

## Joy of Togetherness

## www.clubindia.nl

## **ART and EDUCATION**

When discussing art and education, we often view them as separate subjects. However, both are equally important and play a significant role in becoming a wellrounded individual. While people might favour one over the other, both art and education are crucial in the journey of self-discovery, decision-making, and achieving goals.

In today's fast-paced and commercialised world, we have learned to categorise art and education separately. However, the recent shift to include the 'A' in STEM, transforming it into STEAM, signifies the importance of integrating art into education. For instance, schools require children to engage in activities like gymnastics, swimming, art, and math. These activities are designed to build both physical and mental fitness. While sports enhance physical fitness, art promotes mental wellbeing. This dual focus helps children develop a well-rounded skill set, preparing them for diverse challenges in life. When children receive the right exposure, they begin to refine their skills, make decisions, and find their own balance, contributing to their overall development. Therefore, it is very important for parents, teachers, and adults to remain open to all subjects, including Art, and stay informed about the education system as a whole.

In a nutshell, integrating art and education is essential for nurturing well-rounded individuals capable of critical thinking, creativity, and innovation. By embracing both disciplines, we prepare students not only for academic success but also for personal and professional fulfilment. The movement towards STEAM education underscores the importance of this integration, highlighting how art can enrich traditional educational paradigms and contribute to the development of a balanced, innovative, and empathetic society.

I would like to sight a quote by Ken Robinson:

## "Creativity now is as important in education as literacy"

Written by

Radhika Vibhakar

Club India can be reached out <a href="mailto:clubindia.netherlands@gmail.com">clubindia.netherlands@gmail.com</a>

Club India WhatsApp Group - <u>https://chat.whatsapp.com/GHrW9SqdSL9EITiPBGbHkV</u>

N.B. Club India articles are individual experiences, opinions, and views, with an intent to share information and enrich the community.