



***St Mary's Food Bank Volunteer Days
10 Retiree Members and Guests Needed!***

Surprise Location: 13050 W Elm St Surprise, 85378

Dates: Tues Aug 25th 2026 9:45 a.m. till 12:15
Wed Oct 21st 2026 9:45 a.m. till 12:15
Thur Dec 17th 2026 9:45 a.m. till 12:15

(We will all meet at 9:30 to start working at 9:45 a.m.)

Phoenix Location: 2804 N 29th Ave Phoenix 85009

Dates: Tues July 21st 2026 9:00 a.m. till 11:00
Wed Sept 23rd 2026 9:00 a.m. till 11:00
Thur Nov 12th 2026 9:00 a.m. till 11:00

(We will all meet at 8:45 to start working at 9:00)

*You will not be expected to do anything beyond your limitations.
Don't forget to wear your volunteer T-Shirt and closed toe shoes.*



***RSVP: AMEX RETIREES ASSOCIATION C/O Kathy Mance 3047 E Taro
Lane Phoenix, AZ 85050 or call/text 480 286 4949***

Member Name _____

Guest's Name: _____

Phone#: _____

Phone#: _____