



Cancers that are relatively Easy to Detect Early



Cancer Type	Early Detection Method	Notes
Breast Cancer	Mammogram, Ultrasound	Recommend after age 40; earlier if family history present
Cervical Cancer	Pap smear, HPV test	Detectable even without symptoms; HPV vaccination highly effective
Colon Cancer	Colonoscopies, sigmoidoscopies, and stool-based tests	Polyps can be removed before turning cancerous
Lung Cancer	Low-dose CT (LDCT)	Increase early detection rate in smokers
Prostate Cancer	PSA (Prostate-Specific Antigen), and digital rectal exam (DRE),	Age 55-59; Family history
Skin Cancer	Visual Inspection, Skin Biopsy	Self-check possible with mirrors or photos

Key Points:

-Early detection can increase treatment success rates to over 90%

Starting age and screening interval may vary depending on family history, life style, and underlying conditions

