

COLD RIVER CURRENTS

July 2019

The Newsletter of the Cold River Chapter of the Adirondack Mountain Club

Chapter Co-Chairs' Report

NATURE

"There is a delight in the hardy life of the open. There are no words that can tell the hidden spirit of the wilderness that can reveal its mystery, its melancholy and its charm. The nation behaves well if it treats the natural resources as assets which it must turn over to the next generation, increased and not impaired in value. Conservation means development as much as it does protection." T. Roosevelt

2019 CRC Executive Committee

Greg Schaefer, Rose Cooper (Chapter Co-Chairs)
Judy Thomson, Gail Gabriels (Outings Co-chairs)
Ken Shea (Director)
Harold Stackhouse (Alternate Director)
Ellen Schaefer, Chris Rohner (Members-at-Large)
Nancy Haggerty (Treasurer)
Susan Rollings (Secretary)
Ellen Collins (Membership Chair)
Linda Hales (Newsletter Chair)

As Teddy Roosevelt stated, we are the stewards to carry on the tradition of maintaining, preserving and enhancing our beloved Adirondack Park. The Executive Committee of the Cold River Chapter is made up of volunteers dedicated to achieving these goals, not only for ourselves, but for future generations to come.

Our Annual Meeting and picnic to vote-in our new slate of officers will be held **August 3rd**, at the Minerva Recreation Park. (Following this article, there is a copy of the ballot and instructions for voting, if you are unable to attend the meeting.)

Here is a brief summary of your upcoming Executive Committee:

Director, Ken Shea - Our liaison to ADK HQ. He keeps us informed on issues concerning policy, annual fall outings and any other issue that may concern the ADK.

Treasurer, Nancy Haggerty – She maintains our financials for the current year, while comparing it to previous years, allowing the EC to determine how best to use our funds, including summer camp scholarships, supporting trail maintenance, etc.

Membership, Ellen Collins -She keeps track of all our members, sending postcard reminders for renewals and affiliates.

Outings, Judy Thomson & Gail Gabriels - They work very hard to create a diverse offering of outings every Thursday, and sometimes other days.

Newsletter, Linda Hales - As editor, she has the "joy" of tracking down information to include in our newsletter, collating it into a document that we love to read, then sending it to our members.

Secretary, Anne Bernat - Our secretary attends our quarterly meetings, deciphers what was said, what motions were passed, and distributes the minutes to our Executive Board.

Director's Report

Members-at-Large, Ellen Schaefer & Rick Salz - These members attend outings and events, and bring to the board any comments or concerns they feel we should address.

Co-Chairs, Greg Schaefer & Rose Cooper - Our job is to attend as many meetings as possible, provide input when necessary and coordinate and oversee the committee.

We also have committees for potlucks, the holiday party, Ididaride, scholarships and the upcoming ADK Fall Outing in 2022, which we will be hosting.

A very special thank you to Susan Rollings, Secretary and Chris Rohner, Member-at-Large, for their dedication and time on our executive board.

We invite all members to become more active in the CRC, as it helps us achieve our goals of providing the best our chapter can offer.

Have a spectacular summer!!
Rose Cooper & Greg Schaefer

2019-20 Slate of Officers

Co-Chairs - Greg Schaefer and Rose Cooper

Treasurer - Nancy Haggerty

Secretary – Anne Bernat

Director - Ken Shea

Alternate Director – Harold Stackhouse

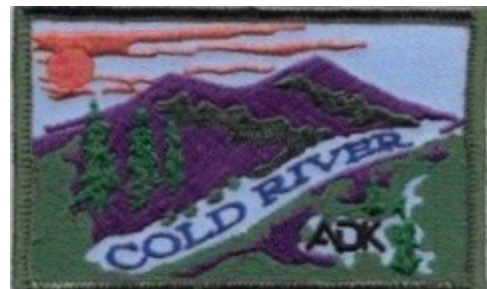
Outings Co-Chairs - Judy Thomson and Gail Gabriels

Newsletter Chair – Linda Hales

Membership Chair - Ellen Collins

Member-at-Large Representative - Ellen Schaefer

Member-at-Large Representative-Rich Salz



We will be voting on this slate of officers at the Annual Meeting on August 3, 2019 at Minerva Lake Recreation Area. If you cannot attend the Annual Meeting and would like to vote electronically, you may send a copy of this ballot with your vote to both Greg Schaefer (gregschaefer@frontier.com) and Rose Cooper (rosecoper2@gmail.com) by August 2, 2019.

Director's Report

Director's Report

Ken Shea
6/30/19



1. ADK is a 501(C)3 Federally Classified Organization and Non-Profit Organization in New York State. Chapters are NOT required to pay sales tax.
2. Renewed Search for a New Executive Director is taking place. Applications are accepted through July 15, 2019.
3. High Speed Internet should be installed at Heart Lake Properties by Fall of 2019.
4. Adirondack Loj Volunteer Work Weekend at the end of April had 58 participants. If anyone wishes to join this fun work weekend in the future please contact me at (mdksshea@aol.com).
5. Hungry Hiker is open at HPIC . Hours are 12:00 Noon to 8:00 pm.
6. School Outreach Program reaches 408 students in twelve schools teaching animal adapting and tracking.
7. ADK Membership Households as of 5/31/19 : 17,432
8. IDIDARIDE 7/27/2019 (Saturday)

Hike Ireland – The stunning South West Kerry and West Cork

Consider joining an ADK travel and hiking adventure:

The Ring of Kerry is probably Ireland's most famous attraction as it boasts one of the most panoramic roads in the world with 170kms of jaw-dropping beauty. In truth, it is the Iveragh Peninsula the largest of the five peninsulas that "jut" out into the Wild Atlantic Ocean in the most south westerly corner of Ireland. This unique landscape is captivating, and the heritage town of Kenmare offers a stunning start to our adventure. Our hikes will vary in terrain but always offering gorgeous scenery each day as we carry a light pack during our hikes. We are rewarded with comfortable accommodations, wonderful food and all things that influence Ireland. Join us for: Hiking the Beara & Sheeps Head Peninsulas in the glorious region of West Cork.



\$ 2,582.00 Cost per Participant – not including air travel. April 18, 2020 to April 25, 2020.

Contact: Rosa Kheyrkhah, 650 Castro Street #120-274, Mountain View, CA 94041 408-802-7180

Where in the World?

Ecuador and the Galapagos Islands

By Noel and Wes Dingman

Our 16-day trip to Ecuador and the Galapagos Islands in March was filled with activities. Our small boat held 14 vacationers and a crew of seven which housed, fed, and guided us on daily outings. We stopped at multiple Islands to hike through low trees and shrubs, as well as over the rough and hardened lava fields, while watching birds (including penguins, no less) and seeing a variety of boobies of different colors, sea lions (young & old), huge tortoises, iguanas (both terrestrial & marine), and flightless cormorants. Daily snorkeling outings led to sightings of hammerhead sharks and porpoises, as well as numerous brightly colored fish and other invertebrate denizens of the ocean. A morning tour of the Darwin Research Center was also included.



On the mainland we took a gondola to the top of a 13,000+ foot mountain outside of Quito, the Capitol of Ecuador (which, itself, is at 9,000 feet) and spent a day touring this city. We also spent a day at a cloud forest biological reserve in the foothills of the Andes, surveying the immense variety and density of vegetation, sighting a tropical weasel, and watching various hummingbirds and other colorful birds of this highland jungle.

The sun was very hot at the Equator, but coolness was present both at the higher elevations and in the ocean.

Truly a trip of a lifetime, marred only by a very potent bout of "Montezuma's revenge" near the end of our trip.

We're still trying to get settled back in North Creek.



Call for "Where in the World" articles. Please share your latest adventure!

Outings Reports

A special thanks to everyone who led each activity and for Gail Gabriels and Judy Thomson, co-chairs of the CRC Outings Committee, for scheduling all the outings.

April 4: Inlet: Fern Park Perimeter Ski Leader: Jeanne Tommell

"This will be an adventure," Jeannie Tommell promised with a twinkle in her eye as she kicked off down the frozen trail leading five CRC members into Fern Park. First, it was a water crossing event, and then it was the-skiing-on-leaves challenge followed by a trail of protruding rocks. Some of the time we traveled on skis and sometimes the skis traveled on us. Further along the 7-mile trail some chose to walk a section and in one case a pair of snowshoes were brought out. "Now this is the place where I got lost last time," our leader admitted. While some looked for red trail markers, other participants studied the map before we headed to the next intersection. "I think now it's a turn to the right, but if it isn't it will be fun." At the end of the 4-hour excursion we agreed, it was a most interesting Spring outing. ~ Barbara Kearns



Fern Park

April 11: Ski into Moose Pond via Horse Trail

Leader: Marti T^{Palmer Pond}

Our numbers are getting smaller but Spring skiing on a warm sunny day is still possible! There were a few snow bridges and obstacles to get around, but mostly this 13.4-mile roundtrip ski was a delight that 3 of us want to repeat with friends next year. ~Marti Townley



On the way to Moose Pond

April 25: Hike: Priory to Palmer Pond Leader: Rose Cooper

Rose Cooper led a very nice hike on a warm sunny spring day from the Priory parking lot, along the Chester Horse Farm, then onto the trail to the Palmer Pond campground. We watched two loons swim from opposite ends of the pond and meet each other in the center of the pond. A very special sighting. ~Vinnie Rinella



Palmer Pond

Outings Reports

April 25: Hike to Sleeping Beauty **Leader: Gail Gabriels**

Almost 8 miles of walking on a beautiful day through a forest that was just awakening to spring. We saw spring flowers just peeking out, heard spring birdsongs, captured an osprey soaring through the sky and had a pleasant lunch overlooking Lake George. A fine hike with 10 hikers. ~Marti Townley



Sleeping Beauty

May 2: Hike the LaChute River **Leader: Dan Nielsen**

Twelve people took an easy walk along the LaChute River in Ticonderoga. The river was very high and roaring along with several falls. There were historic markers along the way that gave a history of the use of the river for industry. Several dams that provided a source of water power for a paper mill, graphite mill and other mills are still in place. The weather held off with only a slight mist through the walk. We ended our walk with lunch at Burleigh's Luncheonette. All enjoyed our leisurely walk along the river. ~ Bob Eberhard



La Chute River

May 2: Chimney Mountain Hike **Leaders: Judy and Steve Thomson**

Judy and Steve Thomson led 10 Spring hikers up Chimney Mountain on May 2nd. The possibility of rain did not come into fruition and there were even some breaks of blue sky at the summit. Along the way wildflowers were beginning to poke through the leaf litter (Dutchman's Britches, Spring Beauties, Trout Lilies, and Trillium). Although not a lengthy hike, there was enough elevation gain to begin some early season conditioning. The unique chimneys provided interesting viewpoints of the surrounding geography. ~Steve Thomson



Chimney Mountain



Outings Reports

May 8: Fishing Jabe Pond

Leader: Jeffrey Schanzer

A beautiful Spring day! Ten degrees above freezing with the sun promising warmer temperatures sure to come, the fishing began for three participants eager to take advantage of ice out on Jabe Pond. The access road was still closed but the Hornbeck canoes were carried by Jeffrey and pulled on wheels by Greg, while Gary planned to fish from shore. Although the blowing wind was a detriment to paddling, it didn't deter catching fish. A first time occurrence for Jeffrey's fishing outings--an outing participant caught more fish than Jeffrey! Gary caught 22 trout from shore --all catch and release, while Jeffrey brought a brook trout and Greg brought a brown trout home for dinner. ~Greg Clark



Jabe Pond

May 9: Amy's Park to Pole Hill Pond Hike

Leaders: Karen and Richard Wang

Four CRC hikers journeyed through a connected series of Lake George Land Conservancy preserves near Bolton Landing on a lovely spring day. We left a car at the Godwin Preserve and began our hike at Amy's Park, a mile north of the Godwin parking lot. Immediately we were happy to see an abundance of Trailing Arbutus, an early spring wildflower. At Amy's Park we spent some time looking for birds at both North and South ponds and then took the connector trail to the Godwin Preserve. We hiked through the Godwin Preserve to picturesque Pole Hill Pond which had several beaver lodges, one of them obviously very recently constructed. Although the trails were wet from all the spring rains and the trail through Godwin seemed to be uphill in both

directions, we had a good time exploring these well-marked routes through the greening woods. ~Karen Wang



Pole Hill Pond

May 9: Hike Catamount Mt.

Leader: Marti Townley

A far cry from rock hopping across a stream, hiking Catamount was a full-body exercise navigating boulders, shimmying up crevices, and making use of every little nook and cranny as a foot or hand hold. Although long legs were a definite asset, thirteen hikers of all sizes negotiated the roughly 2 miles up with Marti's and Ken's subtle but helpful encouragement. A relaxing lunch with views of Whiteface, Lake Champlain and surrounding terrain prepared us for the sometimes equally challenging hike/fanny slide down. ~Jan McCann



Catamount Mountain

Outings Reports

May 16: Pack Forest/Hudson River Wild Forest Leader: Tom Zelker

Bob and Jane Smith, Ellen and Greg Schaefer, and Tom Zelker hiked Pack Forest, visiting the ancient forest and the Grandmother white pine, walking around glacial eskers, and touring the forest experimental plots planted in the 1930's. We shared lunch by the lake.

~Tom Zelker



Trillium in Pack Forest



May 16: Paddle Northwest Bay Brook to Northwest Bay Leader: Gail Gabriels

Early spring magic accompanied eight paddlers on a gentle, serene ride through Northwest Bay Brook to Northwest Bay. The sun teased us through the clouds, though the winds stayed calm, blessing us with a gentle ride. Since we were out early in the season, no boat traffic disturbed us. Best of all, nature with her colorful spring palette graced us with three nesting birds—a loon, Canada Goose, and an bald eagle, as well as a soaring eagle coming to perch in a nearby tree. What beautiful gifts! Thanks for the glorious trip, Gail!

~Linda Hales



Northwest Bay

May 16: Hackensack Mountain Leader: Noelle McCrum

Thirteen hikers were led up Hackensack Mountain. From the viewpoint, we could see the fish hatchery in the distance, our next stop of the day for our pot luck.

~Rose Cooper



Outings Reports

May 23: Hike Shelving Rock Falls

Leader: Al Muench

A group of 15 hiked the Shelving Rock Falls trail on the east shore of Lake George. We passed by the falls on our way in to our lunch spot overlooking beautiful Log Bay. Everyone's senses were heightened after we passed some relatively fresh bear scat along the trail. After lunch, we backtracked and explored Shelving Rock Falls. The falls were quite impressive. The weather was warm and the sky cloudy, but a nice breeze kept the black flies under control.

~Al Muench



Log Bay

May 23: Hike McKenzie Mountain

Leader: Rob Haggerty

Preceding days of rain and a forecast of possible showers did not deter six hikers from joining Rob on his recommended spring "mud hike" up McKenzie Mountain. We didn't travel far along the wide dirt road from the trail head until we were rock hopping over and slogging through the promised mud. With overcast skies and moderate temperatures, we were quickly down to short sleeves. The trail soon narrowed and became moderately steep then steeper with intervals of running water, more mud, and tricky rock scrambles. Just after a false summit, we found a serious patch of ice on a rock scramble that we were able to carefully navigate without microspikes. Along the way we saw a few painted trillium and heard spring songs of the oven bird and vireo. Also, as promised, we were rewarded with beautiful Adirondack views of mountains and lakes from ledges near and on the summit. Rain started falling on the final stretch back to the car. It did not dampen our spirits. We had a great

day. Thanks, Rob, for another great hike in the Adirondacks.

~Susan Atwell



May 30: Hike Schumann Preserve at Pilot Knob

Leader: Noelle McCrum

Noelle McCrum led a hike through the Schumann Preserve to the summit of Pilot Knob on Lake George. The trail has had many improvements and heads up to a gazebo at the lookout that provided great views of Lake George, seating, and respite from the few bugs we encountered. After taking in lake vistas we proceeded 1 mile south and east down the waterfall trail and were rewarded with a beautiful waterfall. The hikers Doreen Page, Sara Mullins, Lynn and John Rendinaro, Anne Bernat and Jessica Kane and son Brautigan enjoyed the hike and sights!

~Anne Bernat



Pilot Knob

Outings Reports

May 30: Paddle Lower Schroon River **Leader: Sue Sliva**

This was a wonderful, lazy paddle down the Schroon from Pottersville to a take-out near Brant Lake. We paddled along the current with plenty of time to listen to the spring birds chirping, chat with fellow paddlers, and observe the interesting homes along the river. It was a very peaceful journey ending with lunch at the Main Street Ice Cream Parlor. A well-orchestrated trip with nine paddlers. ~Marti Townley



Schroon River

June 6: Hike in the Newcomb Area **Leader: Maria Rinella**

On Tuesday, June 4, Maria led 3 on their quest to complete the Challenger Patch in the Experience Newcomb Challenge by visiting the MacIntyre Blast furnace and picnicking on the Town Beach at Lake Harris. In addition, they completed four of the six required activities for the Explorer Patch. Total hiking distance of the six activities was 4.1 miles and it took a little over 2 hours to complete. ~Vinnie Rinella



Upper Hudson River

June 13: Hike Ampersand Mt. **Leader: Marti Townley**

Ampersand mountain near Saranac Lake has a little bit of everything. A gentle start, then some nice rock steps, then some serious steepness to a fantastic 360 view of Lakes and mountains. Nine of us enjoyed all of this, although we could not linger long on the top due to gale-force winds. We did fear getting blown off the mountain. Congratulations to Peggy Knowles who became a Saranac 6er! ~Marti Townley



Ampersand Mt.



Outings Reports

June 27: Hike Poke-O-Moonshine Trail to Fire Tower

Leader: Moira Goldfarb

Fifteen experienced CRC hikers set out on a sunny and warm summer morning for the 2.5 mile ascent to the summit of Poke-O-Moonshine Mountain via the Observer's Trail. Jim Jennison led the large group with Moira Goldfarb as sweep.

The wooded and picturesque trail was easy to navigate and along the way we passed massive rock ledges and two ponds built by beavers. A fire tower marked the final destination and offered a stunning 360-degree panorama. The trail steward, Tom, shared some history about the fire tower and the origin of the name Poke-O-Moonshine. The name is an Algonquin blending of words that roughly translates as "place of broken smooth rocks." Apparently nothing to do with illicitly brewed distilled spirits: moonshine! We each agreed that P-O-M is a must-do hike. ~Moira Goldfarb



Poke-o-Moonshine

June 27: Raquette Falls from Axton June Landing

Leader: Mike Prescott

The god or goddess responsible for the weather on this trip should be commended! We had a beautiful, warm, sunny paddle up the Raquette River from our put-in at Axton Landing. We were excited to watch a mother snapping turtle struggle with her egg-laying. The river was a few inches lower than when I had "scouted" it a few weeks ago, and consequently the current was slightly slower. It took the group more than three hours to paddle up-river to the take-out at Raquette Falls. As we paddled, we enjoyed excellent conversations and sharing of

experiences. At Raquette Falls we explored the Lower Falls with much more water than normal, (see attached photograph). After lunch, we started back down-stream to Axton Landing. The return paddle took a little less than an hour and half. We were back and loaded to depart around 3:00. It was a very enjoyable paddle! Keep paddling! ~Mike Prescott



Raquette Falls

June 27: Macomb, South Dix, and Grace Hike

Leader: Rob Haggerty

These three trail-less High Peaks in a 14 mile round trip hike are not for the faint of heart! But the 3 of us were up for the task. We had a lovely day, beautiful views, and that feeling of being smack in the middle of the wilderness. The Macomb slide with its rock rubble is a bit daunting but we were able to climb up it and back down without sliding off the mountain. We had to do a bit of up and down hiking to get over to South Dix and Grace and back again to Macomb, but we had a great feeling of accomplishment at the end of the day. ~Marti Townley



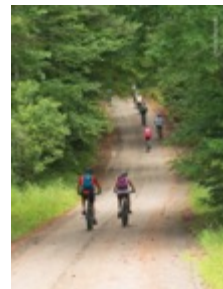
Macomb, South Dix, and Grace

Upcoming Events

Ididaride!

July 27, North Creek

Volunteers are needed again this year to help with the Ididaride (the Adirondack Bike Tour) to benefit the ADK. If you helped last year and would like to help again in the same assignment or in a different one, let Anne Bernat know, so she can honor your request. Also, if you are interested in volunteering this year, contact Anne at: annebernat@icloud.com or (518) 251-2354. If participating in the bike tour is where your interest lies, register at adk.org/idadaride or call 800-895-8080 ext. 42. Additionally, individuals and businesses are invited to join the ADK sponsors. Interested? Check out adk.org/sponsor-an-event.

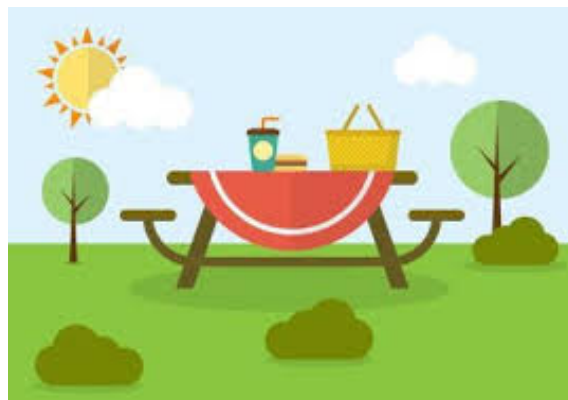


Annual Meeting and Picnic

Saturday, August 3, 2019, 12:00 – 4:00

Minerva Lake Recreation Area, Beach Road, Minerva

We will be voting for our officers for next year and then enjoy a catered lunch of grilled chicken sliders, pulled pork sliders, grilled vegetable salad, antipasto/pasta salad and fresh fruit. Paper products and utensils will be provided. The CRC will provide water and soda. Members can opt to bring an appetizer or dessert. BYOB



Cost \$5.00 per person (payable at the picnic)
RSVP to Rose Cooper... rosecooper2@gmail.com

Holiday Dinner

December 12, 2019

Noelle and her elves are busily preparing for the Holiday Dinner, hoping you are planning to attend. Garnet once again is giving us 30% off for the rooms. Don't delay booking, especially if you like staying in the main lodge, as they sold out last year. Remember that your room includes Nordic ski and trail passes as well as a hearty breakfast. Of course, you may just come for the dinner, too. Details will be included in the October newsletter. Call (518) 251-2444 for information and to book your room by December 3, 2019.



Charitable Donations: Starting in March CRC will once again collect personal care products for the Adirondack Outreach Center in North Creek. Our chapter will collect items from March through November. *Please bring your items to the monthly potlucks.* If you have a question, please contact Noelle McCrum at nkinderteach@hotmail.com.

Upcoming Events

ADK Fall Outing 2019

FRIDAY, SEPTEMBER 6 —
SUNDAY, SEPTEMBER 8TH
HARRIMAN STATE PARK



HOST CHAPTERS:

MID-HUDSON, MOHICAN, NORTH JERSEY-RAMAPO, NEW YORK AND LONG ISLAND

The 2019 ADK Fall Outing will be in the Lower Hudson Valley, based at The Stephen & Betsy Corman AMC Harriman Outdoor Center on Breakneck Pond in the heart of Harriman State Park. Harriman and adjacent Bear Mountain and Sterling Forest State Parks feature more than 225 miles of marked trails, including the famed Appalachian Trail, Long Path, and numerous lakes, making it a hiker's and paddler's paradise. Other notable parks, Hudson Highlands and the magnificent Hudson River are nearby, as is The Big Apple—just 30 miles from the Center.

Five downstate chapters are collaborating to offer club members and their families and friends a rich selection of outings for all tastes and abilities. In addition to daily hikes, paddles, and other exclusive excursions offered by host chapters, we have evening presentations on Central Park and Sterling Forest, and a singalong with the famous Walkabout Clearwater Chorus, founded by Pete Seeger.

The entire Harriman Outdoor Center has been reserved for on-site lodging, camping, and meals. Offsite, but nearby, hotel rooms are being held for us at discounted rates. Details and relevant links can be found online by visiting the Web address below.

Registration is online, and you will be able to select your accommodations, meals, and outings. All will be available on a first-come, first-serve basis. Don't wait. Early registration is encouraged to secure your preferred lodging and outings.

Go to www.midhudson.org today to find more details about the weekend, including outings and food/lodging options, and to register (online only)



Thanks to our potluck hosts:

April 25: The Sliva's in Chestertown

May 16: Fish Hatchery in Warrensburg, hosted by Marti Townley and Peggy Knowles.

June 20: Scaroon Manor Campground Pavilion in Schroon Lake Village, hosted by Tracey Donaldson.

Upcoming Potluck Dates:

July 18: Eberhard's home in Johnsburg, hosted by the Eberhards

August 3: Minerva Rec. Park—Annual Picnic

September 26: The Hub in Brant Lake, hosted by the Mullins

Potluck social hour usually begins at 4 PM, chapter meeting at 5 PM, followed by dinner at 5:15 PM. Please contact Rose Cooper (rosecoper2@gmail.com) or Maria Rinella (rinellium@frontiernet.net) with suggestions or to volunteer for upcoming potlucks.

CRC Membership and Connections

Membership Report

Please encourage your youth to enjoy outdoor recreation and to preserve our environment, and also encourage family and friends to become members of ADK. Current members, in order to continue your support of ADK and to participate in our Cold River Chapter activities please remember to keep your membership current.

Membership Chair, Ellen C. Collins

As of May 2019:

Total Households: 287

Total Members: 498

Total Affiliates: 27



New Members:

Diane & Pat Deangelis	New Hope, PA
Cozanne & Craig Marsh	Brant Lake, NY
Rachel & John Griffin	Fair Haven, NJ
Jessica Bellamy	Charleston,, SC
Michael Kelsey	Marcy NY

New Affiliate:

Janice Reissig	Newark, DE
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Our CRC web address is: <https://www.adk.org/adk-chapter/cold-river/>

Stay in touch: Greg Schaefer and Rose Cooper, our co-chairs, may be reached at greg.schaefer@frontier.com or 518-251-5451 and rosecooper2@gmail.com or 914-844-3078.

ADK Cold River Chapter April 2019 Newsletter Linda Hales (Editor) l_hales@hotmail.com 518-681-1117
