

An Artist's Affirmation

Read and Speak your truth as many times a day as you can, especially when you wake up, before you start making art and before bedtime.

I am an artist.

I am creative.

I am open to exploring new ways of creating my art.

I make beautiful creations.

My art is valuable to the world.

I am good enough.

I am good enough right now.

I am good enough right where I am.

I enjoy the process of creating my art.

I love my art.

I am a powerful creator.

Everyone begins at the beginning.

I deserve kindness and positive thoughts.

It's okay for me to create art.

I can thrive as an artist.

It's okay to make money as an artist.

It's okay for me to sell my art.

I make art that people love.

I make art that people want to see.