lake Boat Launch. From Stony Creek, turn by the Stony Creek Inn onto Roaring Brook Road. Go 3.4 miles and turn left onto Lens Lake Road. Travel 1.7 miles on Lens Lake Road. After Fisher Road, take the next right onto Lake

Avenue (formerly Rod and Gun Club Road) to the Lens Lake Boat Launch. Parking is on the left.

Contact: Anne or Jim Waring at annewaring1011@gmail.com or (631) 965-0610. If cancellation is necessary, an email will be sent by 7:30 AM the day of the paddle. Hudson Headwaters, 3767 Main Street, Warrensburg, NY 12885, [518-623-2844](tel:518-623-2844)

Thursday June 25, Hike, Sleeping Beauty Mtn/Bumps Pond loop, Fort Ann

Leader: Meredith Todd

ADK Leader level: 2, B (due to elevation change)

Duration: 4.5 - 6 hours. Limit: 12

Description: Sleeping Beauty Mtn is on the ridge of mountains above the east shore of Lake George. We will hike north from Dacy Clearing to Bumps Pond, taking a left at the first trail junction to traverse the loop counterclockwise. We will summit SB Mtn on the return, south towards Dacy Clearing. There is a fabulous view of the Lake George region from the summit and ledges of Sleeping Beauty. The hiking distance will be approximately 5.6 miles, with 1053' of elevation gain.

Meeting time/place: At Hogtown Parking lot on Shelving Rock Rd at 9 AM, or Northway exit 24 at 8:15 to carpool.

Directions: From NY Rt 149 heading east, turn left onto Buttermilk Falls Rd, 1.6 miles past the junction of NY Rt 9L. At 3.2 miles, bear left slightly onto Sly Pond Rd. After another 2+ miles, the road name will change again to Shelving Rock Rd. 6.2 miles from Rt 149 is the Hogtown Parking area. We will all meet there and carpool an additional 1.6 miles on the rough road to Dacy Clearing.

Contact: Meredith Todd, meredith36ny@yahoo.com or 518-494-8088. If cancellation is necessary, an email will be sent by 7:30 AM the day of the hike. Glens Falls Hospital, 100 Park St, Glens Falls, NY 12801, [\(518\) 926-1000](tel:518-926-1000)

Tuesday June 30: Paddle, Lens Lake, Stony Creek

Leaders: Anne and Jim Waring

ADK Leader Level 1, C (Easy)

Duration: 2.5-3 hours, 3.5-4 miles Limit: 10

Description: Lens Lake offers a peaceful and scenic paddling experience on a largely undeveloped and pristine body of water. The lake is unique in its rich diversity of floating bog mats and plant life including pitcher plants, sun dews, cranberries and cottongrass. The narrow channels that wind through the bogs create an immersive experience allowing you to get up close to one of the richest plant habitats in the Adirondacks. It's also part of the Town of Corinth's [Home - ADK Gateway 8 Challenge](#).

Meeting Time/Place: 10 am at the Lens Lake Boat Launch. From Stony Creek, turn by the Stony Creek Inn onto Roaring Brook Road. Go 3.4 miles and turn left onto Lens Lake Road. Travel 1.7 miles on Lens Lake Road. After Fisher Road, take the next right onto Lake Avenue (formerly Rod and Gun Club Road) to the Lens Lake Boat Launch. Parking is on the left.

Contact: Anne or Jim Waring at annewaring1011@gmail.com or (631) 965-0610. If cancellation is necessary, an email will be sent by 7:30 AM the day of the paddle. Hudson Headwaters, 3767 Main Street, Warrensburg, NY 12885, [518-623-2844](tel:518-623-2844)

Friday, July 31: event, Mt. Van Hoevenberg Facility Tour

Due to overwhelming interest in this event, we will have two groups of no more than 25 participants in each group. Total limit: 50. We will start a waitlist if needed. The cost for the two tours is \$20 / person.

Here is what Lynn needs to know:

1) Will you be attending?

2) In which additional, OPTIONAL activity will you be participating? (choose one)

Biathlon (+ \$25 / person)

Wheeled Luge (+ \$55 / person)

Mountain Coaster Ride (+ \$45 / person)

I will not be participating in an optional activity

Please email Lynn at rendiandbutter@gmail.com or call 518. 240. 6162

Description: Spend a full day touring and experiencing the Olympic facilities at Mount Van Hoevenberg, including:

10:00 Group A- Jack Mullholland Legacy Tour / Group B- Mark Vandenberg bobsled tour

11:30 Lunch: Bring your own lunch. We will meet and eat as a group on the third floor.

1:00 Group A- Mark Vandenberg bobsled tour / Group B- Jack Mullholland Legacy Tour

2:15ish OPTIONAL-- Split into groups and actively participate in Biathlon, Wheeled Luge or take a Mountain Coaster ride.

Explore Mt Van Hoevenberg's Olympic past and discover the long lineage of gliding and sliding sports. The informative one-hour guided Legacy Tour begins at the unique Mountain Pass Lodge, allowing you to observe where today's elite athletes train, and stunning views of the Nordic competition course and the surrounding mountains. The guided tour continues with a visit to the United States' only Icehouse Push Track and concludes with a trek alongside Mt Van Hoevenberg's historic sliding track.

But wait, there's MORE! We will offer a second tour with Mark Vandenberg, the designer and builder of the bobsleds used for the US bobsledding team. Both tours include walking outdoors on uneven terrain in all weather conditions; we strongly recommend closed-toe seasonally appropriate footwear and attire.

The cost for the two tours is \$20 / person.

But wait, there's MORE! For an additional fee, you can try the Wheeled Luge Experience, the Biathlon Experience or the Mountain Coaster Ride. Wheeled Luge is offered at 2pm and 3pm and lasts for an hour. An instructor will be with the group and take us out onto our paved roller loop (this does not happen on the bobsled track, but mimics that experience). It is a great introduction to luge using wheeled sleds in a safe setting, led by pro instructors. You will delve into the sport, learn basic techniques and advanced maneuvers while progressing through tailored challenges designed to enhance skills and confidence over multiple runs down the

paved loops. Each person will be on his/her individual, wheeled sled without a driver. For a full experience with multiple runs per person, we can accommodate about 10 per hour for wheeled luge, and the group rate is \$55/person.

Also offered is a Biathlon Experience, which is very cool! That one will happen out on the Biathlon Field and would include the same individualized attention as wheeled luge from our instructors. The group would get a brief biathlon history lesson, instructions on safety and shooting, and then 2 turns shooting: 5-shot clips with a .22 rifle (or with a Laser Rifle if the group prefers.) Biathlon can accommodate about 12-15 guests at once, and the group rate is \$25/person.

Depending on how big our group, we can split into two and rotate between different activities.

The Mountain Coaster is re-opening. The coaster runs along the bobsled track and takes you up and through the mountains, imitating what it feels to be like on a bobsled while an audio track plays from built-in-speakers as you ride. It is the longest coaster in North America! The coaster can be booked on the hour from 10am-4pm, can accommodate about 55 guests/hour and costs \$45/person.

Meeting Time / Place: 9:30 AM at Mt Van Hoevenberg Ski Center, upstairs, 2 nd fl.
31 Van Hoevenberg Way, Lake Placid, NY 12946

Directions: From I 87-N, take exit 30 for US-9 toward NY-73/Keene Valley/Keene. Turn left onto US-9N. Drive 2.2 miles and take a slight left onto NY-73 W. Drive 13.1 miles, and take a slight left to stay on NY-73 W. Drive 7.9 miles and turn left onto Van Hoevenberg Way. Continue to parking areas.

Contact: Lynn at rendiandbutter@gmail.com or 518. 240. 6162
AMC Saranac Lake, 2233 NY-86 Saranac Lake, 518.891.4141

Saturday December 12, 2026 CRC Holiday Party luncheon on Saturday, 11:00 AM to 2:00 PM. Detail following, save the date.