# SUNDAY **MENU**



<sup>\*</sup>All weights are approximate prior to cooking. Items on this menu may contain nuts or nut derivatives. All items are subject to availability. All items are inclusive of vat.

All dishes are offered subject to availability. Dish descriptions may not list every ingredient.

(V) Dishes are suitable for vegetarians, whilst we take care to preserve the integrity of our products, we must advise that these products are handled in a multi-product kitchen environment. Meat, poultry & fish dishes may contain bone/shell. If you suffer from an allergy please make us aware as our dishes may not list every ingredient. All dishes are prepared in a kitchen where products containing nuts, seeds & other allergens are prepared. This means we are not able to fully guarantee that our food will not contain traces of a specific allergen. BBQ denotes flavour & not cook method. Upon request our staff will be able to give you further information on specific products & cook methods so that you are able to make an informed decision as to whether a dish is likely to be suitable for you.

#### **MAINS**

**Redford's Rest Sunday Roast** 

Bedford's Best Sunday Roast	
All our meat is supplied by a local Butcher. Served with slow cooked Gravy, freshly Roasted Potatoes, I Homemade Yorkshire Pudding & Vegetables. (GF available).	arge
Choice of Beef, Lamb, Pork & ½ Chicken	£12.95
Skin on Salmon	£12.95
With Baby Potatoes & Vegetables.	
Mushroom, Cranberry & Brie Wellington	£12.95
With all the Roast Trimmings & Vegetable Gravy.	
Homemade Lasagne	£10.95
Your choice of Beef or Vegetable. Served with Garlic Bread	& Salad.
Fish & Chips	£11.95
Skin off Cod in our Ale Batter with Chips & Homemade Tal Choice of Garden Peas or Mushy Peas.	rtare Sauce.
Scampi & Chips	£10.95
Wholesale Scampi in Golden Breadcrumbs. Served with Ch Homemade Tartare Sauce. Choice of Garden Peas or Mush	nips &
Ham, Eggs & Chips (GF)	£9.95
Sliced Ham served with Fried Eggs & Chips.	
Hunter's Chicken (GF)	£13.95
Baked Chicken Supreme with crispy Bacon, BBQ Sauce & C Cheese. Served with Chips & Salad.	Grated
8oz Sirloin Steak Frites (GF)	£16.95
Served with Roasted Tomato & Mushroom, Chips & Salad. Choice of Peppercorn Sauce, Diane Sauce, Garlic Butter.	
Chefs Beef Bourguignon (GF)	£13.50
French Homemade Classic. Not to be missed. Served with	Mash Potato.
Pie of the Day See Spe	ecials Board
Served with Chips or Mash & a choice of Garden Peas or N	1ushy Peas.
Sausage & Mash (GF)	£11.95
Served with Garden Peas & Onion Gravy.	
Mac & Cheese	£8.95
Served with Garlic Bread & Salad.	

#### **SALADS**

Classic Caeser Salad .....£10.95

Tossed Salad with Caeser Dressing, Chicken, Croutons, Boiled Egg & Parmesan Cheese.

Prawn Avocado Salad (GF) £12.95

Tossed Salad with Balsamic Dressing. topped with a prawns Marie Rose Sauce & Avocado.

Bluebell Buddha Bowl (GF, Vegan). £10.95

Our Vegan buddha Bowl is served with Rice, Seasonal Vegetables, Beetroot Falafel & Vegan Mayo.

### **PUDDINGS**

A good selection of Homemade Puddings with most of them Gluten Free. Served with Ice Cream, Custard or Cream.

£5.95
£5.95
£5.95
£5.95
£5.95
£5.95
£5.95

## THE LITTLE ONES

12 Years & Under

Kids Beef, Lamb, Pork Roast £6.95
Chicken Bites, Chips, Beans £4.25
Fish Fingers, Chips, Peas£4.25
Kids Pizza, Garlic Bread £4.25
Chipolatas, Chips, Beans£4.25
Mac & Cheese, Garlic Bread £4.25

Add a KIDS Pudding for .... £1.95 Kids Brownie Bite & Vanilla Ice Cream. Selection of 2 Scoops of Ice Cream or Chocolate Mousse.

£1.00 each