

# COLD RIVER CURRENTS

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July 2024 The Newsletter of the Cold River Chapter of the Adirondack Mountain Club

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## Acting Chair's Report

by Susan Atwell

Mother Nature provided us with beautiful weather for the June potluck at Bonnie Belle Farm on Loon Lake. Thanks to Ken Shea and Marti Townley for hosting the first potluck of the season. As always, there was a lot of socializing both with new members and longtime members.

We welcome volunteers to host potlucks. CRC provides needed supplies and funds to rent venues. To learn more or to volunteer, contact Rose Cooper [rosecooper2@gmail.com](mailto:rosecooper2@gmail.com) or Maria Rinella, [rinellium@frontiernet.net](mailto:rinellium@frontiernet.net)

Please see the announcement in this newsletter regarding our catered Annual Picnic to be held on Saturday, August 10, 2024 at Donnelly Beach Pavilion on Minerva Lake. Our speaker, Bill Farber, is a longtime advocate for outdoor recreation and the Adirondacks. He will share information about the Northville Lake Placid Trail and the 100-year anniversary.

Fall Outing is a very rewarding experience. It is an opportunity to meet like-minded people and explore other areas of the state. Details of the October 25-27, 2024, Fall Outing, hosted by the Albany Chapter ADK, can be found on the Fall Outing webpage (<https://members.adk.org/fall-outing>), and in this newsletter. The event will be headquartered at the Ashokan Center in Olivebridge, NY, located 20 minutes from the Kingston exit. In the planning stages and soon to be announced are hikes, outings and other activities located in and around the Catskills and Shawangunks areas.

Please save the date for the holiday party and the annual meeting to be held on Thursday, December 12, 2024 at Garnet Hill Lodge. It is a fantastic evening with wonderful food in a beautiful Adirondack venue. The official vote for officers of the Executive Committee (EC) takes place at this meeting. Out of the eleven EC positions to be voted on, three positions will be vacant. Each person on the EC performs an important function. Please consider volunteering to serve your chapter. The EC meets 4 times per year via Zoom.

The two-year term vacancies are:

**Co- Chair:** The Co-Chair “shall perform the duties of the Chair in the absence of the Chair. The Co-Chair supports all other members of the EC as well as appointed positions.”

**Outings Co-Chair:** “Organizes and communicates various hiking, biking, paddling and other outings. Communicates special events as needed.”

**Secretary:** “The secretary shall be responsible for records and shall maintain a record of all EC meetings and correspondence, and shall perform other duties ordinarily associated with the office of Secretary. The Secretary shall act as the Chapter Archivist.”

CRC purchased bike insurance so we can now enjoy bike outings as well as hikes and paddles (and museums). And what an action-packed schedule of outings we have for July! Some outings occur on days other than our usual Thursday outing day to allow participation in more activities. A huge thank you to the Outings Committee and leaders. You keep us in motion.

# Chapter News

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## **TRUSTEE'S REPORT**

**by Rosemary Cooper**

Regarding the "iMIS" system, integrated management information software, we hope everyone has been contacted regarding setting up their individual portals. ADK HQ will be setting up contact groups to assign admins to create and manage chapter websites.

Family member account information is being programmed into the system, as well as senior member accounts.

This has become much more labor intensive than originally thought with some information requiring manual updating.

On another note, the Advisory Council is in the process of updating the ADK map to show each chapter's area of coverage.



# Chapter News

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Patrick Van Roey, Albany Chair. shared an update on the fall outing.



The annual ADK Fall Outing will be held October 25-27 at the Ashokan Center, Olivebridge, NY. The Center ([www.ashokan.org](http://www.ashokan.org)) is a camp/event space on a 385 acre preserve. It is located 20 minutes from the Kingston exit of the NYS Thruway and within 30 minutes from the Catskill trailheads. On site events start Friday 5 pm, but the site is available to us as of noon. Outings are planned for Friday afternoon through Sunday morning for hiking and other activities in the Catskills, Shawangunks, and other local sites. The site has trails so people arriving mid-afternoon can stretch their legs right there.

Friday evening, we will have a meet-and-greet at 5 pm with musical entertainment. Dinner (6:30) is a pasta bar.

Saturday evening, we will have happy hour at 5 pm, buffet dinner and after-dinner presentation, with a speaker to be announced.

On-site housing is in semi-private (4 person) or larger (24 person) bunk rooms. Camping (tent) is available on site. There are other accommodations within a 15 min drive.

Estimated cost pp for the whole weekend and including a 2-night stay, 2 dinners, 2 breakfasts and bag lunches for Saturday and Sunday will be about \$300. Meals will be optional.

We intend to have a webpage accessible from the club's website up by the middle of May. Registration will be through a form accessed from this webpage. When the webpage is up, there will be an email blast to all club members. Sign-ups for outings will be handled through a separate sign-up sheet that will not be available until later. We hope that other chapters that frequently hike in the Catskills or other areas in the lower Hudson Valley will help with leading outings.

## Where in the World?

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As we follow our friends making their journey along the Appalachian Trail, the next spot we found them was in Georgia early in June. Marti Townley (Shay Shay) reported on the whereabouts of Gail Gabriels (Woody), Jeanne Tommell (Beaner), Sue Atwell (Flip), Barbara Kearns (Bobbie)



Our goal was to make it to Springer Mountain which is the beginning of the Appalachian Trail. With a lot of planning and team work we made it there and completed 75 miles in 7 days of hiking. The most fun was meeting all the other folks that were just starting the AT, doing sections like we were, or shuttling hikers to and from the trail. Everyone had a story to tell. We met people in the hostels that we stayed in and on the trail. All had such enthusiasm for the trail which spurred us on!

## Where in the World?

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The Georgia mountains were beautiful and abundant with wild flowers. Although we had several mountains to climb, (Blood Mountain 4,459), the trails were in good shape and a lot easier than the Adirondacks. We had many days of pleasant rolling terrain, good hiking weather and no bugs! We do get tired once-in-a-while, but cannot wait to start planning our next section!

We have completed New Jersey, New York, Connecticut, Massachusetts, parts of Virginia and Vermont, about 700 miles of the 2,190 miles.



# Outings Reports

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*A special thanks to those who led each activity, as well as Lynn Butterworth, Tom Riley, and the CRC Outings Committee.*

IF YOU ARE NOT RECEIVING THE OUTINGS EMAILS AND WANT TO, OR IF YOU WANT TO STOP THEM, PLEASE SEND YOUR EMAIL ADDRESS AND REQUEST TO OUR CHAPTER AT [ColdRiverADKChapter@adk.org](mailto:ColdRiverADKChapter@adk.org)

## **April 11: Hadley Mt. Leader: Marti Townley**

There were six of us ready to venture up Hadley Mt. with Marti. We had a little sprinkle of rain on the way up, but had an enjoyable walk up to the top. It was cloudy and windy and we could see a storm brewing in the northwest. We were able to enjoy lunch on a sheltered side and decided to walk to the garden of stone animals. It began to snow which made us feel like we were in a snow globe. We headed back and then it began to sleet on our way down. We made it back just in a nick of time, and then it began to pour. A little bit of this and that, with a great day had by all. ~Gail Gabriels



*Hadley Mt.*

## **April 11: Nature Conservancy Buckner Preserve, West Haven, VT Leaders: Gail & Chuck Helfer**

Most of us know there are multiple Bald Mountains in NY, but who knew of the multiple Bald Mountains in VT, and that at least one is very near and visible from the Adirondacks. However, we viewed this Bald Mtn from a VT vantage point, at The Nature Conservancy's Helen W. Buckner Memorial Preserve at Bald Mountain. The preserve is on a peninsula bordered by the Poultney River, Head of Champlain (east branch), and the southern border of the main body of the lake, with the South Bay nearby and visible. Chuck and Gail led an out and back hike rather than the planned loop, due to flooding. We walked along the base of a ridge then along the brim of the ridge on Tim's Trail. We had nice views from the ledge, mostly of NYS other than Ward Marsh, with NYS easily visible beyond the marsh. We spotted more than half a dozen different species of blooming wildflowers, mostly white, other than red trilliums. A fun outing, barely outside the Adirondacks in an area new to the participants. ~Meredith Todd



*Nature Conservancy Bukner Preserve*

# Outings Reports

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## **April 18: Wolf Pond Hike, North Hudson**

**Leader: Rich Salz**

A friendly group of 10 CRC hikers met at the Wolf Pond trailhead eager to embark on our adventure on a warm and sunny spring day to explore such a beautiful part of the Vanderwhacker Mountain Wild Forest. Shortly after the beginning of the hike, we encountered some remnants of winter on the snow and ice packed part of the trail. We carefully navigated over this first patch of ice and subsequent snowy areas encountered in the more deeply shaded sections of the forest. We would occasionally pause during our hike through the peaceful, mossy pine forest to listen to, and try to identify, some of the bird calls and to point out some of the early spring plants beginning to emerge. At 2.6 miles in, we arrived at a newly constructed lean-to within sight of Wolf Pond. We enjoyed our lunch break and the breathtaking views of the pond, Wolf Pond Mountain, and Boreas Mountain. We returned on the same trail to the parking area delighted to have shared a day of natural beauty and fantastic companionship together. ~Anne Waring



*Wolf Pond*

## **April 18 Minerva Federal Flats, Irishtown and Loch Muller Cemeteries Tour**

**Leader: Kate McCormick and Assistant**

The mood was set by a drizzly day for 6 hikers visiting 3 cemeteries in Minerva. I noted the graves of the founders and mountain guide graves at the Baptist Church Cemetery on Route 28N and the family plots of original settlers. It turned out to be a great sharing of information as Tom Meyering spoke about his interest in Military graves and Cindy Perkins, director of the Minerva Historical Society, shared that her father, age 88 had been a grave digger of 1400 graves in many local cemeteries. Federal Flats Cemetery revealed much local family history and adventures from history and veterans from various wars.

The slog into Loch Muller was wet and full of fallen limbs. However, the big surprise was that the mammoth pine tree that centered the sparse cemetery had been cut down recently. Since Minerva was part of Schroon at one time, the Schroon Lake Veterans decorate Loch Muller. There is much to learn on local walks!

Kate Grow-McCormick



*Minerva Flats Irishtown*

# Outings Reports

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## **April 25: Graphite Range Community Forest Hike** **Leaders: Karen and Richard Wang**

The Schenectady and Cold River ADK chapters combined for a hike on April 25 at the newly opened trails at the Graphite Range Community Forest. Much to our surprise, the large parking lot was PACKED and a crowd of people were gathered around the trail map sign when we arrived. It turned out that Saratoga Plan was having a ribbon cutting ceremony complete with dignitaries and guests. They did invite us to be part of the festivities, but we decided that we needed to get our hike underway in a timely manner passing on this event and continued to the well-designed beautiful trails. One of the neat things about this place is the remains of the graphite mining operation that occurred there more than 100 years ago. We peered into the mine opening and looked at the foundations from the “works” buildings as we wandered several of the trails and enjoyed the streamside views of the spring woods. It was a glorious day to be out in the woods and to get to know some folks from the Schenectady, Saratoga-Glens Falls, Northville Placid Trail and Cold River Chapters of the ADK. ~Karen Wang



*Graphite Range Community Forest*

## **April 25: Swede Mountain** **Leader: Peggy Carrol**

On a glorious sunny morning 5 hikers reached the fire tower on Swede Mountain, a fun trail with a bit of rock-hopping, nicely placed stair steps and relatively dry. Starting the trailhead at North Pond in Hague on a brisk but rapidly warming spring day, the 2+ mile trail was short and sweet. The views from the fire tower (for those who did not experience acrophobia) included Gore, Crane, many of the High Peaks, Brant Lake and Vermont. Welcome spring!!~Peggy Carrol



*Swede Mt.*

# Outings Reports

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## **April 25: Moose Mountain Pond Trail, North Hudson Leader: Tracey Donaldson**

On April 25th Tracey Donaldson led 5 folks into Moose Mt Pond in North Hudson. We hiked a total of 7.42 miles RT with 450 ft elevation gained over rolling hills. After the previous cold night, the black flies were lethargic so we had a lovely lunch basking in the sun on the rocks on the lovely pond. A beautiful wilderness spot with two loons fishing on the pond. A definite do-over hike! ~Anne Bernat



*Moose Mt. Pond*

## **May 2: Potash Mt. Hike, Lake Luzerne Leader: Ger Cox**

Six CRC members gathered at the trailhead for a spring hike on a delightfully warm and sunny day and happy to see each other without all our winter layers, hats, and gloves! After departing from the parking area, we were greeted with the sights and sounds of a lovely waterfall descending gracefully over the moss-covered rocks. We proceeded steadily uphill along the well-maintained trail which included many stone steps. We kept our eyes open for spring ephemerals and spotted some trillium and violets along the way. Towards the summit, we hiked alongside some steeper cliffs, a short scramble and proceeded to the overlook. We enjoyed the expansive views of the surrounding area, including Fourth Lake and some of the local mountains, such as Hadley. We savored the refreshing mountaintop breeze and our friendly conversations before heading off to explore the summit of Potash and returning down the trail back to our cars. We all enjoyed this beautiful and peaceful hike on a perfect spring day! ~Anne Waring



*Potash Mountain*

# Outings Reports

## **May 2: Hike Dippikill Wilderness Retreat Center, Warrensburg NY Leaders: Judy and Steve Thomson**

Fourteen “weather watchers” joined up for a hike on the Dippikill property, a private parcel owned by the Student Association of the University at Albany in the Town of Thurman. AND YES, as predicted it was a beautiful spring day, with temperatures getting into the low 70’s and bright sunshine blasting through the unfurled leaves that were beginning to appear in the woods. (Normally trail usage of Dippikill is restricted to students and alumni of the University at Albany who stay overnight in the lodging on the property, but special permission was granted for this CRC hike.) From several trail choices, we chose the Ridge Trail, an approximate 5-mile loop from the parking area to an overlook of the Hudson River and Route 28, not far from the Glen, then down to the Dippikill Pond and up to the trailhead again. Crane Mountain was visible, a close neighbor from points along the trail. The route took us through the well-maintained hardwood forest along smooth rock ridges, and the light breeze was sufficient to keep the newly hatched blackflies away from us (hurray). Along the way a few early wildflowers (Spring Beauties) dotted the trail and various songbird arrivals accompanied our human chatter. We reached the overlook for a leisurely early lunch and then lingered again at the pond to break up the four hours of our time together. Our GPS gurus reported around 800 feet of elevation on the hike. It was a great day with a great collection of CRC’ers! ~Steve Thompson



*Dippikill Wilderness*

# Outings Reports

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## **May 9: Boreas River Trail, Minerva** **Leader: Brendan Hanley**

Donned with blackfly gear, eight of us ventured into the trail along the Boreas River. While threatening rain all week, the temperatures were comfortable, and the blue sky appeared intermittently, as did the breeze. For most of the hike we could hear the river beckoning us along. We ate lunch on rocks along the edge of the river and tried various techniques to eat and drink while wearing our headgear. Fun and not as wet as expected, we enjoyed the 2.4-mile hike and the spring flowers popping up along the way. ~Kathy Herold



*Boreas River*

## **May 16: Forked Lake** **Leader: Walt Nelson**

Six enthusiastic paddlers were greeted by clouds of blood thirsty six-legged/flying well-wishers at the Forked Lake/Raquette Lake carry as we launched. A light breeze kept most others at bay during the paddle. The mostly cloudy sky and mild temperatures added peace to the day on the water. We circumnavigated many of the northern forks of the Lake bordered by Whitney Enterprise/Whitney Park. We MAY have paddled on Little Forked, depending on the map one consults. The deafening silence was broken several times by a male's territorial yodel. (They were but a speck on the water from our vantage.) Upon exiting the water at the launch site, we encountered an enthusiastic duo as they continued their trip to Maine via the Northern Forest Canoe Trail. ~Walt Nelson



# Outings Reports

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## **May 16: Noonmark Mountain** **Leader: Marti Townley**

What a great way to be in the middle of the High Peaks! Although it is a 2,175 ft elevation gain, 6 of us hiked this mountain at a steady pace. After helping each other to negotiate the best route around the steepest rocky areas, we made it to this incredible open expanse with a 360 view! We enjoyed our lunch and conversation while only battling a few black flies. ~ Marti Townley



*Noonmark Mt.*

## **May 23: Paddle Paradox Lake** **Leader: Ger Cox**

Eleven of us met to paddle the lake that many of us had seen from the highway and always wanted to paddle! We were not disappointed. With just enough of a breeze to not have to don our nets, the 3-hour paddle was a pleasure. Several people were trying out new boats for the season and nice to have so many of us to share ideas as well as observations regarding the shoreline and all that Paradox had to offer. The DEC campground gave us maps, and for those of us over 65, free access. ~Kathy Herold



*Paradox Lake*

# Outings Reports

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## **May 23: Catamount Mountain Hike, Au Sable Forks Leaders: Lynn Butterworth & John Rendinaro**

The black flies were relentless! Everyone donned their bug jackets in the parking lot, as soon as we arrived at the trailhead. The clouds looked threatening, but, luckily, as we climbed, they passed without a thunderstorm. The trail to start was a lovely forest, on a relatively smooth path that one hiker said reminded him more of Maine than the Adirondacks. After about three-quarters of a mile, the trail got rockier and a steeper. About one-and-a-half miles in, we started to do some climbing up over large rocks. Rubber-fingered gardening gloves came in handy, as we often had to use our hands and feet to get up onto the next ridge. Our efforts paid off. The views from the top were fantastic; the High Peaks were all around us. Esther and Whiteface were most prominent, and the Saranac River could be seen in the distance. The Catamount hike was about 4.5 miles roundtrip with 1600' of elevation, and it felt like hiking a mini High Peak. ~Lynn Butterworth



*Catamount Mountain*

## **May 30: Paddle, North Cheney Pond, North Hudson Leader: Tracey Donaldson**

Arriving at the entrance to Boreas Ponds, we were greeted with closed gates at the first parking lot. What a sinking feeling to discover your accessibility is closed with an anxious group waiting for Plan B. There was a DEC truck behind us with a crew, informing us that the road was once again washed out thanks to heavy rains this week, and they were there to repair the road to open access again soon. One helpful guy recommended Cheney Pond, a few miles down the road in Newcomb. So, a convoy of cars and boats drove together to Cheney Pond, a first for all of us. It was about a half mile drive in on a narrow, gravelly road, and thankfully there was parking for 6 cars right at the water's edge. The pond is beautiful and there are beaver lodges and dams everywhere along the edges. There is a great sandy beach and a lean-to worth visiting, and campsites around the pond. It is a wonderful spot. We saw 2 loons and I saw a deer grazing in the wet marshy area near shore. This is a nice spot to visit for summer swimming and paddling. Four of us stopped at the Blue Ridge Falls on the return trip back, raging after our recent rain. Nice day enjoying the beauty of our area. ~Tracey Donaldson



*Cheney Pond*

# Outings Reports

## May 30: Sargent Ponds Loop

**Leader: Gail Gabriels**

Six of us took a walk into the Sargent Ponds. Two members commented it had been in the low forties the night before. We had no blackflies and the temperature was delightful. We made a loop arriving at Upper Sargent first and then wound our way to Lower Sargent where we went to the lean-to for lunch. Two canoes were making their way back to the lean-to with some good looking Brook trout. We admired their camp set-up and had an easy walk out. ~Gail Gabriels



*Sargent Ponds*

## June 5: Treadway Mountain, Pharoah Wilderness

**Leaders: Gail & Chuck Helfer**



We were promised lady's slippers, and, boy, did we see lady's slippers! We were lucky enough to count 115 of these delicate, beautiful flowers on our way up Treadway Mountain. Lady's slippers are a largish wildflower belonging to the orchid family. The flower is magenta to whitish-pink; rarely, the flower may be all white. Our hiking leaders, well versed in locating and identifying wildflowers, piqued our interest in locating these flowers along the trail. Our hike turned into a kind of scavenger hunt as we looked on both sides of the trail to locate the flowers. It was fun! The hike itself ended up being secondary, but still enjoyable. The terrain of the trail went from forestland, passing a couple of ponds, to rock face at the top, which made it feel like two different hikes in one day. It was unseasonably warm for early June, but a treat of ice-cold watermelon awaited us at the end. ~Lynn Butterworth



*Treadway Mt.*

# Outings Reports

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## **June 13: Thirteenth Lake Paddle, North River Leader: Shannon Andersen**

On a sunny day with a perfect temperature of 78 degrees, 14 members, including participants from other chapters and some new CRC members, enjoyed a delightful outing. The group paddled along 4.5 miles of shoreline, making a stop at Elizabeth Point for lunch and a break. During our paddle, we were treated to the sights and sounds of various birds: loons, a cooper hawk, an osprey fishing, a common merganser with eight ducklings, and a bald eagle! ~ Shannon Andersen



*Thirteenth Lake*

## **June 13: Meade and Beckman Mountains hike, Chestertown Leader: Tracey Donaldson**

Perfect hiking conditions prevailed as five ADKers headed up Meade and Beckman Mountains on this sunny, breezy day. Three in our group were relatively new to ADK and had never been up this trail before. They were not disappointed. The delightful views from the three lookouts gave us all reason to pause and enjoy the sight of our beautiful Adirondacks, Gore Mountain, Loon Lake and Schroom Lake. Thanks to Tracey for a gratifying hike before the potluck. ~Linda Hales



*Meade/Beckman Mts.*

# Outings Reports

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## June 13: Pot Luck

The Potluck was hosted by Marti Townley and Ken Shea at the shared beach of Bonnie Bell Farm. We had a perfect spring day with gentle breezes on the shores of Loon Lake. There were 40 people in attendance. We were delighted to have Virginia Etu, executive assistant of ADK, with us. She recently retired, and we wanted to thank her for always being there for us. We also welcomed 4 new members, Debbie and Mike Cioffi, Matt and Judy Dunn.

## June 20: Northville to Benson (Northville/Placid Trail) Leader: Gail Gabriels

It is the 100<sup>th</sup> anniversary of the NPT so we started with the first 9 miles of the 138-mile trail, a great walk through the Adirondacks! Five of us enjoyed the first nine miles. and halfway through we enjoyed a relaxing lunch at the lean-to. Then we put on our water shoes and crossed the 90 foot wide West Stony Creek. This was the most exciting part of the day. The water was refreshing as we picked our way across the rushing water. Safely on the other side we continued our journey. ~Marti Townley



*Northville/Placid Trail*

## June 27: Henderson Lake Paddle, Newcomb Leader: Tracey Donaldson

Nine of us started out for a paddle on a chillier than expected morning with a little of everything for weather-rain, clouds, wind, and even a little sun. After a short (0.3 mile) portage through the remains of an old Adirondack mining village and down the path to Henderson Lake, we set out in canoes and kayaks for a relaxing morning on the water. With beautiful views of the High Peaks Wilderness all around, the group explored the shoreline and many small bays of the lake with a pair of loons calling to each other around us. At times, it was calm and placid, other times the wind kicked up and we had to paddle a bit harder! We stopped for lunch in a protected spot but opted to eat on the water rather than walk up the access path to a near-by lean-to. Everyone enjoyed the peaceful quiet, great views, and good company! Beautiful spot to spend the day. ~Caroline Jackson



*Henderson Lake*

# Outings Reports

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## **June 27: Ampersand Mountain Hike, Saranac Lake Leaders: Lynn Butterworth & John Rendinaro**

There was some concern as we drove 2 hours to begin our adventure up Ampersand Mountain, and it was raining. By the time we reached Keene, the rain stopped, and there were hints of blue sky. We had a dry hike up to the top of the 3352' summit and were treated to views of the High Peaks to the East and Saranac Lakes to the West. The camaraderie was easy and fun and the adventure a real pleasure. Thank you, Lynn and John. ~Gail Gabriels



*Ampersand Mt.*



*Ampersand Mt.*

# CRC Membership and Connections

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## CRC Annual Picnic

**Saturday, August 10, 2024**

Chicken BBQ catered by Kelly's Good Eats on Wheels (AKA Red Wagon BBQ)



**Where: Large Pavilion at Donnelly Beach, Minerva Lake Town Park**  
Beach Rd, Olmstedville, NY

**Cost: CRC Members \$5.00 Nonmember-Guests \$15.00** \*Payment due at sign in.

**Time:** 11:00 AM-12:00 PM sign in/social hour/appetizers  
12:00 PM - meeting  
12:30 PM-1:30 PM- lunch  
1:30- Guest Speaker

**Bill Farber**, an organizing member for the NPT 100 year celebration

Additional: Please provide your own beverages and place settings.

Optional: You may bring an appetizer or desert to share

**\*\*RSVP by August 5, 2024 to**

Sue [Atwell-bradtatwell@aol.com](mailto:Atwell-bradtatwell@aol.com) or

Bob [Singley-rtsing@optimum.net](mailto:Singley-rtsing@optimum.net)

**Coming THIS Month**

***INDIAN LAKE THEATER PRESENTS:***

*NPT Hike for Your Life Open Mic Night*



*Friday, July 12, 2024 - 7:00 PM EDT  
(doors open at 6:00 PM)*

*Join us for a special Open Mic Night in celebration of the 100th anniversary of the Northville-Lake Placid Trail! All are invited to share their hiking-related stories, whether they are of the NPT or other hikes. Adirondack-based anecdotes are strongly encouraged! Let's hear your true stories of summits and successes, brushes with nature, misadventures, and lessons learned. Sign up by emailing [director@indianlaketheater.org](mailto:director@indianlaketheater.org) or at the event.*

### Adirondack Paddle Pursuit

*“Peace could hardly come more beguilingly than on a balsam-spired river bend in the Adirondacks with only the song of the whitethroat...breaking the silence.”*

*Paul Jamieson, 1988*



*Recent CRC Paddle on Henderson Lake*

**“Sponsored by our very own Cold River Chapter, the Adirondack Paddle Pursuit was created to stimulate and challenge visitors and residents of the Adirondack State Park to explore a sampling of the scenic waterways coursing through our magnificent park , using one’s favorite non-motorized vessel. We believe paddling these waters offers an exceptional opportunity for an intimate viewing of the park’s aquatic ecosystems with their characteristic flora and fauna.”**

**The link can be found on the ADK website and is found below with information on documenting your paddles while earning a patch while**

<https://www.adk.org/wp-content/uploads/2017/04/ADKPaddlePursuit.pdf>

## CRC Membership and Connections

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**Thursday, December 12th** - Annual Meeting/Holiday Dinner at

Garnet Hill Lodge.... a little club business and a lot of good cheer!



Lastly.... If anyone is interested in hosting our wildly popular pot lucks, please contact Rose Cooper - [rosecooper2@gmail.com](mailto:rosecooper2@gmail.com) or Maria Rinella - [rinellium@frontiernet.net](mailto:rinellium@frontiernet.net)

## Membership News

WELCOME NEW MEMBERS AND AFFILIATES. WE LOOK FORWARD TO SEEING YOU ON OUTINGS.

Membership Chair, Susan Schuler reported at the last Executive Committee Meeting that she did not receive the usual completed spreadsheet of CRC membership data from ADK HQ, so reported below is the same data from the last newsletter and the two new members from Feb26-June 19<sup>th</sup>. Welcome!

**As of February, 2024**

Total Households: 323

Total Members: 523

Total Affiliates: 21



### **New Members:**

Ann Genovese

Ocean City Maryland

Richard Connor

Johnsburg, NY