



AMERICAN EXPRESS RETIREES ASSOCIATION PHOENIX

Website – amexra.org

The activities of this association are independent of and not managed by American Express

March / April 2026



PRESIDENT – Arnold Doyschen
VICE PRESIDENT - Judy Janson

Hello to all of our fellow members and retiree friends!

We want to extend a huge personal thank you to everyone who joined us for our Picnic in the Park on March 19th. It was a wonderful day of community, though we certainly wish we could have done something about that heat!

Because of the high temperatures, we had to shorten the presentation by our guest speaker, Ron Meeks. Do you remember who started Rock and Roll? Attendees were apprised of the answer during Ron's enjoyable discussion on music history. Based on your positive responses, we will be working to have him back at a future meeting to give him the full stage time he deserves.

A special "thank you" goes out to the members who signed up to help with the setup and takedown. You said you would step up to keep these picnics going, and you truly did. We and the Board deeply appreciate your hard work in the sun.

We are also thrilled to see that the baskets were such a hit! Your participation is directly helping our Association reach our goal of supporting the Ira Murphy School.

As a reminder, since our newsletter moved to an every-other-month schedule, please pay close attention to our email blasts. They will be your best source for staying up to date on all our upcoming events.

Wishing everyone a safe, healthy, and enjoyable Easter!





SOCIAL CHAIRPERSON – Kathy Mance



It's hard to believe we are entering the second quarter of 2026. Time is going by so fast it seems like my bills are always due! I think it's my age.

Feb 12th /Mar 12th St Mary's Volunteer Days - There were only four member volunteers in attendance on Feb 12th. The group worked on sorting fresh fruit (pears). It was a messy job as some of the pears were mushy from what I was told. The good pears were bagged and distributed that day. On Mar 12th we had ten volunteers and were assigned to the Kids Café. We were all excited as this was something we had not done before. It was packing 6 items in a plastic bag, which was then sealed. We packed a total of 1,422 lunches which were distributed for the free lunch program at multiple schools.

Feb 19th Member Meeting Chompie's- There were twenty-seven members and guests at the meeting. The food was good as usual. There were a few issues with the serving and that is attributed to a new person overseeing the catering. If we have future meetings there, I am sure this will be corrected.

Mar 19th BBQ Picnic and Meeting – The picnic turnout was great. We had 57 people. Sharko's catering seemed to meet the expectations of everyone. Arnold had arranged for a surprise speaker, who was very interesting. To avoid the expected heat, we rushed through the picnic. In fact, we went so fast we forgot to draw winners for Sue's game participants! The entries were saved and the drawing will be done at the next meeting. Most importantly, THANKS to all who helped set up and clean up.

Upcoming Events



- May: Musical Instrument Museum (tentative)
- July: Casino Trip
- August: Bowlathon, Sunday August 16th
- October: Halloween Event
- November: Thanksgiving Feast
- December: Holiday Event

To RSVP to events or to contact me, please use phone number 480-286-4949.

If I do not answer, leave a voicemail.

NOTE: ONE EVENT per CHECK. All event checks/money orders should be made payable to "American Express (or AMEX) Retirees Association" not to me directly for banking purposes. Checks are cashed after the event to avoid issues if the event is cancelled.

SUNSHINE CHAIRPERSON

Irene Provenzale



Marilyn Weyandt is recovering from knee replacement surgery. Please keep her in your thoughts and prayers.

Kaye Eddy is recovering from oral surgery.

If you hear of any members who could use a "Get Well" or "Thinking of You" card, please let me know.

We have about 34 pounds to pop tabs! Please keep on saving them for Ronald McDonald House. Happy Easter to all!



DONATION COORDINATOR

Nan Pflumm

MEMBERSHIP CHAIRPERSON –

Marilyn Weyandt amexra@amexra.org



Congratulations to Pauline Neely who won \$85 at the March Picnic 50/50 raffle!

Don't throw anything away!



AMEX Retirees Board Members

Arnold, Judy, Allen, Pauline, Kathy M, Irene, Marilyn, Kathy A, Nan, Rex, Kathy F, Mary

209 members



Welcome to new member Stella Marca!!!

Invite your Amex retired colleagues to join our association. Email amexra@amexra.org for the membership application.



BD	Member	BD	Member	BD	Member
3	Lynn Schwartzhoff	12	Billie Fox	18	Larry Pratt
5	Pam Doty	13	Hedy Getson	18	Teresa Rogers
7	Mary Daly	14	Vera Randolph	20	Cheryl Graner
8	Jeanette Carter	15	Lyn Campbell	21	Linda Blatz
8	Shelley Deshotel	15	Mary Yeoman	25	Cynthia Nord
9	Dottie Jay	16	Cora Ainsa	26	Hope Bennett
10	Darby Richter	16	Robin Castellanos	26	Steve Hall



BD	Member	BD	Member	BD	Member
1	Paula Schultz	12	Allen Neely	21	Janice Biedlinger
2	Mar Dee Rumold	15	Sherrill Adkins	22	Ruth Ann Golab
3	Kathy Angevine	17	Mary Jo Wells	22	Janice Meyers
6	Kit Carson	17	Ginny Glll	27	Jane Ryta
7	Janice Williams	18	Stella Marca	28	Jo Ellen Usher
8	Nan Pflumm	18	Kathryn Rudell	29	Nancy Harvey

Bones



ATLAS
 AXIS
 CALCANEUS
 CAPITATE
 CLAVICLE
 COCCYX
 CUBOID
 ETHMOID
 FEMUR
 FIBULA
 FRONTAL
 HAMATE
 HUMERUS
 HYOID
 ILLIUM
 ISCHIUM

LACRIMAL
 LUNATE
 MANDIBLE
 MAXILLA
 METACARPALS
 METARSALS
 NASAL
 NAVICULAR
 OCCIPITAL
 PALATINE
 PARIETAL
 PATELLA
 PHALANGES
 PISIFORM
 RADIUS
 SACRUM

SCAPHOID
 SCAPULA
 SPHENOID
 STAPES
 STERNUM
 TALUS
 TEMPORAL
 TIBIA
 TRAPEZIUM
 TRAPEZOID
 TRIQUETRAL
 ULNA
 VERTEBRAE
 VOMER
 ZYGOMATIC ARCH