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## November / December 2025



**PRESIDENT** – Arnold Doyschen

Fellow retirees,

As we reflect on this whirlwind of a year, it's hard not to feel a mix of nostalgia and anticipation. The holidays are just around the corner, bringing with them the joy of gatherings, festive decorations, and a chance to reconnect with loved ones.

We often find that our greatest fulfillment comes from serving others, whether through acts of kindness, volunteer work, or simply being present for someone in need. It's essential to assess not only our personal development but also how we contribute to the greater community around us. By investing time in fostering relationships and helping those less fortunate, we may find a new sense of purpose that enriches our own lives. Consider the impact you can have just by listening to a friend or supporting a local charity. Reflect on the moments throughout the year that brought you joy through connection, and think about how you can create more of those experiences.

Stay curious and open-minded, ready to learn from every experience that comes your way. Embrace resilience, knowing that setbacks are just stepping stones towards success. Share kindness and fostering connections that enrich both your life and the lives of others. Most importantly, cherish each moment and celebrate your accomplishments, no matter how small. Together, let's make this coming year one of fulfillment and joy for all.

STAY WELL \* STAY SAFE \*





## VICE PRESIDENT— Judy Janson

Hello to all my retiree friends,

Well here we are almost at the end of the year and starting to plan for the next. I have enjoyed 2025 and am looking forward to 2026. I'll try hard this year to get guest speakers but sometimes that is not that easy for a variety of reasons. If any of you have suggestions, please let me know and I will endeavor to sign them up.

I was very excited to see the number of bottles of dimes. We have already presented Ira Murphy with gift cards. With the final tally, we will present them with the remainder of the donations collected.

Coming up: Holiday event and lunch on December 7<sup>th</sup> ... I hope to see you there!

Now onto 2026. Our first member meeting will be held at Anzio's Italian Restaurant, 12418 N. 28<sup>th</sup> Drive on January 15<sup>th</sup> at 11:00 am.

Our second member meeting will be held at Chompies, 3212 E. Cactus Rd. on February 19<sup>th</sup> at 11:00 am. Hope you all can join us for the member meetings for pizza, spaghetti, and salad, and of course those delicious sandwiches and salads at Chompies. We are still keeping the cost low and you get a \$5 coupon for attending. What a deal!!!

Everyone have a safe, enjoyable, and

**Happy Holidays**





## SOCIAL CHAIRPERSON – Kathy Mance



We have reached the end of another year, and I want to thank everyone for attending the events. If you have ideas for 2026 events, please be sure to let me know. Please mark your calendars and participate in our upcoming events. I wish you all a happy and healthy holiday season and new year!

November 12<sup>th</sup> St Mary's Volunteer Day - There were seven member volunteers in attendance. Our group worked on filling boxes with bread. There were several other groups in attendance. All together the volunteers packed 875 senior boxes, 726 boxes of bread, and 1, 485 large family bags! That's 2,086 families served!!!

November 13<sup>th</sup> Thanksgiving Picnic – There were 51 people in attendance. Once again, Sharko's provided a great turkey dinner. We enjoyed a beautiful afternoon. We had a couple of baskets to raffle off, a 50/50 raffle, a game, and items for auction. Also, it was the end of the collection of dimes for Ira Murphy. In addition to some cash donations, we had 25 of bottles turned in, and the dimes totaled \$640. Our group is very generous. This will help ensure the students have a nice holiday season. Thank you!

### Upcoming Events (details are on the flyers)



- Sunday, December 7: Famous Dave's / Theater Works
- Monday, December 29: St Mary's in Surprise
- Wednesday, January 7: St Mary's in Phoenix
- Thursday, January 15: Anzio's Member Meeting
- Thursday, January 22: Game Day
- Thursday, February 19: Chompie's Member Meeting



The next Membership Meeting will Thursday, January 15<sup>th</sup> at 11:00am at Anzio's Italian Restaurant, 12418 N 28<sup>th</sup> Drive, Phoenix Arizona. Please make your payment by Monday, January 12<sup>th</sup>. See flyer for details.

To RSVP to events or to contact me, please use phone number 480-286-4949. If I do not answer, leave a voicemail.



**NOTE: ONE EVENT per CHECK.** All event checks/money orders should be made payable to "American Express (or AMEX) Retirees Association" not to me directly for banking purposes. Checks are cashed after the event to avoid issues if the event is cancelled.



## **SUNSHINE CHAIRPERSON**

Irene Provenzale

Sadly, we lost a member, Sandy Johnson, who passed away on October 17<sup>th</sup>. Sandy was a very active member attending many of our meetings and events. She will be missed. Four members attended her services on November 11. A card was sent from the Retirees Association. Cards were also sent to Carolyn Sargent and Leslie Shaw who have had recent health issues. Happy Thanksgiving to all!!.

Keep saving those pop tabs!

## **DONATION COORDINATOR**

Nan Pflumm

Congratulations to Tricia Kieran who won \$93 in the November Picnic 50/50 raffle!!!

To donate furniture to Hospice of the Valley please call 602-274-3683 to arrange for pickup.

Don't throw anything away!

## **SECRETARY**

Kathy Fernandez

Please contact me if you have questions about the meeting minutes.

## **AMEX Retirees Board Members**

**Arnold, Judy, Allen, Pauline, Kathy M, Irene, Marilyn, Kathy A, Nan, Rex, Kathy F, Mary**

This newsletter is a publication of the AMEX Retirees Association of Phoenix. Please direct correspondence to Managing Editor, Mary M Daly – email: [mmd4207@gmail.com](mailto:mmd4207@gmail.com) 4

## **MEMBERSHIP CHAIRPERSON –**

Marilyn Weyandt [amexra@amexra.org](mailto:amexra@amexra.org)

**208 members**

All memberships have been paid for 2026 so we hope to see all of you during the coming year.

## **WEBMASTER – Rex Provenzale**

**facebook**

is coming!

## **TREASURERS**

**Allen & Pauline Neely**

Please use your \$5 attendance coupons before their expiration dates for our great social activities. If you have any questions on our other coupons, please contact Pauline Neely at [paulineneely@yahoo.com](mailto:paulineneely@yahoo.com).





<b>BD</b>	<b>Member</b>	<b>BD</b>	<b>Member</b>
<b>2</b>	Kathy Fernandez	<b>14</b>	Darlene Babiarz
<b>2</b>	Jim Petrone	<b>14</b>	Pauline Neely
<b>3</b>	Jacque Sutton	<b>16</b>	Henry Babiarz
<b>6</b>	Kristen Crawford	<b>16</b>	Judy Duane
<b>6</b>	Tricia Kieran	<b>19</b>	Joyce Goodman
<b>7</b>	Ellen Festa	<b>21</b>	Gary Johnson
<b>11</b>	Lettie Bryan	<b>24</b>	Jocelyne Karis
<b>12</b>	Joyce Hammett	<b>27</b>	Michael Hilliker
<b>12</b>	Carolyn Juhas	<b>30</b>	Gary Tonkin
<b>13</b>	Thomas Fragala		



<b>BD</b>	<b>Member</b>	<b>BD</b>	<b>Member</b>
<b>1</b>	Roberta Miller	<b>16</b>	Diane Moreau
<b>4</b>	Kathy Mance	<b>17</b>	Jackie Wargo
<b>5</b>	Lucille Adams	<b>21</b>	Candace Rowland
<b>6</b>	Maureen O'Connell	<b>22</b>	Joseph Pergolizzi
<b>9</b>	Linda Benson	<b>23</b>	Betty Spencer
<b>11</b>	Lorraine Lockard	<b>25</b>	Carol Ricketts
<b>12</b>	Linda Flores	<b>27</b>	Barbara Troop
<b>13</b>	Scott Cole	<b>28</b>	Jan Flinchbaugh
<b>15</b>	Sally Niblock	<b>29</b>	Sue Peck
<b>16</b>	Joan Benjamin		

# Lunar Cycle



AMOUNT	HALF	REVOLUTION
ANNULAR ECLIPSE	HAPPEN	ROTATION
ASSIGNMENT	LIGHTED	SHADOW
BODY	LUNAR	SIDE
CELESTIAL	LUNAR ECLIPSE	SIZE
CHANGE	MOON	SMALL
COPY	NEW MOON	SOLAR
CRESCENT	NIGHT	SOLAR ECLIPSE
DARKER	NORMAL	SUN
DIRECTLY	PART	SUNLIGHT
EARTH	PASTE	SURFACE
ECLIPSE	PHASES	TIILT
FACING	PLANETS	TIME
FALL	QUARTER	TOTAL
FULL MOON	READING	WANING
GIBBOUS	RECEIVE	WAXING
GROW	REMAIN	