

COLD RIVER CURRENTS

October 2019

The Newsletter of the Cold River Chapter of the Adirondack Mountain Club

Chapter Co-Chairs' Report

The Annual Meeting

Celebrating the Past, Looking to the Future

The ADK Cold River Chapter Annual Meeting took place on August 3rd with 69 attendees.

CRC members and guests enjoyed a delicious picnic provided by Dave Scroggins at Minerva Beach. The wonderful weather made it even better. Your Co-Chairs Greg and Rose gave a brief review of the chapter's past year's activities. Our dedicated officers also gave reports. Thanks to everyone's efforts, we are in great shape in membership, finances, communications, outings, etc. We are grateful to our out-going Secretary Susan Rollings, for her thorough work with the CRC EC, and Chris Rohner, who was a Member-at-Large for many years. We thanked Ann Bernat for her efforts recruiting Ididaride volunteers again. The event is a major fundraiser for ADK and was a success again this year.

Looking forward, we continue to enjoy a variety of outings, and celebrate monthly with our potluck dinners. We will gather again for our Holiday Party on December 12th at Garnet Hill Lodge. Members are always encouraged to host a potluck or lead an outing. Assistance is always available to help you get started.

The meeting concluded with the approval of the slate of officers for 2019-20. We are grateful to all of the officers who volunteer their time for CRC. After our picnic, Neil Woodworth shared the latest information on his pending retirement, and the efforts of ADK in the areas of legislation and court cases. (See related article on Neil's presentation below).

We are very proud of the Cold River Chapter of ADK. Thanks to you, we are one of the best chapters in the organization. We look forward to working with you for another year.

Greg and Rose

2019-2020 CRC Executive Committee

Greg Schaefer, Rose Cooper (Chapter Co-Chairs)
Judy Thomson, Gail Gabriels (Outings Co-Chairs)
Ken Shea (Director)
Harold Stackhouse (Alternate Director)
Ellen Schaefer, Rich Salz (Members-at-Large)
Nancy Haggerty (Treasurer)
Anne Bernat (Secretary)
Ellen Collins (Membership Chair)
Linda Hales (Newsletter Chair)



Director's Report and Chapter News

ADK Executive Director's Message



Neil Woodworth, Executive Director of ADK, spoke at CRC's annual meeting, August 3, 2019. He began his remarks with this year's legislation by New York State impacting the Adirondacks. First, he spoke about the climate change law, in line with the Paris Accord, called the Climate Leadership and Community Protection Act. Simply put, this law requires that 70% of fossil energy will be replaced by renewables by 2030. Also, laws have been renewed for mandatory boat washing. Broadband internet has been approved for the Adirondacks and Catskills, specifically for Loj, to increase productivity of the staff. It will also benefit the State police and forest rangers in their search and rescue efforts. Leave No Trace Traveling Trainers have been established to evaluate and manage the impact of numerous hikers on the High Peaks. Additionally, E-bikes have been categorized as "motorized vehicles" and, as a result, will not be permitted in forest preserves. Lastly, the state has gained \$34 million for buying land, and they are hoping to negotiate for the 35,000 acres owned by the Marylou Whitney estate in the heart of the Adirondacks.

Mr. Woodworth will be retiring at the end of this year, but plans to remain active in ADK as a volunteer and participate in his local chapter.

Director's Report

Highlights of Adirondack Mountain Club Board of Directors meeting on September 28, 2019

As Ken and Harold were unable to attend the recent ADK Board Meeting, Co-Chair Greg Schaefer attended for the CRC. Here are highlights of the meeting:

- The slate of Officers and Directors for 2020-21 was approved.
- Michael Barrett was approved as the new Executive Director of ADK. The search committee was pleased to introduce him to the Board. He will begin work in November. A bio is available on the ADK.org website.
- ADK currently is in some fiscal distress. Although revenue is up in some areas, expenses have also risen. The administration is making budget cuts for the remainder of the year. No staff cuts are currently planned.
- ADK is working with DEC on the Leave No Trace initiative. The High Peaks have been named an LNT Hot Spot for special planning.
- Staff is looking at grant opportunities to improve parking at Adirondack Loj; WiFi is now available there.
- **Very important!** For insurance purposes, when writing outing descriptions and write-ups trip leaders, should avoid terms such as "rock scrambles" "rock climbing" and "slide climbing."



Director's Report and Chapter News

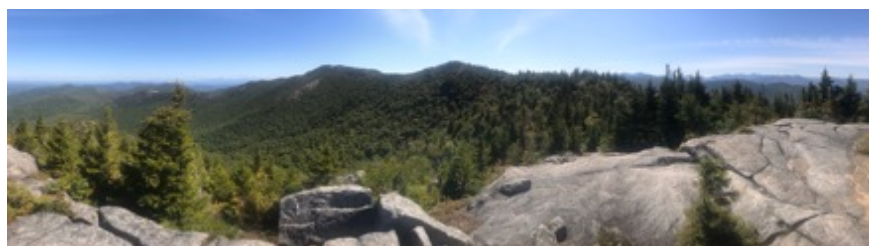
Outings News

The Cold River Chapter has led 67 outings from January to September, 2019, with 531 people attending. There have been biking, hiking, paddling, fishing, skiing, snowshoeing and caving outings from easy to strenuous.

Forty-five individuals have lead these outings, and we are always looking for new leaders, especially for easy outings. We are currently working on a "leader checklist" that would give new leaders instruction of what to take on an outing as well as what to expect. If you would like to lead an outing for the first time, there are members who are willing to co-lead with you. Just let us know.

The Outings Committee has also been reviewing our policies. One policy clarification should be noted: Dogs are not allowed unless they are therapy dogs.

Upcoming events: Rick Morse will lead a Wilderness First Aid class. Look for dates in future outings announcements. The ADK Tug Hill Winter Outing will be held on January 17-19, 2020. See the ADK website for full details. ~Gail Gabriels and Judy Thomson



Jay Range

Many thanks to all who helped with the Ididaride! The event was a great success due to your efforts.

*Appreciatively,
Anne Bernat*

Congratulations to Jeanne Tommell -our newest 46-r !

On July 2, 2019, Jean proudly stood on the summit of Wright Peak, her 46th, flanked by her two grandsons who hiked with her. As they shared this moment with their grandmother, they also began their own journey to become Adirondack 46ers!



Director's Report and Chapter News

Camper Scholarship Program

The CRC offers camp scholarships for two children, between the ages of 11-17, who are from Warren, Essex, Hamilton, or Herkimer counties. These two scholarships are for \$350 each and cover the entire week of camp at either Camp Colby near Saranac Lake, or Pack Forest near Warrensburg. These two camps are run by DEC and provide a wonderful outdoor educational experience for the children. We recruit candidates for the scholarships, select the two recipients by a random drawing, and the parents are then tasked with registering their child for the camp. The parents are the only parties that can perform the registration. DEC sets up a specific time of day and date on which registration begins and slots are filled, on a first come-first served online registration. Due to the popularity of these camps, the registration has become very competitive, and we can only encourage parents to register their child as soon as registration begins. Last year our two nominees were closed out quickly and thus were unable to accept the scholarship or attend one of the camps. This was very disappointing both to the young people and to our chapter of the ADK. We will continue to make these scholarships available and do our best to coach the parents as to the importance of registering their child as early as humanly possible. Unfortunately, we cannot guarantee that this will be successful. I will be sending out a mailing to all CRC members soliciting nominations in late November. Please think about this and through your contacts with individuals and groups, come up with some candidates for camp and refer them to me! Thanks. While it would be most desirable to be able to offer the scholarships to children who might find it a financial hardship to attend a camp, it is not a criterion. Hopefully we can use these scholarships to provide a fun and worthwhile week next summer for two children in our CRC region.

~Steve Thomson



Lower Bog



Copperas Pond

Director's Report and Chapter News

Proposed 2020 Budget

Below is the 2020 budget for the Cold River Chapter. This budget has been approved by, and is being presented by, the Executive Committee for approval by the members of the Cold River Chapter at the annual holiday party on December 12th. Please review the budget and cast your vote at the annual holiday party or email your vote to either Greg Schaefer or Rose Cooper prior to December 12th.

ADK Cold River Chapter Budget January-December 2020													
	January	February	March	April	May	June	July	August	September	October	November	December	Total
Revenue:													
Dues from ADK	\$250.00	\$325.00	\$225.00	\$300.00	\$420.00	\$410.00	\$440.00	\$385.00	\$300.00	\$325.00	\$325.00	\$360.00	\$4,065.00
Contributions													\$0.00
Interest													\$0.00
Events													\$0.00
Holiday Party												\$3,150.00	\$3,150.00
Picnic								\$325.00					\$325.00
Other													\$0.00
Shirts													\$0.00
Patches													\$0.00
Total Revenue	\$250.00	\$325.00	\$225.00	\$300.00	\$420.00	\$410.00	\$440.00	\$710.00	\$300.00	\$325.00	\$325.00	\$3,150.00	\$7,540.00
Expenditures:													
Supplies/Training													\$0.00
CRC Shirts													\$0.00
Training													\$0.00
Patches/Supplies	\$50.00			\$200.00							\$200.00		\$450.00
Wilderness First Aid		\$300.00								\$175.00			\$475.00
Telephone													\$0.00
Postage	\$10.00					\$35.00			\$30.00			\$35.00	\$90.00
Printing													\$0.00
Newsletter													\$0.00
Travel													\$0.00
Meetings Expense													\$0.00
Potluck		\$100.00		\$100.00			\$100.00			\$100.00		\$100.00	\$500.00
Donations													\$0.00
DIC Camper Sponsorship		\$350.00											\$350.00
ADK Endowment Fund										\$1,000.00			\$1,000.00
ADK General Fund													\$0.00
Iditarde Sponsorship/Fall Outing							\$100.00						\$100.00
Grants													\$0.00
Events Expense													\$0.00
Holiday Party				\$500.00		\$250.00		\$750.00				\$3,150.00	\$1,000.00
Picnic													\$0.00
Officer Stipend													\$0.00
Other/Miscellaneous													\$0.00
Video Expenses	\$50.00												\$50.00
Gifts to Officers								\$100.00					\$100.00
Total Expenses	\$110.00	\$750.00	\$0.00	\$800.00	\$250.00	\$35.00	\$200.00	\$850.00	\$10.00	\$1,275.00	\$200.00	\$3,285.00	\$7,745.00
Net Surplus (Deficit)	\$140.00	-\$425.00	\$225.00	-\$500.00	\$170.00	\$375.00	\$240.00	-\$140.00	\$290.00	-\$950.00	\$125.00	\$225.00	-\$225.00
Beginning Cash 1/1/2019	\$8,700.00												
Ending Cash	\$8,840.00	\$8,415.00	\$8,640.00	\$8,140.00	\$8,310.00	\$8,685.00	\$8,925.00	\$8,785.00	\$9,075.00	\$8,125.00	\$8,250.00	\$8,475.00	\$8,475.00



Lake Abanakee

Where in the World?

Trip of a Lifetime

My husband and I have just returned from the “trip of a lifetime.” Our travels took us to both Uganda and Kenya with our first stop being in Uganda.

After a direct flight from JFK to Nairobi and a short flight to Entebbe, we arrived at our first destination, Uganda. Traveling in Uganda, our first stop was at Lake Mburo National Park where we experienced a walking safari among the animals of Uganda. (There was no fear of lions as there is only one lion in the entire country.) This safari took us up close and personal with zebras, giraffes, warthogs, hippos and a multitude of antelope. It was a great start to the trip as we were among the animals of the park at eye-level.



Our walking safari was followed up with a boat tour of Lake Mburo where we observed dozens of hippos and crocodiles. We even had one of the dominant bulls charge our boat when he felt we were too close to his herd and territory. It was an exciting thing to witness.

After a good night's rest at Eagles Nest Camp we traveled on towards our objective, the mountain gorillas of the Bwindi Impenetrable Forest.

After travelling several hours we arrived at the Gorilla Valley Lodge, had an excellent dinner and retired for the evening in preparation of our hike the following morning into the jungle to locate and observe the Mountain Gorillas.

After climbing through the jungle for 2 hours and 3300 feet of elevation gain, our ranger and trackers located the troop we had been assigned to. Our troop included 8 gorillas including 5 adult females, a very large “silverback” and 2 juveniles including one that was still clinging to its mother and being breastfed. The female with the baby sat just 12 feet from us. As she started to breastfeed her baby she looked at the eight of us sitting and watching her. She apparently felt this was a private moment so she pulled a large tree branch down in front of her and her baby to eliminate the staring eyes. Much to our delight the branch she pulled down must have had some tasty leaves on it, which she began to eat re-exposing herself to us. It was a beautiful moment.



After 1 hour of observing we left the troop to climb back down the mountain and return to our camp. We were only allowed to visit the gorillas for one hour a day since they are susceptible to human disease, and the folks in charge of their well-being want to minimize the opportunity to introduce them to illness.

Where in the World?

It was a difficult climb but well worth the effort and time.

After our week in Uganda we flew to Maasai Mara National Reserve where we stayed at Kilima Camp. This bush camp was beyond all my expectations as were the daily safaris that took us into the bush, our visit to a local Maasai village, and to a local Maasai school. We even had lunch in the middle of the migrating wildebeest one afternoon.



I don't know what I enjoyed the most....the African people and their culture, the animals, the lodging or the food.

It was the most exciting and stress-free adventure that I have ever experienced thanks to our wonderful guides. ~Lynne Hagmann

Call for "Where in the World" articles. Please share your latest adventure!
Just email your story and a couple pictures to l_hales@hotmail.com.

ADK Fall Outing 2019



ADK Fall Outing- Sept. 6-8: The annual Fall Outing was held in Harriman State Park this year at the AMC center. A few of us went and truly enjoyed ourselves. It was fun to be in nature in a different part of the state. Downstate also has its own beauty! Many different outings were held and we had great weather. We especially enjoyed hiking two days on the Appalachian Trail covering about 20 miles and meeting new people from other chapters.

~Marti Townle

Outings Reports

A special thanks to those who led each activity and for Gail Gabriels and Judy Thomson, co-chairs of the CRC Outings Committee, for scheduling all the outings.

July 11: Paddle Loon Lake

Leader: Elaine Schwartz

Some came by land and some came by lake but eleven CRC folks met to paddle picturesque Loon Lake on July 11.

We were rewarded with a look at an active eagle's nest complete with an eaglet and two adults. A stiff breeze cooled us off on our return trip.

After the paddle we had a real treat --a tasty lunch at leader Elaine's lovely home and some interesting video footage of her experiences kayaking in both the Antarctic and Arctic regions of the world. It was a truly enjoyable and inspirational day in the Adirondacks!

~Karen Wang



Loon Lake

July 18: Hike Crane Mountain/Fish Crane Mountain Pond

Leaders: Anne & Joe Bernat

Fifteen hikers thoroughly enjoyed this 4- mile hike which included fishing, hiking, and swimming--something for everyone. We had a lovely lunch on top while the fishermen tried to catch dinner. The fishermen did not catch anything, but they know there is a trout waiting for them on their next visit. Several of us enjoyed cooling our bodies in the pristine pond halfway down the mountain, when we met up with the fishermen. A lot of bang for your buck on this hike!

~Marti Townley



Crane Mt. Pond



Outings Reports

July 18: Paddle 13th Lake **Leaders: Greg and Ellen Schaefer**

A group of seven paddlers experienced a pre-potluck tour of Thirteenth Lake. They enjoyed the scenery, wildlife, and of course, CRC camaraderie. Lunch on Elizabeth Point provided a restful break on the tour. ~Greg Schaefer



Thirteenth Lake

July 25: Bike from Eagle Bay to Old Forge **Leader: Jeanne Tommell**

The bike ride from Old Forge to Eagle Bay on the TOBIE trail (a pedestrian recreational trail connecting communities in the central Adirondacks) was awesome! Jeanne took most of us through unknown territory on the 15-mile ride through towns and forests, over rivers, and past lakes on old dirt roads and trails. Seven of us ended our journey at Jeanne's place with lunch on the beach of Fourth Lake. A big thanks to Dave (Jeanne's husband) for transporting us to the start! ~Marti Townley



Eagle Bay to Old Forge

July 25: Paddle Rich Lake to Belden Lake **Leader: Sue Sliva**

While the original paddle was to be Rich Lake to Harris Lake, Sue found in her reconnoiter prior to the paddle that the low water level and protruding rocks mandated two additional portages that were not easily traversed because of the condition of the terrain. Therefore, 15 paddlers in 13 solo canoes or kayaks and 1 tandem canoe paddled Rich Lake to Belden Lake, which involved one short portage and a return the same way. Teamwork facilitated the portage even with this number of boats. It was a picture-perfect day with only a short burst of rain, a blue heron overhead, views of the high peaks, and calm water. On the return paddle through the AIC property, a bridge over Rich Lake provided a relaxed lunch spot. ~Elaine Schwartz



View of Belden Pond from Rich Lake



Outings Reports

August 1: Paddle the Lower Bog River Leader: Maria Rinella

August's debut offered 14 paddlers a perfect day to explore 3.7 miles of the Lower Bog River. Purple pickerel weeds dotted with emerging cardinal flowers lined the bank of the gently flowing water. Only the hidden rocks below the surface presented any challenge. As our paddle ended, we were delighted to see fellow ADK members biking and preparing to put-in. During our picnic lunch near the falls and put-in point, one of our group stole away to slide down the falls on this gorgeous summer day!
~Linda Hales



Lower Bog River

August 1: Hike Northville Lake Placid Trail from Lake Durant to Long Lake Leader: Marti Townley

At about 8 a.m., a group of nine hikers began an approximately 15-mile walk in the woods along the Northville Lake Placid Trail, departing from the Lake Durant trailhead located near NY Route 28/30. The weather cooperated with partly sunny skies, comfortable temperatures and frequent breezes. Highlights along the way included frequent stream crossings, a scenic stretch alongside Tirrell Pond, a lean-to, lunch at a lovely camping spot adjacent a stream, a fair amount of blowdown, and a surprising meadow. With the exception of a fairly steep section crossing the shoulder of a mountain, most of the terrain consisted of rolling hills. At about 4 p.m., the group completed the hike at the trail register near Long Lake where the NPT crosses NY 28N. Before heading back to the starting point, some of the group savored ice cream in Long Lake.
~Sara Mullins



Northville-Lake Placid Trail



August 1: Frank DeGraff Memorial Ride Leader: Kate McCormick

Kate and Tracey met on Route 9, then headed toward Natural Stone Bridge and Caves, and returned to Schroon River Road on this bike outing. To add some distance, they followed Short Hill Rd. to Valentine Rd., which rewarded them with a thrilling quarter-mile downhill! The shade and cool breezes along the Schroon River as well as the views near the horse farm made this a great bike route.
~Kate McCormick



Frank DeGraff Memorial Ride

Outings Reports

August 3: Hike Moxham Mountain **Leader: Rob Haggerty**

Rob Haggerty was right! Moxham Mountain is an Adirondack Gem. Six CRC members started out at 8 a.m. and arrived back in the parking lot by 11:40 a.m. with plenty of time to arrive at the annual picnic. The weather was perfect, the bugs nonexistent, the climb fairly easy and the scenery spectacular. We took frequent breaks to enjoy the views of lakes, streams, mines, mountains and ski slopes. Thanks to an early start we had the top of the mountain to ourselves for a long rest and blueberry harvest. This is a great climb to share with others. Thanks Rob for leading us!
~ Kathy Koebrich



Moxham Mountain

August 8: Forest Management and Hike on the Newcomb Campus **Leaders: Elaine Schwartz and Charlotte Demers**

Charlotte presented a brief history of the ESF property site known as the Demonstration Cuts. She introduced the two foresters, Mike Gooden and Mike Federice who explained the site, then we carpooled and took a one-mile walk to it. Mike Gooden explained that the timber harvest was done in 2017 as part of a management plan to create areas where different types of forest regeneration techniques could be demonstrated. We were able to view the actual timber cuts: Clear Cut, Shelterwood Cut, Patch Cut, Thinning and Diameter treatments. With charts and pictures, Charlotte explained how the treatments impacted wildlife in our region over several years. These presentations were interactive, and the

many questions our participants had about trees and wildlife were answered by the knowledgeable Mike and Charlotte. The 13 participants agreed we exercised physically as well as cognitively on this interesting and informative outing.

~Elaine Schwartz



ESF Demonstration Cuts

August 13: Hike Bear Den Mountain **Leader: Gail Gabriels**

This beautiful hike attracted CRCers from all over our chapter plus a delightful guest. The moderate ascent rewarded us with two rocky summits, each providing an up-front view of Whiteface Mountain's ski trails and all of the summer activity there. Many thanks to Gail for making this happen!
~Jan McCann



Bear Den Mountain

Outings Reports

August 15, 2019: Hike to Wilson Pond Lean-To Leader: Tom Riley

It was glorious weather for 4 hikers on a quiet and beautiful trail. We didn't see another soul. There was beaver activity along the way and we crossed a small beaver dam just past Grassy Pond. Many commented about the variety of vegetation and scenery in general. We arrived at the lean-to on time and enjoyed wandering along the banks of Wilson Pond. However, there were no takers for a paddle in the duct tape repaired canoe! ~Tom Riley



Wilson Pond

August 15th: Owen, Copperas, & Winch Ponds

Leaders: Steve & Kathy Koebrich

Our group of nine, led by Kathy and Steve Koebrich, enjoyed a wonderful hike meandering between Owen, Copperas, and Winch Ponds. The weather was perfect and along the way we experienced the beauty of nature: wildflowers, an amazing beaver dam, and many birds that Steve pointed out. We stopped for a team photo in front of an amazing tree clinging to a giant rock. Then we wound our way through the woods and back to Copperas Pond. For lunch we set up in a nice lean-to close to the shore. We had the added treat of Copperas being a great place for a swim and a lovely spot for fishing (if you don't get your lure hung up in a tree!) Copperas Pond offered stunning views of the surrounding mountains, plus big green frogs and some giant tadpoles. We spent plenty of time lounging around to take in all the beauty before heading back out past Owen Pond to complete our loop. ~Lynn Butterworth



Owen, Copperas, and Winch Pond Hike



August 22: Paddle south end of Lake Abanakee

Leader: Bronna Romanoff

Eleven perky paddlers explored the secret Lake Abanakee. We saw cardinal flowers, fringed gentian (which always makes me sad because it means summer is coming to a close); said hello to the osprey, and visited a loon family. It was a lovely day. ~Bronna Romanoff



Lake Abanakee

Outings Reports

August 22: Paddle Henderson Lake **Leaders: Judy and Steve Thomson**

Steve and Judy Thomson led thirteen paddlers to the heart of the Adirondacks to Henderson Lake. This lake is a beautiful, pristine body of water, surrounded by parkland. After disembarking and paddling to the north end of the lake, we found a camping area that was a perfect spot to stop for lunch. Everyone preferred to stay close to the water, so instead of going to shore, we all chose a most comfortable looking rock and dined al fresco within the shallow bay. A few folks decided to explore the shoreline area and hiked to check out the lean-to. After lunch, we made our way to the south side of the lake, passing stone cliffs and a few loons. The weather was perfect, although at times it was a bit breezy, so we had to put some effort into our strokes. Henderson Lake has been called the most beautiful lake in the Adirondacks—it was definitely worth the drive to get there to experience its beauty. ~Lynn Butterworth



Henderson Lake

August 29: Hudson Pointe Nature Preserve **Leader: Rose Cooper**

After a relatively gloomy and cloudy beginning, Rose Cooper lead eleven hikers on a 2-mile tour of the Hudson Point Preserve in Queensbury. Shortly after we began, the skies cleared, the temperature warmed, and we were well on our way to having a wonderful woodlands

hike.

Along the route, we got to know a new CRC member, Ger Cox from Schroon Lake, although there seemed to be bit of an Irish accent in her. Ger should be joining CRC on many outings in the future. Also along for the walk were four visitors from Germany, just finishing the last leg of their American vacation while house swapping in Wevertown. The two kids, ages 7 and 10, were a real treat as we watched them prefer to walk through the woods jumping over fallen logs and poking around rather than on the trail. They also enjoyed making sand castles on the shore of the Hudson.

Always planning ahead, Rose was evaluating the many trails within the preserve for a potential snowshoe outing this winter. It should be another good one. ~Vinnie Rinella



Hudson Pointe



Outings Reports

August 29: Hike around Moss Lake to Sis & Bubb Trail

Leader: Jeanne Tommell

We were again treated to an exploration of a trail in Eagle Bay by Jeanne Tommell. This was a lovely 5-mile hike on a mostly flat soft forest carpet. We passed three peaceful small lakes and did a short hike up to a view point of the surrounding area. It was a pleasant fall-like day for 15 new and old friends to enjoy the wilderness. ~Marti Townley



Sis and Bubb Trail



September 5: Brown's Cave Exploration Leader: Tom Zelker

Fifteen of us hiked (the guide books say 3/4 mile, but devices indicated 1.5 miles one-way!) to Brown's Cave between Dutton and Moxham Mountains. Everyone got into and out of the over 500 foot long cave through various passages by crawling, back sliding, crouching, and walking through the ancient marble cavern that is punctuated by iron-like igneous intrusions. The stream that carved the rock still runs through it. For a few moments the group sat in complete primeval darkness in rock that has never seen daylight. It was truly a unique and exciting adventure. ~Tom Zelker



Brown's Cave



Outings Reports

September 5: Great Camp Sagamore Hike & Paddle

Leaders: Rob & Nancy Haggerty

A beautiful early autumn day for hiking and paddling is exactly what 15 CRC members enjoyed doing! Why settle for just hiking, when the outing participants could both hike and paddle originating from the same location! Rob and Nancy first led a four-mile hike around Sagamore Lake, as participants enjoyed the vistas of the lake and Great Camp Sagamore. Following the hike and picnic lunches, fourteen of the hikers put their boots away and launched their kayaks and canoes for an equally enjoyable four-mile paddle around the lake including a venture up a secluded inlet feeding the quiet waters of Sagamore Lake. While all fifteen participants anticipated paddling after the hike, one exception had to be made. One member had great difficulty in assembling her fold-up kayak, and eventually gave up, while the rest of the paddlers continued on the paddle. This paddler will be sure to get it right next time, nevertheless she enjoyed the hike and beautiful surroundings of the Great Camp. ~Greg Clark



Great Camp Sagamore



Saturday, September 7: Bike Ride around Schroon Lake

Leader: Tracey Donaldson

The weather could not have been better for a twenty-six mile bike ride around Schroon Lake. Tracey Donaldson led our group of four bikers on a clockwise tour around the lake. After meeting in town, we headed out onto Route 9 then quickly ditched any traffic when we made our way onto Alder Meadow Road. This section of the ride took us into the trees and past beautiful wetlands. Although the route included many steep hills on the west side of the lake, most were short and manageable. We enjoyed a rest stop at the Adirondack General Store. On the east side of the lake, we had expansive views of the lake and the mountains beyond. Back on the west side of the lake, since we were in their neighborhood, we had an added treat of visiting Tracey and Michael's home to see their gorgeous gardens and beehives. This was a casual, short ride with some beautiful scenery and great company.



~Lynn Butterworth

Outings Reports

September 12: Hike the North Country National Scenic Trail

Leader: Dan Smith

In spite of a morning drizzle, Dan Smith led 2 hikers on a new section of the **North Country National Scenic Trail**. This is a 4,600 mile trail across northern U.S.

We hiked a new section of the Jones Hill Trail that starts off of Rt. 9 in Schroon Lake. As it is partially finished, we were able to see the trail in various stages of construction as we walked the 2.5 miles. We did a short loop at the turn-around point, and enjoyed lunch where a bridge will be built to cross Platt Brook. As always, Dan shared more of his hiking experiences. The sun came out on the return adding to this very enjoyable hike.

~Greg Schaefer



North Country National Scenic Trail

September 13: Hike the Jay Range

Leader: Marti Townley

Our fearless leader, Marti Townley, made an executive decision to move the hike to Friday because of Thursday rain. The weather turned out to be spectacular for 15 hikers along a range with view after view. The first 2.5 miles ambled up through hardwood forest to a rocky ridge line. We hiked another mile along the ridge on rock and high meadow. From there we had views of Whiteface to the northwest, the High Peaks to the southwest and Lake Champlain and Vermont to the northeast. One of the prettiest hikes ever!

~Anne Bernat



Jay Range

September 19: Paddle Blue Mountain Lake **Lake Leader: Tom Riley**

We enjoyed an absolutely perfect sunny, windless day on Blue Mountain Lake. The water was perfectly flat the 3 hours we paddled. It was so clear you could see the bottom. Seven of us ventured out despite the weather forecast of winds 10-15 mph. Once again the weatherman was so wrong. We went under the historic bridge and paddled Eagle Lake. We did both shore lines of Blue Mountain Lake and around every island. Tom was very knowledgeable about the area and pointed out many points of interest. The leaves were well on their way to peak, making the mountains just beautiful with reds, orange and yellow leaves. A great day with great people! ~Sharon Kendall



Blue Mountain Lake

Outings Reports

September 19: Bike the 23-mile Ididaride Trail

Leader: Tracey Donaldson

Two of us biked 23 miles on dirt, sand and minimal pavement along beautiful tree-lined roads and the Hudson River. It was a beautiful day for lovely ride! Thank you, Tracey, for filling in for Jeanne!
~Anne Bernat



23-mile Ididaride Trail

September 26: Jack and Jill trail behind the Hub

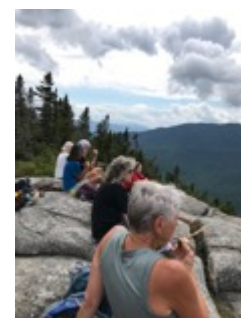
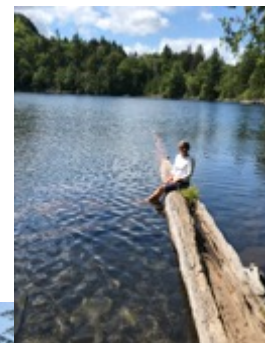
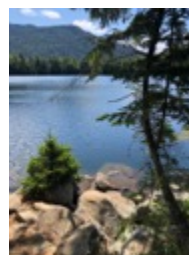
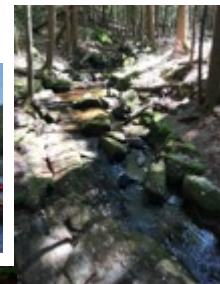
Leader: Rose Cooper

Our leader, Rose Cooper, a great weather forecaster, rescheduled our hike from 2:30 p.m. to 9 a.m., which enabled us to fit in a great trek with raindrops only hitting us the last 5 minutes. Approximately 10 of us, from veterans, Vinnie and Maria, to newcomer Ger trooped up to the view over Brant Lake. Next we tried unsuccessfully to find the old communication equipment at the top. Then we followed our way back down the lovely switch-backed trail. An especially reminiscent day for me, correspondent from Rochester, Sue Davis



Jack and Jill Trail

Summer Memories:



Upcoming Events

ADK Cold River Holiday Dinner Party 2019

When Thursday, December 12, 2019

Where: Garnet Hill Lodge

Time: Social Hour - 5:00 - 6:00 PM

Meeting - 6:00 - 6:15 PM

Dinner - 6:15 PM



Buffet Menu

Crudites / Cheese and Crackers / Hot Appetizer

Soup De Jour

House Salad with Balsamic Dressing / Rolls

Vegetarian Stir Fry over Rice

Chicken Piccata

Top Sirloin with Jack Daniels Bourbon Sauce

Season Vegetable Melody

Mashed Potatoes

Ice Cream Sundaes & Pie

30 % off your room with CRC reservation, at Garnet Hill Lodge! Check out the rooms on-line and reserve at (518) 251-2444, Includes breakfast and trail passes. RSVP by December 1st.

-----Cut Off and Return the Bottom Portion-----

Cost: \$30.00 per person

I/We wish to make a reservation for _____ individual(s) at \$30.00 per person.

Name(s) _____

Address _____

Phone _____ Email _____

Enclosed is a check for \$ _____ payable
to **Cold River Chapter.**

Please return this form with your check to Nancy Haggerty (518) 251-2481
CRC Chapter Treasurer
41 Farmview Road
Johnsburg, New York 12843

Upcoming Events

Charitable Donations: Starting in March CRC will once again collect personal care products for the Adirondack Outreach Center in North Creek. Our chapter will collect items from March through November. *Please bring your items to the monthly potlucks.* If you have a question, please contact Noelle McCrum at nkinderteach@hotmail.com.

Thanks to our potluck hosts:



July 18: Eberhard's home in Johnsburg, hosted by the Eberhards

August 3: Minerva Rec. Park—Annual Picnic

September 26: The Hub in Brant Lake, hosted by the Mullins

Upcoming Potluck Dates:

October 17: Gore Mountain, hosted by Anne Bernat, Moira Goldfarb, Ellen Schaefer

November 14: McCrum's home on Loon Lake, hosted by Rich and Noelle McCrum and the Coopers

December 14: Holiday Party at Garnet Hill (see reservation sheet included in this issue)

Potluck social hour usually begins at 4 PM, chapter meeting at 5 PM, followed by dinner at 5:15 PM. Please contact Rose Cooper (rosecooper2@gmail.com) or Maria Rinella (rinellium@frontiernet.net) with suggestions or to volunteer for upcoming potlucks.



Wilderness First Aid and CPR

Is your Wilderness First Aid and CPR certification expiring? Check your cards and watch for Rick Morse's next class—coming soon!

CRC Membership and Connections

Membership Report

We are at an all-time high in membership!

Membership Chair, Ellen C. Collins

As of August 2019:

Total Households: 298

Total Members: 518

Total Affiliates: 24



Jack Hanifan Schroon Lake, NY
Jessica Kane and Chris Flugmacher Brant Lake, NY
Tony and Liz Ovchinnikoff Chestertown, NY
Andrew Hasselwander and Mary Carpenter Bethesda, MD
Randy and Megan Johnson Denville, NJ
Sarah Fernsler Ovefield, PA
Edward O'Shea Camillus, NY
Geraldine Cox Schroon Lake, NY

Our CRC web address is: <https://www.adk.org/adk-chapter/cold-river/>

Stay in touch: Greg Schaefer and Rose Cooper, our co-chairs, may be reached at greg.schaefer@frontier.com or 518-251-5451 and rosecoper2@gmail.com or 914-844-3078.

ADK Cold River Chapter April 2019 Newsletter Linda Hales (Editor) l_hales@hotmail.com 518-681-1117
