

February 1 (Saturday): Cascade Cross Country Ski Center, Lake Placid, NY

Leader: Tom Meyering

ADK Rating: Leader Level 1, C (Easy)

Duration: 4 hours Limit: 12

Description: This is a chance to enjoy 12 miles of groomed ski and snowshoe trails. Most trails are easy with some intermediate trails. Admittance is free for ADK members. There is a modest fee for non-members. Equipment is available for rental.

Meeting Time/Place: 10:00 AM meet at the Cascade Welcome Center, 4833 Cascade Road, Lake Placid, NY.

Contact: Tom Meyering at Remy12603@gmail.com or 845-235-7699. If cancellation is necessary, an email will be sent by 7:00 AM the day of the outing.

February 6: Holey Boulders

Leader: Greg Schaefer

ADK Rating: Leader Level 1, C (Easy)

Duration: 4 hours 2 Miles RT Limit: 15

Description: Holey Boulders is a granitic tafoni rock formation that is weathered by wind and water. It is unique in our region as these formations are usually associated with deserts and sea coasts. The RT distance is approximately two miles with about 200' of ascent. After reaching the boulders we will spend some time walking around the boulders to examine their unique features. We will be on the trail about 1.5 hours.

Meeting Time/Place: From the intersection of Route 28 and Route 30 in Indian Lake, follow Route 30 toward Speculator, continue just over 7-miles to the Watch Hill trailhead/ parking lot on the left. Should cancellation be necessary, an email will be sent by 7AM, the day of the event.

Contact: Greg Schaefer at greg.schaefer@frontier.com with subject line Holey Boulders or call 518-251-5451

February 6: Santanoni Ski, Newcomb

Leader: Rich Salz

ADK Rating: Leader Level 2, B (Moderate)

Duration: 4.0 hours 10 miles Limit: 15

Description: This trip boasts the most reliable snow in the Adirondacks. We will ski on a rolling woods road to a late 19th century great camp, where we will have lunch and explore the grounds.

Meeting Time/Place: 10:00 am at the Santanoni Preserve parking lot off Route 28N in Newcomb.

Contact: Rich Salz at richsalz10@gmail.com or 914-260-1337 If cancellation is necessary, an email will be sent by 7:00 am on the day of the outing.

February 8: (Saturday): Botheration Ski Loop (a back country ski tour), North River

Leader: Marti Townley

ADK Rating: Leader level 2, B+ (Moderately strenuous), Intermediate plus skills

Duration: 4-5 Hours 7.5 miles **Limit:** 12

Description: A wonderful ski loop passing through a variety of forests, stopping at the pond for lunch, and crossing the East Branch of the Sacandaga River. You must be able to negotiate hills and turns in the woods . Date and place are subject to change based on ski conditions.

Meeting Time/Place: Meet at the Tops in North Creek at 9:15. Or meet at Old farm Clearing trailhead at the end of 13th lake rd. in North River at 9:40.

Contact: Marti Townley mdksshea@aol.com or 518-301-3712

February 13: Stony Pond X – C Ski, Minerva

Leader: Lynn Butterworth and John Rendinaro

ADK Rating: Leader Level 1, C (Easy)

Duration: 4–5 Hours 5 miles **Limit:** 12

Description: This is a 5-mile backcountry ski with mostly rolling terrain. Tony Goodwin rates this ski as intermediate as it has some short steep sections and approximately 700' of elevation. We will ski to the pond where a lean-to awaits for a snack or lunch. If time and ice conditions allow, we will explore the pond and maybe make our way to the small Center Pond.

Meeting Time/Place: 10:00 at the Stony Pond trailhead on NY-28N in Minerva, about 3 1/2 miles north of Sporty's Iron Duke Saloon.

Contact: Lynn at rendiandbutter@gmail.com or 518. 240. 6162

If cancellation is necessary, an email will be sent by 7:30 AM the day of the outing.

Date February 20: Snowshoe Rock Pond in Blue Mountain Lake

Leader: Shannon Andersen

ADK Rating: Leader Level 1, C (Easy)

Duration 3.5 hours 3 Miles

Description: This is a snowshoe in the Blue Ridge Wilderness. Soon after starting our snowshoe the trail will quickly drop down over a wooden bridge before we start an easy hike to Rock Pond which comes in at around 0.6 miles. From there the remainder of the snowshoe is easy to moderate. If the group is up to it we could keep going to the Cascade Pond lean-to at 2.6 miles from the trailhead. Please bring a lunch or snack.

Meeting Time/Place: Trailhead at 10 AM. Turn onto Durant Road from Route 28. Go approximately 0.25 miles on Durant Road (CR19) to a dirt road on the left with a sign for Cascade Pond. Drive down this road for about 0.1 miles to the trailhead on the right or meet at 9:30 AM at the pull off on Route 28 at the end of Thirteenth Lake Road. Parking at the trailhead is quite limited, if you drive in a bit further, there is additional parking. In the event the road to the trailhead is not plowed, park on Durant Road.

Contact: Shannon Andersen at theandersenson3385@yahoo.com or 914-490-9534

February 20: Backcountry Ski The Raymond Brook Trail, North River

Leader: Greg Schaefer

ADK Rating: Leader Level 1, C+ Fairly Easy

Minimum Duration: 3-4 hours, 4.5 miles Limit: 8

Description: After meeting at the Ski Bowl, we will carpool up to the trailhead on the Barton Mines Rd. The trail begins with a 200 ft. ascent (approx. 20 minutes). The trail then descends, passing the old 1930's Sled Shed, and crossing three bridges, descending about 1400' in about 4 miles of trail, with some ups and downs. After completing most of the descent, we will take the Connector Trail back to the Ski Bowl. Please bring water, snacks, and lunch. The minimum equipment of backcountry skis with edges or telemark skis is required. The ability to make turns in variable conditions and terrain in the woods is required.

Meeting Place/Time: Meet at 9:00 am at Ski Bowl Park Parking Lot (Ski Bowl Road on Tri-County Nursing Home side, near Hudson Lift), off Route 28, North Creek, NY. From there we will carpool to the trailhead. The Ski Bowl is located near the Village of North Creek on Rt. 28. Coming from the south, turn left into Ski Bowl Road and follow road to parking lot.

Contact: Greg Schaefer at greg.schaefer@frontier.com with subject line Raymond Brook Ski or call 518-251-5451. Please note that the trip is dependent on good snow conditions. We will postpone the trip if necessary due to poor snow conditions by 7:00 am the day of the trip.

Feb. 27: Snowshoe Goodnow Mountain, Newcomb

Leader: Ger Cox

ADK Rating: Leader Level 1, C+ fairly easy)

Duration: ~3.5 hours; 3.9 miles RT Limit 12

Description: Goodnow Mountain Fire Tower trail begins just off State Highway 28N nearly opposite the ESF VIC, and climbs up to a summit with wonderful views of Rich Lake and surrounding mountains. The fire tower cab is locked, but you can climb up the stairs just beneath the cab. The trail starts out fairly flat but then begins to ascend somewhat steeply. Elevation gain is 1040 ft. and its 1.95 miles to the fire tower.

Meeting Time/Place: 10AM at the trailhead. Trailhead is on NY28N East of Long Lake. There is a white ESF trailhead sign on the right side of the road about 11.6 miles east of Long Lake village. For carpooling purposes, we can meet at Frontier Town parking lot, off Exit 29, at 9:20am.

Contact: Ger Cox at ger526@msn.com or call 646-476-1842.

If cancellation is necessary, an email will be sent by 7AM the day of the outing.