

COLD RIVER CURRENTS

October 2024 The Newsletter of the Cold River Chapter of the Adirondack Mountain Club

ACTING CHAIR'S REPORT

by Susan Atwell

A cool but dry day followed a night of rain and high winds that downed trees and caused power outages. Sixty-six CRC members made their way to Donnelly Park Minerva Recreation Center for the annual August CRC picnic. Attendees socialized over appetizers, feasted on BBQ chicken and salads, and savored desserts. Many thanks to the members who provided the delicious extras, and to the volunteer crew of Kate McCormik, Marti Townley, Ken Shea, and Peggy Knowles for their helpful assistance. Sue Atwell introduced our guest speaker, Bill Farber. Bill is an advocate of the Northville-Lake Placid Trail (NLPT) and has been involved with the trail and its development and upkeep for many years. He shared much information about the trail while emphasizing collaboration by stakeholders to maintain and improve the trail. Please volunteer!

The Albany chapter has issued an update on the Fall Outing, October 25th- 27, 2024 at Ashokan Center in Olivebridge, NY. Registration is now open for the fall outing, featuring over a dozen hikes and 4 paddle outings in the Catskills, Shawangunks and the local area. The outing sign-up page is separate from the event registration page: <https://members.adk.org/fall-outing>

Registration closes on October 4.

The Holiday Dinner and Annual Meeting will take place at Garnet Lodge in North River on December 12, 2024. Come and celebrate the season with fine food and the good company of your Cold River friends in the beautiful hilltop lodge. We hope you will join us. Election of officers to fill vacant positions on the Executive Council will take place at this meeting. We are looking for three people willing to serve as chapter leaders. The positions are: **Co-Chair, Outings Co-Chair and Secretary**. All positions are two-year terms. The Executive Council meets 4 times per year via Zoom. Please consider stepping up to help ensure the continued success of this chapter. To volunteer or for more information, please contact Sue Atwell, Bob Singley or any member of the Executive Council. We need your help. A list of upcoming Outing Leader training courses can be found at ADK.org. The courses are being offered both on line and in Lake Placid. CRC will reimburse participants for course fees upon certification.

Chapter News

TRUSTEE'S REPORT

by Rosemary Cooper

Julia Goren, Interim Executive Director, attended our August meeting and brought us up to date on many issues. The first is that the Board is currently looking for a new director through search firms and hopes to have a candidate by year end. If you would like to recommend someone, please contact the board at board@adk.org

Julia shared the goals she hopes to achieve.

1). **Organizational Stability.** LOJ Dinner will return by the end of October. All programs are running including the new Rte. 73 Corridor Stewardship Program. Filling key staff positions is also a goal, including Communications and Trails Manager.

To get the integrated management information software, Imis, successfully implemented, David Lynch and his team are meeting once a week with bi-weekly updates to the Council. Hurricane Chapter has almost completely transitioned to Imis. LOJ is next. Training for all chapter leadership on how to use Imis should be in place by the end of the year, with the end of next year as the new deadline to have Imis implemented and functioning smoothly.

2). **Maintaining Financial Health.** Chapter budgets are due by September 20th. Luke Whitlow will collect all chapter budgets then forward them to Erik Gregory, Treasurer, for review.

3). **Chapter Relations & Support.** Julia is agreeable to meet with each chapter, in person if possible, or by Zoom, for more transparent communication. We look forward to her attendance at one of our next meetings. Lake Placid and Northwoods Chapters have merged and are now the Northwoods/Lake Placid Chapter. Albany and Schenectady are in the process of dissolving their not-for-profit corporate status and will merge once the paperwork is completed. Keene Valley is also in the process of dissolving their not-for-profit corporate status and will re-establish as a new chapter.

4). **Maintaining Leadership in Environmental and Conservation Fields.** One example is the visitor use management plan for the High Peaks.

Outings Leadership Guide

There are still members who do not fully understand the necessity for an Outings Leadership Guide. To re-cap, there was a death on an outing. ADK's insurance increased significantly as there were no training standards in place. The Advisory Council was tasked with creating a standardized OLG with input from as many chapters as responded. CRC member Rich Salz was a member of this committee, and we thank him for all the time and effort dedicated to creating this document. The AC submitted a draft of the OLG to the ADK Board. They in turn sent it to the staff for review. Several changes were made, and the Board approved the final Outings Leadership Guide.

The education staff at ADK has provided as many trainings as possible in a variety of forms to help members get certified during the 18-month grace period, with on-line and in-person courses. ADK has

Chapter News

gone out to chapters and brought programs to them. They have also helped chapters find local trainers and approved local non-ADK instructors and offered free weekend courses at LOJ. If you would like more information on becoming a certified outings leader, please contact our outings chairs: Lynn Butterworth or Thomas Riley.

If you do register for a class at LOJ and are unable to attend, please contact ADK as soon as possible so that they may contact those members on the wait list. ADK has lost revenue because of so many “no-shows.” Current certified leaders include: 431 Level 1, 72 Level 2, and 26 Level 3. Note: The ADK does not forbid the use of “meet up”

Sexual Harassment Training will be required annually. Recently, there have been six known incidents of sexual harassment, with one volunteer being banned from all ADK outings and three people not allowed to return to ADK property. The ADK is currently working to create an ADK specific Sexual Harassment Prevention Training Class.

FALL OUTING - October 25th - 27th

The Albany Chapter is hosting this year’s fall outing at the Ashokan Center, in Olivebridge, NY. Join fellow outdoor enthusiasts for a weekend of outings, music and more.



Ashokan Center

Where in the World?

by Anne and Jim Waring

Before embarking on an adventure, we explored possibilities and answered some questions!

Where can you drive to an island in another country via a 7-hour ferry ride to explore some of the most beautiful coastal hiking trails in North America?

Where is there an abundance of scenic hikes along rocky ocean shorelines and through Boreal forests that often include historical information and artifacts of the area?

Where can you see icebergs, whales, Puffins, moose, and lighthouses along these beautiful trails?

Where can you be warmly welcomed by residents and enjoy some delicious seafood dishes after a long hike?

Newfoundland was our answer. It is a hiker's paradise with many local trails affording amazing coastal views. Quite a number of these trails offer additional lookout or connecting trails offering lots of options.



Feel free to hover over the links for more information to explore the areas we found delightful.

Our favorite hike in Twillingate was Rockcut's Lower Little Harbour Trail which visited a natural sea arch and led to a resettled (abandoned) community with the remains of a few homes, root cellars, and even a restaurant that was still standing.

rockcuttrails.ca

Where in the World?



The Lion's Den hiking trail on Fogo Island has some of the most spectacular panoramic coastal views in all of Canada as it meanders through four resettled fishing villages that were abandoned in the mid 1900's, one of them being the former village of Lion's Den. There are many amazing lookouts just off the main 4-mile trail.

[Tickled Pink: Hiking the Majestic Lion's Den on Fogo Island - Latitude 65 - Jubilados Savouring the Journey](#)



Another one of our favorite trails was the Skerwink Trail near Trinity, NL. It's part of the Hike Discovery network of trails. This is a 3.2-mile loop coastal trail that features sea stacks, views of the Fort Point Lighthouse and many scenic overlooks. It was selected by Travel and Leisure Magazine as one of the top 35 walks in North America and Europe in its August, 2023 World Best Awards issue.

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[Skerwink Trail Hike near Trinity, Newfoundland | Hike Bike Travel](#)

Where in the World?



We thoroughly enjoyed our time in Newfoundland and look forward to exploring more of it in the future

Outings Reports

Tuesday, July 2: South Creek/Inlet of Middle Saranac to Second Pond Paddle Leader: Walt Nelson

Fair skies and a light breeze greeted a trio of boaters as we paddled down South Creek and into Middle Saranac Lake. Abundant water lily flowers floated aside the creek channel. We were pleasantly surprised at the absence of power boats on the lake. The common prevailing westerly wind was replaced by a zephyr from the east as we made our way to the bull rush hiding the Saranac River. After a short meander down the river (encountering a couple powered water craft) we arrived at the recently reconstructed upper lock. A generous boater volunteered to work the gates and paddles, and we remained in our boats for the one-foot drop in the river and into Lower Saranac Lake. After crossing the lake and using good mapping skills we entered First Pond. Campers and power boats were more evident on Lower Saranac and First Pond, but were not much of a distraction to the natural serenity encountered. Around the last bend and under the Route 3 bridge brought an end to the seven-mile paddle at the Second Pond launch.



South Creek Inlet to Middle Saranac to Second Pond

Wednesday, July 3: Crossroads to Adirondack Bike Ride, Chestertown

Leader: Anne Bernat

On July 3rd, the 1st CRC bike ride was led by Anne Bernat and was taken by 9 bikers. It was the perfect day with beautiful views along the Schroon River and Schroon Lake! We rode 17.5 miles with 970 ft of elevation change. We hope this will be the first of many bike rides sponsored by our chapter and that many more folks decide to join us!



Crossroads in Chestertown to Schroon Lake and Schroon River

Outings Reports

July 11: Crane Mountain Loop Hike, Thurman Leader: Anne Bernat

After a very hot week it cooled off enough to have a pleasant hike up Crane Mountain. This is a very challenging 4-mile hike with rewarding views. It has some flat walks, some rock climbs, some mystical forests, some ladders, a beautiful summit, a ridge walk, and a rest at the charming Crane Mountain Pond. Twelve of us enjoyed the journey and sharing each other's company. ~Marti Towley



Crane Mt.

Monday, July 15: Church and Osgood Ponds Paddle, Paul Smiths Leader: Tom Meyering

Eight members of CRC enjoyed a rendezvous with nature and history on Monday. First important question was whether it was too windy or not! The good news was that it stayed just below the cut-off of 10 miles per hour. We met down the road from St. John's in the Wilderness Church, surrounded by property of Paul Smith's College. We put in at Church Pond, and travelled through nineteenth century hand-dug canals from Church to Little Osgood Pond through to Osgood Pond where we were greeted by a friendly loon as we proceeded to paddle across the pond to the north side. We also spied a bald eagle hanging out on the tree tops. We paddled by White Pine Camp, the Summer Whitehouse of Calvin Coolidge, with its unique Japanese style teahouse on a peninsula. We stopped for lunch at a nice spot on the eastern shore and one of us took a pre-lunch dip. We then worked our way back to the canals to return to Church Pond. It was a lovely paddle in a spectacular setting, with a beautiful sunny day. ~Ger Cox



Osgood Pond

Outings Reports

Tuesday, July 16: Great Camp Santononi Bike Ride, Newcomb **Leader: Jocelen Pearson**

Five bicyclists rode the 9.5-mile round-trip trail to Great Camp Santononi in Newcomb on a perfect July day. Half the participants had not seen the Great Camp before and enjoyed the free tour offered by a summer intern. Following the tour, the group spent time exploring the grounds and several people took a swim in Newcomb Lake. The day ended with a mostly downhill coast back to the parking lot. ~Jocelen Pearson



Camp Great Santononi

Tuesday, July 16: ADKX Museum Exhibit + Minnow Pond Paddle, Blue Mtn Lake **Leader: Walt Nelson**

Eleven history-loving paddlers gathered at Adirondack Experience, the museum at Blue Mountain Lake on a hot, sunny day experiencing both a visual and physical sense of history. During the morning the group rowed a Rushton guide boat, paddled an Indian girl Rushton canoe, and rowed a Skaneateles skiff from the museum's collection. Grins from ear to ear and words of excitement were all around.

After lunch in the cafe we met Doreen Alyessi-Holmes, museum collection curator. It was serendipitous she was assigned to put together an exhibit honoring the 100th anniversary of the Northville Placid trail. (The exhibit remains open through October 2025.) Original topographic maps and photographs from the primary developer, Edward Noyes, are in the exhibit space. Along the walls is a blue-line blue route of the trail featuring highlights along the trail. How long is the Trail? It depends. The route has shifted over time, even as Noyes was constructing it. Hikers well know it as a muddy trail, because Noyes laid it out in the valleys, where water collects and flooding occurs. Numerous parts of the trail are now on hillsides, reducing maintenance and making for a dryer hiking experience. Whether a thru hiker or a section hiker it is a 133, 135, 138-mile memorable experience for every hiker. The group was so anxious to get to the boats, they went inside before the photographer could snap the shutter! ~Walt Nelson



Outings Reports



Minnow Pond

July 18: Northville Lake Placid Trail Hike, South from Plumley Pt., Long Lake

Leader: Marti Townley

We enjoyed a lovely day of relief from the heat and humidity of the week. It was an easy 9-mile walk through the heart of the Adirondacks. There were a few logs to climb over and several muddy spots but nothing unusual! We had fun observing mushrooms and chatting along the trail. We were surprised by a gentleman, his daughter, and a large cooler at the lean to. He got a float plane ride in, but we preferred our mode of transportation. A quiet lunch by the pond was our reward. ~Marti Townley



Tirrell Pond Beach

Outings Reports

Friday, July 19: ADK Bikeway Bike Ride, Lake Placid Leaders: Lynn Butterworth and John Rendinaro

We could not have asked for a nicer day or a prettier ride. Ten of us started in Lake Placid and rode on the newly opened ADK Bikeway to Saranac Lake. We stopped at the picnic tables at the ADK Carousel for lunch, where one of our bikers enjoyed a ride on an artfully carved otter. We had a leisurely ride back with smiles on our faces. ~Gail Gabriels



Lake Placid

July 25: Burnt Pond/ Schroon River Hike via the Riding High Ranch, Horicon

Leaders: Richard and Karen Wang

We had a beautiful day with cool temperatures, few bugs and abundant sunshine to explore several trails off East Schroon River Road including some of the horse trails of Riding-Hy Ranch. There is a large network of trails in this area. We followed one alongside a stream that feeds the Schroon River and were treated to a series of lovely waterfalls thanks to the recent rain. We stopped to snack along some rapids on the Schroon and watched some folks on horseback out on a trail ride. As always, it was good to catch up with CRC folks and share stories from our summer activities. ~Karen Wang



Burnt Pond/Schroon River

Outings Reports

July 25: Sprague Pond Paddle, Indian Lake **Leader: Shannon Andersen**

Four friends set out on a crisp morning to explore a hidden gem; a remote pond nestled just .03 miles in the woods. As we paddled the perimeter of the Sprague Pond and the two islands, we were serenaded by loons. We also spotted a turtle basking in the sun.
~ Shannon Andersen



Sprague Pond

August 1: Pinnacle Hike, Bolton Landing **Leader: Linda Hales**

Linda Hales led 11 sweaty, but affable ADK hikers up Pinnacle Mountain via the Red Trail. It is an approximately 2-mile out-and-back trail with 500 feet of elevation gain. The trail is a steady uphill climb, and it is mostly shaded until you get to the top, where you will be rewarded with a beautiful view of Lake George. You will also get to see Tongue and Buck in addition to other mountains. A perfect, short hike for a hot, humid summer day. ~Dara Sullivan



Pinnacle Mountain

Outings Reports

August 8: Horseshoe Lake Circumnavigation Paddle, Tupper Lake Leader: Walt Nelson

A quintet of energetic paddlers arrived at Horseshoe Lake to the alerting calls of loons as there was a nearby bald eagle. The circumnavigation was aided by a brisk zephyr from the west, for the start of the paddle. No one required Dramamine as we shortly turned broadside to the swells. The return was calm as we hugged the calm west shore water. The downwind portion made for a quick Lake paddle and we agreed to relaunch on the Bog River above the waterfall emptying into Tupper Lake, where we previously lunched. The upstream paddle current to the confluence of the Bog River & Round Lake outlet was negligible, particularly close to the shore. That current was noticeable and enjoyed on the return. Floral interest included Cardinal flowers, button bush and blue gentians. The calm paddles before storm Debby were most pleasant. ~Walt Nelson



Horseshoe Lake

August 8: Snowy Mountain (fire tower) Hike, Sabael Leaders: Lynn Butterworth and John Rendinero

This mountain is almost a high peak but it has a lovely walk in the woods before the steep climbing. And the steep climbing was not so bad! Lots of rock steps helped us out, then Lynn's great instructions guided us through the steepest part. The cool day was a welcome change from all our hot weather. Our relaxing lunch gave the 10 of us enjoyable views of Indian Lake and the surrounding mountains. The fire tower was another bonus of this 8-mile hike. ~Marti Townley



Snowy Mt.



Snowy Mt.

Outings Reports

August 15: Kunjamuk River Paddle, Speculator

Leader: Shannon Andersen

Eleven paddlers, led by intrepid Shannon Andersen, met at the put-in on the Sacandaga River near Lake Pleasant, for an exploratory outing up the Kunjamuk River. ADK steward Darcy inspected our kayaks and canoes and got a pledge from each of us to wash/dry our boats following the trip, to keep the spread of spiny water flea at bay. The group headed with the current down the Sacandaga to Kunjamuk Bay - the widest water and the easiest part of the trip - surrounded by grasses, pickerel weed, and the occasional bright red cardinal flower. We headed diagonally across the bay to the mouth of the Kunjamuk River, where we headed up this lovely and incredibly windy stream. We crossed at least five beaver dams that tested our navigational skills, but amazingly, the unusually high-water level meant we never needed to get out of our boats, even going upstream. Only one beaver was spotted, but their handiwork was everywhere! About a half-mile past the footbridge near Kunjamuk Caves, the group pulled into a few eddies to have lunch and conversation. Gathering afternoon clouds and a predicted storm prompted the group's decision to head back, about a mile and a half shy of reaching Elm Lake. The journey back was great fun, as we sailed over beaver dams with the current. We spotted several turtles, and a great blue heron appeared to be accompanying us part of the way. After a hard final mile of paddling up the Sacandaga, the group made it to shore before any rain came, and several capped the day at the Speculator Farmers Market for produce and crafts. Many thanks to Shannon for her leadership, and to Matt Dunn for his awesome go-pro video of the excursion! ~Kathy Havard



Kunjamuk River

August 15: The Hub Loop Bike Ride, Brant Lake

Leader: Anne Bernat

On Thursday August 15th, 3 of us biked from The Hub at Brant Lake on Schroon River Road to Pottersville and then took Rt 9 over to Butternut Flats Rd to Ben Culver to Landon Hill Rd, back down into Chestertown and back to the Hub for a 21.6-mile ride with 1,000 ft of elevation. It was a fine weather day and our ride went on without a hitch! ~Anne Bernat



Outings Reports

Monday, August 27 : Fort Ticonderoga Waterfront Paddle + Mount Independence Walk, Ticonderoga **Leader: Tom Meyering**

August 27th was a glorious, sunny summer day for 3 of us to join Tom on a paddle departing from the Ticonderoga boat launch on Lake Champlain. This was a wonderful paddle, filled with tales of the history of Crown Point, Fort Ticonderoga, Mount Defiance and Mount Independence. Along with Tom's knowledge of the local history, we were also thrilled to be able to explore a section of the La Chute River and were treated to an opportunity to view an abundance of wildlife including a multitude of turtles, a snake, heron, osprey, and other sea birds. After a lunch break at Mt. Independence where we explored a Revolutionary era ship mast drop cliff and military battery areas, we paddled back across the lake to the boat launch. It was a perfect day for such an interesting and enjoyable paddle! ~Anne Waring



Fort Ticonderoga Waterfront Paddle

August 22: Northville Placid Trail Hike: Wakely Dam to Lake Durant, Indian Lake **Leader: Marti Townley**

Cars were left at the Lake Durant Campground. Eleven of us were shuttled to the trailhead at Cedar River by Ken Shea, Ellen Collins, and Harold Stackhouse. Marti led us on a trail that had moose tracks, mushrooms galore and beauty all around. Lunch was on a large ledge followed by a walk to Stephen's Pond. We met Ken, who had been doing trail work. He joined us back at the campground where we left our cars. Flawless planning and a fabulous hike led by Marti. ~Gail Gabriels



Northville/Lake Placid Trail

Outings Reports

August 29: Blue Ledges Trail Hike, Minerva. Leader: Ger Cox

We had a perfect late summer day for our hike to Blue Ledges on the Hudson. Driving the Northwoods Club Road for 6.7 miles to the trailhead began our adventure. The first part of the trail required coordination and watching where one put one's feet, but soon we had drier footing as we ascended to the ridge above the Hudson River. At that point it was all downhill to a rocky beach where we were fortunate to be able to watch the many colorful rafts full of the truly adventurous floating downstream. The river was inviting and the air was pleasantly warm so one of us (who had planned ahead) went for a refreshing swim before we headed to another beach downstream to watch some of the rafts negotiate the rapids. As we returned to the cars a loon parent and two chicks were observed on pretty Huntley Pond. All in all, it was a wonderful outing ably led by Ger Cox ~ Karen Wang



Blue Ledges Trail



Hudson River



Outings Reports

September 5: North Bay Raquette Lake Paddle, Raquette Lake

Leader: Walt Nelson

Ten sun worshipers were treated to a bald eagle flyover at the launch before heading into the light breeze on the waters of Raquette Outlet Bay. Hints of fall foliage color were evident on the shore and hills. Some of us embarked on a rock scramble for a noontime break, while others chose to hang out in their boats. Thereafter we all headed across the lake to its North Bay for another break and photo op on a sandy beach there. The return to the launch site passed several lean-to sites, one with a LARGE chimney over the fire pit. The light zephyr provided a pleasant following sea on the return. Several mentioned it was their first paddle on this portion of Raquette Lake and provided a 'different view' of the Lake. ~ Walt Nelson



Raquette Lake

September 5: Round Mt. Hike, Keene

Leader: Gail Gabriels

Special thanks to Gail Gabriels for taking us up Round Mountain. What a gorgeous day to spend enjoying the beauty of our area. We car pooled from The Black Bear to meet at the AMR parking lot to begin our day. This hike starts off climbing and pretty much went up the whole way. There are nice views of Giant Mountain as you ascend. We stopped to catch our breath and enjoy the sunshine for a quick break, then onward to the top, which is a little under 2.5 miles and worth every pulsing heart beat to get there. We enjoyed views from all sides up on the ridge and we were in no hurry to descend. Noonmark was right smack in front of us, Giant was right behind us, Whiteface was to our right in the distance. We sat there trying to identify all the mountains all around us. It was a clear day and we enjoyed the scenery and company. The descent was tricky with constant quick footwork. We did have one scraped shin on a rock and dropped items that were retrieved on the way down, as this was an out and back hike. We all made it back with no issues, happy to enjoy a great day together in a great setting. This trail is worth doing, and it was a first for a few of us. ~Tracey Donaldson



Round Mt

Outings Reports

September 12: Split Rock Mountain to Ore Bed Overlook Hike, Split Rock Mtn Wild Forest **Leader: Ger Cox**

A friendly group of 6 CRC hikers joined Ger on a perfect fall day to explore an area new to many of us in the Split Rock Wild Forest, just north of Westport. We started off on the North Rim trail and enjoyed the peaceful hike along an old logging road through a Northern hardwoods forest to the Ore Bed Overlook trail. The views from the overlook were spectacular and we chose to take a lunch break there to enjoy the beautiful scenery. From the overlook we were able to identify some of the High Peaks to the west and appreciate the stunning view of Lake Champlain and Vermont to the south and east. The 4-mile out and back trail had some gradual elevation gain and was a great way to explore a part of the 11.5-mile trail system in the Split Rock Wild Forest. We all enjoyed the hike, the views, and each other's company. ~Anne Waring



Split Rock Mt to Ore Bed Overlook

September 12: Pharaoh Lake Lean-to Hike, Hamlet of Adirondack **Leaders: Lynn Butterworth and John Rendinaro**

We chose the easiest path into this beautiful wilderness lake. It was just two hours of walking 4 miles on a mostly smooth, flat forest path. It must have been a road at one time. On this warm sunny day, we enjoyed our lunch on rocks overlooking the lake. It was very tempting to jump in for a swim. It was so peaceful one could imagine exploring the whole trail around the lake. ~Marti Townley



Pharaoh Lake Lean-to Hike

Outings Reports

Monday, September 16: Massawepie Lake Paddle, Massawepie Scout Camps, Childwold / Tupper Lake Leader: Tom Meyering

On September 16th four Cold River Chapter members joined trip leader Tom Meyering to discover the fabled area known as the Massawepie Conservation Easement. This 3000 + acre property, owned by the Boy Scouts of America, just west of Tupper Lake, is open to the public from Labor Day to Memorial Day. (As a matter of disclosure, Tom was reliving his past. He had worked there summers in high school and college.)

What made it attractive to these CRCers was paddling part of a chain of 9 ponds along a glacial esker. We started by following the 5+ mile shoreline around Massawepie Lake. The lake is beautiful and peaceful this time of year. There are several lakeside outpost campsites along the way (all empty), including where we had lunch at one overlooking the quiet south end of the lake.

After lunch we “pond hopped” to Boottree Pond. The shore of this quiet little pond offered a glimpse into bog plants. That set the stage for the climax of our trip, the chance to experience a boardwalk trail onto the largest bog in New York State. The Massawepie Mire is over 900 acres of sphagnum moss, carnivorous plants, tamarack trees and blueberry plants. It is noted for its unique boreal bird habitat and beautiful in its own way. ~Tom Meyering



Massawepie Lake

September 19: Bushnell Falls Hike, Keene Valley Leader: Marti Townley Leader: Marti Townley

Bushnell Falls is not well known, but is an easy 3.5-mile hike into the remote Johns Brook Lodge, then 1.5 miles more, and a steep climb down 250 yards brings you there. What a delightful place to have lunch at the bottom of the falls surrounded by rocks and pools of water. A stop for a rest at JBL was also a treat. 9 of us certainly enjoyed this warm fall day! ~Marti Townley



Bushnell Falls

Outings Reports

September 19: Putnam Pond Hike, Pharaoh Lake Wilderness, Ticonderoga

Leader: Alex Paul

Six CRC hikers followed Alex Paul from the Putnam Pond Campgrounds, trying to bag as many ponds as we could fit into 6 hours. And we did Putnam Pond, Rock Pond, Little Rock Pond, Mud Pond, Clear Pond and North Pond (okay, it's actually connected to Putnam Pond, but the map says it is a pond). And we were close to Heart Pond. Phew! For a total of 8.2 miles and 900 feet of elevation, we visited the iron and graphite mine entrance on Rock Pond, the huge rusted boiler and stone foundations which are the remains of the buildings that once housed the miners and the mining operations. Thanks to Anne who filled us in on the history of the mining operations here that ranged from the 1870's to 1904. Lunch at the Clear Pond lean to and a great way to celebrate the beauty of our ponds and mountains and history. ~Peggy Carrol



Mine Entrance of Rock Pond

Biking was a popular new addition to Outings, as was a change in the day of the week for some outings. People seem to be happy with multiple choices without affecting the number of participants for traditional outings! We are an active club!



Biker taking a fun break in Lake Placid

As always, a special thanks to those who led each activity, as well as Lynn Butterworth, Tom Riley, and the CRC Outings Committee.

IF YOU ARE NOT RECEIVING THE OUTINGS EMAILS AND WANT TO, OR IF YOU WANT TO STOP THEM, PLEASE SEND YOUR EMAIL ADDRESS AND REQUEST TO OUR CHAPTER AT ColdRiverADKChapter@adk.org

CRC Membership and Connections

CRC Potluck at Gore Mountain Hosted by Judy and Steve Thomson

Thursday October 31, 2024

Presentation: Gore Mountain staff will be sharing information regarding the mountain's snowmaking, grooming and solar energy usage, the new lodge at the Ski Bowl as well as updates and changes for the 2024-25 season and future years.



Where: Joe Minder Lodge, Ski Bowl, North Creek

Time: 4-5 pm Social Hour and Chapter Meeting
 5-5:30 pm Presentation by Gore Mountain staff
 5:30 pm Dinner

Traditional Potluck: Please bring a dish, appetizer, or dessert to share and your own utensils, plates, and beverages.

Contact Judy at Judythomson1230@gmail.com or at 518-229-7473 by **October 27th**. **Let me know what you will bring.**

Directions: Going northwest on Rt 28 toward North Creek, take a left on Ski Bowl Road, just past Peaceful Valley Road on the left. Go straight and lodge and parking will be on your left.

**CRC Annual Holiday Party
Garnet Hill Lodge, North River
Thursday, December 12
Details to Follow**



Rooms at Garnet Hill Lodge are almost sold out! Four rooms in the lodge are still available and nine rooms are available that are not in the lodge. Book your room now! 518-251-2444

Membership News

WELCOME NEW MEMBERS AND AFFILIATES. WE LOOK FORWARD TO SEEING YOU ON OUTINGS AND SOCIAL GATHERINGS!

As of September 11, 2024

Total Households: 293

Total Members: 445

Total Affiliates: 21

New Members:

James and Leslie Burke of Chestertown, NY

Wendy Eden of Clinton, NY

John O'Neil of Rockville, MD

Michelle Pollock of Bolton Landing, NY

Urine Searle of Greenwich CT

Bonnie Whitman of Glens Falls, NY