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## MY GOOD FIT LINKED DOUBLE CROCHET SOCKS

MLA, 3/1/2022

TOE-UP with AFTER THOUGHT HEEL

### YARN

Jubilee Yarn -Think Bamboo- 45% bamboo rayon, 40% wool, 15% nylon

**super fine weight #1 sock yarn**

50 gram/1.75 oz balls/224 yards/205 meters :

**2 ½ balls/150 GRAMS per pair for short**

crew length for women's shoe size 7

### HOOK

US steel hook 4/2mm

### GAUGE

6 LDC = 1 inch

### USA TERMS

ch – chain

sc – single crochet

ldc - linked double crochet

dc – double crochet

hdc – half double crochet

cb – center back

bp – back post

fp – front post

st – stitch

fnd – foundation chain

" - inch

ss – slip stitch



## CONSTRUCTION **ALTERNATIVE IS RED**

### 1. BEGIN AT TOE

chain 12 + 1

11 sc across 12 chains, 3 sc in 12<sup>th</sup> chain, 11 sc across other side of chain, 3 sc in beginning st.

Mark each end sc ( the center of 3 sc group)

\*Work next round even without inc; next round 3sc in each end st\* Repeat

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When piece measures **3 inches (or 1 ½")** from beginning chain and 3 ½ inches wide when folded in half ( or width of toes), 50 total sc. Chain 1.

## 2. FOOT OF SOCK

Work 1 round even on 50 HDC.

Begin LDC on next round. This is the main pattern for rest of sock.

MARK each end of sock, 25<sup>th</sup> LDC.

Width of sock should measure 4 inches.

3. When there are **10 LDC rounds ( or 19 rounds)** and sock measures 6 ½ inches from beginning of toe

**BEGIN AROUND ANKLE and HEEL OPENING** (after thought heel technique)

## TRY ON SOCK !

\*If ankle measures 10 inches around, increase stitches so sock

circumference is **(57 LDC/ 9 inches)** [LDC DOES NOT STRETCH, use a different stitch or larger hook for more stretch at ankle]

MARK CENTER FRONT AND EACH SIDE ( ST 25).

**ROUND 11 : Increase** 2LDC together in each side st and in the center st.(st 13)

**DC FOUNDATION CH 25**, skip 25 LDC of sock body, join with ss to beginning LDC at side of sock. There are now **53 total stitches**. DC in same st as joining.

**ROUND 12 : BEGIN LDC** in the DC just worked, continue LDC with **inc in center** and side stitches; **54 LDC**.

**ROUND 13 :Work 1 more increase** round; total **57 LDC**;

**ROUND 14 : Work LDC even ,57 LDC**.

**ROUNDS 15:** Work LDC even to center back, **inc BACK center st**, work LDC even, **58 sts**

**ROUND 16: REPEAT ROUND 15: Inc BACK c st to 59 sts**

**ROUNDS 17- 21 :** work even on **59 LDC**

## \*ROUND 21

## INC 1 ST IN CB

This is where 1 of a 50 gram ball of yarn ends.( sometimes)

Sock measures about 11 inches from toe to top.

Circumference is 12 inches.

4. ATTACH YARN and work desired edging around top

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**Ribbing #1:** alternate FP hdc and BP hdc; (2fp hdc, 2 bp hdc) for 7 rounds/1 ¼" ribbed band

**Ribbing #2[ STRETCHIER THAN RIBBING #1]:**  
chain a number of stitches for the desired height of cuff  
work BP sts along ch, ch 1 , turn, work back along sts with opposite post sts, ss into top of LDC of sock ( twice for HDC and DC)  
Continue in this manner until beginning of cuff is reached, seam together.

## 5.HEEL

ATTACH YARN to side of heel opening, right side facing. **Mark corner sts.**  
HDC,all around, work 2 sts in each corner dc.

**OR: ( 2 rounds sc with 2 sc in each marked end)(69 sc), inc 1 sc in cb for 60 total sc.**

Work sc in the round, dec. 1 st at each marked side st. every round.  
Work sc rounds until only (10-5 )sts remain. Turn inside out and SC closed.

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## MY GOOD FIT LDC & V-STITCH ANKLE SOCKS

*MLA DESIGN 5/4/2022*  
requires 100 grams of sock yarn



### TOE

Begin at toe with 12 sc fnd ch, 3sc in end st, mark center of 3 sc, sc along 12 sts, 3 sc in end st, mark center of 3 end sts, sc along next 12 sts.

Round 2: work even

Round 3: 3 sc in each marked end st;

Rounds 4- : Repeat rounds 2 & 3 until 52 total sc all around

Work even on 52 sc for 4 rounds, 2 " Long and 3" wide; mark sides

### FOOT

Row 1 sole : Chain 3 and LDC across 26 sc, this will be the bottom sole of sock

Row1 top: \*Chain 1, skip 1 sc, and V-stitch in next sc, ch 1, skip 1 sc, V-st in next sc\*

Repeat this pattern for 6 "and 13 rounds : 13 V-sts across the top of sock; ch 3 and LDC across 26 LDC, ch 1 and V-st across 13 v-sts

On round 13 : inc LDC at each end , work Long V-st across 13 v-sts ( dc, pull thru 2 loops, dc, yo, pull thru 2 loops, yo,pull thru 2 loops, yo pull thru 2 loops), \* ch 1, sk 1, L V-st \*

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Total sts: 13 L V-sts and 28 LDC ( v-st pattern is stretchier than LDC)

## ANKLE

**use a larger hook for looser fit**

- at end of top row and beginning of sole row:  
sc fnd ch 28 ( or 26) and join to 28<sup>th</sup> ( or 26<sup>th</sup>) LDC w ss, ch 1, \* sk 1 st, V-st in next, ch 1, skip 1, V-st in next \*
- continue in V-st pattern all around for 8 rounds.

60 total sts/ 30 v-sts all around ( or 52 T sts ) Try on for comfort !

- Work 2 rounds of SC V-Sts
- Work 1 round of Ribbing: ending V-st round with ch1,  
\* BP sc around V-st, ch 1, FP sc around next V-st, ch 1, BP sc around next V-st,  
ch 1, FP sc around next V-st \*

Finish round with ss joining ,fasten off and sew in end.

## HEEL

Attach yarn near an end on heel opening, sc evenly all around, 60 total sc,  
4 rounds on 60 sc

Mark sides

Dec in sc before and sc after each marker, 2 sc dec on each side,  
until only 10 sc remain, heel measures 1 ½" to 2 "

Long

Turn inside out, pull yarn thru, sc on the inside to seam closed, cut off yarn, pull yarn thru and sew in end.

LDC V-ST WITH DC RIB CUFF



## ALTERNATIVE SOCK

- foundation chain 12
- 3 sc in end ch, mark 2<sup>nd</sup> sc
- 12 sc across ch, 3 sc in end ch, mark center of 3 sc
- continuing around, 12 sc along other side of foundation chain
- work 3 sc rounds with 3 sc in each end
- beginning with round 4: work even without inc of 3 in each end
- round 5: inc with 3 sc in each end
- REPEAT ROUNDS (4 & 5) 5 MORE TIMES, until total of 50 sc all around
- WORK EVEN ON 50 SC 5 MORE TIMES, until toe measures 3 inches wide.
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- **DIVIDE TOE IN HALF, 25 SC EACH SIDE**
- **FOR WIDER SOLE, divide 27 sc for sole and 23 sc for top of foot**



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- **CONTINUE IN BASIC PATTERN for 6 inches**
- **LDC sole & dc v-st top**
- **or LHD sole & HD-v st top**

**HEEL: SC FOUNDATION CHAIN 27 AND ATTACH TO 27TH LDC(LHDC)**

**CONTINUE IN V-STITCH PATTERN ALL AROUND FOR ANKLE UNTIL DESIRED LENGTH**

**FINISH SOCK WITH DESIRED EDGING; SCBP & SCFP RIBBING**

## **FINISH HEEL**

**ATTACH YARN to center of back of heel foundation chain**

**sc evenly all around, 50 sc**

**( if you have 60 sc, it's OK. DEC 2 st on each side of marked ends each round)**

**if you have 50 sc, dec once at every marked end.**

**Continue to work sc rounds, decreasing at each marked end, until 0 sts remain and heel measures about 2 inches deep from foundation chain.**

**Ss closed and cut yarn with about 6 inch tail.**

**Turn sock inside out and pull yarn through. Sew end of yarn tight and hide in weave.**