

TRI-MIX

MEN'S HEALTH INFORMATION SHEET

[ERECTILE DYSFUNCTION TREATMENT]

Tri-Mix | Papaverine, Phentolamine, Alprostadil

What is this medication used for?

- Papaverine HCl is a vasodilator that helps to relax blood vessels and increase blood flow.
- Phentolamine mesylate is an alpha-blocker that enhances the effects of papaverine HCl by preventing blood vessel constriction.
- Alprostadil (prostaglandin E1) is a potent vasodilator that directly promotes blood flow into the penile tissue.
- Combined, these medications work synergistically to produce and maintain an erection.

Common Side Effects

- Common side effects include mild pain 'burning' at the injection site.
- Priapism (prolonged erection lasting more than 4 hours) can occur and requires immediate medical attention.
- Fibrosis (scar tissue formation) may develop with prolonged or improper use.
- If you experience any unusual symptoms or worsening side effects, you should contact your healthcare provider immediately.

How to use it?

- The dose prescribed by your healthcare provider will be indicated on your prescription and tailored to your individual response and tolerance.
- Tri-Mix is injected directly into the penile shaft (intracavernosal injection) using a fine insulin syringe.
- Avoid injecting into visible veins and alternate sides of the penis with each use.
- Detailed administration instructions are outlined on the back of this document. Be sure to follow these instructions closely to avoid complications.

Storage and special handling

- Prior to initial use this medication should be **stored in the freezer** at -25°C to -10°C (-13°F to 14°F)..
- After initial use this medication should be **stored in the refrigerator** at 2°C to 8°C (36°F to 46°F).
- The medication should be discarded after its beyond use date.

†Compounded medications are generally not reviewed by the U.S. Food and Drug Administration (FDA) but are prepared by a pharmacist following a physician's prescription to meet an individual patient's specific medical needs. Efficacy, safety, and the appropriateness of compounded medications are not evaluated by the FDA.

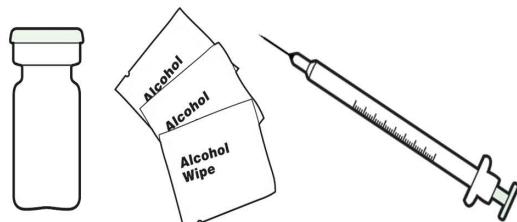
ED INJECTION PATIENT INFORMATION

1: THAWING THE MEDICATION

- a. Remove vial from freezer before use to allow it to thaw completely. (The vial can be held in hand and rolled to assist with melting but without this should take approximately 10 min at room temperature.)
NOTE: DO NOT microwave or place in hot water to assist with melting. This can damage the medication
- b. Inspect the solution for particles or cloudiness once completely thawed. It should be a clear to very light pink transparent solution. Do not use if any particulates, abnormal color or cloudiness is present.

2. PREPARE YOUR SUPPLIES

- a. Medication vial
- b. Alcohol wipe
- c. Sterile insulin syringe (8mm or 5/16 inch)

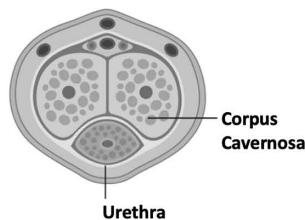


3: DRAW DOSE

- a. Wash hands thoroughly with soap and water.
- b. Sanitize vial by wiping the rubber stopper with an alcohol wipe.
- c. Insert the needle at 90° into the vial and draw up the prescribed dose. (Avoid air bubbles by tilting the vial and keeping the needle tip submerged.)
- d. Remove the syringe and cap the needle carefully to maintain sterility.

4: INJECTION SITE PREPARATION

- a. Choose the injection site: Target the lateral side (either left or right) of the penis at least 1" from body, avoiding the top or bottom to prevent hitting nerves or blood vessels.
(NOTE: rotate sides with each injection to avoid scar tissue.)
- b. Sanitize the injection site with alcohol pad by wiping in a circular motion.



5: ADMINISTER THE INJECTION

- a. Hold the penis at a 90° angle from your body.
- b. Gently pull the skin taut around the chosen injection site using your non-dominant hand.
- c. Hold the syringe like a dart and firmly insert the needle into the corpus cavernosa (spongy tissue on the side).
- d. Inject the medication, remove the needle and immediately press clean gauze or alcohol swab over injection site.



6: POST-INJECTION

- a. Gently massage the penis for 1-2 minutes to distribute the medication evenly.
- b. Dispose of the used syringe in an appropriate container.
- c. Store medication vial in a refrigerator for up to 28 days after initial use.
- d. Onset of erection should be within 5-20 minutes and last 1 to 2 hours.

NOTE: An erection lasting longer than 4 hours (priapism) requires immediate medical attention to avoid damage.