

COLD RIVER CURRENTS

January 2023

The Newsletter of the Cold River Chapter of the Adirondack Mountain Club

Chapter Co-Chairs' Report Steve Mullins and Susan Atwell

In spite of the continuing COVID infections, the CRC held two well-attended social events in 2022 – the annual August picnic and the annual Holiday Party. Special thanks goes to Sue Atwell for organizing the August picnic and to Noelle McCrum for organizing the Holiday Party.

The August picnic has historically been the time when the CRC elects its officers, but that was moved to the December Holiday Party. The shift in the election date was needed to align the terms of service for the Executive Committee (EC) officers with the other Chapters within ADK to the calendar year rather than CRC's September 1st to August 31st service period. The CRC was the only Chapter with a non-calendar year service period for its officers, and as of January 1, 2023 we are now in synch with all the other Chapters within the ADK organization. In order to make this one-time alignment of service periods, all CRC EC officers agreed to a four-month extension of service from September 1st to December 31st, which made for a seamless transition to the new calendar year service period. The new election was held at the Holiday Party on December 15th and all but one of the current officers were elected to new terms for 2023. The one officer who retired from her position as Member-at-Large was Maria Rinella. Maria has served in varying leadership positions within the CRC for nearly two decades, and she will be missed. Marti Townley stepped up to assume the position in Maria's absence and was elected unanimously for the Member-at-Large position. We welcome Marti to the EC.

2023 CRC Executive Committee

Steve Mullins (Chapter Chair)
Susan Atwell (Co-Chair)
Rich Salz (ADK Advisory Council Trustee)
Rose Cooper (ADK Advisory Council Alternate Trustee)
Anne Bernat (Secretary)
John Rendinaro (Treasurer)
Tom Riley, Lynn Butterworth (Outings Co-Chairs)
Ellen Collins (Membership Chair)
Linda Hales (Newsletter Chair)
Marti Townley (Member-at-large)

The CRC hosted the 100th Anniversary Celebration of the ADK Mountain Club at the Silver Bay YMCA in September. We organized and coordinated the event's activities and outings in conjunction with the ADK headquarters staff and had over 215 attendees. The CRC volunteers organized dozens of local outings that were led by both CRC members along with other ADK Chapter volunteers. Feedback from attendees was overwhelmingly positive, and the EC wants to extend a heartfelt thanks to three CRC members who contributed an enormous amount of their time, energy and personal resources to make this Centennial Celebration such a memorable and successful event for the Club – Ken Shea, Rich Salz and Julie Milner. Many other CRC members also contributed significantly in organizing, staffing registration tables and leading outings. To these Chapter members, we also extend a big thanks.

After nearly three years of COVID limitation, the CRC has planned six Chapter events for the 2023 calendar year to help re-establish our popular social gatherings. Two of these events are planned for cold weather indoor presentations at the Adirondack Interpretive Center in Newcomb and the Tannery in North Creek. In addition, we will have four outdoor gatherings in the warmer months – three potlucks and the annual Chapter picnic. We are looking forward to resuming the social gatherings because it gives all Chapter members multiple occasions to meet and socialize separate from the organized physical outings which are limited to only a few people per outing. We are looking for volunteers to host the potluck events. Anyone interested in hosting a potluck can contact Rose Cooper (rosecoper2@gmail.com) or Maria Rinella (rinellium@frontiernet.net) for more information.

We are looking forward to an active 2023.

Chapter News

Trustee's Report

Rich Salz



- ❑ The ADK Cascade Welcome Center is open for cross-country skiing, which is free for all ADK members. Check the ADK website or call 518-837-5047 before making the trip to make sure there is sufficient snow for skiing.
- ❑ Governor Hochul recently announced a \$101,925 grant to ADK from the Environmental Protection Fund for planning and renovation of the Cascade Welcome Center. ADK will develop planning documents to make the property available to the public for skiing and other outdoor activities, as well as to increase capacity by adding a fully accessible outdoor education and visitor information center.
- ❑ At its December 7th meeting, the Board approved the merger of the Lake Placid and Northwoods Chapters. The name of the merged Chapter will be determined at a later date.
- ❑ The Board is considering reducing the number of membership categories to individual, family and senior, and increasing dues by \$5, as there has been no increase in many years. Any dues increase has to be published in Adirondack or in an email to members 60 days in advance of its effective date.



Maria Rinella

Maria has been part of the governing structure of the Cold River Chapter of ADK for so long, I am not sure where to begin. Originally, she volunteered mainly to fill time before Vinnie retired. I do know she served as its chair for nine years. Then after a short break, she joined the executive committee as an at-large-member, where her knowledge was invaluable. All in all, she has served 17 years on the Executive Board and continues her service to CRC as a potluck committee co-chair.

During those nine years we called Maria the heart and soul of our chapter. The executive committee meetings were held around her dinner table laden with food. Many potlucks were held there too. But mainly, you could count on her and Vinnie attending all outings. They always brought chocolate, Vinnie took photos, gave a round-up of those at year-end, and were both cheerful participants and friends. ~ Sue McMeekin-Davis



Chapter News

Approved 2023 Budget

ADK Budget Category	ADK Cold River Chapter													
	Budget Jan-Dec 2023													
	prepared 9/29/2022	January	February	March	April	May	June	July	August	September	October	November	December	Total
	Revenue:													
Other	Interest													\$0.00
Events	Holiday Party												\$3,500.00	\$3,500.00
Events	Picnic								\$375.00					\$375.00
Membership	Patches	\$25.00			\$25.00			\$25.00		\$25.00				\$100.00
	Total Revenue	\$25.00	\$0.00	\$0.00	\$25.00	\$0.00	\$0.00	\$25.00	\$375.00	\$25.00	\$0.00	\$0.00	\$3,500.00	\$3,975.00
	Expenditures:													
Education	Education/Lectures	\$200.00		\$200.00		\$200.00		\$200.00		\$200.00		\$200.00		\$1,200.00
Membership	Patches/Supplies	\$50.00			\$200.00							\$200.00		\$450.00
Education	Wilderness First Aid		\$0.00				\$600.00							\$600.00
Communication	IT software/ Mailchimp			\$100.00			\$150.00							\$250.00
Communication	Postage	\$10.00					\$70.00			\$10.00			\$70.00	\$160.00
Meeting Expense	Potluck		\$200.00		\$200.00		\$200.00		\$200.00		\$200.00		\$200.00	\$1,200.00
	Event Expense													
Membership	New Member Initiatives						\$250.00			\$250.00				\$500.00
Events Expense	Holiday Party									\$1,000.00			\$3,500.00	\$4,500.00
Events Expense	Picnic							\$375.00	\$1,000.00					\$1,375.00
	Other													
Education	ADK Oral History													\$0.00
Membership	Video Expenses	\$50.00												\$50.00
Membership	Gifts for Service	\$300.00							\$100.00					\$400.00
	Total Expenses	\$610.00	\$200.00	\$300.00	\$400.00	\$200.00	\$1,270.00	\$575.00	\$1,300.00	\$1,460.00	\$200.00	\$400.00	\$3,770.00	\$10,685.00
	Net Surplus (Deficit)	-\$585.00	-\$200.00	-\$300.00	-\$375.00	-\$200.00	-\$1,270.00	-\$550.00	-\$925.00	-\$1,435.00	-\$200.00	-\$400.00	-\$270.00	-\$6,710.00
	Estimated Cash 1/1/2023	\$13,174.00												
	Ending Cash	\$12,589.00	\$12,389.00	\$12,089.00	\$11,714.00	\$11,514.00	\$10,244.00	\$9,694.00	\$8,769.00	\$7,334.00	\$7,134.00	\$6,734.00	\$6,464.00	\$6,464.00



Round Pond by Richard Wang

Chapter News

The Secret to Our Success

Maybe we are just getting older or being a bit nostalgic, but with last year's celebration of ADK's 100th anniversary, some of our members began reminiscing about the beginning of the Cold River Chapter. Although CRC was formed sixty years ago, it wasn't as active as it is today. In fact, we have a small core of people to thank for instituting regular outings and establishing lasting leadership for our chapter. Anya Bickford, Sue Davis, and Jackie Mallery shared some memorable moments of CRC's revitalization for this article.

In 2003 or 2004 Sue Davis and her husband, Noel, were contacted by ADK to respond to a member's complaint that the Cold River Chapter did not have activities. They were given a list of seventeen addresses of members who lived in the Central Adirondacks, who might be interested in year-round activities. An invitation to join the Davises for breakfast was sent to each address and a small group responded: Lucy and David Carson, Sherry Grimm, Anya Bickford and Doug Chamberlain. That morning the group promised each other to have hikes and not to make any other appointments on Thursday. The Cold River Chapter Thursday tradition was set! Soon the Carson's hosted a potluck and a few more people joined the group, including Jackie and John Mallery.

The Mallerys were members of the Cold River Chapter, but had joined the Northwoods Chapter because it was so active, as did Peter Galvani. Jackie and John were so happy to meet with a group who wanted to do activities closer to home. At that potluck, the group planned skiing and snowshoe outings, and leaders volunteered for the next four Thursdays. From there, the chapter kept attracting more like-minded people.

These eager members took on leadership responsibilities. Slowly over the next year, Noel Davis negotiated with Peter Mutolo, who had the Cold River checkbook, to allow a different group to assume leadership. Peter, who lived in Vermont, was only interested in a summer get-together. A summer picnic had been planned and most of these motivated members set out on Long Lake not knowing the location of the event. Slowly, boats started coming from various directions and a picnic blossomed on Slim Point. Most of the current leaders happily stepped aside and encouraged these enthusiastic members to take over, though Chris Rohner and Phil Terry helped the transition by meeting with the officers every Memorial Day for the next five years. A charter was re-written, because one couldn't be found.

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Sue Rohrey agreed to be chair, Lucy Carson stepped-up as treasurer, Jackie Mallery volunteered to coordinate the outings, Sue Davis began a newsletter.

It was also decided for 10 months of the year to have monthly potlucks in someone's home. During this time, there were no planned activities in the summer; however, Sue Davis recalls thrilling bobsled rides down Sherry Grimm's long driveway in the winter. At each of these potlucks, the membership grew and outings were planned.

As other members became more active, leadership roles changed. Elaine Schwartz adopted the newsletter and served in that position for nine years, and Ellen Collins began tracking membership—a position she still holds today. Jane Moon joined Jackie Mallery in organizing the outings and they expanded to two or more outings each Thursday. At that time, risk management was not much of an issue, and they had plenty freedom to run the programs as they desired.

The chapter continued to grow with new members, new activities, and younger people taking over responsibilities from older members. Changes were made to keep the Chapter current. Even during COVID, with the exception of a few months, the Chapter has been able to offer members terrific outings each week. Fortunately, CRC has a tradition of being a chapter in which members are willing to take their turns in leadership responsibilities, enabling it to be a very viable organization from the beginning until now. Hopefully, it will continue to do so into the future.



Left to right: John and Jackie Mallery, Anya Bickford, Sheri Grimm, Doug Chamberlain

Where in the World?

Biking Le Petit Train du Nord

(August 27-September 1, 2022)

By Steve Thomson

It was either late summer, or early fall, depending on your perspective, when 12 bikers (mostly CRC'ers) hit the road north to neighboring Canada for a 200-kilometer biking excursion along Le Petit Train du Nord trail. The first leg of the trip, of course, was by car to get to St. Jerome, Quebec which is a little less than an hour northwest of Montreal. Upon arrival at mile zero, we checked out the point from which we would depart the next day by bus to Mont-Laurier about two hours to the northwest.



Starting out from Mont-Laurier

Our bikes would be awaiting their riders there for the first leg of the trip, 34 miles to Nominique heading southeast on the trail. We were blessed with a glorious day to start the trip with temperatures in the 70's and sunny skies overhead, which illuminated a varied countryside of open fields and forests and scattered residences near the trail.



Leaving after staying at Auberge Villa Bellerive in Nominique

The next day we pedaled to Mt. Tremblant with views of the Riviere Rouge (Red River) and mountainsides covered with cathedral-like spires of spruce.



Biking from Nominique to Mt. Tremblant



Also biking from Nominique to Mt. Tremblant



Rivière Rouge between Mont-Laurier and Nominique

Where in the World?

Upon reaching Mt. Tremblant, we had our first real ascent of several miles to get to our accommodations in the Tremblant Village. We were able to dodge a heavy rainstorm the next day, a 30-mile ride from Mt. Tremblant to Val David. While most of the trip was on fairly level terrain, this stretch had some moderate incline through the north woods. Our final day of biking took us from Val David back to St. Jerome where we had started the adventure.



Val David to Jerome



Ending at Place de la Gare after 200-km ride



Finish showing 200 km from Mont-Laurier

The entire 200-km trip was great fun with great friends and beautiful scenery. Our accommodations along the way were always interesting, sometimes eclectic, and our luggage arrived timely at each destination. We ate the local cuisine (yes, including poutine) with gusto at the service of friendly waitstaff and enjoyed lots of laughs along the way. Many thanks to Lynn Butterworth for organizing and arranging the trip. Several of us spent an extra day to enjoy the sights and tastes of Montreal on the way home which put a nice cap on the trip.

(Trip participants: Lynn Butterworth and John Rendinaro, Anne and Joe Bernat, Marti Townley and Ken Shea, Laurie and Greg Clark, Carolyn and Steve Von Schenk, Judy and Steve Thomson.

Do you have an adventure to share? We would love to hear about your trip (even in past years). Sharing enables us to learn about other places, vicariously enjoy your experiences, and plan our own trips. Please contact Linda Hales at l_hales@hotmail.com and keep this section of the newsletter thriving.

Thanks!

Outings

Should you have a favorite outing in your area that you would like to share with others and are interested in being a leader or co-leader, please let the outings chairpersons know. We are always looking for new ideas and new leaders!

IF YOU ARE A MEMBER OF CRC AND ARE NOT RECEIVING THE OUTINGS EMAILS AND WANT TO, OR IF YOU WANT TO STOP THEM, PLEASE SEND YOUR EMAIL ADDRESS AND REQUEST TO OUR CHAPTER

AT ColdRiverADKChapter@adk.org



October 6: Hadley Mountain Fire Tower Hike

Leaders: Lynn Butterworth and John Rendinaro

This outing was supposed to be a hike up Spruce Mountain to a fire tower, but I received some incorrect information about hunting season in the area, so we decided to move the hike over to Hadley Mountain, which also offered fire tower views.

All six hikers meeting for this hike had a difficult time finding the trailhead, so the hike started a little bit later than expected. It was barely chilly at the start, and the day warmed up quickly. By the time we made it to the top, it felt like summer, and we encountered swarms of gnats and even a few black flies. The trail was in phenomenal shape, unusually dry, which made for easy climbing on the rocks. Views from the top included the Great Sacandaga Lake as well as the Sacandaga River. Fall colors abounded, and surrounding hilltops were beautiful. The fire tower was open, and the map at the top pointed out the local peaks. This was a bonus summer day, and a great day for a hike. ~Lynn Butterworth



Hadley Mountain

October 6: Crab Pond hike Leaders: Karen and Richard Wang

Eight of us took advantage of a perfect autumn day for a hike to Crab Pond in the Pharaoh Lake Wilderness. We did not see any crabs once we were there, but we did enjoy the brilliant fall foliage along the way. Basking in the sun, while we ate lunch overlooking the pond, was a special treat at this time of year. The trail to the pond features a lot of ups and downs as well as an unusual stump that serves as a sort of bridge over a wet area. Fortunately, some of our more nimble and imaginative hikers showed us how to cross the wet area without climbing over the stump which made our return trip much easier. ~Karen Wang



Crab Pond

Outings

October 13: Hike Roger's Rock Little Slide

Leader: Todd Earl

With threatening gray clouds overhead, 10 CRC members led by Todd Earl of the Glens Falls Chapter, headed east from the Valley View Farm in Hague. Passing red-leafed blueberry bushes, we hiked through private property into autumn woodlands along soft, wide paths and narrow rock-walled trails. About a mile and a half in, we came to the Lake George Land Conservancy tract of Roger's Little Slide and soon found ourselves on a fabulous lookout. Glancing toward the east, we viewed a cloud-draped ridgeline of the green Mountains. To the north, we could see Heart Bay, Cook Mountain, and Mount Defiance. Across and south stood Record Hill and Anthony's Nose. Beyond that lay a beautiful view of the greater part of Lake George. As we prepared to head back, the wind picked up and very light rain accompanied us to our cars. Many thanks to Todd for offering to lead this delightful hike for our chapter. ~Linda Hales



Roger's Rock Little Slide

October 20: Saratoga Battlefield Hike

Leader: Brendan Hanley

A beautiful mid-autumn day was enjoyed by seven CRC hikers as we strolled through the open fields and woods along the Wilkinson Trail at the Saratoga National Historic Park. All of us were well aware of the stark contrast between the peaceful setting we experienced and that experienced by the armies of Gens. Gates and Burgoyne in September and October of 1777. At Brayman's Redoubt we located the "Boot

Monument" which was dedicated to "the most brilliant soldier of the Continental Army," who was seriously wounded at that location. That soldier, whose name is not mentioned on the monument, was none other than Benedict Arnold. How times change. ~Brendan Hanley



Saratoga Battlefield Hike

October 20: OK Slip Falls Hike

Leader: Rebecca Oppenheimer

Eight of us set out on our way to Ok Slip Falls including our newly minted leader, Rebecca Oppenheimer. We weren't sure if the cold damp morning was going to mean an autumn hike or a winter hike. Once we entered the woods onto a wide comfortable trail, autumn won the day. The rolling hills were covered with freshly fallen leaves and led us to two beautiful overlooks of the cascading falls. Those of us who hadn't done this hike before were pleasantly surprised by the size and beauty of the falls. The out and back hike was 6.7 miles with approximately 1,000 feet of elevation. We had a great day, and some yummy cookies. Thank you, Rebecca. ~ John Rendinaro



OK Slip Falls

Outings

November 3: Hike to Round Pond from South Garnet Lake Road to Garnet Lake **Leaders: Judy and Steve Thomson**

Fourteen of us set out on our through-hike from South Garnet Lake Road to Round Pond and then on to Garnet Lake. Our thoughtful leaders, Judy and Steve Thomson, with the help of Laurie and Greg Clark, spotted cars at our finish point and trucked us all back to our vehicles. It was a beautiful spring-like morning in early November. The trail was ankle deep or more with fallen leaves which made for cautious trekking. Round Pond was beautiful, and the trail through the woods to Garnet Lake was very enjoyable. Sunshine and wonderful friends made for an excellent day. We hiked 4 miles with 455 feet of elevation. ~John Rendinaro



Round Pond

November 3: Kings Flow/Puffer Pond Hike **Leader: Brendan Hanley**

For early November we were treated with a warm, sunny day. This 6-mile woodsy-loop hike rewards you with a varied experience. We marveled at the work of the beavers as we hoped to see moose in wetlands. We then did some up and down travel until we reached the peaceful Puffer Pond. We enjoyed our lunch sitting in the sunshine near the edge of the pond. There was a lean-to nearby, if you wished to spend the night. The next part of the trail followed the pond, along a lovely stream, then on to the Kings Flow. This section is also part

of the North Country National Scenic Trail--a good section to show off the Adirondacks!
~Marti Townley



King's Flow Puffer Pond

November 5: Nundagoa Ridge **Leader: Marti Townley**

On a mild but breezy fall day, our group of four hikers enjoyed this rewarding 6.2-mile round-trip hike that features some of the best views of the High Peaks--without the usual crowds. The route above Keene travels along the Soda Range, a name that reputedly came from a soap-making process used by early settlers to produce soda ash from burning hardwoods, an important ingredient.

We followed the mostly circular route counter-clockwise, heading up Weston Mountain after passing by the Gulf Brook lean-to intersection with the trail up Hurricane, until we reached Lost Pond and another lean-to. Inside was a ADK plaque honoring the late Walter Biesemeyer, whose Mountain House sheltered many an ADK hiker in years past. Continuous views of Hurricane Mountain's fire-tower in the distance offered a reassuring point of reference as we negotiated the ups and downs, along a series of ridges with terrific views and sections of unmarked trail that often felt much like a bushwhack. At each viewpoint, we took time to take in the ever-changing views to "Name That Peak" and watch hawks swoop by as they rode the thermals. Along the way we tried to identify a variety of mosses with moderate success. Soon we reached the intersection with the trail to the

Outings

summit of Big Crow, but we opted to return to the parking lot.

According to folklore, Nun-da-go-a is an Indian word that means “hill of the wind spirit,” a fitting name for a truly rewarding, memorable fall hike. ~Sara Mullins



Nundago Ridge

November 10: Tour of North Creek Depot Museum/Historic Ski Tows of Johnsbury Leaders: Greg & Ellen Schaefer

On November 10th, a great group of CRC Ski History enthusiasts toured locations where skiing began in the Greater Gore Mountain Region. The tour began at the North Creek Depot Museum where Greg and Ellen Schaefer gave an overview of the people and events that led to North Creek becoming the “Ride Up/Slide Down” Town and a premier skiing destination in the US. Topics of the tour included the earliest skis, the first ski patrol, the first snow train, and the first rope tow. We then toured the locations of the early rope tows in the area, including “Skiland” that was owned by Greg’s dad. The weather was beautiful and all enjoyed the tour. ~Greg Schaefer



North Creek Tour

November 10: Berry Pond Hike Leader: Sara Mullins

This was an interesting 6-mile RT hike into a pond not as well-known as many others in the Lake George area. So even though there were 17 of us, we respected the wonderful quiet that surrounded us as we shared our observations. We started our hike on the trail system that begins at the Lake George Recreation Center. There was some definite elevation gain to a ridge with pleasant views of Lake George to the north and then on to more views facing south to Butler Pond and Vermont. After a couple of ups and downs, we reached the pond and enjoyed a walk around it until we arrived at a sunny spot for lunch. Sara gave our legs a break, and we took a shorter route back to the cars. The Berry Pond Preserve is a worthy redo! ~Marti Townley



Berry Pond Hike

Outings

November 17 Amy's Park (Lake George Land Conservancy)

Leader: Peggy Carrol

After the first significant snow of the season on the day before, we were uncertain of the weather and trail conditions. However, the Adirondack gods smiled on Amy's Park and the five ADK hikers met at the trailhead. One hiker met with a shovel in hand, prepared for any trailhead issues (true ADKer ready for any circumstance). Thanks to the placement of trail markers by the Lake George Land Conservancy, we broke through the virgin snow and were able to easily find the trail that took us through both evergreen and hardwood forests. Given the trail through the sheltered forest, the temperature was pleasantly wintry. Although we had few direct encounters with wildlife, we saw many signs of the animals who make their homes in the park: snowshoe hare, deer, red and gray squirrels, and coyote or bobcat (we couldn't determine which). A great morning to initiate our winter outings. ~ Peggy Carrol



Amy's Park

November 17: Hike Grizzle Ocean Loop from Putnam Pond Campground

Leader: Gail Gabriels

Seventeen of us met after our first snowfall of the season at the Putnam Pond trailhead. Some were intrigued by the name of the hike, others happy to be outside on an adventure. We weren't sure if it was going to be spikes or snowshoes and

settled on the spikes. It was a beautiful walk to the pond, lunch at the lean-to and an easy return trip. ~Gail Gabriels



Grizzle Ocean Loop

December 15: Balm of Gilead + Hooper Mine hike or cross country ski at Garnet Hill

Leader: Lynn Butterworth & John Rendinaro

I think this hike was a first! For the first time ever (??) there were more men on this outing than there were women! We started our chilly day by putting on micro spikes, and they came in very handy, as we crossed a stream multiple times on our way up to the lookout. There was a combination of beautiful snow, patches of ice, and running water along our route, which made for careful stepping. The view from the top was of Thirteenth Lake and the Siamese Ponds Wilderness. Surprisingly, there was no wind, and we were able to enjoy the view as long as we liked. On the way down, one hiker suggested we turn this out-and-back hike into a loop, and the rest of the group was game to do some bushwhacking down to William Blake Pond. From there we headed over to a lookout over the abandoned Hooper garnet mine. This short, easy hike was a perfect lead-in to the CRC holiday party. ~Lynn Butterworth

Outings



Balm of Gilead

2022 CRC Outings Summary Submitted by Maria Rinella

100- outings scheduled

29 cancelled:

1 unknown

3 leader availability

1 leader safety concern (mistakenly scheduled during hunting season)

7 low interest

4 trail conditions

13 weather

71 outings offered

541 participants

37 different leaders including:

Lynn Butterworth - 12

John Rendinaro - 11

Marti Townley - 11

Brandon Hanley - 9

Gail Gabriels – 7

New Leaders may include:

Todd Earl

Walt Nelson

Rebecca Oppenheimer

Announcements

Programs and Potlucks

The CRC Executive Council has decided to have 2 educational **programs** this year, open to the public. The first will be at the AIC in February (see below).

They also decided to bring back **potluck** meetings four times this year, during the warmer months when we can be outside, beginning in late spring. If you are interested in hosting a potluck, please contact Rose Cooper (rosecooper2@gmail.com) or Maria Rinella (rinellium@frontiernet.net)



Program: Black Bears

**2:00 PM February 16 at the Adirondack Interpretive Center
5922 Rt. 28N, Newcomb, NY 12852**

Following the February 16 CRC outing with leader Greg Schaefer, as well as independent x-country skiers skiing into Santanoni, there will be an AIC presentation on black bears at 2:00 PM, presented by Charlotte Demers. Many of you may recall that Elaine Schwartz, who had an insatiable curiosity about the natural world, hosted many annual February programs at the AIC, and this event, in Elaine's memory, is a tribute to her affection for the AIC.

Refreshments: Tea and Cookies

The AIC building will be open from 1:00 – 4:00 PM

Registration: Barbara Kearns at bbkearns39@gmail.com or 518-582- 2126, and please feel free to bring guests.

Announcements

North Country National Scenic Trail ADK Sections Mary C Coffin

The North Country Trail (NCT, NCNST) is the longest of the eleven National Scenic Trails at 4,700 miles. It spans the eight northern tier states from North Dakota to Vermont where it joins its sister trail the Appalachian Trail. The NCT enters NYS from the west at Allegany State Park and follows the Finger Lakes Trail for 422 miles to Central New York where it heads north to the Adirondack Park blue line near Forestport. The trail at the west end still needs to connect the Stone Dam Lake and Little Woodhull Lake Trails to West Canada Lakes Wilderness Trails. Temporary road walks through Old Forge and Inlet provide this connection for now.

The hiker can follow the NCT continuously from Moose River Plains across West Canada Lakes Wilderness on existing trails and logging roads out to Route 30 north of Speculator then via a snowmobile trail by following the NCT blue markers to Oak Mt. Ski area. The trail joins Elm Lake Road heading north and across Siamese Ponds Wilderness to North Creek. The following trails in CRC's neck of the woods are on the NCT: Kunjamuk, Wakley Crossover, Puffer Pond, Botheration and Raymond Brook. North Creek and Johnsburg are considered trail towns to the extent that they provide amenities a long-distance hiker might need. The trail is continuous from Inlet to North Creek via trail and a few logging roads, a nice multiday backpack.

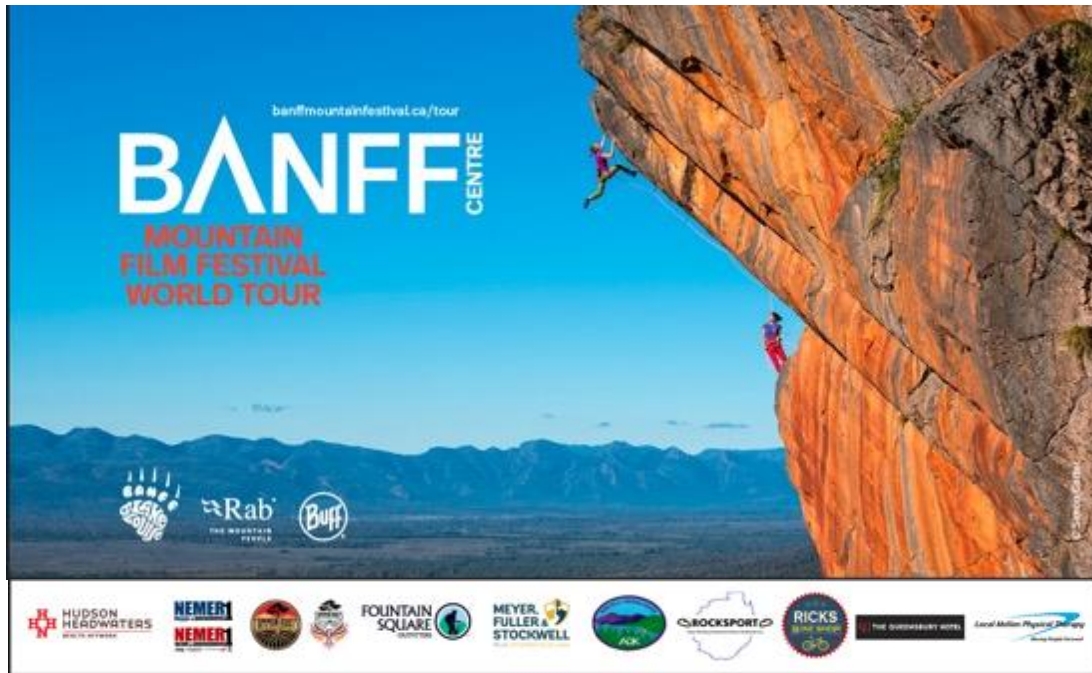
The trail crosses the Upper Hudson on 28N and then there is a series of temporary road-walks to enter Hoffman Notch Wilderness at Loch Muller to follow the lower Hoffman Trail and Big Pond Trail. At some point access to Vanderwhacker Mt. WF will be possible and we hope to include Moxham Mt on the NCT and replace the road-walks. For the past four years we have been building a new 7-mile trail in Hoffman over Jones Hill, 1882', from the Big Pond Trail to Route 9 at the Dirgylot trailhead. From here someday the trail will extend into Hammond Pond Wild Forest then on to Crown Point State Historic Site and across the Lake Champlain Bridge to VT. For more information check www.northcountrytrail.org and open the New York trail page.

North Country Trail Association (NCTA) Annual Celebration
September 27- October 31, 2023
Forest Lake Camp, Chestertown, NY

The eight states crossed by the NCT take turns hosting this event and NY and VT are sharing the responsibility for 2023. Over 200 are expected to attend and participate in workshops, keynote speakers, hikes, meals, music, campfires and general trail-folk camaraderie. We are currently recruiting hike leaders for area trips of various levels and lengths for Thursday 9/28, Friday 9/29 and Saturday 10/1. ADKers from several chapters including the Cold River Chapter have stepped up to lead trips. We can use a few more trip leaders. Leaders do not need to register for the event. If interested in volunteering, contact maryccoffin@gmail.com.



Announcements



Save the dates!

Banff Centre Mountain Film Festival World Tour is February 3-5, 2023

Join Glens Falls-Saratoga Chapter of ADK and our great local sponsors when the World Tour brings the spirit of outdoor adventure to Glens Falls for 3 nights in February. This is the first time we've hosted 3 nights, so come each evening to see all the films that are part of the World Tour!

Scan or click to watch this year's trailer:
<https://vimeo.com/771738374>



Friday, Feb 3rd Saturday, Feb 4th Sunday, Feb 5th

7 pm showtime

6 pm pre-show Mountain Art show, door prizes, raffle entries, drinks, snacks

Different show each night

Charles R Wood Theater

Tickets \$23 (includes ticketing fees and free popcorn)

All proceeds go to ADK

For tickets info: Charles R Wood Theater at 518-480-4878 or www.woodtheater.org/banff
or contact Maureen (ADK-GFS) for additional film information: banff@adk-gfs.org



Note: Parental Guidance recommended - films may contain coarse language or nudity.

CRC Membership and Connections

Membership

Membership Chair, Ellen C. Collins

**IF YOUR MAILING ADDRESS, PHONE NUMBER OR EMAIL ADDRESS
HAVE CHANGED, PLEASE CONTACT ADK HEADQUARTERS
MEMBERSHIP AT 1-800-395--8080.
WE WANT TO KEEP YOU INFORMED.**

As of November 2022:

Total Households: 317

Total Members: 536

Total Affiliates: 20



Michael and Deborah Cioffi, Chestertown, NY
Josh and Becca Iwinski, Delmont, PA
Stacy McNulty and Paul Hai, Newcomb, NY

Our CRC web address is: <https://www.adk.org/adk-chapter/cold-river/>

ADK Cold River Chapter
January 2023 Newsletter
Linda Hales (editor)
CRCnewsletter@ADK.org