

Outings October 2026

October 1: Paddle Lake Abanakee, Indian Lake

Leader: Matt Dunn

ADK Leader Level Easy (C+) 3-4 hours Limit 10

Description: Approximately four miles in length and one-half mile wide, the Lake has shallow depths and irregular shoreline provide great nesting for osprey, eagles and other birds. We will start at the boat launch just north of the Indian Lake Public Beach on Chain Lakes Road and paddle south down the length of the lake, exploring the many quiet coves along the way.

Meeting Time/Place: 10 AM ready to go at the boat launch on Chain Lakes Road. Chain Lakes Road is 1.3 miles east of the center of Indian Lake on Rte. 28. Turn north onto Chain Lakes Road and proceed a half mile to the Indian Lake Public Beach. Go another 500 yards and the dirt parking lot will be on your left and the boat launch on your right.

Contact: Matt Dunn - Text: 315-420-3025; Email: matt@mdunn CPA.com. If cancellation is necessary, an email/text will be sent by 7:00 AM the day of the outing.

Medical: Indian Lake Health Center (518-648-5707), 6356 State Route 30, Indian Lake, 518-648-5707

October 1: Big Pond Trail, All of It, Hoffman Notch Wilderness, Town of Schroon

Leader: Meredith Todd

ADK Leader Level: C+ to B, fairly easy to moderate

Duration: 5-6 hours, excluding car shuttles **Limit: 12**

Description: The southeast 1.6-mile section of this trail has been in regular use in recent years, but the remainder of the trail has been extensively cleaned up and remarked recently. It is part of the NCNST, connecting to the recently opened Jones Hill Trail. We will spot cars at the Hoffman Rd trailhead for Big Pond and start hiking on the southern end of the Hoffman Notch trail at the Loch Muller trailhead. The Big Pond trail junction is at 1.2 miles, where it turns right/eastward. The total distance of the hike will be 7.8 miles, with a net elevation LOSS of over 400 feet. However, there is 525' of total ascent, mostly over a shoulder of Hoffman Mtn (early on the BP trail). We will of course take a break at the campsite on the north end of lovely Big Pond.

Meeting Time/Place: 9:30 AM at the Big Pond trailhead on Hoffman Rd, 2.0 miles east of US Rt 9; turn onto Hoffman Rd just south of downtown Schroon Lake. We will travel together in 1 or more cars to the Loch Muller trailhead to start hiking by 10 AM.

Contact: Meredith Todd, email (preferred): meredith36ny@yahoo.com or phone 518-494-8088.

Nearest Health Facilities: Hudson Headwaters clinic in Schroon Lake or hospitals in Glens Falls or Elizabethtown.

Friday, October 2: Mt Van Hoevenberg Hike during fall foliage with Anne and Jim

9:30 am – 1:00 pm

Hike Mt. Van Hoevenberg East Trail, Lake Placid, NY

Leaders: Anne and Jim Waring

Level: Leader Level 1, C (Easy w elevation gain of 960 feet)

Duration: 3 - 4 hours, About 4 miles Limit: 12

Description: This 4 mile round-trip hike is one of the newest trails (built in 2018) in the Adirondacks offering spectacular 180 degree views from the summit of the nearby high peaks. Switchbacks and stone stairs are used throughout the trail so the climb is gradual as it meanders through the woods. The hardened trail makes it easier on the knees. The trail leads to a 2900-foot summit that offers spectacular views, especially during peak foliage season.

Meeting Time/Place: PREREGISTRATION REQUIRED. CONTACT TRIP LEADER FOR THIS INFORMATION.

Contact: Anne or Jim Waring at annewaring1011@gmail.com.

If cancellation is necessary, an email will be sent by 7:30 am the day of the hike.

Nearest Medical Facility: Lake Placid Health Center, 203 Old Military Road, Lake Placid. Phone: (518) 523-1717

Monday October 5 Paddle Lake Lila, Town of Long Lake

Leader: Walt Nelson

ADK Rating: Leader Level 1 C Easy

Duration: 4 hours Limit: 10 boats

Description: This remote lake (~1500 acres) offers numerous beaches and is popular (in season) despite its challenging access. It is the headwater of the Beaver River. Our plan is a circumnavigation, depending on the wind, for which it is known.

Directions: Twenty-two miles north of Long Lake. Left (west) onto Sabettis Circle Road (rt 10) (marked with sign to Little Tupper Lake ranger station). OR twenty-six miles south of Tupper Lake turning right (West) on Sabettis Circle Road. Signage on Circle Road is toward Ranger Station & Lake Lila. Two miles past the ranger station road is sign to Lake Lila. Nearly 6 miles on this logging road is the parking lot for Lake Lila. The carry is 0.3 miles over rocks and roots. NOT suitable for wheels.

Meeting time/place: 9:30 ready to carry from the parking lot.

Contact: Walt TEXT 716.799.4016. If cancellation is necessary, text will be sent by 7:00 AM the day of the outing. Dress for the weather, with PFD, whistle & food.

Medical: Long Lake Medical Center 8561 Newcomb Rd, Long Lake, NY 12847 (518) 624-2301

October 8: Hike Pole Hill Pond and Walnut Ridge from the Isabel Godwin Preserve, Padanarum Rd., Bolton Landing.

Leader: Moira Goldfarb

ADK Rating: Leader Level 1 C+ (moderate with some steepness)

Duration: 4 hours, 4 miles RT. Limit 15

Description: A lovely fall hike through hardwood forest on the red and blue marked trails with a few short and steep sections to the summit of Walnut Ridge. On the return we'll take a quick detour to the picturesque pond.

Meeting Time and Place: Northway (I-87) Exit 24. Meet in the large parking lot just east of the Northway on the right at 9:30 a.m. to carpool or follow to the trailhead on Padanarum Rd.

Contact: Moira Goldfarb (moiragoldfarb@hotmail.com). Call or text: 585-507-7184. If cancellation is necessary, an email will be sent by 7:00 a.m. the day of the hike.

Medical: HHHN, 3767 Main St., Warrensburg, NY (518-623-2844)

October 8: Black Mt. Loop Leader: Gail Gabriels

ADK Rating: Leader Level 2, B

Difficulty: 7.7 Mile; 1,361 Elevation Gain

Duration: 4-5 Hours plus travel time Limit: 15

Description: We will hike up to the summit of Black Mt. and get views to the northern end of Lake George and descend with views of the southern section and along the ponds.

Meeting Time/Place: 8:00 at the Hague Public Beach Parking Lot or 8:45 at the trailhead. Trailhead is located on Pine Brook Rd. From West: Rt. 74 Ticonderoga and south on Rt. 22. Turn right on Rt. 6 and follow toward Huletts Landing. Right on Pine Brook Rd. Approx. 1 mile on right.

From East: Rt. 149 until it joins 4/22. Bear left on Rt. 22 and follow to lower end of Lake Champlain. Left on Rt. 6 toward Huletts Landing. Left on Pine Brook Rd. Approx. 1 mile on right.

Contact: Gail Gabriels at gailgabriels@gmail.com or 518-644-3034. Please let me know where you will meet. Bring lunch, water and wear bright layers.

Medical: Ticonderoga Health Center, 101 Adirondack Drive, Ticonderoga, NY 12883, 518-585-6708

Monday October 12: Paddle, County Line Flow, Town of Long Lake

Leader: Walt Nelson

ADK Rating: leader level 1 C Easy

Duration: 2+ hours **Limit:** 10 boats

Description: County Line Flow is part of a conservation easement owned by Upper Hudson Woodlands ATP. A 2023 summer storm breeched part of the flow's dam impounding Fishing Brook. The resulting circumnavigation of the Flow is about four miles.

Directions: Eight miles east of Long Lake and six miles west of Newcomb on rt. 28N is the short, signed access to the parking lot.

Meeting Time/place: 10:00 @ launch, ready to paddle.

Contact: Walt TEXT 716.799.4016. If cancellation is necessary, text will be sent by 7:00 AM the day of the outing. Dress for the weather, with PFD, whistle & food.

Medical: Long Lake Medical Center, 8561 Newcomb Rd, Long Lake 518.624.2301

Tuesday Oct 13: Paddle, Boreas Ponds, North Hudson

Leader: Tracey Donaldson

ADK Rating: Leader Level 2, B Moderate (portage about a mile)

Duration: 4-5 hours, Limit 10 boats

Description: Boreas Ponds offers spectacular views in a peaceful setting. Participants must portage .8 of a mile to the launch site, so wheels or a lightweight boat is necessary. Bring food, water, PFD, whistle, sunscreen, bug spray, maybe a head net. It's a buggy walk in.

Meeting place/time: We will meet at the final parking lot off Gulf Brook Road at 9:30 AM.

Directions: Gulf Brook Road is located off Blue Ridge Road, about 16.5 miles east of Newcomb and about 7 miles west of Exit 29 on I-87. The final parking lot is 500 feet beyond LaBier Flow access.

Contact: Tracey Donaldson 845-464-5177, traceydonaldson0710@gmail.com. If cancellation is necessary, an email will be sent by 6:00 AM.

Medical: Hudson Headwaters Health Center, 8 Santanoni Drive, Newcomb, 518-582-2991

October 15: CRC Potluck**Location:** Ski Bowl, North Creek**Hosts:** Judy and Steve Thomson and Greg and Laurie Clark**Presentation:** Ian Tomasch, Sales and Marketing Manager of Gore Mountain will be sharing information regarding Gore Mountain's snowmaking, grooming and solar energy usage, the new lodge at the Ski Bowl and updates and changes for 2026-27 and future years. It's a nice time to start thinking of the fun activities of winter!**Traditional Potluck:** Please bring a dish, appetizer, or dessert to share, and your own utensils, plates and beverages.**Time:** 4-5 pm Social Hour and Meeting**5-5:30 pm:** Presentation by Ian Tomasch, Gore Mountain**5:30 pm:** Dinner**RSVP:** Contact Judy Thomson at judythomson1230@gmail.com or text or call 518.229.7473 by October 10. Please let me know what you will bring.**Directions:** Going northwest on Route 28 toward North Creek, take a left on Ski Bowl Rd, just past Peaceful Valley Road on the left. Go straight and lodge and parking will be ahead.**October 15: Bartonville Mountain Hike****Leader:** Janice Reissig**ADK Rating:** Leader Level 1, C (Easy)**Duration:** 2 Hours; **Limit:** 10**Description:** We will hike up to the viewpoint of Bartonville Mt, 1388 elevation. via the woodsy Jack & Jill Trail, stop to enjoy a wonderful view of Brant Lake & snack, and descend via the Stairway to Heaven. Bartonville Mt. is part of the new Brant Lake Challenge. Distance ~3 miles, 620 ft elevation gain total.**Meeting Time/Place:** 10:00 AM at The Hub on the Horicon Mill Pond. There is ample parking in the dirt parking lot located to the right of The Hub.

Take the Northway to Exit 25. Turn onto NY-8 N and continue for approximately 1.7 miles. Turn left onto Market St, and park at The Hub, 27 Market St.

Contact: Janice Reissig at jgr19711@gmail.com or 302-258-5352. Bring a snack, water, layers. If cancellation is necessary, an email will be sent by 8 AM the day of the outing.**Medical:** Hudson Headwaters, 3767 Main St., Warrensburg, NY (518-623-2844)**October 15: Tour North Creek Depot Museum****5 Railroad Pl, North Creek, NY****Time:** 2:30 – 3:30pm**Leader:** Marti Townley **Duration** 1-1 1/2 hours **Limit:**15**Description:** This is a restored railroad depot built in 1872. They are celebrating the 125th anniversary of Teddy Roosevelt's night ride to the presidency. You will also learn about the history of the railroad in the area and the snow train that brought skiers to Gore Mountain in the 1930's.**Contact:** Marti Townley mdksshea@aol.com or call 518-301-3712**Meeting time /place:** the Depot museum in North Creek at 5 Railroad Place at the north end of the town.

October 22: Hike Stonewall Trail, part of Moreau Lake State Park, Lake Lucerne

Leaders: Karen and Richard Wang

ADK Rating: 1,C Easy

Duration: 3.2 miles, 2.5 hours, 419ft. elevation change **Limit:** 15

Description: The Stonewall Trail is a "path less taken" loop trail through a lovely forest and along the Hudson River. It's a peaceful place with some ups and downs that are not steep and it is part of the Gateway 8 Challenge. We'll stop for a snack near the river as we walk this trail.

Meeting time and place: 9:30 AM at the trailhead on Hawk Road.

Directions: From Northway Exit 18 turn west off the exit and continue on Corinth Rd./Call St. until you reach Hawk Road. Turn left onto Hawk Rd. (this is a dirt road) and park in the designated parking lot which is about 1/2 mile in.

Contact: kreissigwang@yahoo.com or text/call 518-380-3303

Medical: Moreau Family Health, 1299 Route 9, Gansevoort, NY 12831, 518-761-6961

October 22: Buck Mtn Hike, Kattskill Bay, NY

Leader: Lynn Butterworth

ADK Rating: Leader Level 2, B+ / Moderately Strenuous

Duration 4-5 hours, 6.3 miles **Limit:** 15

Description: Buck Mountain is always a crowd pleaser! On this hike, we will climb 2000' of elevation over 3 miles. The first mile is on a primarily wide trail with a slight grade with a stream crossing. The ascent through mile 2 becomes steeper and includes a few easy stream crossings. The last .7 mile is steep, but the reward is a 270 degree view of Lake George—Million Dollar Beach to the south, Bolton Landing to the west and the Narrows and the Tongue Mtn Range to the north.

Meeting Time / Place: 9:00 AM Buck Mtn Trailhead, 1750 Pilot Knob Rd, Kattskill Bay, NY 12844

Contact: Lynn at 518. 240. 6162 or rendiandbutter@gmail.com

If cancellation is necessary, an email will be sent at 6:00 AM the day of the outing.

Medical: Warrensburg Health Center, 3767 Main St., Warrensburg 518. 623. 2844

October 29: Wardsboro Road Hike, Town of Bolton/Hague**Leader: Brendan Hanley****Level: Easy ADK Rating: Leader Level 1, C (Easy)****Duration: 3 Hours Limit: 10**

Description: During much of the nineteenth century the Wardsboro Road connected the north and south basins of Lake George on the west side of the lake. The road, named for the once “thriving” farming community of Wardsboro, ran (and portions/remnants still run) for 7 miles between upland Hague and Bolton). By the 1920’s most of the residents of Wardsboro had either moved away or died out (along with the community itself). I plan to confine this fall’s outing to a 4 to 5 mile (total out and back) exploration of the southern portion of the Wardsboro Road, including the historic Wardsboro Cemetery. Hopefully other evidence of the abandoned community (cellar holes/stone walls) can also be located. The hike will not include any significant/extended elevation gain.

Meeting Place/Time: Meet at 9:30AM at a place to be determined near Bolton Landing.

Contact: Brendan Hanley thehanleys@frontiernet.net or call (518) 251-2142. Should cancellation be necessary, an email will be sent out to participants by 7AM.

Medical: Warrensburg Health Center, 3767 Main St., Warrensburg 518. 623. 2844

October 29: Tirrell Pond Through Hike**Leader: Matt Schwab****ADK Leader Level 2 (Rating 2B, Moderate) 8 Miles, 500 ft elevation gain****Duration: 5 hours Limit: 10**

Description: This 8-mile hike is a pleasant walk in the woods, partially along the Northville-Placid Trail, with stunning views of Tirrell Pond along the way. We will start at the trailhead for Blue Mountain, after leaving a car at the Lake Durant Campground where the hike ends. Our route heads east, rising gently and then dropping about 400 feet to Tirrell Pond. There are two lean-tos on the pond, each with nice beaches, and a great view of the cliffs on Tirrell Mountain. From the south end of the pond the trail rises and falls over small hills, skirting O’Neill Flow before arriving at Lake Durant. The overall elevation change is downhill, as we will start at 2200 ft and end at 1800 ft.

Meeting Time/Place: Meet at 9:30 am at the Indian Lake Tavern parking area or 10:00 am at the entrance to the Lake Durant Campground. Bring a snack or lunch.

Contact: Matt Schwab at mschwab205@gmail.com or 845-797-7193. If cancellation is necessary, an email will be sent by 7:00 AM the day of the outing.

Medical: Long Lake Medical Center, 8561 Newcomb Rd, Long Lake 518.624.2301