



AMERICAN EXPRESS RETIREES ASSOCIATION

Phoenix Chapter

18850 N. 56th Street, AZ 08-04-09, Phoenix, AZ. 85054-4500

Website -- amexra.org

The activities of this association are independent of and not managed by American Express

June 2020

PRESIDENT - ARNOLD DOYSCHEN 

Hi All ... We all hope that this newsletter reaches you in Good Health / Free of the Virus. If not, we are extending our best wishes and prayers for a speedy recovery.

To those of us that have been following the CDC Guidelines -- Staying Home and Distancing, Wearing a Mask / Gloves when we have to venture out, we commend you for your fortitude and perseverance. Like most of us, staying home is getting OLD and quite BORING to say the least, but its the right thing to do as we all are part of the most vulnerable group. Keep up the good work even though it might be driving you to Drink.

Your Amex Retirees Association is praying for the day that we can once again see your smiling faces at one of our meetings, events or activities.

Unfortunately, not unexpected, our May meeting was canceled. But we hope that not too far in the distant future we can once again meet as a group!

Stay Well, Stay Safe, Stay Apart

NEWS LETTER EDITOR – Tina Borer

As I reflect on where we've been over the last two months and where we need to go, It's going to take courage for each of us not only to rebuild our lives, but to also help our family feel safe and confident in their future.

I found this quote from Eleanor Roosevelt quit comforting and wanted to share.

You gain strength, courage and confidence by every experience in which you really stop to look fear in the face. You are able to say to yourself, "I lived through this horror. I can take the next thing that comes along."

Even though this has probably been the most challenging times in our lives, we can move ahead with conviction, confidence AND with the support of one another. Take care and I continue to pray that we are back to normal soon.

Enjoy the Newsletter ... Added more pages since we have time to read 😊

JUNE Holiday



SECRETARY – Lorraine Lockard

Since we didn't have a Retiree's Meeting in May, there are no minutes to report.

SOCIAL CHAIRPERSON – Kathy Mance

We are almost through May and there are still new cases of Covid-19 daily. With that in mind and the fact that we are in a vulnerable age group, I have not worked on any new events. I must admit, I feel really “retired” not having events to work on. As of now, I have not heard that the bowling alley has reopened. I am still keeping a list for Medieval Times and will contact people in order of the date they signed up once they have reopened. Also, I will be cancelling our

"A father is someone you look up to no matter how tall you grow."

June St. Mary's Volunteer date. Hopefully in July we can at least have a game day and possibly have a mask contest!!! We'll see. I will keep you posted via email. For now, Stay Home and Healthy.



This will possibly be our first event after the pandemic. The date will be determined when the Castle reopens. It will be on a first come/first serve basis. If you are interested, please complete and return the information form below. I am making a list and will contact you in order to verify the date works for you. It will be a Saturday Matinee. Please call/text my cell number 480-286-4949 if you have any questions. Please include your name on text.

MEDIEVAL TIMES-Show of interest-DO NOT SEND PAYMENT until we are sure of the date.

MEMBER: _____ # of tickets requested: _____

PHONE# _____ Email Address: _____

GUEST NAME: _____ PHONE: _____

MAIL TO: AMEX Retiree Assoc. -- c/o Kathy Mance 3047 E Taro Lane, Phx, AZ 85050

NOTE: Event checks/money orders should be made payable to “American Express (or AMEX) Retirees Association” not to me directly for banking purposes.

Checks are cashed after the event to avoid issues if the event is cancelled.



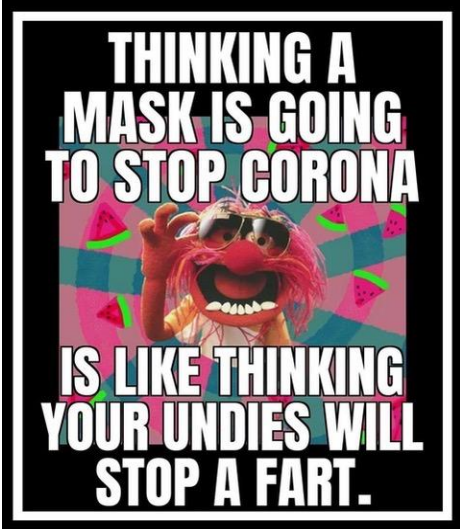
Laughs ...
To Brighten Your Day 😊

**NEVER IN MY
WILDEST DREAMS
DID I IMAGINE
I'D GO UP TO
A BANK TELLER
WITH A MASK ON
ASKING FOR MONEY.**

**It's like being 16 again ...
Gas is cheap and I'm Grounded!**

Classified Ad:
Single man with toilet paper seeks woman
with hand sanitizer for *Good, Clean FUN!*

Turning Vegan would be a BIG
Missed Steak!



**Drink Wine/Beer ...
It Isn't Good
to Keep Things
Bottled Up!**

Like a good neighbor
Stay Over There.

Dogs can't operate MRI
Scanners, But ... **CATSCAN!**

What did the June Sun
say to us Arizonians?
Pleased to heat you!



the more you know

Avocado Tips

Prevent oxidation by wrapping leftover with plastic wrap or squeezing lemon juice over any exposed fruit. The old wives tale that leaving in the pit prevents decay is just that. Only limiting air exposure or adding ascorbic acid from lemon juice truly does the trick.

Need to ripen your avocado – stick them in a paper bag with a ripe banana or apple.

Slow down ripening by storing in the refrigerator.

Disinfect your sponges in the microwave. Slightly dampen it, pop it in the microwave for 90 seconds on full power and you'll reduce the amount of bacterial contamination on it by up to 99 percent.

Clean the rows in your keyboard with a paperclip covered with a tissue.

Pour a tea kettle of boiling water down the drain once a month or if you notice the drain slowing down.

The hot water can break up material collecting inside the drain. Half a cup of baking soda added to the water will absorb any odors that are building up.

MEMBERSHIP CHAIRPERSON

Lyn Campbell

TOTAL MEMBERS

DEC 2019: 210

APR 2020: 209

**** WELCOME NEW MEMBER ****

GARY WELLS

We are happy to have you part of our great AMEX retiree organization.

Seasonal Reminder...Tis the season to change those AC Filters on a more frequent basis to enhance efficiency and help reduce your utility bill...Good way to remember is to add it to your calendar for the 1st of each month and change the filter every 60 to 90 days. Also to use less energy/kilowatts unless you are traveling, try not to turn your unit OFF/ON and leave the thermostat set at the same temp that is comfortable for you and leave it alone until Oct/Nov when fall arrives.

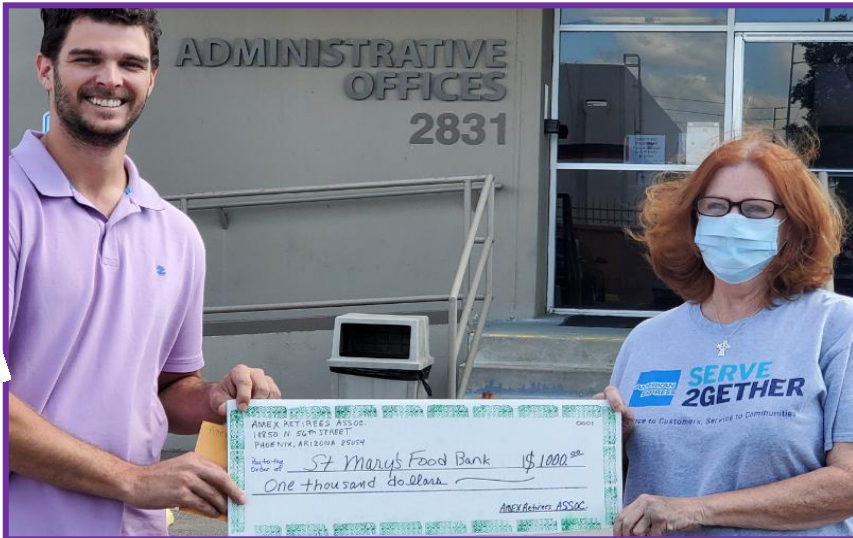
WEBMASTER - Lynn Hoffman

Website is up to date.
Visits us at amexra.org.

Active, Vibrant and Social Retirees

**Today's forecast:
Lazy with a 90% chance of Netflix**

DONATION COORDINATOR - Tricia Kieran



Tricia presenting \$1,000 check to St. Mary's Food Bank on behalf of our amazing Retiree's group to help during the COVID-19 pandemic.

No Act of Kindness, no matter how small ... is ever wasted.



~~ Aesop ~~



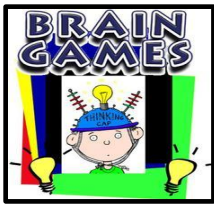
SUNSHINE CHAIRPERSON – Irene Davidson

I am missing seeing everyone at our meetings and events and hoping it won't be much longer before we can get together again.

We received sad news that Jan Houser passed away unexpectedly on April 18. Jan was not a member of the Amex Retiree Association, but retired in 2013 with 45 years of service. She was known and respected by many and her daughter wanted us to share news of her passing.



On a lighter note Two elderly women were eating at a restaurant. Ethel noticed something funny about Mabel's ear and looking closer said "Mabel, did you know you have a suppository in your ear?" Mabel answered, "I have? A suppository?" She pulled it out and stared at it. "Ethel, I am so glad you saw this because now I know where my hearing aid is."



BRAIN GAME:

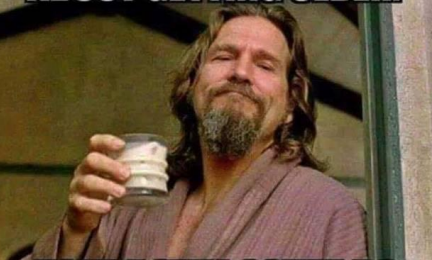
Let's face it – English is a crazy language. Homographs are words spelled the same but . . . with more than one meaning.

- 1) The bandage was *wound* around the *wound*.
- 2) The farm was used to *produce produce*.
- 3) The dump was so full that it had to *refuse* more *refuse*.
- 4) We must *polish* the *Polish* furniture.
- 5) He could *lead* if he would get the *lead* out.
- 6) The soldier decided to *desert* his dessert in the *desert*.
- 7) Since there is no time like the *present*, he thought it was time to *present* the *present*.
- 8) When shot at, the *dove dove* into the bushes.
- 9) I did not *object* to the *object*.
- 10) The insurance was *invalid* for the *invalid*.
- 11) They were too *close* to the door to *close* it.
- 12) The buck *does* funny things when the *does* are present.
- 13) A seamstress and a *sewer* fell down into a *sewer* line.
- 14) The *wind* was too strong to *wind* the sail.
- 15) Upon seeing a *tear* in her blouse, she shed a *tear*.

"EVENTUALLY YOU WILL REACH A POINT WHEN YOU STOP LYING ABOUT YOUR AGE AND START BRAGGING ABOUT IT."

Will Rogers

DON'T WORRY ABOUT GETTING OLDER.



YOU'RE STILL GONNA DO DUMB STUFF, ONLY SLOWER.



BIRTHDAYS THIS MONTH JUNE

15

June has 2 birthstones - Pearl & Alexandrite / Flower is a Rose

The Pearl is a symbol of wisdom, clarity & purity. The ancient Greeks believed that pearls were the hardened tears of joy from Aphrodite, the goddess of love. The Alexandrite is said to strengthen intuition, aid in creativity and inspire the imagination.

BD	Member	BD	Member
4	Mares Wright	10	Josefine Drazkowski
5	Rose Hodan	11	Larry Cox
5	Alfredo Zamora	19	Gretta Guisinger
6	Sandy Johnson	21	Ed McCluskey
8	Karen Burback	22	Paul Csuy
8	Pi Hsu	26	Betty Jo Huffman
8	George Scarfo	29	Jeffrey Mueller
10	Gloria Arroyo		



Calendar of Events

NOTE: Due to COVID-19, below events are subject to change.

2020 UPCOMING EVENTS - Refer to Flyer/Newsletter for details

Retiree Meetings: Social Time is 8:15am - 8:55am. Meeting starts at 9am

DATE	EVENT
<u>JUNE TBD</u>	Bearizona or Medieval Times
<u>Fri., June 5th & 19th</u>	Bowling @Brunswick Lanes (12:30pm -3pm)
<u>JULY TBD</u>	Mazatzal Casino Trip
<u>Thurs., July 16th</u>	Ronald McDonald House Volunteer Day
<u>Fri., July 17th & 31st</u>	Bowling @Brunswick Lanes (12:30pm -3pm)
<u>**Sat., July 18</u>	AMEX Retiree Mtg @AEDR - Canyon Bldg -- Coconino/Hopi Conf. Rm
<u>Thurs., Aug. 6th</u>	SVdP Henry Unger Volunteer Day
<u>Sun., Aug. 9th</u>	5th Annual Bowl-A-Thon
<u>Fri., Aug. 21</u>	Bowling @Brunswick Lanes (12:30pm -3pm)
<u>Fri., Sept. 4th & 18th</u>	Bowling @Brunswick Lanes (12:30pm -3pm)
<u>**Sat., Sept. 12th</u>	AMEX Retiree Mtg @AEDR - Canyon Bldg -- Coconino/Hopi Conf. Rm
<u>Wed., Sept. 16th</u>	Ronald McDonald House Volunteer Day
<u>Tues., Sept. 22nd</u>	St. Mary's Food Bank Volunteer Day (1pm - 3pm)
<u>Thurs., Oct. 1st</u>	Happy Days a New Musical at Az Broadway Theatre
<u>Fri., Oct. 2, 16 & 30</u>	Bowling @Brunswick Lanes (12:30pm -3pm)
<u>Thurs., Oct. 8th</u>	Ronald McDonald House Volunteer Day
<u>**Sat., Oct. 17th</u>	AMEX Retiree Mtg @AEDR - Canyon Bldg -- Coconino/Hopi Conf. Rm
<u>OCT TBD</u>	Halloween Event
<u>Tues., Nov. 3rd</u>	SVdP Henry Unger Volunteer Day
<u>Tues., Nov. 10th</u>	AMEX Retiree Picnic @ Saguaro Park
<u>Fri., Nov. 13th</u>	Bowling @Brunswick Lanes (12:30pm -3pm)
<u>Tues., Dec. 15th</u>	St. Mary's Food Bank Volunteer Day (9am - Noon)
<u>December - TBD</u>	Holiday Event

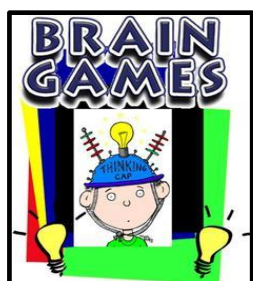
**Worrying won't stop the bad stuff from happening,
it just stops you from enjoying the Good!**

*This newsletter is a publication of the American Express Retirees Association of Phoenix
*Please direct all correspondence to our Managing Editor, Tina Borer @tborer@cox.net.

WORD SEARCH PUZZLE – ENJOY!

I	D	N	P	R	P	S	S	F	F	A	S	U	F
S	A	E	A	S	O	S	S	R	L	I	L	E	E
M	R	E	T	S	O	F	P	I	I	R	E	I	N
B	E	R	I	E	L	P	E	E	P	C	W	N	D
M	E	C	E	N	T	O	O	N	F	O	O	I	U
A	B	S	N	I	I	P	A	D	L	N	T	M	R
E	D	N	C	P	M	E	J	S	O	D	R	E	A
R	L	U	E	P	E	A	U	H	P	I	E	G	N
C	O	S	E	A	I	R	N	I	S	T	P	L	C
E	C	R	A	H	C	L	E	P	R	I	A	C	E
C	T	I	U	S	M	I	W	S	A	O	P	I	P
I	E	H	X	I	L	F	T	E	N	N	I	E	P
I	D	M	C	E	S	I	C	R	E	X	E	E	R
N	R	I	R	O	S	E	S	U	M	M	E	R	T

ICE CREAM
 FRIENDSHIP
 ENDURANCE
 NET FLIX
 HAPPINESS
 SWIM SUIT
 EXERCISE
 AIR CONDITION
 ROSE
 PAPER TOWELS
 PATIENCE
 FLIP FLOPS
 PEARL
 GEMINI
 COLD BEER
 SUN SCREEN
 JUNE
 POOL TIME
 SUMMER



Take your initials and come up with names of the opposite sex.

T = Tom
I = Ivan
N = Nick
A = Allen

B = Bill
O = Oliver
R = Richard
E = Eric
R = Robert