

# BK Elite Clean.

Prompt. Precsion. Perfection.

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## SUPPORT WORK

### ***Home Care & Cleaning***

Laundry, linen changing & bed making

Tidying up house

General kitchen cleaning

### ***Daily Living Support***

Meal preparation & light cooking

Assistance with grocery shopping or unpacking groceries

Support with organizing personal items or paperwork

Plant care and light gardening

### ***Self-care & Welbeing***

Assistance with showering and grooming

Help dressing or setting out clothes

Encouragement and companionship for daily routines

Gentle reminders for medication and hydration

Emotional support and friendly conversation

Outings, walks or appointments

### ***Community & Lifestyle Support***

Transport to appointments, shops, or social activities

Helping stay connected with friends and family

Support during recovery periods or after hospital discharge



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