

April 2026 ADK-CRC Outings

**April 2: Snowshoe, Micro-spike or Hike, Old Farm Road /East Branch of the Sacandaga and Elizabeth Point, North River**

**Leader: Shannon Andersen**

**Level: Easy ADK Rating: Leader Level 1, C (Easy)**

**Duration 3 hours, 4 Miles Limit 12**

**Description:** This is a 4-mile out-and-back, relatively flat trail with only 470 feet of elevation gain located in the Siamese Ponds Wilderness Area. We will start on Old Farm Road trail which is fairly wide and flat. We will then turn towards the East Branch of the Sacandaga. This part of the trail has markers designating that it is a scenic trail. We will revel at the East Branch of the Sacandaga which should be a sight with the snowmelt. On the way back we will take the new Elizabeth Point Spur trail which extends into the eastern shore of 13th Lake. Here we will stop at the campsite overlooking 13th Lake and have a snack or lunch before heading back to our vehicles.

**Meeting Time / Place:** 10:00 AM at the parking area at the end of Old Farm Road.

Emergencies 911

**Contact:** Shannon [theandersenson3385@yahoo.com](mailto:theandersenson3385@yahoo.com) or 914. 490. 9534. If cancellation is necessary, an email will be sent by 7:00 AM the day of the outing

**April 9: Grizzle Ocean Loop Trail, Pharaoh Lake Wilderness**

**Leader: Peggy Carrol**

**ADK Rating: Leader Level 1, C (Easy)**

**Duration: 3 to 4 hours, 4.4 miles Limit: 15**

**Description:** The 4.4-mile (appx) Grizzle Ocean Loop Trail in the Pharaoh Lake Wilderness Area is a nice hike in the woods featuring a beautiful backcountry pond with a unique name. From the trailhead, follow a nice flat trail that passes by Putnam Pond and turns into a short, moderate climb before reaching a rather long descent toward Grizzle Ocean Pond. We will lunch at the lean-to located in an open pine forest. Certain areas of the pond are known for their cranberry growth. Bring water and a snack or lunch.

**Meeting Place/Time:** 10:00 AM at the Putnam Pond Campground, from Exit 28 on the Northway, take Rte. 74 east 12 miles to 763 Putts Pond Road; then 3.6 miles to the Campground. Park at the trailhead for the Berrymill/Grizzle Ocean Trail. Emergencies 911

**Contact:** Peggy Carrol [peggycarrol281@gmail.com](mailto:peggycarrol281@gmail.com) or call (281)804-5744. Should cancellation be necessary, an email will be sent out to participants by 7AM.

**April 16: Hike Meade and Beckman Mountains, Chestertown**

**Leader: Tracey Donaldson**

**ADK Rating: Leader Level 1, C+ (Fairly Easy)**

**Duration:** about 2 hours 1.8 miles, Limit: 10

**Description:** This trail has nice lookout points, some with picnic tables or benches. It features steep segments and various viewpoints that provide panoramas of Loon Lake, Blythewood Island, and Hadley, Crane and Gore Mountains. Elevation gain is around 580 feet total.

**Meeting Time/Place:** 10:00 a.m. at the trailhead on Igerna Road, Chestertown. Parking is limited. Hudson Headwaters 6223 State rt 9, Chestertown, 518.494.2761  
Ranger 833.697.7264

**Contact:** Tracey Donaldson, [traceydonaldson0710@gmail.com](mailto:traceydonaldson0710@gmail.com) or 845-464-5177.  
If cancellation is necessary, an email will be sent out by 7:00 a.m. the day of the outing.

**April 23: 4<sup>th</sup> Lake, Inlet, paddle**

**Leader: Walt Nelson**

**ADK Leader Level 1, c (easy)**

**Duration: 4 hours Limit 10**

**Description:** On the first day of the 90-mile race paddlers cross this Fulton Chain lake. Power boats populate it in summer. Early spring is a quieter time. We will first paddle west towards and into 3rd lake and then 2<sup>nd</sup> Lake. As time permits returning to the launch, we may be able to paddle the canal into 5<sup>th</sup> Lake before returning to the launch site. The shoreline is populated with summer cottages.

**Meeting time/place:** 10 AM ready to launch. The paddle begins from the DEC 4<sup>th</sup> Lake launch ~1,000 ft. south of Arrowhead Park on Rt 28 on the way to Old Forge.

Emergencies 911

**Contact:** Walt by TEXT (716.799.4016) with your interest. Cancellation and other information will be relayed before the day of the paddle and by 7:30 AM the day of the outing. Dress for the weather and have a PFD, whistle and snack/lunch.

**April 23: Hike to 5th Peak from Deer Leap**

**Leader: Marti Townley**

**Level: Moderately Strenuous B+ Level 2**

**Duration: 6 -7 hours Limit: 15**

**Description:** This is a beautiful hike on the Tongue Mountain Range on Lake George. This will be a hike through from the Deer Leap Parking Lot to the Clay meadows Parking lot. We will stop at 5 mile lean to and the 5th Peak Lean-to, about 8 miles up and down with great views of Lake George. It is about 1,300 ft in elevation change.

**Meeting time and Place:** exit 23 at 8:15 or the Clay meadows Parking lot on Rt. 9 at 8:30. Glen Falls hospital, 100 Park street GF 12801, 911 or 518.926.1000

Ranger 833.697.7264 or 911

**Contact:** Marti Townley [mdksshea@aol.com](mailto:mdksshea@aol.com) 518-301-3712

**April 30: Shelving Rock Mountain Hike, Lake George Wild Forest, Fort Ann, NY**

**Leaders: Anne and Jim Waring**

**Level: Leader Level 1, C (Easy)**

**Duration: 2.5-3 hours, 3.5 miles Limit: 12**

**Description:** This 1.75 mile hike along the eastern shore of Lake George follows a winding, switchback carriage road built by George Knapp in the early 1900s ascending 800 feet to the summit of Shelving Rock Mountain. Once we reach the summit, we will descend to a lower ledge overlooking the Narrows of Lake George where we will take a break to enjoy the views. After a snack/lunch at the overlook, we'll head back the way we came.

**Meeting Time/Place:** 10 AM at Parking Lot #3 on Shelving Rock Road. Take Exit 21 off the I-87 Northway for NY-9N toward Lake Luzerne turning left onto 9N. After 0.4 miles, turn right onto 9 South towards the Outlets. After 2.6 miles, turn left onto Route 149 East. Drive 6 miles and turn left onto Buttermilk Falls Road. Drive 11 miles along this road which changes from Buttermilk Falls Road to Sly Pond Road to Shelving Rock Road and becomes a dirt road along the way. As you approach the Hog Town Parking Lot, bear left and continue another 2.5 miles on Shelving Rock Road across a small bridge to Parking Lot #3 which will be on your left. Emergencies 911

**Contact:** Anne or Jim Waring at [annewaring1011@gmail.com](mailto:annewaring1011@gmail.com) or (631) 965-0610. If cancellation is necessary, an email will be sent by 7:30 AM on the day of the hike.

### **April 30 Fishing Jabe Pond**

**Leader:** Jeffrey Schanzer

**Difficulty:** Easy (see issue below)

**Duration:** 4-5 Hours **Limit:** 8

**Description:** Jabe Pond is a lovely wilderness pond with Brown, Rainbow and Brook Trout. Artificial lures only, minimum keeper size 12". There is a parking lot very close to the Pond. However, if the road leading to the parking lot is closed, this makes it a **Difficult** 1 mile carry in with one very steep hill. The leader will check on the road in advance and notify participants of the road status. Paddlers are welcome to join. Email leader if interested and he will keep participants informed.

**Meeting Time/Place:** Brant Lake Boat Launch; 12PM (if anyone is coming from Lake George, we can set up a secondary meeting place in Hague). Don't forget your PFD and whistle. Emergencies 911

**Directions:** The boat launch is directly off Route 8. If you're coming east on Route 8, it's on your left soon after the intersection of Palisades Road.

**Contact:** jeffschan@aol.com to participate.