

The background of the entire image is a dense field of colorful, translucent bubbles or spheres in shades of blue, red, orange, and purple, scattered across a white background. A large, dark brown, curved shape, resembling a stylized flame or a protective shield, is positioned on the left side, partially overlapping the bubbles. A thin, curved red line arches over the dark shape.

Navigating the Twin Soul/Flame Journey

Guide to Spiritual Awakening

Psychic Angel Arizona

I. INTRODUCTION

Twin Flames

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- b. Who would take this course
- c. What to expect from this course

II. THE JOURNEY

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- a. Divine Masculine and Feminine
- b. Types of Divine Masculine
- c. The recognition
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V. Finding your life's purpose

VI. Reunion?

I AM A TWIN FLAME

Above average

- Ability to form deep emotional connections with people
- Ability to form mental connections with people
- Ability to form physical connection with a person hard time being physical without connection.
- Connection to spirit most likely life long.
- Feeling like there is someone out there you have been waiting for that you cannot shake.
- A knowing that you are here on this earth for a reason.

SOUL CONNECTIONS

What is the soul?

When you meet someone you are attracted to, but you know right away they are not compatible with you. Maybe because of age, gender, status or any reason, but you want to try to date them anyway, this is a fight between your heart and your mind (usually ego based). So how do you decide? What is looking at both options and making the decision?? Its your soul. It is our higher self. It is eternal. It is our essence that God created. It is perfect. It is pure love.

Whether we are aware of it or not, each soul that decides to come to earth does so with intention. There are certain things they want to experience. Certain obstacles they want to overcome. Lessons they want or need to learn to evolve their existence.

Soul Contacts

We also have souls we are close to that help us along our life path. There are different kinds of soul contracts with different purposes. We agree to certain experiences during our life with certain souls. Once we begin our soul contract with another it is hard, if not impossible to walk away from. It is our obligation to be true as possible to these soul contracts.

SOUL CONNECTIONS

1. Companion soulmates/soulfriends.

-People in your life that you seem to form a bond with that is there to either teach a lesson or just be a companion with you on your life journey. These are the lifelong friendships you have that when you spend time apart, no matter how long, you just pick up where you left off as if you had never been apart. There is a deep connection that takes a lot to break if it can be.

2. Romantic Soulmates

-A relationship with a person that is loving and easy flowing. Whether it is short lived or last a lifetime, there is always a feeling of love and understanding between the two. This relationship gives you the opportunity to heal, learn and grow.

3. Karmic Soulmates

-Souls that come into our lives to promote change through positive, negative or neutral interactions - opportunities to improve our karma so we can grow and evolve.

4. Twin Flames

-A soul that comes into your life and splits you wide open. Ignites something in you that causes a spiritual awakening at amazing speed. You begin to question everyone and everything around you. You reevaluate your entire life. You are never the same.

ORIGINS OF THE TWIN FLAME CONCEPT

The Twin Flame/Soul concept originated in Plato's mythic dialogue entitled "They Symposium" which wrote that human beings originally had two faces, four arms, and four legs. Under the threat of being overpowered, the gods split them in half, creating the humans we see today. This means that we all have one "twin" soul out there in the world. However, this backfired as these twin souls represent two parts of the same original consciousness and formed a necessary duality which allowed them to expand their learning and evolution of understanding, and ultimately reunite through love.

The Symposium is a philosophical text by Plato dated c. 385-370 BC. It depicts a friendly contest of extemporaneous speeches given by a group of notable men attending a banquet. The men include the philosopher Socrates, the general and political figure Alcibiades, and the comic playwright Aristophanes. The speeches are to be given in praise of Eros, the god of love and desire. Eros is recognized both as erotic love and as a phenomenon capable of inspiring courage, valor, great deeds and works, and vanquishing man's natural fear of death. It is seen as transcending its earthy origins and attaining spiritual heights. This extraordinary elevation of the concept of love raises a question of whether some of the most extreme extents of meaning might be intended as humor or farse.¹

STAGES OF THE DYSFUNCTIONAL RELATIONSHIP

They plan for the twins is that they spend their lives looking for each other. And sometimes that goes smoothly! So they have the search stage, the meeting stage, and then they form a life together and grow together as they cannot leave each other and the only choice is to grow in every possible way together. These people have a different course. This course is about the dysfunctional twin relationship.

1. **Meeting** - unexpected encounter.
2. **The Test** - trying to figure out what's happening.
3. **The Crisis** - realizing how attached you are.
4. **The Running** - scared one person runs away.
5. **The Surrender** - the person running can no longer run and they surrender.
6. **The Reunion** - the two reunite and define their relationship. Spirituality grows constantly for both.

I am sure if you are a twin, this might trigger you to hear me say that this is disfunction. But the reality is it sometimes gets dysfunctional and some part of the twins brain knows that.

SOUNDS GREAT.....WHAT COULD POSSIBLE GO WRONG?

1. We are human beings. Very imperfect. And the majority of humans are not even aware of the existence of their soul never mind being aware of their soul contracts or how to determine what they are.
2. Hollywood has glamorized the twin soul connection and made it out to be something it is not.
3. Most humans are confused by the Karmic and Twin Flame connection. They mistake one for another and lose the ability to let go of a relationship even when in reality, the other person does not acknowledge or care to honor the soul contract between them. This can lead to a lot of confusion, pain and years and years of addiction to a person.
4. Many humans are not ready for this connection. They intuitively know that they cannot handle the deep spiritual growth they are being asked to do and they refuse to do it at least at the time their twin has found them.

WHO WOULD TAKE THIS COURSE?

1. Someone who has met their twin and feels confused by it.
2. Someone who has been told by another person that they are their twin and they are not sure how to handle it.
3. Someone who has a loved one who believes they have found their twin and they are concerned about their mental stability.

WHAT IS THE PURPOSE OF THIS COURSE

In reality, there is no proof of the Twin Flame story or the existence of twin flames. That does not make the experience any less real for the person experiencing these feelings. What this course is designed to do is to help people find out what the real journey of the Twin Flame is about and help you to navigate it and find a balance with it.

The one thing for sure about any Twin Flame experience is that you now know there is something beyond the 3D world. That is what you are experiencing. No matter what the contract is between you and the object of your affection, you have had a glimpse of the unconditional love of the universe. The question is what now??

Well the answer is at the end of your spiritual journey. This is a door to your soul. You can choose to stand at the door and question why the door is there, or you can open the door close it and see what is inside. The door will always be there. You can go back to the door once you are done with your journey. For most people, they watch the door for a very long time waiting for it to reveal itself as something else. They get board and walk away. This course is for those brave souls who choose to at least temporarily let go of the door and see what is inside of their soul and what they need to do to align with their own soul so they can finally align with their Twin Soul whoever it may be.

Problem #5. EVERYTHING IS SUBJECTIVE be open.

Even the information in this course. By the very definition of what a Twin Flame is, this is all Spiritual. All of a world no one can prove they can see. That means everything I know and will be teaching in this course is based on what I have been shown in the 3d world of reality and what I have been guided to by the universe. The knowledge I have obtained over the past 17 years is all coming together here in this powerpoint. Many truths have been given to me often unexpectedly and without warning because at some point I decided to be open minded. And that is what you will need to do to be successful in getting what you need out of this course.

No matter why you are here taking this course, I am asking that you open your mind.

If you are the **Twin that recognized their soul in another** and are struggling, this course is inviting you to let go of that belief temporarily and be willing to accept there is a chance, even if slight that this is not your twin. At the end of the course you can revisit this question and decide again if you still think this is your twin. Nothing will change except your knowledge and hopefully your ability to make choices that serve your higher purpose and maintain, or get back some of you self respect and dignity while feeling these incredible feelings that make some people go insane.

WHAT IS THE PURPOSE OF THIS COURSE


If **someone has told you that they recognize you as a twin, and you are wondering if you are**, again the goal is to be open minded. While taking this course, you can just pretend that all of it is fact. For the person who has revealed this information to you, it is absolute truth. What's real in our minds is real. And once they believe this, they will believe it most likely their entire life. So I applaud you for caring enough to find out what they are talking about and not just write them off as crazy. I hope you can connect to your soul and find the truth about your soul's status. If you are connected to this person, I hope you have the strength to follow the journey and make it as pain-free as possible. If you know this is not true for you, I hope you find a way to get that through to this person, to release them from any soul obligation they may feel towards you so you can both live a full life.

If **you have a loved one who seems insane because they believe they have found their twin**, again open mindedness and a willingness to see through the eyes of your loved one to help them find their way through this journey. Although only they can decide to hold on to this belief or not, I hope you can learn how you can help by getting into the mind of your loved one with them and pointing out things that either prove or disprove their theories. It is rare for a twin to have a person like this to help. I applaud you if this is you.

YOUR SOUL KNOWS SO LET'S ASK IT

So how do we know who your twin soul is?? There's only one way to find out. That's to ask your soul. What this course will do is teach you how to do that. But to start you have to be at least willing to let go of what your mind thinks now. Become teachable. As the Bible tells us become childlike. Open and ready to receive absolute truth by accepting that what you know now might not be the whole story. The only way to find out what is real and what is not is to get in line with your soul.

If you struggling its because you are not in line with your soul. Your soul is not happy with something going on. And it wants to tell you something. Be still. Push out all thoughts. Be ready to accept new information. We do this with meditation. And remember nothing that is meant to be yours will ever be kept from you. You are protected.



**DIVINE FEMININE
+ DIVINE MASCULINE
+ SPIRITUAL FITNESS
- RESISTANCE
= UNION**

DIVINE MASCULINE

1. Completely unaware of the Journey and has no interest in learning about it.
2. Aware of the connection and acknowledges it, but is in another karmic relationship such as partner or marriage and cannot break out.
3. Awakened (at least partially) using substances or other addictions to cope. (Drugs, food, work, sex) May or may not also be in a connection with someone else.
4. Wealthy but spiritually empty. Most likely unawake and focused on making money.
5. Awakened at least partially but is a **Player Energy** unsure he wants to commit to the journey wants to keep his options open.

ALL OF THE PRECEEDING ARE NOT WILLING OR ABLE TO HONER THEIR CONTRACT.

6. Spiritually Awake/Lonely searching and yearning for something more. Know that something is missing and has been searching for it. This is the Divine Masculine that can honor their contract.

IF YOU DIVINE MASCULINE IS NOT WILLING TO HONOR THEIR CONTRACT, YOU ARE FREE. YOU DO NOT HAVE TO STICK AROUND FOR THE GINORMOUS AMOUNT OF PAIN THEY CAN CAUSE YOU . YOU MUST PRESERVE THE LOVE YOU FELT IN THE INITIAL PHASE.

If you are being told you are a someone's Divine Masculine and fall into one of the first 5 types, it is best to be completely honest with the person that thinks you are their masculine. Leave no doubt in their mind. They may never let go of the idea, and that is not your responsibility. You can only tell your truth and if necessary, detach with love.

DIVINE FEMININE

The Divine Feminine of the Twin Flame soul is the more spiritually aware ½. She is the essence of consciousness and the definition of creator. Space, intention, awareness, energy of essence and all that enables new creation to come into potential form.

The Divine Feminine does not have to be the physical female. It is the person who recognizes their soul in the other and is determined to do whatever is necessary to be "In union" with this person. They too are responsible for a certain amount of spiritual growth to be in a twin flame relationship, and it just may be that the masculine is not attracted to her because she has not completed the spiritual work necessary.

An immature Divine Feminine can be just as destructive as the immature Divine masculine. She too will not be able to fully honor the contract of the Twin Flame as written before incarnation. This does not mean that the Masculine has to honor his side of the contract and be abused or neglected in anyway. The contract becomes null and void until such time both parties are able to honor their contract.

The Divine Feminine is naturally intuitive. And she is always guided to truth. It is very difficult to hide things from her, and you have probably been scared by her because she has found out some secret you have. She may appear to be a stalker, but she does not need to be a stalker, the universal life force shows her everything she needs to know when she needs to know it. This is one of the reasons the masculine will run from her as he knows intuitively she will see right through him to his soul.

25 Signs you are coming into your Divine Feminine (Dr. Amanda Noelle)

1. Divine feminine eye opens (3rd eye)
2. You see your uniqueness through your perspective
3. You ask yourself 'who am I?'
4. Releasing patriarchy 5.
5. No longer trying to perfect and please everyone, especially male energy 6.
6. Ego death 7.
7. Self care !! Fall in love with yourself 8.
8. Bliss Awakening- psychic gifts activate even more! 9.
9. Hermit mode- still in the goddess closet 10.
10. Bodily upgrade- shifting diet and lifestyle to raise vibration 11.
11. Become frightened ? 12.
12. Money pain/issues- doubting yourself 13.
13. Helplessness and depression 14.
14. Suicidal moments 15.
15. Need for community, for support 16.
16. Depended sense of divinity, release control and self judgement 17.
17. Keeping hope 18.
18. Cracking the codes- breakthroughs and epiphany's 19.
19. Manifestation powers light up ! 20.
20. Confidence clearing 21.
21. Root chakra grounding 22.
22. Ego rebirth 23.
23. Fame and popularity 24.
24. Self doubt and self hatred 25.
25. Divine feminine activation

RESISTANCE

We are spiritual beings, energy, living in a human form. We are designed to have our life force energy always flowing it never stops. Its always flowing towards our highest good. We are all energy that has a specific, unique vibration. Our vibration needs to stay high and be in line with our twin.

When we think, speak or take actions that are not in line with our life force energy, we causeh resistance.

- Thoughts: I need, I lack, I am not good enough
- Words: Inauthentic. Not true to who you really are.
- Action: Taking actions that are not healthy or lower your vibration.

When we are in resistance, we are out of line with ourselves, our souls. This tears us in ½ and causes a great amount of pain.

Both twins need to be and stay in line with their life force energy/soul in order to continue on their Twin soul journey.

THE BEGINNING


Twin Flames usually meet when they are in high vibration. Doing something that is expanding their consciousness. The energy is very high between them. They recognize something in the other person that they cannot quite put their finger on. They may even feel a physical pull towards one another. They begin to talk and the energy between them grows. It's a feeling they have never experienced before. They begin what is called the "bubble stage".

In the bubble stage, there is very little attention given to reality. Many times at least one of them is far from home and this causes the first obstacle, distance. They ignore that and fall deeper and deeper into their bubble. This bubble can last a day, weeks, rarely months. Often it is not long before one of them starts to get pulled back into their reality by some responsibility. This responsibility can be anything including a commitment to a 3rd party, another common Twin Flame obstacle. One twin begins to detach and the other feels it immediately. The twin being left begins to fear the disconnection and panics. Yet this only pushes their twin away further. Before long they are in the next stage of separation.

PAUSE

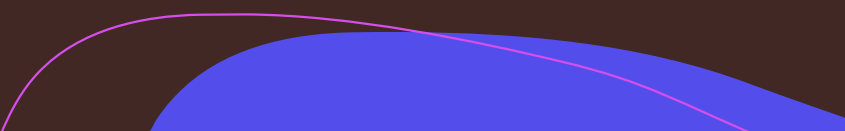
Here is where things start to go haywire! The twin that walks away is now labeled the runner, and the twin that is left behind feels abandoned, very confused and hurt. They reach out to their twin to no avail. More often than not they find that they have been blocked by the runner. This increases the pain and confusing. But they still keep trying to get the runner back and this is why they are called the chaser.


Eventually, the chaser gives up trying to get the runner for at least a short period of time. But in this time they are still feeling confused and desperate and they typically look on the internet to try to see what is wrong with them. They cannot stop thinking about this person. They are literally obsessed with their twin and what he/she is doing. Trying to figure out how to get them back. Many turn to psychics and tarot card readers who do not help the situation. For many, their intentions may be good, but the end result is the same. They tell them their twin is returning for sure! They even come up with some details that turns out to be something like a story of their twin flame union. Even if it is not true they have made it their reality. They are now living in complete fantasy world fueled by these seers. Some of them get 100's or 1000's readings before they snap out of it. They move deeper and deeper into their fantasy. Whether or not this person is in fact a twin flame, it does not matter, the fact is this person has disassociated with reality.



What is happening is the runner is now resisting life force energy. The healthiest thing to do at this point is to let the runner run away and see if he/she comes back. But that seems to be extremely difficult. They chase to the point of what is called ghosting. Where the chaser is blocked from all forms of communication including email, telephone, etc. Ghosting is a very immature form of building a boundary. The runner needs to put the boundary there, but the chaser will not allow them to and some are forced to ghost. Some just ghost as the first line of defense. But the emotional damage done to the chaser at this point is almost irreversible.

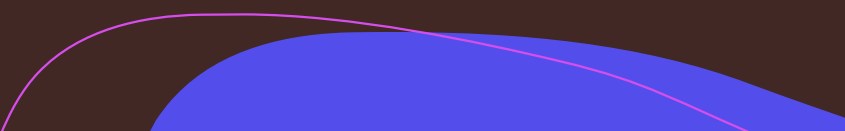
When the twin flames meet, and they vibrate at the level they are, it raises their vibration. It feels like no emotion they have had before. However, the truth is that our physical bodies and realities just cannot shift into this higher vibration and sustain it. Even if there are no physical obstacles such as distance, their physical bodies start to change and the intensity of it takes a toll on the human body. Even if there were no external obstacles one twin would most likely try to leave or be extremely sick with symptoms such as anxiety.

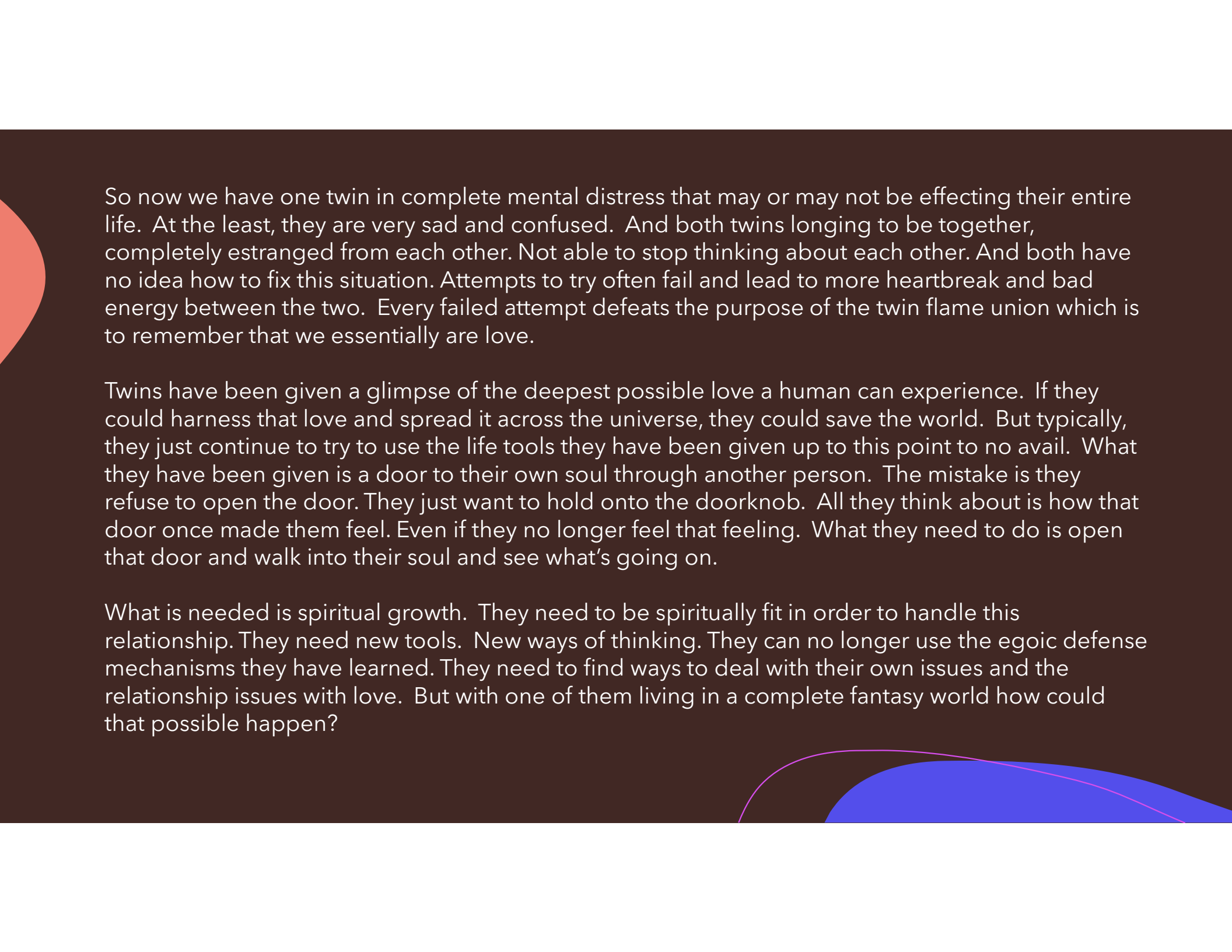


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However, as mentioned, more often or not there are physical obstacles that usually include a 3rd party and or children and lives. If there is one twin with those obstacles and one without, and sometimes even if they both have the obstacles, the chaser feels as though these obstacles should just be dealt with and left behind so that the lovers can reunite. This is part of the insanity of the Twin flame connection. In the beginning they believe their lives will be ruined if they do not form union and build a life with their twin.

Sometimes the twins will both sever their ties and be together. Sometimes one will and the other will not. This leads to more tarot card readings which include what feels like spying on their twin and their life. After a few readings from psychics this behavior is now the normal. All morals for that matter have been completely abandoned. Most people grow up with a moral compass that gives marriage a pretty high priority. But for the twin flame, this goes out the window. They believe that their union is more sacred than the worldly marriage or commitments their twin has. But in fact, at this point if those morals and standards could kick in, that would be very beneficial to both the twins and their mental health.

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So now we have one twin in complete mental distress that may or may not be effecting their entire life. At the least, they are very sad and confused. And both twins longing to be together, completely estranged from each other. Not able to stop thinking about each other. And both have no idea how to fix this situation. Attempts to try often fail and lead to more heartbreak and bad energy between the two. Every failed attempt defeats the purpose of the twin flame union which is to remember that we essentially are love.

Twins have been given a glimpse of the deepest possible love a human can experience. If they could harness that love and spread it across the universe, they could save the world. But typically, they just continue to try to use the life tools they have been given up to this point to no avail. What they have been given is a door to their own soul through another person. The mistake is they refuse to open the door. They just want to hold onto the doorknob. All they think about is how that door once made them feel. Even if they no longer feel that feeling. What they need to do is open that door and walk into their soul and see what's going on.

What is needed is spiritual growth. They need to be spiritually fit in order to handle this relationship. They need new tools. New ways of thinking. They can no longer use the egoic defense mechanisms they have learned. They need to find ways to deal with their own issues and the relationship issues with love. But with one of them living in a complete fantasy world how could that possible happen?





1 [https://en.wikipedia.org/wiki/Symposium_\(Plato\)](https://en.wikipedia.org/wiki/Symposium_(Plato))

