

## May 2025 ADK-CRC Outings

### May 1: Ski Bowl Park Hike, Town of Johnsbury

**Leader:** Brendan Hanley

**ADK Rating:** Leader Level C (Easy)

**Duration:** 2.5 hours, 3 miles RT    **Limit:** 10

**Description:** This is an approximately 3 mile meandering hike starting near the base of the Schaefer Trail at Ski Bowl Park in North Creek. From there we'll hike through the park up the red, white and yellow trails, and eventually hook up with the Schaefer Trail at a major junction. Then we'll head up the Schaefer Trail, eventually leaving the park, and proceed to a spectacular waterfall in the Roaring Brook gorge. After a lunch break at the falls we'll return to the trailhead via the Schaefer Trail and different sections of the yellow and red trails. I estimate a total of approximately 600 feet of elevation gain spread out among the various legs of the hike.

**Meeting Place/Time:** Meet at 10:30 AM at a location to be determined. Specific directions to be provided.

**Contact:** Brendan Hanley [thehanleys@frontiernet.net](mailto:thehanleys@frontiernet.net) or call (518) 251-2142. Should cancellation be necessary, an email will be sent out to participants by 7 AM.

### May 1: Paddle Northwest Bay Brook to Northwest Bay, Lake George, Bolton

**Leader:** Gail Gabriels

**ADK Rating:** Leader Level B (Moderate) Depending on Winds

**Duration:** 3 to 4 Hours    **Limit:** 10

**Description:** We will begin at the Northwest Bay Canoe Access. We will meander through the brook to the Lake and follow the shore on the east side. Depending on weather, we will either stay in the bay or paddle to Montcalm Point for lunch. Please bring PFD, whistle, snack/lunch, sunscreen, bug spray, etc.

**Meeting Time/Place:** 10:00 AM at the Northwest Bay Canoe Access, Bolton Landing. From the NYS Northway exit 24, go 4.6 miles east, and turn left (north) on Route 9N. Go 4.3 miles to the access on the right. There is parking for 15 cars with a short carry to put-in.

**Contact:** Gail Gabriels at [gailgabriels@gmail.com](mailto:gailgabriels@gmail.com) or 518 644-3034.

If cancellation is necessary, an email will be sent by 6 AM the day of the outing.

### May 5 (Monday): Paddle Hitchings Pond

**Leader:** Walt Nelson

**ADK Rating:** Leader Level C (Easy)

**Duration:** 4 hours    **Limit:** 10

**Description:** We were denied water access during reconstruction of the lower dam on the Bog River for several years. After completion in the fall of 2024 access was again permitted. We will paddle up stream into Hitchings Pond, ending at the carry to Lowes Lake and then return. Plan on a four-hour paddle.

**Directions:** Gather in the parking lot/launch at the lower dam, ready to paddle at 10 AM. Location is ~30 minutes south of Tupper Lake (15 miles) and ~30 minutes north of Long Lake (20 miles). Rt 421 leaves Rt 30 to the west, passing Horseshoe Lake. Turn left down the road to the parking lot and launch. Dress for the weather, bring PFD, whistle, a snack or lunch and drinking water.

**Contact:** Walt Nelson (716.799.4016) via TEXT with your interest. An update will precede the paddle date and any last minute changes will be conveyed by 7:30 the day of the paddle.

**May 8: Hike to Round Pond from South Garnet Lake Road, Thurman, NY**

**Leaders: Judy and Steve Thomson**

**ADK Rating: Leader Level 1, C / Easy**

**Duration: 4 hours, 4.4 miles RT    Limit: 12**

**Description:** This trail begins with a 1-mile uphill to the trailhead from the parking area. We will then take a mostly gentle downhill with a few gentle uphill sections to a small beaver pond. We will walk over the small beaver dam, and then hike to and along Round Pond, where we will have lunch and then retrace our path. The total elevation change is 825 ft. with 4.4 miles round trip.

**Meeting Place/Time:** 10:30 AM at lower parking lot on South Garnet Lake Road or 10:00 at the Wevertown Community Center parking lot, corner of Rt 28 and Rt 8, Wevertown.

**Directions:** From the traffic light at intersection of Rt 28 and Rt 8 in Wevertown, go south on Rt 8 for 1.8 miles. You will pass South Johnsbury Rd and Post Office on the left. Turn left onto Garnet Lake Road and go 8.1 miles – you will pass Fire Station on right, Garnet Lake Road. on right, and Thurman Town sign. Round Pond sign and parking lot is on the right.

**Contact:** Judy Thomson at [judythomson1230@gmail.com](mailto:judythomson1230@gmail.com) or 518.229.7473. If cancellation is necessary, an email will be sent by 7:30 AM the day of the outing.

**May 8: Weston Mountain, Keene**

**Leader: Marti Townley**

**ADK Rating Level: 2 , B (Moderate)**

**Duration: 4-5 hours, 5 mi. RT    Limit: 15**

**Description:** (3195 ft) 1,100 ft. elevation gain. This is a pleasant gradual hike past a lean-to on Lost Pond then a short steeper hike to Weston Mt. with beautiful views of the High Peaks. It is part of the Nun-da-ga-o Ridge in Keene.

**Meeting Time/Place:** Meet at the Black Bear in Pottersville at 9 AM or Stewarts in Keene at 10 AM

**Contact:** Marti at [mdksshea@aol.com](mailto:mdksshea@aol.com) or call 518-301-3712

**May 15: Spectacle Pond Hike, Pharaoh Wilderness**

**Leader: Ger Cox**

**ADK Rating: Leader Level 1, C (Easy)**

**Duration: 2.5 hours, 3.2 miles RT    Limit: 12**

**Description:** The trail follows a gentle incline on the way to the pond along Spectacle Brook which we will cross a few times. This trail is notorious for bugs in the summer so this is the season to visit Spectacle Pond. There is a campsite along the edge of the water, and from the pond there is a great view looking across the water towards the surrounding mountains. Since this is a short hike, we will have the option to also do Gull Pond trail one mile north along Adirondack Road, if the group is interested. This trail is only .5 miles into pond, but has dramatic cliffs on the opposite side to the pond.

**Meeting Place / Time:** 9:30 AM at trailhead. Take Alder Meadow Road, north of the town of Schroon, and go 3.1 miles. Continue following the road to the right and go for another 2.7 miles to trailhead on left. You will pass Gull Pond trailhead on your left but keep going for another mile south. Trailhead is at a big bend in the road.

**Contact: Ger Cox at [ger526@msn.com](mailto:ger526@msn.com) or 646-476-1842.** If cancellation is necessary, an email will be sent by 7AM the day of the outing.

**May 15: Paddle Schroon River to Schroon Lake town beach**

**Leader: Tracey Donaldson**

**ADK Rating: Leader Level 1, C (Easy)**

**Duration: 3-4 hours, 4.5 miles, Limit 10**

**Description:** We will paddle from Alder Meadow Road to the town beach in Schroon Lake. The river is windy and the water can get shallow in spots. Once you get into Schroon Lake the wind can pick up. We will paddle to town and take out. Note that there is a different start and finish, so we will have to carpool to coordinate getting people to and from cars. Bring snacks, ample water, sunscreen, bug repellent, PFD, whistle, appropriate clothing for the day.

**Meeting Time / Place:** 9:30 AM at Alder Meadow Road access site. Take Route 9 to Alder Meadow Road. The parking area is just past the bridge over the Schroon River on the right.

**Contact:** Tracey Donaldson, [traceydonaldson0710@gmail.com](mailto:traceydonaldson0710@gmail.com) or 845-464-5177. If cancellation is necessary, an email will be sent by 6:30 AM the day of the outing.

**May 19 (Monday): St. Regis Chain Lakes Paddle, Paul Smiths. Alternate (rain) date May 20.**

**Leader: Tom Meyering**

**Level: Easy ADK Rating: Leader Level 1, C+ (Advancing Beginner)**

**Duration: 3 to 4 hours Limit: 12**

**Description:** Paddle through 3 lakes connected by the St. Regis River in Paul Smiths, NY. The trip will start at the parking lot at Keese Mills, travel to Lower St. Regis Lake, Spitfire Lake and Upper St. Regis Lake. The lakes are lined with gigantic "Summer Camps" of the well to do, many built in the early 1900s. There are also several bays to explore along the way before retracing our paddle to return. Total distance up to 12 miles.

**Meeting Time / Place:** 10:00 AM meet at the parking lot at Keese Mills, Keese Mill Road, Paul Smiths. The parking lot is approximately 2.5 miles west of the intersection of Keese Mill Road, Route 30 and Route 86.

**Contact:** Please sign up by contacting Tom Meyering at [Remy12603@gmail.com](mailto:Remy12603@gmail.com) or 845-235-7699. If cancellation is necessary, an email will be sent by 7:00 AM the day of the outing.

**May 22: Paddle Pack Forest Lake, Warrensburg**

**Leader: Meredith Todd**

**ADK Rating: Leader Level 1, C (Easy)**

**Duration: 2.5 hours Limit: 12**

**Description:** We will explore the shoreline perimeter of this 85 acre lake from our boats in a leisurely fashion. This should be wildflower season! Feel free to bring a snack or lunch to eat after the paddle.

**Time/Place:** 9:30 AM at the main parking lot of Pack Demonstration Forest. We will travel together to the put-in on Old Rte. 9.

**Directions:** From Chestertown, Pack Forest Rd. turns west (right) off of US Rte 9 eight miles south of the Rt 9/Rt 8 intersection with the traffic signal.

From Warrensburg, Pack Forest Rd will be a left turn 3.6 miles north of the 5 corners, about 0.5 miles north of the junction with Rt. 28.

On Pack Forest Road, follow the signs for parking, about 0.6 miles.

**Contact:** Meredith Todd at [meredith36ny@yahoo.com](mailto:meredith36ny@yahoo.com) or 518-494-8088. If cancellation is necessary, an email will be sent by 7 AM the day of the outing.

**May 22: Cat and Thomas Mountains Loop Hike, Bolton**

**Leaders: Lynn Butterworth & John Rendinaro**

**ADK Rating: Leader Level 2, B / Moderate**

**Duration: 5 to 6 hours, 7.3 miles Limit: 15**

**Description:** The red trail starts out mostly flat on an old logging road. After 1/4 mile, the trail begins to climb gradually. After one more mile of some rolling hills, the trail climbs steeply the rest of the way to the top. Your reward is a 270-degree view of Vermont and Lake George to the east and the Southern Adirondack Mountains to the south and east. We will then head down the blue trail for 1/3 mile to intersect the yellow trail, which will take us over to Thomas Mountain. After 2 miles of moderate ups and downs, the trail climbs steeply the rest of the way to the top. From atop Thomas, you will get a different view of Lake George. The trail down Thomas is a gradual descent and the last two miles are completely flat along an old logging road. Total elevation is 1100 feet.

**Meeting Time/ Place:** 9:00 AM at the Cat Mountain/ Edgecomb Pond Trailhead. From NYS Northway exit 24: Take route 11 towards Bolton Landing. 2.1 miles turn right onto Valley Woods Road. In .5 mile turn right onto Edgecomb Pond Road. In 1.5 miles turn right to stay on Edgecomb Pond Road. 500 feet turn right into the parking area.

\*Please note: There are two trailhead locations for Cat and Thomas Mountains. Be sure to show up at the Edgecomb Pond Road trailhead, NOT the Valley Woods Road trailhead.

**Contact:** Lynn and John at [rendiandbutter@gmail.com](mailto:rendiandbutter@gmail.com) or 518. 240. 6162

If cancellation is necessary, an email will be sent at 6:00 AM the day of the outing.

**May 29: Dead Creek Paddle, Addison, Vermont**

**Leader: Alex Paul**

**ADK Rating: Leader Level 1, C (Easy)**

**Duration: 4 to 5 hours      Limit: 10**

**Description:** We will paddle this open water wetland habitat looking for migrating waterfowl and resident wildlife. Dead Creek is nearly 15 miles long so we will paddle as far north as we care to, stop for lunch and return to the launch site.

**Meeting Time/Place:** 10:00 AM at the Dead Creek Wildlife Management launch site. From I-87 exit 28 take NY74 east to Ticonderoga then 9N/22 north to the Crown Point Bridge. From the crest of the Crown Point Bridge it is 6 miles on VT17 to the launch which is on the left as you cross Dead Creek. There is a parking area/launch site marked with a VT Wildlife Management sign.

**Contact:** Alex Paul at 719-306-4467 or [alex.paul954@yahoo.com](mailto:alex.paul954@yahoo.com)

If cancellation is necessary, an email will be sent by 7:00 a.m. on the day of the outing.

**May 29: Hike Potash Mountain in Lake Luzerne, NY**

**Leaders: Anne and Jim Waring**

**Level: Leader Level 1, C+ (Fairly Easy)**

**Duration: 3 hours, 3.1 miles RT    Limit: 10**

**Description:** This a 3.1 mile round trip hike to the summit of Potash Mountain. The trail starts off gently through the Harris Land Preserve and has an elevation gain of just over a thousand feet with a short scramble near the top. We'll take a lunch/snack break at the overlook where we will enjoy panoramic views of the Adirondacks and Lake Luzerne. From there we will continue to the actual summit and then head back down to the parking area. This hike is also part of the ADK Gateway 8 Challenge for those who want to pursue their patch or sticker.

**MeetingTime/Place:** 9:30 AM at the Harris Land Preserve trailhead. Take the Northway to Exit 21. Head south on NY 9N towards Lake Luzerne. After approximately 6.7 miles turn right onto Potash Road. The trailhead and parking will be on your right after about 0.5 miles.

**Contact:** Anne or Jim Waring at [annewaring1011@gmail.com](mailto:annewaring1011@gmail.com) or (631) 965-0610.

If cancellation is necessary, an email will be sent by 7:30 am the day of the hike.