



APPETIZERS

CHILI CON QUESO

A blend of premium cheeses served with jalapenos.

◆ Request no tortilla shell

GUACAMOLE FRESCA

6 Scoops of guacamole served cilantro, onions, and jalapenos.

SOUPS & SALADS

CHICKEN CABO SALAD

Diced chicken fajita, bacon, avocado, chopped boiled egg, cucumber, grated jack and cheddar cheese and diced tomatoes.

◆ Select Fajita Chicken only

CHICKEN FAJITA SALAD

Grilled chicken breast - diced - served on a bed of crisp lettuce, tomatoes, grated cheese, carrots, purple onion and guacamole.

◆ Select Fajita Chicken only

CHICKEN DIABLO SALAD

Bacon wrapped chicken stuffed with jalapeno and cheese. Served on top of lettuce, tomatoes, cheese, carrots, and croutons.

◆ Request no Butter, Croutons, Tortilla Strips

◆ Request Chicken cooked separately in skillet

SHRIMP & MANGO SALAD (SEASONAL)

Large shrimp & sweet mango tossed with avocado atop a crispy tortilla chip with mixed greens, pecans, black beans, red peppers tomatoes. All ingredients tossed in our signature margarita vinaigrette dressing.

◆ Request no Tostada Shell

◆ Request Shrimp Cooked Separately

POMPEII SALAD (SEASONAL)

Iguana Joe's twist on classic chicken salad - all white meat - tossed with fresh veggies & our secret spices; on crispy lettuce greens with sweet mandarin oranges, diced avocados, grapes, strawberries, tomatoes & housemade maple pecans.

◆ Request no Tortilla shell

Gluten free dressing

RANCH

FAT FREE RANCH

1000 ISLAND

MARGARITA VINAIGRETTE

HONEY MUSTARD

AMAZON

BLUE CHEESE

FRENCH

BALSAMIC VINAIGRETTE

ENTREES

SIZZLING FAJITAS

Grilled chicken breast served with borracho beans, guacamole, pico de gallo and grated cheese.

◆ Select Fajita Chicken only

◆ Request no Mexican Rice

◆ Request no tortillas

CHICKEN DIABLOS

Bacon wrapped grilled chicken stuffed with jalapeno and cheese. Served with pico de gallo, and borracho beans.

◆ Request no Butter

◆ Request no Mexican Rice

◆ Request Chicken cooked separately in skillet

CANCUN CHICKEN

A chargilled chicken breast topped with pico de gallo and ghili con queso. Served with sliced avocado

◆ Request no tortillas

◆ Request no Mexican Rice

CHICKEN FAJITA TACOS

3 Fajita chicken tacos, served with lettuce, tomatoes, and cheese

◆ Select Corn Tortillas

POLLO A LA PARRILLA

A chargilled chicken breast topped with grilled onions, bell peppers, and melted cheese. Served with a side of guacamole and sour cream.

◆ Request no tortillas

◆ Request no Mexican Rice

FISH TACOS

3 Housemade tortillas stuffed with grilled tilapia filets with sliced avocado, cabbage slaw, margarita vinaigrette, baha sauce & queso.

◆ Select Corn Tortillas

◆ Request no Butter

◆ Request Chicken cooked separately in skillet

SHRIMP BROCHETTE

6 Jumbo bacon wrapped grilled shrimp stuffed with jalapeno and cheese. Served with pico de gallo, and borracho beans.

◆ Request no Butter

◆ Request no Mexican Rice

◆ Request Chicken cooked separately in skillet

GLUTEN GUIDE



GLUTEN FREE

TABLE CORN CHIPS

RED SAUCE

GREEN SAUCE

CHILI CON QUESO

FAJITA CHICKEN

SHREDDED SALSA CHICKEN

CORN TORTILLAS

SOFT-SERVE ICE CREAM

RANCHERO SAUCE

AMAZON SAUCE

BAJA SAUCE



NOT GLUTEN FREE

FAJITA BEEF

MEXICAN RICE

CHILI GRAVY

FRENCH FRIES

SOUR CREAM SAUCE

WHITE WINE SAUCE

FLOUR TORTILLAS

BUTTER

TORTILLA SOUP

DISCLAIMER

Iguana Joe's cannot guarantee no cross contamination. This special menu is offered only as a "guideline" of suggested appropriate menu items for people who need a wheat-free, gluten-free restricted diet. Not all locations have the same ingredients and methods of preparation, nor have all cook and wait staff been necessarily properly trained. Always consult with the Manager before ordering. Menu items and ingredients may change at any time. Ask your usual detailed questions and disclose if you have other individual food sensitivities before you make a final selection. Iguana Joe's assume no responsibility or liability for any errors in labeling or changes in ingredients or prepared products used in recipes and menu items that are direct or indirect result of the actions and activities of the suppliers, distributors and purveyors of said ingredients and products.