

# PRO-STUDY ONLINE User Guide



Version 7





Pro-Study is your one-stop solution for effective and efficient academic research management, allowing you to effortlessly collect, organise and reference information from various sources in a centralised, colour-coded database.

Quickly capture information from Web pages, Textbooks, Files, Journals or Articles and effortlessly manage, organise and work on multiple projects within your Pro-Study database.

This user guide will help you navigate Pro-Study's functionalities. From saving research into Research Tiles from documents or websites, to categorising those tiles within various projects, and ultimately, exporting them into a fully formatted Word document with a complete reference list.



YouTube: Pro-Study Overview Video

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# Chapter 1 Getting Started

This chapter will guide you through your first steps of using Pro-Study from registration to downloading the browser extension, helping you to make the most of Pro-Study's powerful tools.

You'll also learn how to create projects and add categories - the foundation of your research organisation.



### **Registration & downloading the Pro-Study Extension**

If you haven't already done so, please register an account here.

Login to Pro-Study Online



Once you have successfully logged into Pro-Study your current projects will open.

To make full use of Pro-Study we recommend downloading the Pro-Study Extension.



Download from the Google Chrome web store

N.B. Chrome extensions can also be downloaded and used in Microsoft Edge







# **Creating a New Project**

Creating projects and categories within Pro-Study gives your work structure and can help you stay organised.







# Chapter 2 Capturing Information

The ability to capture and organise information effectively is the foundation of any successful research process.

In this chapter we'll look at how you can use Pro-Study to gather both text and images from various sources such as web pages and uploaded files.

By the end of this chapter, you'll be able to effortlessly capture, upload, annotate and categorise information, helping you turn vast amounts of data into structured, manageable chunks of knowledge.



# **Capturing Information**



### **Research Tiles**

Your captured content will automatically be saved as a 'Research Tile' into your database and will include:

- Hyperlink back to the source
- Author (when the website includes an author)
- Article title
- Capture Date
- Content type Icon

Research Tiles

Tip:

See <u>Chapter 4</u>

to find out more about Research Tiles

### **Capture Counter:** Each topic in a project will have a number next to it telling you how many Research Tiles you have collected

### Capturing from Web Pages

Please ensure you have installed and pinned the Pro-Study Extension first.





### **Uploading Files**

Upload Files to store them within the Pro-Study Cloud. Here you can also open PDF, Word, PowerPoint and Excel files and capture key information from them. Captured information will be turned into Research Tiles, the same way capturing from a website works.







# **Uploading Files**



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### **Opening and Capturing Information from Uploaded Files**





### Annotating Images and PDFs

Use the Annotation Tools to mark up documents and highlight key information. These can also be utilised when using the Image/OCR Capture tool in the browser extension.





### Annotation Tools available:

Text highlighting Text Formatting (underline, strikethrough) Add shapes including arrows (3) Ð Add text Add Images using Custom Stamps দ ~ Draw Ink - Free draw Dynamic > **Colour Selection** Sign Here > 4 Standard Business > Add comments Custom Stamp







# Chapter 3 Pro-Study Browser Extension

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Academic Reference Capture	YouTube Capture	Image/OCR Capture				
Reading List	Research Assistant	Webcam Capture				
Visible Projects	Upload File	A Open Dyslexic				
Project:						
Counselling ~						
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Logged in as proatuser		← Logout				

The Pro-Study browser extension includes a number of features that will help you easily collect research to add to your projects and categories.

The extension is available for Google Chrome and Microsoft Edge through the Chrome extension store.





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o-Studv

# **Academic Reference Capture**

Use the Academic Reference Capture to add reference information using a DOI or ISBN number.

D Open the Pro-Study Extension, choose a project and category in the drop-down menu and click *Academic Reference Capture*.

References

Add the ISBN of the book or select DOI and add the DOI number from the journal article you'd like to add. Enter ISBN/DOI (i) number:

This will show up in the References Tab for that Project.





Use the YouTube Capture button to save whole videos as Research Tiles.



These can be watched directly within Pro-Study.

1

3

When viewing a YouTube video, open the Pro-Study Extension, choose a project and category in the drop-down menu and click *YouTube Capture*.

The video will be saved as its own Research
 Tile with your specified Project and can
 watch the video directly in the Tile.





1

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Pro-Study

### Image/OCR Capture

Obedience to Authority - Google Books

4

This feature can be used to capture images and any text. This is particularly useful if text cannot be highlighted e.g. Google Books.

Use the editing tools to crop the screenshot to capture the specific

Open the Pro-Study Extension, choose a project and category in the drop-down menu and. Click Image/OCR Capture button

(2)text you want.





#### Tip: You can also use the editing tools to annotate images with text or drawings, as well as changing the background colour to suit your preference.

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WebPage

3 bibliographical information	Unknown who hear and read them: Obey authority at all costs! The consequences of disobedience to authority are formidable and damnable. Once created, these myths and parables get passed along by subsequent authorities, now parents, teachers, bosses, politicians, and dictators, among others, who
Tin	want their word to be followed without dissent or challenge. Project Demo Project - Psychology Theories
OCR stands for Optical Character Recognition and is	Category Acch Experiments
the process of making inaccessible text (such as	OCR

Add any missing

within an image) into accessible text.

Click the OCR button to turn an image of the text into editable text.







# **Research Assistant**

Use the Research Assistant to automatically find the key information within a webpage or file and create Research Tiles for you.

### **Full Webpages or Files**



Use the following steps if you'd like the Research Assistant to find the key information on a whole web page or document.

Open the Webpage or File you want to research, and ensure that no text or images are selected on the webpage or file so that the Research Assistant can function correctly.

2 Open the Pro-Study Extension and choose the Project and Category where you want the information saved.

3 Click the 'Research Assistant' Tool and wait for the Research Assistant to analyse the content.



Select the Research Tiles you want to keep and click *Save Tiles*.



**Tip:** The Research Assistant eliminates clutter on web pages or journals such as adverts, helping you quickly locate the key information.



6



# **Research Assistant - Specific Text**

### **Analysing Specific Text**



Highlight all the content you want the Research Assistant to analyse

viour/asch-conformity-experiments/		G 🖞 🛧 🌀
	StudySmarter AI will be	
Find Study Materials 🗸 Create Study Materials 🗸		Academic Reference Capture
Asch's conformity experiment		Reading List Research Assistant Capture

To study the effects of group pressure in a laboratory environment Asch (1951, 1956) investigated whether participants' judgements on a simple visual perception task will be affected by group pressure. The sample consisted of 123 male, American students.

Deception was used to elicit conformity. Participants took part in a task in a group and didn't know they were the only subject of the experiment. Participants thought they were a member of a larger panel making the judgements. They met the other group members who were taking part in the task, not knowing they were confederates.

#### Definition

Confederates are actors that pretend to be participants in an experiment.

After the stimuli were presented to the group in some trials, all other group members unanimously gave a wrong answer to the task. Participants had to decide whether to provide the right answer and stand out from other group members or whether to conform to the group that is making a mistake and avoid the anxiety of being the



Open the Pro-Study Extension and choose the Project and (2)Category where you want the information saved.

(3) Click the 'Research Assistant' Tool

Three new Research Tiles containing the most important information from the content 4 will appear in your chosen project and category





### **Other Extension Features**



### Webcam Capture

Choose a project and category and then click the Capture tool in the Pro-Study Extension. This will open your webcam so you take a picture.



### **Reading List**

Choose a project and category and then click the Reading List button in the Pro-Study Extension. This will save the whole page for later use.



### Visible Projects

You may have multiple projects in your Pro-Study database. To help capture information and save it to the correct project and category you may want to reduce the number of visible projects in the capture menu.



Projects	
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NNA Experime Assignment	
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⊖ Gogethee	
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A Open Dyslexic

### **Open Dyslexic**

Select the 'Open Dyslexic' Tool to change web page font styles to Open Dyslexic. This font can reduce reading errors for people with dyslexia, allowing them to distinguish individual letters. What was the Stanley Milgram experiment? The Stanley Milgram experiment is one of the most famous and controversial studies in the history of psychology. The study was conducted in the early 1960s, and it examined people's willingness to <u>obey an authority figure</u>, even when that obedience caused harm to others. In this article, well take a closer look at the Milgram experiment, its significance, and its impact on psychology.

### **Upload File**



Downloaded a useful File? Upload this directly in the Pro-Study Browser Extension.





# Chapter 4 **Research Tiles**



Research Tiles are the backbone of your Pro-Study Projects.

Research Tiles contain captured content as well as useful information, making your research readily accessible for later use.



# **Research Tiles**

### **Multi-Select**

Select multiple

Tiles to move,

copy, or delete

simultaneously.

Title & Capture Date

This will show the title of the research captured, along with the capture date

### Pin

Click the pin on a tile to move the tile to the top of your Research Tiles

#### Asch Conformity Experiment | Simply Psychology

#### 09/06/2022 09:39:09

The real participant did not know this and was led to believe that the other seven confederates/stooges were also real participants like themselves. Each person in the room had to state aloud which comparison line (A, B or C) was most like the target line. The answer was always obvious.? The real participant sat at the end of the row and gave his or her answer last.

Info

# Content lcon

This icon indicates where the Content Type e.g. Journal Article, Book, Web page etc.

### Tile Menu

See next page

### **Tile Info**

See next page

### Emojis

Click to add emojis. These can then be used to quickly filter your research

### Comment

Click the comment icon to add a comment to a tile. Comments can also be included in your export. Comments will also show when you've used the Research Assistant

### Hyperlink

Click the hyperlink icon to go back to the exact section of the source







### Word Definition

Pro-Study can be used to get an instant definition of a word within your captured research.



![](_page_21_Figure_4.jpeg)

### Within the Tile Menu you can:

- Copy the reference and paste it elsewhere, e.g. MS Word
- Copy As Text to copy all the content and data elsewhere e.g. MS Word
- Copy the tile to another project or category
- Move the tile completely into a different project or category
- Delete the tile

![](_page_21_Picture_11.jpeg)

![](_page_22_Picture_0.jpeg)

# Chapter 5 Organising Your Research Tiles

In this chapter we explore the flexible and dynamic ways you can organise and manage your Research Tiles.

Adding Tags and using filters to view your Research Tiles in different ways creates a space that adapts to your research process

![](_page_22_Picture_4.jpeg)

# **Organising your Research Tiles**

Pro-Study helps you to stay organised by further options to categorise and label your Research Tiles.

![](_page_23_Figure_3.jpeg)

Page 24

#### 5. ORGANISING YOUR RESEARCH TILES

![](_page_24_Picture_1.jpeg)

### Changing the View

Depending on the context of your project, you may want to view your Research Tiles in different ways.

These can be accessed under the 'View' menu

![](_page_24_Picture_5.jpeg)

![](_page_24_Figure_6.jpeg)

# Inter Outpan= Content Category Content Patish-Date Data Patish-Date Content Patish-Date Content Patish-Date Content Patish-Date Content Emoji The Acth Conformity Experiment The net participant did not know this ... Info Title Content The Acth Conformity Experiment The net participant did not know this ... Info Title Content Emoji Title Category Content Emoji Title Content The net participant did not know this ... Patish-Date Category The Acth Conformity Experiment The net participant did not know this ... Patish Category Content Emoji Title Title Category The Acth Conformity Experiment Methodology of Acth Experiments Ac... Patish-Date Category The Acth Conformity to Social Roles as L Zinbardo (1972) conducted an extreme... Patish-Date Category The Acth Conformity Experiment What to Contenentry Da yout theki dry on... Patish-Dat

Variations: True Partner

Zimbardo

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Minimise 👄

imise 😑

### Tiled

'Tiled' is the default view of your Research. Information is displayed on each tile including the Content and links.

### Detailed

Detailed view creates a table of your research. Columns can be added using the tick boxes at the top of the page to show additional information for each tile such as date, author etc.

By clicking **'Expand View'** you will be able to view all of the content for each Tile.

### Compact

Viewing your Research Tiles in compact view hides your captured information and instead only displays the Source information and Tile Menu.

![](_page_24_Picture_15.jpeg)

\* 🗢 🖬 🎰 🗤 🖿

★ ● 🖬 🕬 ....

### **Editing Projects and Categories**

As you go along you can edit your existing projects and categories. This can be particularly useful for when you come across a new topic during your research journey.

![](_page_25_Picture_3.jpeg)

Click the edit button to edit a specific category, or the + icon to add a new category

### **Research Capture Counter**

![](_page_25_Figure_6.jpeg)

![](_page_25_Picture_7.jpeg)

### **Order By**

![](_page_26_Figure_2.jpeg)

Order Tiles within each category by their Title, Date/Time uploaded or the type of content

### **Multi-Select Tiles**

![](_page_26_Figure_5.jpeg)

![](_page_26_Picture_6.jpeg)

![](_page_27_Picture_0.jpeg)

# Chapter 6 Project Notepad

![](_page_27_Figure_2.jpeg)

As you navigate through your research journey, there may be bursts of inspiration, key insights, or important reminders that you would like to jot down quickly.

The Project Notepad is a handy, digital companion that sits at the side of your Research Tiles, ready to capture your thoughts and ideas on the fly.

![](_page_27_Figure_5.jpeg)

# **Project Notepad**

![](_page_28_Figure_2.jpeg)

![](_page_28_Picture_3.jpeg)

![](_page_29_Figure_1.jpeg)

![](_page_30_Picture_0.jpeg)

# Chapter 7 **Referencing**

![](_page_30_Picture_2.jpeg)

![](_page_30_Picture_3.jpeg)

With Pro-Study you can create a fully formatted Reference List to accompany your projects. You have access to over 9500 referencing styles, allowing you to make sure your referencing is exactly how it should be formatted.

![](_page_30_Picture_5.jpeg)

### **References Tab**

![](_page_31_Figure_2.jpeg)

![](_page_31_Picture_3.jpeg)

## **Export References**

![](_page_32_Figure_2.jpeg)

A Z

# **ISBN/DOI Look Up Tool**

Tile Info Win	Use the Academic Reference Ca reference information using a DOI o This can be accessed through t Extension or through the Info Windo	pture to add or ISBN number. he Browser ow on each Tile.
O Click the Add ISBN/DOI button	Boundaries in the practice of humanistic counselling  Article Title*  Boundaries in the practice of humanistic counselling  Author*  Ian R. Owen  Tag  Tag Tag name	~
Add ISBN/DOI >	Content Content The concept of boundaries is first discussed in relation to its usages and practical consequences. An analysis of some core principles and assumptions about boundaries that guide the communicative psychotherapy approach of Robert Langs leads into a comparison with person-centred counselling. Category Humanistic Ver Of Publication *	
2 Select either ISBN or DOI,	DOI     163-174       https://doi.org/10.1080/03069889708253799     ✓       Journal Name *     Øven, I.R. (1997) 'Boundaries in the practice of humanis Guidance & amp; Counselling, 25(2), pp. 163-174.       https://doi.org/10.1080/03069889708253799     ✓	tic counsetting", British Journal of * Required Close Save
enter the number and click <i>Add</i>	This will add all of the referencing details book or journal article to the text boxes. An information will be highlighted in re	for that by missing d.
What is an ISI DOI number These are unique ide numbers given to boo articles. Each book I	Author(s) Organisation Author(s) Organisation When referencing organisat authors, (e.g. NHS, The Guardian Organisation toggle to ensure a	http:// ions rather than h, BBC News), use the accurate referencing.
numbers and will offe 978, whilst DOI numb 10. or http://doi.	with ers start with org/10. Web Extensio	n
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	2 This will create a Research Tile for that Journal Article or Book	ISBN/DOI (i) er: Save

![](_page_33_Picture_4.jpeg)

#### **7. REFERENCING**

### Referencing using the Project Assist App

![](_page_34_Picture_2.jpeg)

The dedicated Project Assist App is a great tool for capturing text from physical books and documents. By simply scanning a book barcode, you will gain access to over 27 million book references.

![](_page_34_Picture_4.jpeg)

For more guidance on how to use the Project Assist App, see our the app User Guide

![](_page_34_Picture_6.jpeg)

![](_page_34_Picture_7.jpeg)

![](_page_34_Picture_8.jpeg)

![](_page_35_Picture_0.jpeg)

# Chapter 8 **Toolbar Features**

<b>B</b>	-	Q		2	0	•>>	22	•	?	Ð
Research	Files	Search	Reading List	Export	Accessibility	References	Share	Dashboard	Help	Log out

The Toolbar houses Pro-Study's essential features, giving you quick and direct access to a range of functionalities including:

- Search
- Reading List
- Export
- Share
- Accessibility

#### 7. TOOLBAR FEATURES

![](_page_36_Picture_1.jpeg)

# **Reading List**

Use the Reading List feature within the Pro-Study extension to save useful websites and uploaded files to return back to later.

![](_page_36_Picture_4.jpeg)

When on the web page, choose the project you'd like to save the webpage to and click *Reading List*.

 Captured bookmarks will be listed under the Reading List tab on the toolbar

Reading List

Elick the 'Bin' icon to delete am item from the list

Ð

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Pro-Studv

Reading List	
Psychology Theories	~
Reading List	
Milgram's Obedience Experiment - YouTube - www.youtube.com	
The Asch Conformity Experiments - www.veryweilmind.com	_
Conformity in the Asch Experiment.pdf - apl.pro-study.co.uk	
Milgram's Obedience Experiment - YouTube - www.youtube.com	
Asch Conformity Experiment - YouTube - www.youtube.com	
Milgram's Obedience Experiment - YouTube - www.youtube.com	
How Would People Behave in Milgram's Experiment To - behavioraliscientist.org	
Migram's Obedience Experiment - YouTube - www.youtube.com	

![](_page_36_Picture_10.jpeg)

Project:

Counselling

Logged in as:

Psychodynamic counselling

(3)

![](_page_37_Picture_1.jpeg)

# Share

Pro-Study allows you to easily share projects with other Pro-Study users, making it really useful for group work to keep everyone on the same page.

Export Psychology Theories	Export
Import Choose file No file chosen	Import
<b>To send a file to another user:</b> Choose the project you want to share in the drop-down menu. Click Export and then send them the file.	<b>To import a project sent</b> <b>to you</b> : Click import and choose the file to import a project.

### Dashboard

![](_page_37_Picture_6.jpeg)

![](_page_37_Picture_7.jpeg)

![](_page_37_Picture_8.jpeg)

Use the Dashboard feature to quickly access your Pro-Study Profile, where you can review your information and make any necessary edits or updates.

![](_page_37_Picture_10.jpeg)

# **Exporting Your Projects**

![](_page_38_Figure_2.jpeg)

Export

Once you have compiled your research into your project and categories, you can then export these into a fully formatted report, with all your referencing complete.

### (2)

Choose which projects and categories to Export (you can mix and match)

(3)

Select All E Climate Change Essay Psychology Theories Asch Experiments (11) Theories (6) Milgram (77) Cognitive (11) H O Milgram group presentation 🛨 🗆 Cimate Change Essay Leeds Beckett University - Harvard Docx Include Bookmarks Export References Only ences Include Comments Export to Pro-Study Export o Dropbox Export to OneDrive Experit to Google Driv Export to fi Select if you want to include the references (bibliography), comments or Bookmarks 6

You can also choose to just Export the References (Bibliography) only

(5)

Use the Drop Down to select the reference style. More than 9500 styles can be found in the References main menu

Choose the type of file you want to create. You can choose from Docx, PDF or CSV (Excel). Then click

Export to file

![](_page_38_Figure_12.jpeg)

## **Exported documents**

### **Example of an exported Document:**

Psychology Theories		Add Standards 15 April 4 April	<section-header><section-header></section-header></section-header>
Production Theorem Provide The	Andrew Basis	Perdalam Davida Part of Its	Productor Theorem Parcel of Th
Instrumentation of the second se	<section-header><section-header><text><text><text></text></text></text></section-header></section-header>	Another we are a set of the set o	Status into with with with with with with with with
Notice that the second	Rest Transformer in Appendix of a Sectory (Rest). Rest 2014 In Contrast Co	An any factor as in particular program. The second	
Particle Parts	Audula Tania Audula Audula	Periodice Chevine Ann 2017	Perinter Tanta Au Li al N

### The reference list will be on the final page

BetterHelp (2022) Five Key Theories In Psychology | BetterHelp [Internet]. Available from https://www.betterhelp.com/advice/psychologists/five-key-theories-in-psychology/#:~:text=3.%20The%20Humanistic,but%20not%20another. [Accessed 19th June 2023].

Hanson, J. (2023) Asch Paradigm: Definition - Statistics How To [Internet]. Available from https://www.statisticshowto.com/asch-paradigm. [Accessed 19th June 2023].

May, B. (2022) Asch Conformity Experiment | Simply Psychology [Internet]. Available from https://www.simplypsychology.org/asch-conformity.html. [Accessed 19th June 2023].

# comment bar

![](_page_39_Picture_10.jpeg)

up in the right hand

Comments will show

Saving to the Cloud

You can also save to the Pro-Study Cloud, Dropbox, OneDrive or Google drive Cloud platforms.

![](_page_39_Picture_16.jpeg)

#### Saving your references to Zotero

![](_page_39_Picture_18.jpeg)

In Pro-Study, click 'Export to Zotero'

Once in Zotero, go to File, Import..., Choose your file and all of your references will be saved to your library.

![](_page_39_Picture_21.jpeg)

# Accessibility

Pro-Study offers various accessibility features that can be customised to best suit your needs.

![](_page_40_Figure_4.jpeg)

![](_page_41_Picture_0.jpeg)

# Glossary

Project	Projects can be based on work you are working towards such as an essay or revision for an exam. Pro-Study allows you to work on multiple project at the same time.
Category	Categories can be used to break down your projects into topics, helping you to break complex ideas down into manageable chunks.
Research Tile	Research Tiles contain your captured research. This can be from an array of sources. Your research tiles can also be further organised and contain a hyperlink taking you directly back to the source with the captured text highlighted.
Research Assistant	The Research Assistant uses powerful AI to pick out key text and images from web pages and files, and allows you to save this captured research as Research Tiles.
Project Assist	Project Assist is Pro-Study's free dedicated mobile app that allows you to view your projects and capture research on the go. Book barcodes can also be scanned to collect the reference data.
Project Notepad	Project Notepad is your digital notepad allowing you to quickly jot down ideas for your work. You can further organise these using colour-coded bookmarks.
Reading List	Use the Reading List in the Web Browser to save useful webpages to return back to later.
Tags	Tags are an additional way to organise and label your research, helping you to further break down and dissect your categories.

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