

# Cold River Currents

January, 2026

## Comments from the Chair

by Bob Singley

Any way we look at the 2025 performance of the Cold River Chapter of ADK it was another terrific year. Our membership is stable, although we would like to see more “younger” members. Financially, we are in a very strong position in comparison to other chapters. The number of outings offered and participation in our outings would rival that of any ADK chapter. A huge “Thank You” to all those that planned, organized, and led those activities. This is what keeps us together in this great place where we live and play.

The Annual Meeting and Holiday Party was held on December 11th at the Garnet Hill Lodge. Great job by Noelle McCrum organizing the dinner and party portion of the evening. The revisions to our Bylaws were approved as presented. Two new members were elected to the Executive Committee, Walt Nelson is now the Cochair for the Outings Committee, and Jim Waring is the new Newsletter Chair. A very special “Thank You” to Tom Riley and Kathy Herold for their time and contributions to our Chapter over the past several years. Volunteers like Tom and Kathy are what make the Cold River Chapter such a special group. The Executive Committee still has one open position, Vice Chair. We need your help to identify someone to fill this role.

The Executive Committee for 2026:

Bob Singley, Chair

Open, Vice Chair

Mary Redfield, Secretary

Ger Cox, Treasurer

Rose Cooper, ADK Advisory Council Trustee

Judy Dunn, Alternate ADK Advisory Council Trustee

Peggy Carrol, Outings Cochair

Walt Nelson, Outings Cochair

Susan Schuler, Membership Chair

Jim Waring, Newsletter Chair

Marti Townley, Member at Large

We are always looking for volunteers, for the Executive Committee, for leading outings, organizing and hosting potlucks. With a little bit of help 2026 will be another terrific year for the Cold River Chapter of ADK.

# Chapter News

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## **TRUSTEE'S REPORT**

**by Rosemary Cooper**

Cortney Worrall reported that ADK is moving forward with our new website and data base which should be ready by late spring. ADK is also in the process of working with an insurance broker for not- for-profits that will fulfill our needs and to meet any requirements regarding training. **This will involve a “re-look” at the Outings Leader Guide.** ADK is also looking into additional coverage for individual chapters to offer a wider range of outings, i.e. cycling and paddling.

There is a finished preliminary plan for 2026 for all departments, especially education, which includes training, trips, skills workshops, etc.

ADK will be sending direct communications every month to chapter chairs with updates on issues and concerns. Ray Fusco, Director of Special Projects is working with the Northwoods Chapter. They will be hosting the 2026 Fall Outing, September 18th - 20th, which will be at Young Life Camp on Upper Saranac Lake. John Omahundro, Chapter Chair, will be reaching out to local chapters in the area for volunteers to lead outings.



*Young Life Camp, Upper Saranac*

# Chapter News

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A Look Back at Cold River Chapter Outings in 2025:

**Outings scheduled: 93**

Outings cancelled: 21 (inclement weather, trail conditions, low interest)

**Number of participants: 591**

Average on each outing: 7

What was scheduled.....

Hikes: 41

Paddles: 28

Snowshoe: 11

XC Ski: 9

Camping & Paddle: 1

Bike: 1

Caving: 1

Leaders who led 5 or more outings in 2025:

- Marti Townley - 10
- Walt Nelson – 10
- Meredith Todd – 9
- Lynn Butterworth - 8
- Rich Salz – 8
- Shannon Andersen -8
- Ger Cox - 8
- Brendan Hanley - 7
- Tracey Donaldson- 7
- Tom Meyering - 6
- Gail Gabriels – 5
- Greg Schafer – 5
- Peggy Carrol – 5



# Chapter News

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Numbers only tell part of the story. What does it take to produce the outings schedule?

- ✚ For each quarter of the year, solicit outings proposals from leaders,
- ✚ With the members of the Outings Committee, arrange the proposals into a 3-month schedule
- ✚ Write detailed descriptions of the outings that meet ADK standards for each month of the quarter
- ✚ Prepare and distribute those descriptions 15 days before the start of each month.

Who does this? About 68 members who include outings leaders, the Outings Committee and the Outings Co-Chairs. In 2025, we added 6 new leaders: Janice Reissig, Jim Waring, Anne Waring, Matt Dunn, Rich Tocher, Matt Schwab. Special thanks go to the 2025 Outings Committee members: Walt Nelson, Brendan Hanley, Gail Gabriels, Marti Townley, Matt Dunn, Shannon Andersen, Ger Cox, Meredith Todd, Tom Riley (Co-Chair) and Peggy Carrol (Co-Chair).

**Finally, the Cold River Chapter salutes Tom Riley as he completes his 6th year as Co-Chairman of the Outings committee.** Besides the normal co-chair responsibilities, Tom helped the Chapter through the transition to the ADK certification of outings leaders and offered leaders technical support as we met our certification requirements and communicated with the ADK mothership. We are grateful that Tom will continue as a member of the Outings Committee.

Are you interested in offering outings to the Chapter? The Chapter has many members with outdoors and wilderness skills and years of experience in the Adirondack Park. We want you and we need you. The ADK Outing and Trip Leaders Guide details the ways you can become a certified leader and assume a more active role in our Chapter.

Do you want to talk to someone about the process or what it takes to lead an outing? Contact Peggy Carrol or Walt Nelson at [ColdRiverADKChapter@adk.org](mailto:ColdRiverADKChapter@adk.org) or a member of the Outings Committee and we will fill you in. If you have fun participating in CRC activities, please think about giving back to this great group by joining a committee or becoming an outings leader. We are all volunteers, and the chapter only runs as well as it does by having people who care enough to take an active role. Please consider sharing your time in any capacity to give back to the group.

# Chapter News

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## WHERE IN THE WORLD.....

By Anne Morse

Once the camping season is over in the Adirondacks, we load the bikes on the back of the car and head south to the many biking and hiking opportunities that present themselves, although not in the backyard, not too far away. It is something we have done many times now, but the delight in traveling short distances, revisiting old favorites, seeing how others live in places not far away in distance, but far away in lifestyle, just seems to grow.

On this trip, we revisited sections of two canal trails and six rail trails, as well as two days of driving and hiking along Skyline Drive in Shenandoah National Park, and three days on the Blue Ridge Parkway. Here are a few highlights.

Lehighton, PA, is a good jumping off point for two trails. We arrived early enough to ride a short section of the D&L Canal trail that connects Weissport to Jim Thorpe. It is only an eight-mile roundtrip, so perfect for a few hours. The Weissport Canal Park is a good place to park. Jim Thorpe, in color season, is a bit overrun due in part to a popular tourist train that runs beside the trail for a few miles.



# Chapter News

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The following day, we started in Jim Thorpe, not right in town, but from the Lehigh Gorge State Park, Glen Onoko Access, and rode the Lehigh Gorge Trail to Rockport, about a 21-mile roundtrip. The whole trail is 24.4 miles long, and it is possible to arrange a shuttle to take you to White Haven, so you can ride downhill all the way. Canal Trail, canal on one side, river on the other.



*The Gorge Trail*

The next ride I want to highlight is the C & O Canal Path. We love the Harpers Ferry portion, but we prefer to stay in Brunswick, because it is on the same side of the canal as the trail, unlike Harpers Ferry. To get to the trail from Harpers Ferry, you must manage to get your bike across a pedestrian bridge that involves a multitude of steps on the canal side.

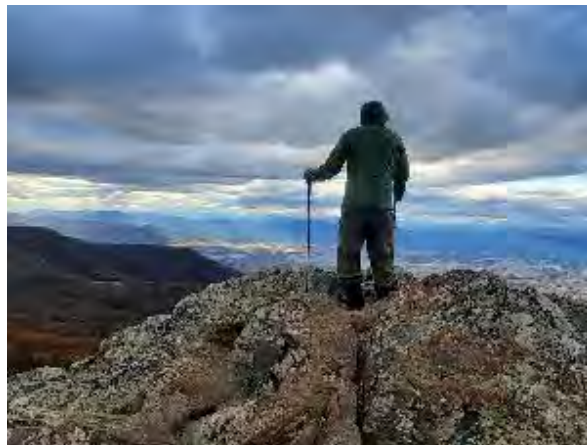


# Chapter News

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Our travels took us next onto Skyline Drive where we spent the first night at Skyland, a rather rustic resort that's part of the park. There is wonderful hiking right from the hotel, and we loved the short hike up Stony Man Mt. We also watched agog from our breakfast table as three bald eagles rode a gale wind, soaring above the Shenandoah Valley, swooping so close to us!



We continued to Skyline Drive and the Blue Ridge, enjoying every slow mile of those beautiful and amazing roads where the Appalachian Trail also follows the ridge, crisscrossing the road. We were heading for two wonderful bike rides, the Virginia Creeper Trail and the New River Trail.

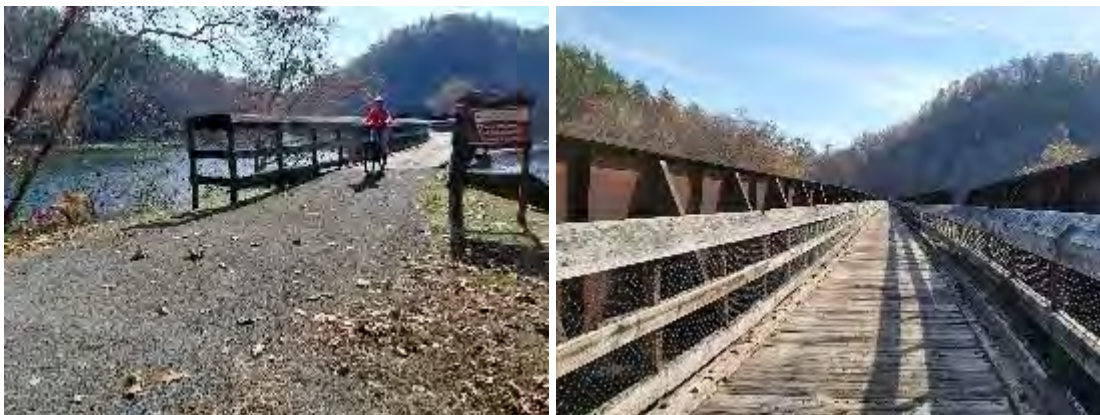
Only half of the Virginia Creeper trail is open now. It was slammed by hurricane Helene which destroyed 18 of the trestles between Damascus and Whitetop. It is going to be reopened at some point, but in the meantime, the section between Abingdon and Damascus is well worth doing. Our advice is to start in Abingdon and ride to Alvarado, or start in Alvarado and do the uphill to Abingdon first. The section between Damascus and Alvarado has some pretty stretches, but it also has stretches beside roads, so it is not as attractive.

# Chapter News

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The New River Trail is a crowd pleaser. We have biked many portions of it. This time we stayed in Fries, VA, at the Washington Inn, a cross between a hotel and an Airbnb. From the inn, you can bike right to the trail. Unfortunately, they were repairing a trestle along that section, so we did not get too far. The next day, we drove to the Gambetta Access, our starting point in past trips. It is really a nice place to start as you follow Chestnut Creek, ride through a tunnel and cross a long trestle to get to the main trail.



We had been blessed with two weeks of lovely weather, and were on our way home when things got too cold for comfortable riding. A trip like this is totally within the scope of any biker or hiker. You go only as far as you want, and it is so much fun!

# Outings Reports

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## **October 2: Bike from the Watering Tub to Adirondack Leaders: Richard and Karen Wang**

Six of us CRC folks enjoyed a beautiful, if initially very chilly, day for a bike ride. We began at the no longer functioning watering tub near Chestertown and had a leisurely ride to see the sights on the way to Adirondack via the east shore of the Schroon River and Schroon Lake. In addition to the natural beauty of the river and lake at this most colorful time of the year, we also took in the beauty of the many unique camps and homes along the way. We stopped for a snack and conversation at the public beach in Adirondack and then reversed course to return to our cars. As always, it was great to be out and about with CRC friends. ~Karen Wang



*Schroon Lake*

## **October 2: Hoffman Notch Through Hike, Schroon to North Hudson Leader: Meredith Todd**

On October 2nd Meredith led a through hike from the Loch Muller trailhead in Schroon to Blue Ridge Road in North Hudson. It was a perfect fall day for a hike in the woods. We hiked 7.7 miles with 306 ft of elevation through the woods along the north branch of Trout Brook for the first half of the hike and along the Hoffman Brook for the second half. The middle section of the hike became a little more challenging to stay on the trail as there was some blow down and vegetation over growth, but we managed to find our way. A lovely day in the woods! ~Anne Bernat



*Hoffman Notch*

# Outings Reports

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## October 6 (Monday): Paddle Stillwater Reservoir

**Leader: Jocelen Pearson**

A group of 5 gathered to paddle Stillwater Reservoir in the Town of Webb on a beautiful early October day. The foliage was a bit past its prime and many leaves had already fallen, but the skies were a brilliant blue and the temperature was perfect. The group explored the southwest bays of this giant body of water, paddling by a small waterfall, several islands, and many sandy beaches. The water level was very low, typical for this reservoir in the fall. The group paddled by interesting rock formations and huge stumps which are usually underwater in the spring. ~Jocelen Pearson



## October 9: Paddle Eagle Lake

**Leaders: Peggy Carrol & Meredith Todd**

Six paddlers met at the Eagle Lake Launch site. The weather was chilly, our first fall day. After launching we headed east into a moderate breeze.



After crossing under the Rte. 74 bridge the open lake was quite choppy so we crossed to the more protected north shore. At this point Brooklyn, having gotten wet launching, was too cold to

continue so Noelle and Meredith escorted her back to the launch site. The three remaining paddlers headed into the wind making for the state land at the NE corner of Eagle Lake. There we found a nice beach to take out on, and explored the campsites we found there. We also found a lean-to back in the woods east of the lake where we stopped for our lunch, a very nice patch of state land where the public can enjoy Eagle Lake.

By now the sun had come out and warmed things up. We paddled to the south shore and around the three islands in the lake. All are privately owned. Most of the south shore is lined with private cabins. After crossing back under Rte. 74 we headed to our launch site but decided to explore the west end of the lake. Peggy led us through the shallow water and around some rocks to get to the dam at the west end of the lake, an interesting lake to paddle with a variety of interesting features to explore. ~Alex Paul

# Outings Reports

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## **October 9: First Brother Hike, Town of Horicon Leader: Brendan Hanley**

It was a chilly morning to begin our hike, yet two hold outs for summer arrived in shorts. This hike starts out going up to a ridge that passes some spectacular rock ledges with some views along the way if you venture off the path in spots. The leaf colors were probably around peak and so many leaves were down on the ground that you had to hike with care, as the rocky path was covered in most parts. The group ended up shedding layers shortly after the climb up. It was warm in the sun, but we felt the pockets of cold air in the shady and lower dips down along the way. The view from the “almost top” is spectacular and the group decided to venture further to the real summit with no view, just to say we did it. All in all it was a great hike, despite getting a bit off the not too well marked trail on the return trip back. Thankfully our devices kept us headed in the right direction with no real concern of being lost in the woods. Great day, great group. The total hike was around 3 miles with about 1,000 feet of elevation gain. ~Tracey Donaldson



*First Brother*

## **October 13 (Monday): Paddle Sagamore Lake Leader: Walt Nelson**

Calm Sagamore Lake  
The first paddle twig season  
Lone young merganser



*Sagamore Lake*

# Outings Reports

## October 16: Paddle Boreas Ponds

**Leader: Tracey Donaldson**

We had a small group meet a bit later than scheduled due to the cold temps in the morning. Boreas Ponds never fails to impress, and two paddlers enjoyed their first visit to this spectacular location. The launch area was totally redesigned this summer. The location is the same, but DEC put huge boulders where we used to launch and installed a meandering path in the woods to get to the launch site. We battled the wind in the open areas, but hugging the shore and exploring the marshy areas was quiet with less effort. We paddled all the way to the end and got out to explore the river that feeds the ponds. Whitecaps on the return back to the takeout, but we managed with no issues. We explored the lean to before we left. It was a full day with a beautiful blue sky and sunshine. ~Tracey Donaldson



*Boreas Pond*

## October 16: Hike Big Crow / Nun-da-ga-o Ridge Loop

**Trail Leader: Matt Schwab**

A group of five enjoyed a cool but sunny day



of hiking up and down and all around the Nun-Da-Go-A Ridge loop, also



known as the Soda Range, in the Town of Keene. The trail begins

and ends in the woods, while the middle segment follows a partially open ridge with abundant and terrific views of the Great Range High Peaks, Whiteface, Big Crow, Little Crow and Weston Mountain – plus distant views of the fire tower atop Hurricane. Cool temperatures and breezes prompted us to wear hats and gloves as we began by hiking up Little Crow. Then we moved on to Big Crow and the unmarked but (mostly) visible ridge trail. Along the way we had fun locating and identifying specific High Peaks as we moved along the mostly wooded and windy trail, with scrambles up and down the sections of rocky outcroppings along the way. After we reached the summit of Weston Mountain, we headed downhill through piles of leaves, with a brief scramble through some blowdown along the way. Along the way we admired two well-kept lean-tos that we agreed would be perfect for an overnight stay. We moved on past Lost Pond, much lower than usual because of dry conditions, on our way back to the parking area. The total distance was about 7 miles. Everyone agreed that this was a rewarding hike that was worth the drive up to Keene. ~Sara Mullins

# Outings Reports

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## **October 23: Hike Palmer Pond Loop with side trip up McGann Mtn, Chestertown Leader: Meredith Todd**

It is an easy, peaceful 2-mile hike around Palmer Pond near Chestertown. But Meredith took us up the Not-so-well-known mountain side of Magann Mountain. We had beautiful fall views looking towards Gore Mountain. We returned to continue our hike around the Pond and enjoyed a couple rocky points to sit and view the pond. One was a new secret area. Our trip was 5 miles with some fun exploration! ~Marti Townley



*Palmer Pond/McGann Mt*

## **October 23: CRC Potluck Location: Joe Minder Lodge, Ski Bowl, North Creek**

Ian Tomasch, Sales and Marketing Manager of Gore Mountain shared information regarding Gore Mountain's snowmaking, grooming and solar energy usage, the new lodge, the Station, at the Ski Bowl and updates and changes for 2025-26 and future years. Parking lot expansion, ongoing repair to snow making equipment and other issues were raised by an engaged audience.

Bob Singley led a short meeting, highlighting good budget health, the upcoming holiday party/annual meeting at Garnet Hill Lodge on December 11th and two openings on the CRC Executive Board, Chapter Co-Chair and Newsletter Editor. The usual amazing pot luck dishes and desserts were enjoyed by all, second only to the conversations among long-time CRC friends as well as new members to the club. ~Kathy Herold



*The Station*

# Outings Reports

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## **October 30: Powerhouse Trail Hike, Raquette Lake** **Leader: Shannon Andersen**

Ten friends set out today for a beautiful fall hike in the brisk, cool air. We explored the Powerhouse Trail in Raquette Lake, stopping along the way to see the dam, the pump house, the remnants of the old wooden chute, the powerhouse, and what was left of the generator. Afterward, we continued down to the waterfalls, where we enjoyed a relaxing lunch surrounded by the sounds of rushing water and colorful autumn leaves. Once everyone was rested, we turned around and made our way back, grateful for a perfect Adirondack fall day shared with good friends. ~Shannon Andersen



*Powerhouse Trail*

## **November 6: Hike to Moose Mountain.** **Leader: Tracey Donaldson**

Seven of us hiked out and back more than 3.5 miles each way to this attractive pond. The trail was covered in wet leaves, but was otherwise quite dry. We enjoyed hiking along various waterways much of the way. We also experienced various weather conditions, including a snow shower while appreciating a great view on a ledge above the pond. Fortunately, the visibility was not impacted and we encountered no ice or snow underfoot. ~Meredith Todd



*Moose Pond*

# Outings Reports

## November 6: Crane Mountain Loop Hike, Johnsbury Leader: Lynn Butterworth

It was a fun snowy day! Conversations about recent trips, funny jokes and comradery got us through the steep, slippery rocks. But slides helped too! The woods were beautiful with a dusting of snow. We had a wonderful view of the mountains and lakes from the top and lunch by the peaceful Crane Pond. Good way to start the coming of winter!~Marti Townley



Crane Mt.

## Saturday, Nov. 8th: Dean Farm Heritage Trail, Murray Rd, Stony Creek, NY Leaders: Anne and Jim Waring

A happy group of five ADK CRC hikers hiked a scenic 3.5 miles along the Dean Farm Heritage Trails through meadows and tranquil forests and alongside peaceful streams. Matt led us on the western portion of the relatively flat gravel paths and boardwalks that led to a nice overlook of Stony Creek. While e looping around, we met Sandy, who with a few local friends, created and has maintained the trails since 2012. She was a wealth of knowledge and filled us in on the history of the Dean family, how family lore has it that the Deans were a stop on the underground railroad for those heading north, and



Dean Farm Heritage Trail

how the town quarried sand and gravel from various sections of the 271 acres. Upon returning to the trailhead, we crossed Murray Rd to view the pond and hike the 2.5 mile eastern portion of the trails that had an elevation gain of about 400 feet, stopping at a picnic table for a snack/lunch and

Halloween chocolates. We then headed downhill through the woods and meadows to the trailhead via a 3-step ladder, enjoying each other's company and the emerging sunshine. The hike also qualified us as completing one of the 8 hikes of the ADK Gateway 8 Challenge of the Southern Adirondacks sponsored by the Town of Corinth and including the towns of Lake Luzerne and Stony Creek ([Home - ADK Gateway 8 Challenge](#)).~Jim Waring

# Outings Reports

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## **November 13: Hopkins Mt. via Mossy Cascade Trail Leader: Rich Salz**

Hiking in the fall with a few inches of snow has it's own rewards. Winter beauty surrounded us. Micro spikes were a maybe/maybe not question. Caution was required in a few areas. But we all enjoyed the adventure. ~Marti Townley



*Hopkins Mt. via Cascade Trail*

## **November 20: Chimney Mountain Leader: Marti Townley**

There were a lot of hoops to jump through to hike Chimney Mt. since it has been closed to the public, but Marti made it happen. In fact she also made the day feel like a warm spring day with abundant sunshine to take in the Views. There were 13 of us that enjoyed the unique Chimney formation while Marti shared the geological history. After that we had a leisurely lunch at the summit. An all-around great day and hike. ~Gail Gabriels



*Chimney Mt.*

# Outings Reports

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## **December 4: Rabbit Pond Loop, Town of Johnsburg Leader: Brendan Hanley**

We had SNOW!!! Under foot, on the trees, in snow squalls, flurries and big flakes. The Gore Snow (or is it Ski?) Bowl lived up to its name. With most of our hearty group of 11 most in snowshoes, a couple in spikes, we traversed the ~6 miles of ski/bike/hiking trails that led us to Rabbit Pond, a blustery stop for lunch. While we started out with temperatures in the 30's, the wind picked up and the temperatures dropped as we happily headed downhill to our endpoint, the Joe Minder Lodge. The snow-bedecked woods were lovely, a sprinkling of sunlight teased as we traversed a few streams not yet frozen enough to keep our equipment dry. As this was the first snowshoe outing this season for some of us, we reacquainted ourselves with our equipment and learned to keep a few mustard packets in our first aid kit as a remedy for muscle cramps. Thanks to Brandan's leadership and intimate knowledge of this complex of trails, we all managed this challenging "easy" hike safely to our destination. ~Peggy Carroll



*Rabbit Pond*

## **December 11: Cold River Chapter Holiday Dinner Party Host: Noelle McCrum**

As has become customary, the Cold River Chapter celebrated the holiday season at the



beautifully adorned Garnet Hill Lodge. Once again, Noelle organized all, from the hot d'oeuvres, to the delicious buffet, and the surprise gift table. A wonderful evening enjoyed among old friends and new. ~Kathy Herold



# Outings Reports

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## **December 11: Garnet Hill X-Country Ski, North River Leaders: Shannon Andersen and Marti Townley**

On Thursday, December 11, twelve friends met at Garnet Hill Lodge for an afternoon of cross-country skiing. With a fresh layer of snow from the night before, the trails were in perfect condition.



After gathering at the outdoor center and catching up with one another, we split into smaller groups based on the type of ski each person was looking for, from relaxed glides to more challenging routes. Everyone enjoyed their time on the trails.

After our ski we all headed to the CRC holiday party at the Garnet Hill Lodge. ~Shannon Andersen



*Garnet Hill*

## **December 18: Snowshoe or hike to Big Pond, Town of Schroon Leader: Meredith Todd**

Eight hikers donned their snowshoes for an adventure into the Hoffman Notch Wilderness via the Big Pond Trail. We were so fortunate to be able to enjoy a beautiful, sunny, and moderately warm winter day to explore a trail new to some of us. We traveled through a peaceful pine forest blanketed with sparkling snow, passing a few large glacial erratics along the way. It was a pleasant hike with minimal elevation gain along a few rolling hills. After passing another smaller pond, we arrived at Big



Pond and relaxed at a campsite and basked in the glorious sunshine. While enjoying our conversations and the views of the frozen pond, Meredith passed around a tin of her delicious, homemade sugar cookies. The cookies and wonderful company of such great friends were a perfect part of an ideal winter outing for all of us. ~Anne Waring



*Big Pond*

# Outings Reports

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**Note for Those Sending  
Write-ups and Pictures:**

**The new Newsletter Chair is Jim Waring.  
Please send write-ups and pictures to**

**[adkcrcnewsletter@gmail.com](mailto:adkcrcnewsletter@gmail.com)**

**Thanks Jim for  
volunteering!!**



*A special thanks to those who led each activity, as well as Peggy Carrol, Tom Riley, and the CRC Outings Committee.*

IF YOU ARE NOT RECEIVING THE OUTINGS EMAILS AND WANT TO, OR IF YOU WANT TO STOP THEM, PLEASE SEND YOUR EMAIL ADDRESS AND REQUEST TO OUR CHAPTER AT [ColdRiverADKChapter@adk.org](mailto:ColdRiverADKChapter@adk.org)



## CRC Membership and Connections

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**Mark your calendars....**

**February 19**

**Potluck at the Adirondack Interpretive Center in Newcomb. We expect the program to include a presentation by AIC staff, a brief update on Chapter events, a social hour and food. Look for details coming your way in January. Thanks to Rose and Lance Cooper for hosting the event.**



**Thank you to all our leaders and Potluck hosts for keeping our chapter vibrant! If you are interested in becoming a leader or Potluck host, please reply to [coldriveradkchapter@adk.org](mailto:coldriveradkchapter@adk.org)**

## Membership News

WELCOME NEW MEMBERS! WE LOOK FORWARD TO SEEING YOU ON  
OUTINGS.

Membership Chair, Susan Schuler

### **New Members:**

Mark Piper	Schroon Lake, NY
Gary Monteith	Warrensburg, NY
Mary Weglarz	Warrensburg, NY



The Cold River Chapter sadly reports the passing of Bob Eberhardt. Bob and Sharon are longtime members of the Cold River Chapter of ADK. Bob was an Outings Leader and always added to the experience due to his background in geology. For many a summer Bob and Sharon hosted a potluck at their family home in Johnsburg. In retirement Bob and Sharon were fortunate to have traveled the world, having experienced all seven continents, including Antarctica. Per Bob's request, funeral arrangements will be private.