

COLD RIVER CURRENTS

April 2019

The Newsletter of the Cold River Chapter of the Adirondack Mountain Club

Chapter Co-chairs' Report

Greetings CRC Chapter members!

As the seasons change, we thought it would be a good time to think about planning. This includes plans for your trips that may be longer in length now that the days are longer, and also planning for ADK opportunities you might want to join. Below is a list of some "essentials" that we have borrowed from several other trip lists. If you are venturing out, items like a map and a compass become essential for completing a trip safely. Do you really know how to use them out in the wild? Regarding matches and fires, have you practiced making a fire in the rain?

Most of us carry first aid kits, but yours might contain outdated items, like band-aids and ointments that need regular replacement. Do you really know how to administer first aid? Perhaps you would like to contact Rick Morse regarding the Wilderness First Aid course he is offering on April 12th.

ADK has recently sent out information on ticks. We know from personal experience that you cannot be too careful on tick protocols! The last item on your list may be the most important. No journey is too important that can't be delayed or adjusted due to poor weather, or participants not being prepared. We have all read the DEC trip reports where even those who seem prepared have ended up in trouble. Preparation is key, and your preparation could save someone else's life.

We would also like to mention two great opportunities where help is needed. Iddaride! will be coming up on July 27. This is a major fundraiser for ADK, and your help or participation with the event are very important. Please see the article in this newsletter for more information. Additionally, ADK and DEC are working together on the North Country National Scenic Trail that stretches 4300 miles from North Dakota to Vermont. There will be a work week on a section near Schroon Lake in early August. If you can volunteer for just one day, it would really help move the project forward. Contact Greg at greg.schaefer@frontier.com for more information.

Sincerely,

Greg Schaefer and Rose Cooper

Day pack essentials: Map, Compass, Flashlight / Headlamp, Extra Food, Extra Clothes, Sunglasses, First-Aid, Kit, Pocket Knife, Waterproof Matches, Fire starter, Water / Filter / Bottles, Whistle, Insect Repellents or Clothing, especially for ticks, Sunburn Preventatives, Common sense!

2017-18 CRC Executive Committee

Greg Schaefer, Rose Cooper (Chapter Co-Chairs)
Judy Thomson, Gail Gabriels (Outings Co-chairs)
Linda Hales (Newsletter Chair)
Ellen Schaefer, Chris Rohner (Members-at-Large)
Nancy Haggerty (Treasurer)
Ken Shea (Director)
Harold Stackhouse (Alternate Director)
Susan Rollings (Secretary)
Ellen Collins (Membership Chair)



In Memoriam and Director's Report

Tribute to John Mallery

As with most of us, I only met John after retirement, after his family was grown, certainly after WWII and so many things mentioned in his obituary. But I remember lots from recent times. I remember he taught at Delhi and he and Noel would discuss times in Delaware County. He was a good conversationalist back when our potlucks only had about 15 people! After attending an ADK workshop together, he and Jackie built a most beautiful lean-to overlooking Long Lake where they slept all summer. I remember his musical talent ("fiddling"), his stamina on cross-country skis, his bike, and later the recumbent bike. After his bike accident on a busy highway in North Carolina, he showed extraordinary resilience.



But most of all, for me and the Cold River Chapter, I remember our breakfast meeting in 2002 to rejuvenate the Chapter. At that time there were approximately 100 members, all of whom summered on Long Lake, and there were no activities other than the famous annual picnic on Slim Point. We have lost two other members from that momentous meeting, Sherry Grimm and Noel Davis, but in attendance were Jackie and John, Anya and Doug Bickford, Dave and Lucy Carson, and myself. At that time, we vowed to save every Thursday for activities all year. Via word of mouth, this has lasted until 2019 (and counting), and we now have close to 500 members! Thank you, John, and Jackie as well, for being such an important part of this Chapter.

~Sue McMeekin-Davis

A Celebration of Life for John will be held on July 13, 2019 at 11:00 AM at the Methodist Church in Long Lake.

Director's Report

Ken Shea

March 2019, Annual Meeting



1. ADK Annual Meeting March 2019
 - a. 2018 Financial Highlights indicate ADK in Good Financial Standing
 - b. President's report indicates that the largest expansion of the North Country facilities in 40 years is near completion
2. Fiber Optic Broadband Line to the ADK Lodge should be completed within a few months.
3. Next Annual Meeting 3/28/20 @ 9:30AM
4. National Trails Day June 1, 2019 ... Hosted by NYS and ADK @ Cranberry Lake State Campgrounds
5. IDIDIRIDE! Saturday July 27, 2019 ... Please Volunteer
6. Due to The Johns Brook bridge repair in Keene Valley, there will be no parking at the Garden Parking Lot. The only access will be a town shuttle service from Marcy Airfield Parking Area to the Garden Parking Lot. A shuttle schedule and fees will be posted on the Keene Valley Town Website.

Where in the World?

Kayaking in the Antarctic and Arctic

By Elaine Schwartz



In January 2017 I took a trip to the Falklands, South Georgia, and Antarctica. One of the components offered was an opportunity to kayak and, as an added incentive, it was free. My fellow traveler immediately signed but I had trepidations when I read the requisite forms. Of course, there was a waiver of liability but there was also a form to check your qualifications to kayak. I checked that I had experience, for I had been a canoeing counselor, attained the ADK Paddle Patch and canoed in the Adirondacks with my Hornbeck boat. The next question, which I checked positively, was my sea kayaking experience because I had paddled in New Zealand and Alaska, but in relatively calm water. I also checked that I could swim. The one requirement which made me wonder how to respond was whether I had done an Eskimo roll. I hadn't! Because this was a requirement, I knew I had to affix a checkmark which I did with a fear, knowing the outing may actually require an Eskimo roll. Out of 150 passengers, only about 26 accepted the kayaking option.

After being outfitted with a kayaking suit, skirt, boots, and rubber gloves we practiced onboard. The kayaking coverall was a challenge as it was a one piece that you squeezed your head into and then it was zipped closed. As a necessity, on kayaking days, I never drank any liquids. The kayaking opportunity was not frequent for it was available only when we were not traveling, water was not rough, and the schedule of activities permitted.

My first opportunity arrived. I went down the gangway and into the Zodiac, a rubber float. We were instructed how to transfer to the kayak which awaited in the sea. First, you transfer your butt, then swing your legs and secure your skirt. Of course, I had visions of doing a "polar plunge" in the transfer. However, I loved the kayaking to the extent that on two subsequent Arctic trips I signed up for kayaking again even though the cost was \$650 and only 10 persons were accommodated. On the first Arctic trip we kayaked 8 days and on the second 4 days.

The pictures capture the dramatic landscape. The setting was majestic with interesting geology and a changeable environment. There were limitless water, spectacular peaks with cascading glaciers, sculpted icebergs with stunning shades of blue or aqua-turquoise, biological mats of tundra interwoven over a rock base and moraines. It was serenity but for the thunderous sound of ice calving booming through the air or of a paddle going through "brash ice," little pieces of ice broken off. Wildlife was abundant. Kittiwakes rested on the water, seals poked their heads up, whales surfaced and polar bears ambled on the shore. Kayaking terrain varied: into fjords, between small islands, around icebergs and even views of small fishing villages.

My hope is that this will inspire you to travel to the Antarctic and Arctic and incorporate kayaking into your itinerary.



Call for "Where in the World" articles. Please share your latest adventure!

Outings Reports

A special thanks to everyone who led each activity and for Gail Gabriels and Judy Thomson, co-chairs of the CRC Outings Committee, for scheduling all the outings.

January 3: Hike/Snowshoe/Ski Sand Beach Mtn.

Leader: Dan Smith

Seven members joined together to hike up Sand Beach Mountain. The day called for micro-spikes for all. We were lucky that about 2 inches of fresh snow fell during the night which brightened the forest floor and trees. This was an easy hike with only a 300 foot elevation. Once we reached the summit, we were presented with a lovely view of Brant Lake. All during the hike, Dan educated us about remote trails in the area and whetted our appetites for more off-trail adventures that he will hopefully lead. At the summit we were surprised to see a large American flag suspended from a tree branch with a spotlight to illuminate it at night. Dan explained that the area was an old military installation at one point. The hike was approximately 1.25 miles round trip and took about 1.5 hours to complete. A very enjoyable outing thanks to Dan.

~Ann Coberg



Sand Beach Mountain

January 10: Old Farm Snowshoe to East Branch of Sacandaga

Leader: Greg Schaefer

On January 10, four of us made a snowshoe jaunt into the Siamese Ponds Wilderness on the Old Farm Trail. The day was cold and windy, but as they say, "We were dressed for the occasion." There was beautiful new snow covering the trees and trail. At times we negotiated around trees taken down by the heavy December snow. We turned onto the Bothereation loop and went as far as the river. Very little wildlife was out, but we had ample time for good conversation. On the way we detoured on Elizabeth Point trail to see Siberian-like winds blowing across Thirteenth Lake.

~Greg Schaefer



Old Farm to East Sacandaga

January 10: Ski Cedarlands (West of Long Lake)

Leader: Andy Coney

What better way to spend the day than gliding on silky new snow into a winter wonderland in an area that few people know about? Again Andy found this gem of an area for us. It was an easy ski through snow covered trees to a pristine lake. Not even cold temperatures or having to scrape our skis after a few wet areas could spoil the magic and wonder!

~Marti Townley

Outings Reports



Cedarlands

January 17: Snowshoe to Ross Pond Leader: Dan Nielsen

The 0.8 miles from NYS Route 28 to the junction with OK Slip Falls trail was well packed and slippery due to the number of people using it. Beyond the junction was all new, soft, fluffy powder and it appeared that no one had been there this season. Four CRC's enjoyed excellent snowshoeing conditions on this sunny 14°F day with adequate time to attend the potluck afterwards.
~Dan Nielsen



Ross Pond

January 17: Ski into Second Pond in Johnsburg Leader: Marti Townley

Second Pond is on the other side of Gore Mountain, so while everyone was in the hub-bub of downhill skiing we had a beautiful, peaceful ski into the pond with a backside view of Gore. We got to ski around the pond in the bright sunshine despite the cold temperatures. Four of us enjoyed this ski before the fun potluck in North Creek.
~Marti Townley



Second Pond

January 31: Ski to Hour Pond Leader: Rob Haggerty

On Polar Vortex Day six CRC members embarked on an eight-mile backcountry ski to Hour Pond. We skied the Puffer Pond Trail to the Peaked Mt. Trail Connector Trail to the Hour Pond lean-to via the Hour Pond spur trail. Rob, Ken, Andy, Jan, Marti, & Gail enjoyed the trials and tribulations of breaking trail, sometimes two feet deep. Lucky for all of us we decided to follow our tracks back to the trailhead with broad smiles.
~Ken Shea



Hour Pond

Outings Reports

February 4: XC Ski to Lower Ausable Lake Leader: Greg Schaefer

An unusually warm February day proved to be the perfect time to ski this beautiful six-mile round trip. We correctly anticipated all those up-hills getting to Lower Ausable Lake turning into soft downhill on the return trip. As we enjoyed lunch by the lake, it was a privilege to witness the clouds and mist give way to blue sky and soaring High Peaks. And what could be better than CRC comradery! Thanks to Greg for planning and rescheduling this ski (from January 24th) to make it happen.

~Jan McCann



Lower Ausable Lake

February 7: Snowshoe to Clear Pond Leader: Dan Nielsen

Seven of us enjoyed mild temps with plenty of rest stops on the two-mile round trip. We had a broken trail all the way. (It probably helped that I visited the pond two days earlier). This, combined with hardly any significant ups and downs, made for a very pleasant outing. At the pond we had a longish break and shared our various snacks before heading back. Afterwards, at my camp we had hot chocolate, British tea and cookies. Thanks to all who brought the goodies!

~Dan Nielsen



Clear Pond

February 7: XC Ski into Whiteface Landing Leader: Marti Townley

Schools were delayed, roads were icy, should we cancel? No way! The temperatures warmed up and we started a little later. Seven of us had a wonderful 7-mile round-trip ski into the landing on the shores of Lake Placid. This is a well maintained wide trail ready to be enjoyed.

~Marti Townley



Whiteface Landing

February 14: Snowshoe Adirondack Interpretive Center (AIC) Sucker Brook Trail

Leaders: Ann and John Coberg

Eight members completed this 1.45-mile snowshoe at the AIC in Newcomb. The snow was deep and soft as powder. The trail had only a 105-foot ascent, making it an easy trek for all. The trail circled the lake which was partially frozen in sections with rapids running fast in other sections. There were some beautiful photo opportunities from the four bridges that crossed over the lake. Our group was fortunate to have Vinnie Rinella in our group who volunteered to break trail for us over the entire 1.45 miles. Thank you Vinnie! This is a beautiful trail for all to enjoy during any season.

~Ann Coberg



Sucker Brook

Outings Reports

February 14 Snowshoe on Connector Trail between AIC and Santanoni **Leader: Elaine Schwartz**

After snowshoeing on the groomed 0.3-mile trail, courtesy of Jim Brundage who maintains Santanoni, it was apparent we needed two distinct groups for the 10 participants. One group was the 5 strong snowshoers, who moved at a fast pace, and the other was 5 snowshoers, either of less athletic ability or who wanted to snowshoe at a slower pace, to enjoy the scenery or photograph it. Michael, with no contenders, chose the role as trail breaker. The Connector Trail was one of rolling hills. However, there were some precarious steep ups and downs caused by the rivulets which were not frozen but were covered by minimum snow depth. These we managed to navigate or find an alternate path. The Connector Trail meets AIC property at the R.W. Sage Jr. Trail and we continued on this for a total of 2.7 miles, awed by the scenery from the bridges over Belden Lake which Richard captured with his camera. This was proclaimed a snowshoe with optimum conditions and was greatly enjoyed by all.

~Elaine Schwartz



Connector Trail

February 14 Cross-Country the “Lollipop” Loop Trail at Goodnow Flow **Leader: Barbara Kearns**

The Wintry Mix of 2019 has kept CRC outings up in the air. Over six inches of snow had fallen a couple days before Valentine's Day and the sun was shining as six women signed in at the Upper Hudson register for a 4.5-mile cross country ski. They left with confidence since the day before, club member Drew Cullen had broken trail and assessed the potential for crossing a series of rivulets resulting from widely discrepant winter temperatures. The two and a half hour outing was

a mix of coaching each other over the challenging crossings, appreciating the sun, the snow on the pine trees, the rising of a grouse, the hammering of a woodpecker and sharing a day with friends. Finally, they skied from the Hudson, up over and down a mountain log road to close the Lollipop trail loop. The “stick” was the return trail that led them back to their cars in time to return to AIC for the potluck.

~Barbara Kearns



Lollipop Loop Trail

February 21: Snowshoe at Orlin Duell Road, Brant Lake **Leaders: Steve and Sara Mullins**

The morning sky was heavy with gray clouds but our hike leaders had diligently monitored the weather predictions for days in advance, hoping that nature would cooperate and allow us to enjoy the day. Thursday morning 12 of us arrived at their beautiful 74-acre mountain property in Brant Lake. The Mullins briefly discussed various hiking trails contained within their property and suggested the approximately 2-mile loop leading to the best views of the High Peaks. The weather started to feel more stable and friendly, and the group eagerly started the hike. The beautifully maintained trail led us thorough a tranquil old forest, up the hills to a high (1550 feet) “observation” point from which we all could enjoy spectacular views of the mountains, Brant Lake below us, and even good glimpses of Gore. Hiking back to the starting point through the

Outings Reports

picturesque property was an additional bonus! It was a wonderful morning trip (about 2 hours) with a great group!
~Yvette V. London



Brant Lake

February 21: Ski East Branch Sacandaga Trail Leader: Rob Haggerty

Finally skiing this classic eleven-mile Adirondack route was a celebration for several of us who had been waiting year to year for the right timing and conditions. We nailed it with temperatures in the 30's, lots of soft, grippable snow and little visible water to cross as we made our way along the Sacandaga, stopping for lunch at the lean-to. Thanks to Rob for making this happen!
~Jan McCann



East Branch Sacandaga Trail

Saturday, February 23: Ski to Lower Ausable Lake

Leader: Rich Salz

For a Saturday outing in the High Peaks on a beautiful morning in late February, our biggest challenge of the day was competing with the peak-baggers to get a parking spot. To meet this challenge, we arrived one hour earlier than originally planned and snagged the last few spots. With cars successfully parked, our group of nine carried our skis $\frac{3}{4}$ mile to the Ausable Club gate, where we clicked in and then kicked and glided and herringboned 3.3 miles and 700 feet up to Lower Ausable Lake.

We enjoyed a quick lunch at the dam, finishing with Mick's miso brownies. Due to snowmobile traffic by members of the Ausable Club, which owns the property and has granted an easement on the Lake Road, the snow was hard-packed enough that even a steady flow of bare-booters did not impede our enjoyment as we schussed back down to the gate. Our perfect day concluded with refreshments at the Ausable Inn, courtesy of new members Lynn and John. ~Richard Salz



Lower Ausable



Outings Reports

February 28: Snowshoe/Microspike Rush Pond Way Trail, Queensbury Leader: Rose Cooper

Rose Cooper led five snowshoers along the Rush Pond trail in Queensbury. Our 3+ mile walk took just under 2 hours as we stopped often to enjoy a perfect 'bluebird' day with cool temps in the low 20's, and no wind. The 3" of fresh powdery snow that fell the night before coated all of the trees and an occasional burst of wind sent down a delightful shower that inspired Rose to compare it to "walking through a snow globe." The recent snow cushioned the trail and made for an easy and quiet walk.
~Vinnie Rinella



Rush Pond

March 7: Ski to Pharaoh Lake Leader: Jan McCann

Jan McCann led 4 hearty skiers on a morning that started out at 5° to Pharaoh Lake. The sun was on us as we skied down the lake, we had lunch at the lean-to, and a quick mostly downhill ski out.
~Gail Gabriels



Pharaoh Lake

March 14: Snowshoe Bald (Rondaxe) Mountain Leader: Dan Nielsen

It must have been the forecast of a warm 50°F day that brought five CRC'ers out of hibernation to climb Bald Mountain just south of Inlet. The one-mile trail was well-packed but slippery, so we abandoned snowshoes in exchange for microspikes. We took our time climbing and stopped at every viewpoint. At one of those viewpoints we met a snowperson and, just like the song, we named him "Frosty." The views of Fourth Lake from the restored fire tower were impressive. Blue Mountain, to the north, was very noticeable as well as several other lesser peaks. Thirty minutes on top was enough as the wind picked up and the warm sun disappeared behind the clouds. Thirty-five minutes later we were back at the trailhead.
~Dan Nielsen



Bald Mountain

Outings Reports

March 14: Ski to Long Pond and Island Pond Leader: Gail Gabriels

The weather predicted rain all week. On a warm, partly-cloudy day four skiers ventured into Island and Long Ponds. We were able to ski across both ponds and have lunch in the sun. ~Gail Gabriels



Long Pond

March 21: Snowshoe Minerva Rec.Area Leaders: Ann and John Coberg

Eight members enjoyed an easy snowshoe down to Minerva Lake. Thanks to Kate McCormick who showed us a new trail that started out across the street from Sporty's, no cars were needed to get to the recreation area. The snowshoe was an easy trek that took us about 1.5 hours. In that time, we covered 2.5 miles with an elevation of 273 feet. The best part was that we all burned 804 calories. (As always these stats are compliments of Vinnie and his GPS.) Kate then led us on a trail behind Sporty's which was flat and easy to traverse. It ended at a lovely pond approximately 10 minutes from Sporty's. Everyone agreed it was great to discover new trails. ~Ann Coberg



Dimmick Pond Minerva

March 21: Ski to Sherman Pond Leader: Rob Haggerty

Well, it was quite an adventure! We all enjoyed the day and the challenges it gave us. As we skied mostly up the trail to the pretty pond, we wondered how we were going to get back down the hills to the car. But everyone dug in deep to find their best technique to survive the ski back to the car. Everyone made it in one piece with a smile on their faces, so that means it was great day! ~Marti Townley



Sherman Pond

March 27: Ski into Stephens Pond/Cascade Pond Leader: Marti Townley

We couldn't have asked for a better day! Blue skies, warm temperatures, and soft snow made those hills manageable. Seven strong and adventurous women skied into a beautiful pond with enough time to bask in the sunshine while we enjoyed our lunch. We vowed to return next year to do a ski through to Lake Durant. ~Marti Townley



Cascade Pond

Outings Reports

March 28: Snowshoe/Microspike Warren County Trail

Leader: Rose Cooper

On a partly sunny, cool but warming day, Rose Cooper led 6 CRC members on the icy trails of the Warren County Trail system. Fortunately, we all had micro-spikes which worked very well and allowed us all to safely enjoy our time together. We began our tour of a couple of trails through the woods and took some time to enjoy checking out the snow and ice that remained on the Hudson River. Of special interest was a 5'-6' pillar of snow balanced on a rock in the middle of the river. We choose to avoid the steepest trails with the most ice and instead made a large loop around Cronin's golf course where Noelle McCrum kept us up-to-date on which hole we were currently on. Total distance: about 2.5 miles in just under 1.5 hours. After our walk, we had lunch at the New Way Lunch in Warrensburg, a new place for some of us, and enjoyable for all. ~Vinnie Rinella



Warren County Trails



March 28: Lake Bonita/Waterfall Trail/Lake Hike

Leaders: Kathy and Steve Koebrich

On March 28th, Kathy and Steve Koebrich led a hike with Anne and Joe Bernat through the newly acquired terrain around Lake Bonita and Lake Ann in Corinth. We hiked 6 miles along the Palmerton Range through pine and hardwood forests. We had some lovely views of the Hudson River, the southern edge of the Adirondacks, and one gorgeous great horned owl! All in all, a perfect day with good weather and company! ~Anne Bernat



Lake Bonita

If you would like to lead an outing or have an idea for an outing, please contact either Gail Gabriels (gailgabriels@gmail.com) or Judy Thomson (judythomson1230@gmail.com)

Upcoming Events and Potluck Reviews

DEC and Cornell Cooperative Extension Announce Hemlock Woolly Adelgid Workshop



The New York State Department of Environmental Conservation (DEC) and Warren County Cornell Cooperative Extension will host a workshop on hemlock woolly adelgid (HWA) on April 11, at the DEC Region 5 Office in Warrensburg, NY, from 5:00 to 8:00 p.m. This meeting will provide information on the importance of hemlock trees in northeastern forests, the threat presented by HWA, and how landowners can identify and manage HWA infestations. The workshop is free but participants must register with Dan Carusone at 518-668-4881 or email at djc69@cornell.edu. Attendance is limited to 75 people, so please register soon.

Charitable Donations: Starting in March CRC will once again collect personal care products for the Adirondack Outreach Center in North Creek. Our chapter will collect items from March through November. *Please bring your items to the monthly potlucks.* If you have a question, please contact Noelle McCrum at nkinderteach@hotmail.com.



Mushroom Club: The first meeting of the new Mushroom Club will take place at the Tannery Pond Community Center on April 28th at 3pm. We will cover how future meetings will be structured and their dates, the people who will be involved in helping to manage club activities, other helpful information and present a video. Hope to see you there! Contact Noel Dingman for more information.



Trail Maintenance: I hope that you have enjoyed the amazing trails that we have in our area as much as I have. These trails were built by DEC Trail Crews which were based in Indian Lake, Northville, and Warrensburg, as well as local DEC Rangers (especially Steve Ovitt) and his volunteers. Alas, the DEC Trail Crews are a thing of the past, and Steve Ovitt has retired from DEC. Ranger Art Perryman is interested in maintaining the trails, but DEC Rangers have many additional responsibilities which keep them from doing much trail work. Bottom line: either we maintain them, or our trails will become much less enjoyable.

The Siamese Ponds Trail Improvement Society ("SPTIS") was born about ten years ago in order to build and maintain the trails. We have an official stewardship agreement with DEC. Initially we were a small band of five volunteers who helped Ranger Ovitt build trails and bridges in the Siamese Ponds Wilderness area. Ranger Ovitt retired and two of the volunteers moved. That left Jim Underwood, Jake Haker, and me to continue the group--or not. We invited friends, and friends of friends, to join us in protecting the trails.



Presently we have 62 members, all volunteers, who are willing to go into the woods to maintain 23 trails, 82 miles in total. 23 people have volunteered to be the Trail Stewards, who keep an eye on their trails and do minor maintenance. We also have 10 people who have qualified as chainsaw operators. Each of the stewards has received a hand saw from SPTIS, and we have 5 chainsaws distributed through the town for the chainsaw operators to use if they wish. The additional volunteers assist the Stewards and chainsaw operators. Each SPTIS member who is working on an official SPTIS trail day is protected by DEC with workers comp and liability protection.

During the spring and again in the fall, the Stewards and their teams maintain their trails and call in chainsaw operators for the big trees which have come down across the trails. The trails are cleaned up, and then the next windstorm blows down more trees. The volunteers go out again. Without these dedicated volunteers, the trails would gradually become unusable.

If you would like to join this group and do your bit to protect your favorite trail, email me at morses2@gmail.com.

Rick Morse, Head Steward.

Additionally, contact Rick if you are interested in chainsaw training, April 23 or 25th.

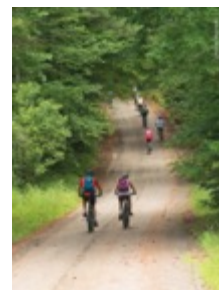
Upcoming Events and Potluck Reviews

SAVE THESE DATES

Ididaride!

July 27, North Creek

Volunteers are needed again this year to help with the Iddaride (the Adirondack Bike Tour) in benefitting the ADK. If you helped last year and would like to help again in the same assignment or in a different one, let Anne Bernat know, so she can honor your request. Also, if you are interested in volunteering this year, contact Anne at: annebernat@icloud.com or (518) 251-2354. If participating in the bike tour is where your interest lies, register at adk.org/iddaride or call 800-895-8080 ext. 42. Additionally, individuals and businesses are invited to join the ADK sponsors. Interested? Check out adk.org/sponsor-an-event.



ADK/NCT Volunteer Trail Work Week

August 5-9, 2019

North Country National Scenic Trail, Jones Hill East Project -- Hoffman Notch Wilderness

Contact Greg Schaefer if you are interested in helping construct the trail to the summit of Jones Hill as part of the North Country National Scenic Trail which runs from Vermont to North Dakota.



Fall Outing 2019

September 6, 7, 8, Lower Hudson Valley

AMC's Harriman Outdoor Center on Breakneck Pond in the heart of Harriman State Park will be the base for daily hikes, paddles, and other excursions as ADKers from all over convene for the moveable feast that is the Club's annual Fall Outing.

Harriman and adjacent Bear Mountain State Park feature more than 225 miles of marked trails and numerous lakes, making it a hiker's and paddler's paradise. Other notable parks are nearby and five downstate chapters of ADK are collaborating to offer a rich selection of outings for all tastes and abilities.

Mark your calendars to explore the beautiful Hudson Valley this September, and sign up early to reserve your preferred accommodations at the camp! Watch for details this spring.



Holiday Dinner

December 12, 2019

SAVE the DATE for our annual holiday dinner at Garnet Hill Lodge on December 12, 2019. Garnet once again is giving us 30 per cent off for the rooms. It's not too early to book your room, especially if you like staying in the main lodge, as they sold out last year. Remember that your room includes Nordic ski and trail passes as well as a hearty breakfast. Call (518) 251-2444 for information and to book your room. RSVP by December 3, 2019.



Upcoming Events and Potluck Reviews



Thanks to our potluck hosts:

January 17: The potluck and meeting at The Tannery Pond Center in North Creek was hosted by Maria and Vinnie Rinella. At 3:00 the 2017 CRC video was shown, unfortunately the 2018 video was not ready.

February 14: It was a postcard-perfect winter Adirondack scene with abundant new-fallen snow, a white landscape, and tree branches snow-covered. Complementing the scenery was the comfortable temperature. This was perfect for our 3 outings.

"Know Your Snow" was presented by Charlotte Demers Charlotte, a biology researcher at EFS, and the administrator of the AIC. Her informative and fascinating presentation focused on the formation of snow, the morphology of a snowflake, the history of photographing, examining, replicating snowflakes in the laboratory, and the reaction of mammals to snow. Charlotte also discussed the effects of global warming. There is less snow than previously and snowfalls are later while melting is a lot quicker. Our lakes are freezing a week later and melting two weeks earlier. These changing conditions affect mammals. As a result of Charlotte's presentation, we now have a different perspective and appreciation of snow.

Potluck: Barbara Kearns and Elaine Schwartz, with the assistance of Charlotte, organized the potluck. At the business meeting, led by co-chair Rose, Ken gave his director's report on the Ididaride, Gail asked that ideas for outings and leader volunteers be submitted, and Rose shared letters, potluck schedule and DEC camps scholarship information. After our vigorous outdoor activities the gourmet repast was welcome.

March 21: The potluck and meeting at Sporty's in Minerva was hosted by Ann and John Coberg.

Upcoming Potluck Dates:

April 25: The Sliva's in Chestertown

May 16: Fish Hatchery in Warrensburg, hosted by Marti Townley and Ken Shea. Happy hour at 4:00

June 20: Scaroon Manor Campground Pavillion in Schroon Lake Village, hosted by Tracey Donaldson. 4:00-5:00 social hour, 5:00-5:30 meeting, 5:30 BBQ dinner. There is electricity for crock pots. Hosts will provide charcoal, hotdogs and buns. We are looking for specific volunteers to bring burgers and rolls, chicken, condiments. Salads, appetizers and desserts are needed. Bring plates, utensils, beverage of choice, ice and cooler if necessary. Picnic tables are available, but bring more comfortable chairs if you'd like. Note: Scaroon Manor charges a \$10 day usage fee per carload for those *under age 62*. Those older are free with proof of age. Carpooling is suggested-- with older chauffeurs! Camping is an option at \$25 per night. Hiking trails, swimming beach, boat docks, kayak, canoe and paddle boat rentals are available. Come early and enjoy the day, if that's an option for you. It's a beautiful venue on a 9-mile lake. Contact: Tracey Donaldson, traceydonaldson@earthlink.net (845-464-5177) if coming.

Potluck social hour usually begins at 4 PM, chapter meeting at 5 PM, followed by dinner at 5:15 PM. Please contact Rose Cooper (rosecoper2@gmail.com) or Maria Rinella (rinellium@frontiernet.net) with suggestions or to volunteer for upcoming potlucks.

CRC Membership and Connections

Membership Report

Please encourage your youth to enjoy outdoor recreation and to preserve our environment, and also encourage family and friends to become members of ADK. Current members, in order to continue your support of ADK and to participate in our Cold River Chapter activities please remember to keep your membership current.

Membership Chair, Ellen C. Collins

As of February 2019:

Total Households: 286

Total Members: 490

Total Affiliates: 27



New Members:

James Rucker, Boston MA

Mark Martin, Lancaster PA

Patricia Still, Canastota NY

Our CRC web address is: <https://www.adk.org/adk-chapter/cold-river/>

Stay in touch: Greg Schaefer and Rose Cooper, our co-chairs, may be reached at greg.schaefer@frontier.com or 518-251-5451 and rosecoper2@gmail.com or 914-844-3078.

ADK Cold River Chapter April 2019 Newsletter Linda Hales (Editor) l_hales@hotmail.com 518-681-1117
