Building and Sustaining a Women's Health Center: From the Ground Up

CHAIRS: Judy Regensteiner, PhD





Hadine Joffe, MD, MSc



Mary Horrigan Connors Center for Women's Health and Gender Biology



PANELISTS: Stephanie Faubion, MD, MBA



Stacey E. Rosen, MD





Agenda

10:15am – Welcome, Introductions

10:20am – 10:40am – Center overviews, key characteristics

10:20-10:25am – Judy Regensteiner

10:25-10:30am – Hadine Joffe

10:30-10:35am — Stephanie Faubion

10:35 - 10:40am - Stacey Rosen

10:40am-11:15am – Discussion, dialogue, questions

Ludeman Family Center for Women's Health Research

- HISTORY/YEAR ESTABLISHED: 2004
- **MISSION STATEMENT**: The three-part mission of the Ludeman Family Center for Women's Health Research is:
 - To carry out groundbreaking research across the lifespan in cardiovascular disease, diabetes and mental health in women (as well as to research sex differences in these areas).
 - To mentor and train the next generation of women's health researchers in order to provide leaders in the field of women's health research/sex differences research.
 - To advance knowledge through educating the community and health care providers about the findings of the research into women's health and sex differences.
- **FUNDED** by Philanthropy from donors and community, SOM, Grants (BIRCWH, SCORE, WRHR), 4 endowed chairs
- AREAS OF SCIENTIFIC FOCUS: Cardiovascular disease, Diabetes, Mental Health as it impacts Physical Health



The Mary Horrigan Connors Center for Women's Health and Gender Biology

- HISTORY/YEAR ESTABLISHED: 2003
- MISSION STATEMENT: to improve the health of women through research, education, policy/advocacy
- FUNDED by initial endowment, strong philanthropic base (Advisory Board), Institutional funds, External grants (NIH U54 SCORE, federal, industry, foundations)
- AREAS OF SCIENTIFIC FOCUS:
 - 2 broad thematic areas:
 - First.In.Women Precision Medicine
 - Stress and Women's Health
- 2 broad approaches:
 - Early-career—education and training
 - Translational focus—internal/academic and external/bioscience ecosystem









Mayo Clinic Center for Women's Health

- HISTORY/YEAR ESTABLISHED: 2018
- MISSION STATEMENT: Optimizing women's health and well-being throughout their lifespans by integrating sex and gender concepts into clinical care, research and education.
- **FUNDED:** by benefactors/philanthropy (naming opportunity still available); endowed directorship
- AREAS OF SCIENTIFIC FOCUS: cardiovascular disease, brain health, menopause



Katz Institute for Women's Health

• **HISTORY/YEAR ESTABLISHED:** 2007

MISSION STATEMENT:

The Katz Institute for Women's Health is dedicated to improving the health of women across their lifespan, bridging the gap between wellness and personalized care delivery.

We are advancing women's health every day by providing expert, coordinated clinical care, educating our community on prevention and well-being and supporting sex- and gender-specific research.

- **Funded:** Primary endowment by Iris and Saul Katz, additional philanthropic support (including Katz Advisory Council) and Northwell Health institutional funds
- AREAS OF SCIENTIFIC FOCUS: Behavioral Health, Cardiovascular Disease, Women's Cancers, Health System Science, Medical School Education



| | Research | Mentoring & Career Development | | Education | | Fundraising | Policy & Advocacy |
|--|---|---|--|--|----------------------------|------------------------------------|--|
| Institutions | Conducting sex and gender informed research | Pilot awards for early career scientists and clinician innovators | Professional development for faculty | Educating researchers, clinicians, and students | Community/lay education | Donor engagement and support | Inform and advance local, state, national WH research policies |
| Ludeman Family Center for Women's Health Research at University of Colorado | √ | | \checkmark | | √ | √ | |
| Mary Horrigan Connors Center for Women's Health and Gender Biology | | | | | √ | √ | |
| Mayo Clinic Center for Women's Health | | | | | | | |
| Katz Institute for Women's Health at Northwell Health | ✓ | √ | √ | √ | √ | √ | |

- Research
 education for
 scientists &
 clinicians
- Early career development & mentoring
- Pilot funding
- Fundraising & donor support

