

# NAD+ INFORMATION SHEET

## SOLUTION FOR INJECTION

### [VITALITY PROTOCOL]

#### What is this medication used for?

NAD+ (Nicotinamide Adenine Dinucleotide) therapy has been prescribed for patients with cellular energy depletion, neurodegenerative concerns, metabolic dysfunction, and for general wellness support. It has also been used to support cognitive function, athletic performance, and recovery protocols.

#### What side effects may I notice from receiving this medication?

Patients can experience local irritation at the injection site, flushing or warmth sensation, nausea or headache.

#### How should I use this medication?

This medication is injected under the skin. Subcutaneous injections of 25mg to 100mg injected three to seven days a week based on prescriber direction and patient need.

#### Where should I keep my medication?

##### Prior to first use:

Store NAD+ under freezing temperature [-25° - 10° C (-13° to 14° F)].

##### After first use:

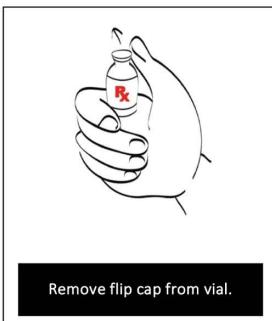
Store NAD+ under refrigeration [-2° - 8° C (36° to 46° F)].

The medication should be discarded after its beyond use date or 28 days after first use (whichever comes first).

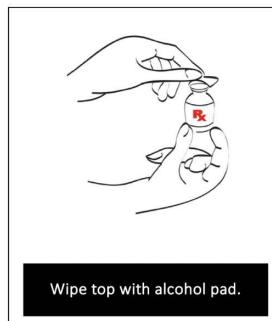
#### What Are The Steps to Draw Up And Administer Subcutaneous Injections



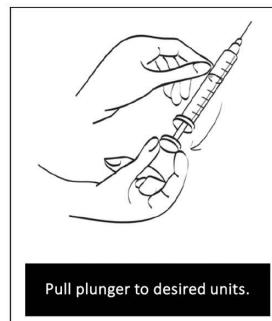
Gather your supplies.



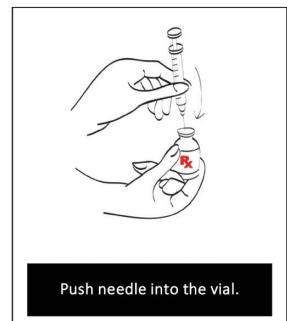
Remove flip cap from vial.



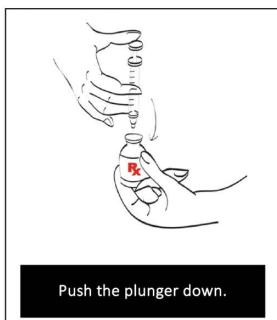
Wipe top with alcohol pad.



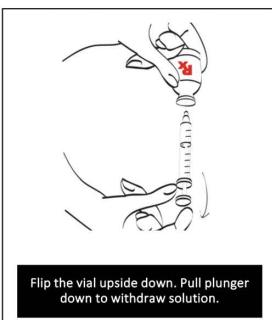
Pull plunger to desired units.



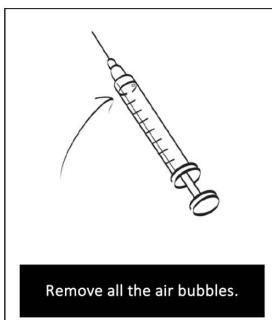
Push needle into the vial.



Push the plunger down.



Flip the vial upside down. Pull plunger down to withdraw solution.



Remove all the air bubbles.



Wipe injection site with alcohol pad.



Inject medication into the injection site.

† Compounded medications are generally not reviewed by the U.S. Food and Drug Administration (FDA) but are prepared by a pharmacist following a physician's prescription to meet an individual patient's specific needs. Efficacy, safety, and the appropriateness of compounded medications are not evaluated by the FDA.

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